Advance Medical ASTROLOGY

Dr. S.S. Chatterjee

DEDICATION

Lord Ganesh is Siddhidata (bestower of success in life). In **2001,** to the surprise of thousands of devotees across the globe, he drank milk from their hands between 4 AM to 6 PM **IST.** In 2006, HE repeated his supernatural acts to selected numbers of **devotees.** There is no scientific explanation; **how an** idol made of clay/brass/or other metals can drink **milk.** The author like, most of the **Americans·(USA** has printed on their dollars we trust in God) and Indians believe God exists. Therefore this book is dedicated at the lotus feet of GANAPATI, May God Ganesh grant success to all the readers of this book.

Dr. S.S. **Chatterjee**

(Author)

ABOUT THE BOOK

In order to restore the lost glory of **astrology,** Dr. S.S. Chatterjee has written this **present** book with latest scientific touch. We can easily overcome many dangerous diseases using proper diet, herbs, fruits and vegetables and through yoga techniques. Foods harm and **the** same foods heal. Leucoderma, skin diseases, aids, cancer, plague, stomach ulcers, going astray through drug **addiction,** piles, constipation, cholera, malaria, beriberi, dengue **etc** occur for using wrong food habits and unawareness about the climatic impact on health and diseases. Physical strength of body and mind is the **indispensable** factor for carrying out one's duties and **the** acquisition of knowledge, wealth, and happiness. Health is **wealth.** By eating large quantities of multi-coloured fruits (antioxidants), vegetables, fish, meat, diary products one can live upto 80 yrs without visiting hospitals. Complicated diseases such as lunacy, schizophrenia, asthma, thalassaemia, heart diseases, impotency, anaemia, **migraine,** severe back pain, epilepsy, diabetes, amputation of limbs etc occur . due to our past sins of the previous life. According to our sages जन्मान्तर कृतपाप व्याधि रूपेण जायते तत् शांति औषधैर्दानैर्ज्जप होमार्चनादिभिः ।। Meaning sins of past

lives bother us in the form of diseases, which can be ameliorated by medicines, donations, Japa and Homa. The seven essential ingredients of the body are : blood, marrow, flesh, bone, semen, sinews and fat are actually controlled by the seven planets. Man has been said to be an "Epitome of the Universe", Minutest principles of Sun, Stars and planets in the solar system are in him in a fixed proportion. Robust health results in their equilibrium. When the harmony is disturbed by the slightest change in the proportion of the innumerable elements, diseases result. Rays emanating from the various planets have been found producing different vitamins necessary for the healthy growth of living beings. The author has tested the thousands of golden subtle rules framed by our seers in real life. He has explained the mechanisms of complicated diseases with the golden rules of astrology and modern scientific outlook. The author has put much stress on remedial measures. This book is an encyclopedia of information for maintaining an excellent health even in adverse circumstances. Infant mortality can never be eliminated, because longevity is controlled by God. Those who have benefics in angles and malefic in 3rd/11th house live long. This book is profusely illustrated with 100 practical examples Dr. Chatterjee's book contain some currents, which forces the readers to read his books thoroughly. This book should be preserved in each library and in each individual house of India and abroad. It has been tailored using multi-disciplinary knowledge and will be useful to each and every body.

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ABOUT THE AUTHOR

Dr. S.S. Chatterjee, now 64, is a noted authority on Vedic astrology and a prolific writer in predictive astrology. Basically a scientist (holds a Ph.D degree from Banaras Hindu University in Electro-Chemistry, 1968, with postdoctoral research experience in USA and Germany) started reading astrology from the late seventies. He took formal training in astrology from Indian Institute of Astrology, Kolkata for 3 years as a regular student. In the quest of astrological research he took voluntary retirement in Oct, 1997 from PDIL, NOIDA (a Govt. of India undertaking firm) where he worked as an executive engineer for 29 years. On the invitation of American Federation of Astrology, USA. He delivered invaluable and noteworthy lectures in astrology and palmistry in Orlando, Florida in July 1990 and was highly applauded and praised by the internationally famous astrologers of the world. He visited USA Germany, for 7 years as a postdoctoral fellow in corrosion engineering. He has produced Ph.Ds and published about 100 scientific articles in the field of Chemistry and Metallurgy. He has also written about 200 articles in Astrology with scientific outlook. One of his outstanding articles, "Dasa Period of Planets in

Mutual Angles" Published in Aug-Sep. 1997 issues of The Times of Astrology brought him the glory in the form of Ist Shri Santhanam Award in May, 1998. Dr. Chatterjee, is proud to examine the horoscopes of about half million persons from various parts of this globe and he has helped at least 100 persons to become crorepati. Gems and other astro-solutions suggested by him worked as a miracle for removing the sufferings of human beings in 1-6 months. His accurate forecasts amazes everyone, whoever comes across him. He has also authored other seven books, Cosmic, influences on Mind and IQ (1992) Advanced Predictive Astrology, Volume 1, (1999), Vol. 2 (2000), Fortune and Finance (2002), Astrology Applied (2004), Astrology Nectar (2005). Twin 8* Houses of the Zodiac (in press) His books as well as write-ups are not only authentic but also give many thought provoking clues to the judgments of horoscopes.

PREFACE

The purpose of astrology is to enable man to lead a long healthy and happy life. Physical and mental strength is the indispensable factor for carrying out one's duties and the acquisition of knowledge, wealth and happiness. **4th** house of the zodiac, represents our happiness. When 4* house /4th lord and significator of happiness Jupiter, signiificator of success Sun, significtor of Mind (Moon) are strong one enjoys life immensely. The lagna and its lord should be aspected by benefic. When the ascendant or the Moon is devoid of benefic aspects, all the Raja Yogas does not materialize. Strong Jupiter, Venus, well associated Mercury, waxing Moon cause pleasure, happiness, success and Good health, elevation of financial success and achievements. Quadrants are the pillars of the horoscope. A benefic planet in the **9th** house or an unaffiliated benefic planet in the 10th house forming **Amala** Yoga, helps the person to climb at zenith in life. It is not no possible to achieve financial solvency throughout life without a Raja Yoga (a relationship between trine and quadrant lords). Benefic and strong planets in the quadrants (1,4,7,10) and the trines (1,5,9) from the ascendant, strengthen it. Strong malefics (Rahu, Ketu, Sun,

Saturn and Mars) in these houses cause the Ascendant to decay or suffer loss of strength, and therefore, loss of health. The presence of many favourable yogas such as Pancha Mahaplush Yoga, Gajakeshri Yoga, Vasumati Yoga, Maha Yogas, Mudrika Yoga and Raja Yogas add to the general strength of the horoscope, and therefore promotes good health. Strong Moon, Sun and Ascendant offer terrible resistances against onset of an illness. An ascendant can be said to be strong when it is aspected by its own lord, Venus, Jupiter, Mercury or full Moon. Overall body is controlled from the Ascendant and its lord. Its strength or weakness has a major say in pointing to good health and therefore, absence of disease of a serious nature or sickness or ill health. Diseases, bad habits and wounds (ulcers, sores, boils etc) of a person may suffer from one to be understood from the 6* house and Mars. Author has always tested the subtle golden rules of the sages in real life. He was astonished to discover that all the dumb persons are unfortunate persons. They do not have any mentionable Raja Yogas with weak 9th house/ 9th lord. So it is established beyond doubt that diseases occur in the body as per wishes of God, for his/her past sins. It should be kept in mind that astrology offers an insight into the meaning and purpose of life and its predictable pattern of events and destiny. God controls us from heaven through a remote control procedure (see exp. 84) Epilepsy is such a diseases, for which there is no answer from *the* well qualified doctors (or physicians) AIDS, heart diseases, cancer, liver diseases occur in the body without any pre signals. The book has been tailored with diversified knowledge for the benefit of mankind. The horoscope of a person is believed to be the balance carried forward into the life from the previous birth. In other words previous existence is believed to be the cause and effect of the present life, which unfolds, slowly but steadily making sure that no one escapes the universal law of Karma, Generally the 5th house is referred on the Poorva Punya Sthan or house pertaining to the merit one has accumulated in the previous life. Maharshi Parasar says that while the 5th stands for amulets, sacred spells, learning, knowledge, success and royally, it also represents the fall from position.. Therefore when 5th/1 1th axis is afflicted, serious

diseases crop in. The 9th house stands for origin or father and future. If the 5th house represents our previous existence, the 9th from it, namely the ascendant shows our present existence. If the 5th and 9th houses are not rendered strong, the horoscope is considerably weakened. The native in whose horoscope these houses are afflicted is likely to drift in this life helplessly pulled by the currents of destiny. In any horoscope the lords of 5th/9th should not make 6/8 or 2/12 relationships and also should not be in 6/8 positions from the lord of ascendant for a glorious life. In carving an illustrious life, the lords of Kendra (Quadrants) and Trikona (trines) play a vital and decisive role. The strength of such planets are overwhelming. The truth and validity of Raja Yogas stated by sage Parasara is indeed praise worthy.

There are 5 chapters in this book. Chapter 1 records the history of development of medical science between 1300 AD to 2007 AD. Our modern medical science is only 100 yrs old. Structural formulae of important life saving drugs have been included in this chapter. Toilets can save 1.8, million kids annually who die of diarrohea. Influenza can be controlled through proper vaccine. Extreme low levels of lead reduces IQ and attention span, reading and learning disabilities, hearing loss and a range of other health and behavioural effects. On the other hand high levels of lead causes mental retardation, convulsions and death. Entire India is suffering form the risk of arsenic contamination of the ground water. Fortunately methods are available for the removal of arsenic using magnate. Earth may be a watery planet but 97%of its water is in oceans. Most of the remainder is locked in Antarctic ice caps or deep underground leaving less than.1% available for human use in fresh water lakes and river. Pollution free air, pure drinking water and distress free mind are the essential ingredients for a disease free life. Govt. of India should try to provide pure drinking water to public free from arsenic and lead using latest nanotechnology. Chapter 2 deals with the identification of diseases before its actual occurrence using the about 250 golden subtle astrological rules framed by sages of yore. Diabetes Mellitus has been discussed in detail in this chapter. Chapter 3 is devoted for the eradication of diseases using

natural fruits, vegetables, herbs, homoeopathy drugs, yoga, pranayam and through spiritual powers. Role of body, mind and soul in diseases has to be assessed properly. Strong Moon and strong Sun help to lead a glorious life in one's mundane journey. Role of vitamins and endocrine glands in controlling our health and diseases have been discussed in detail. As per sages diseases occur in the body for the sins committed in the past lives. Epilepsy, AIDS, lunacy, schizophrenia, anaemia, migraine, crushing of bones, loss of limbs, deafness, dumbness, blindness, thalassaemia, blood cancer etc occur in our body as per the statement of seers of yore. Longevity has been discussed in chapter 4. However developed may be our medical science, infant mortality can never be conquered. One enjoys a full length of life when the quadrants/trines are occupied by natural benefics (unblemished Moon, Venus, Jupiter and Mercury) and a malefic (Rahu, Ketu, Mars, Saturn, Sun) occupies either 3rd/or 11th house. Seven practical examples will justify the claim of the author. The author has examined thousands of horoscopes and was actually astonished to observe the accuracy of the subtle astrological rules framed by the sages of yore. All individual diseases with appropriate remedial measures have been discussed in details in chapter ,5. Scientific and astrological concepts of each disease have been provided with suitable practical examples from the research diary of the learned author. Descriptions of AIDS, cancer, ear and eye diseases, fracture of bones and bone diseases, lunacy, schizophrenia, psoriasis, coronary heart diseases, congenial cataracts, kidney/gall stones, jaundice, operation yogas, arthritis, epilepsy, thalassaemia, severe back pain, migraine, anaemia, epilepsy, drug addition, obesity, constipation have been discussed in detail. The healthy conditions of the body is indisputably the primary requisite for success in all affairs mundane and spiritual. How, why and when diseases are caused and how they could be prevented or cured were the subjects of deep study of our ancient sages, who by their unparalleled powers of observation, experimentation and intuition have left to their posterity the two invaluable sciences of Astrology and Ayurveda. Forewarned is forearmed. The author believes this book will help the

young astrologers to identify diseases long before their occurrence, thus natives will try to find ways to defend themselves before soaking in the oceans of unpleasantness. This book is very brilliant, very stimulating, is a sumptuous, meal that will whet the appetites of millions of common man and astrologers for maintaining an excellent health without medicines. It is profusely illustrated with 100 practical horoscopes, which should help the practicing astrologers to predict accurately in view of the latent principles of health and diseases coined by him most scientifically. Mechanisms of ageless living have been provided by the author. It should be preserved in all the libraries of the world and should also find a place in each house in India/Abroad. This book has been tailored using multi-disciplinary knowledge for the benefit of mankind.

The author expresses gratitude to the editors of Astrological Magazine, Banglore, Planets and Forecast, Cuttack, Times of Astrology, Delhi, for, providing much data for this book. He expresses tiianks to his student Shareejan Sharma, an executive engineer of NTPC for helping in preparing the manuscript. Any suggestion for the improvement of this book will be welcome by the author with stretched hands. The author expresses his deep gratitude to Dharmendra Sharma, Rave Publication, Sumerpur (Raj,) for agreeing to publish this book

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Noida

Dr. S. S. Chatterjee

After the Bib Bang, new universe was created **and** after many evolution, modulation through nature animate and inanimate objects started dominating our mother earth. According to the law of nature **every** living being is mortal, even the inanimate objects have their mortality through natural depreciation. So there has the necessity of **healing process,** because every **living being** wants to live more and **more.** Even animals, insets find their own way to shake off their physical disorders. They procure healing ingradients through nature and their instinct. Human beings who are the most intelligent of the species have discovered healing methods and their own, and from ancient upto the present age have presented the universe with numerous ingradients which are termed as "Medicine" to remove illness from their bodies. From the time of the ancient Greeks, different kinds of medicines are used by people to preserve good health. Our jungle ancestors mostly used herbs to cure themselves from illness. After many progressive methods for decades, centuries the present medicines have taken their shape, entered in the global market. At present there are different kinds of processed **medicines-Allopathy,**

homeopathy, herbal, also naturopathy (mental healing). Doctors are burning their midnight oil to find new and novel medicinal properties to cure the most acute disease from the ancient era. Astrology plays a vital role to guide people to live a healthy and disease free life. Doctors can treat a person when a person becomes ill, but an astrologer, has a greater role to play. An experienced astrologer can predict the future illness of a person, as soon as a native is born the life and take care beforehand. So far the utmost benefit of the 21st century people far and wide, I am presenting a book on Medical Astrology by Dr. S.S. Chatterjee, who is a foreign returned scientist in chemistry and also a great astrologer of the century. His book, "Advance Medical Astrology" is a vital guide for all as how to live with a sound body and mind. In this invaluable book there are food therapy, aroma therapy, colour therapy, herbal cure through homoeopathy, cure through gems etc according to the planetary position of the native concerned. The advance student of astrology will also find this book very useful in boosting their knowledge bank. This book should be purchased and preserved as an asset for the future generations.

Acharya Chetan Sharma
Chief Editor, "Jyotish Suman"
Astrological Magazine

CONTENTS

CHAPTER - 1

HISTDRY OF DEVELOPMENT OF MEDICAL SCIENCE

The life was not easy on this planet only 600 yrs ago. The people used to suffer from various diseases for bacteria, virus and a lack of proper medical facility. Average life span was less than 35 in India. Though Hipocratus of Greece (460-370 BC) is the father of Medical science there was not much growth in the neglected branch of science for the next 1700 yrs. This is the dark period of the human civilization. Whatever we achieved between 1900-2000 AD, is much more compared to our achievements for the last 75,000 yrs Many intelligent persons were born after 1400 AD in Europe who eliminated most of the dangerous diseases like cholera, malaria, small pox (which killed millions of persons), hydrophobia, plague etc. Only 200 yrs ago the main killer diseases in India were plague, small pox, cholera and malaria. We understand from the novels written by famous Bengali writer Sarat Chandra Chatterjee that people used to die like rats in the nineteenth century from Cholera and Plague. Many people perished in frequent wars throughout the globe. British ruled India between 1757-1947 and kept this mighty nation under utter poverty. They looted our country. The author was born in 1941 and heard the

stories of standard living of Indians from his grand mother (who died in 1968 at the age of 100). In Bengal Famine 1941-1946, (artificially created by British) millions of Bengalees died in starvations Amartya Sen got Nobel Prize for writing a book on Bengal Famine in 1998. India is periodically ruled by foreigners from 1000 AD to 1947. Muslim invaders looted our country, several times, but did not damage our environment. British people did not allow anybody to earn enough money and forced us to live belowthe poverty line. There were hardly a structure made of burnt bricks. People used to live in thatched houses with roofs covered with leaves or straw. Poverty was visible everywhere. There was no electricity, no cooking gas, no cars, no schools, no hospitals, no qualified doctors upto 1947. People used to die in mal nutrition. Readers will be surprised to learn that electricity entered in every house in India after 1955. Today we observe (in 2007) mini Tajmahals are built with marbles even in remote villages. In 2005 AD BJP Central Government declared that India is shining. The average life span of Indians are more than 55 in 2007. Hundreds of persons above 80 are enjoying their lives. Govt. is providing facilities and proper recognition to senior citizens. A large number of diseases, from avitaminosis to tuberculosis, are most prevalent among people on poor diets. Well fed people who are not overweight are the healthiest. There are about 800 million persons on this earth who do not have anything to eat. In Ethiopia and in other African countries and in some countries in Asia, people are dying for Malnutrition. During 14th century to nineteenth century people in the Europe also suffered from various dangerous diseases. Due to poverty and for lack of education India failed to produce highly intellectual person between 1000-1800 AD. Madras University, BHU and Calcutta University produced many intellectual giants between1860-1947. Since India was misruled by foreigners (mostly Muslims) there was not much progress in last 1000 yrs, and people used to die like rats/dogs. Thanks to God, situation has changed dramatically in 2007 in India. We are now proud about our IITs, IIMs and All India Institute of Medical Science, Delhi. We hope

India will also contribute significantly in the field of genetic engineering after 2050 or so. Now foreign scientists are trying to find methods so that a human being can cross 500 yrs or so, which we feel today is not impossible. In mythology we find Ravan, Dasharath and other Indian sages lived for 10,000 yrs or so.

Great progress in medical science started by Andreas Vesalius (1514-1564) who is the father of modern anatomy. He was born in Brussels, Belgium. His father was a pharmacist, but his grandfather and great grand father were physicians. As a child he used to practice dissection on dogs, cats and other animals on his mother's kitchen table. He studied medicine in the university of Louvain in Belgium and in Paris. In 1536, war broke out between France and "Holy Roman Empire". Vesalius, as an alien became suspect and was forced to leave Paris. He joined as a Lecturer in Venice University, Italy. In those days practice of teaching anatomy was to engage a barber to do dissection while the professor lectured on the platform (barbers were also surgeons in ancient India and medieval Europe) and taking the in the knife in hand, performed dissection himself, at the same time lecturing to the assembled students in spite of the unpleasant stench. After working for sometime in Venice he moved to the famous University of Padua, also in Italy. There within two days of his admittance as a graduate student he was awarded his Doctorate in Medicine in 1537 and was appointed to a full professorship. Thus Andreas Vesalius, at the age of 23 became a member of the most prestigious medical faculty in Europe. Fourteen centuries earlier, the Greek surgeon Galen who lived in Rome had written a text on human anatomy, but he did so by dissecting animals. Therefore many errors crept into his study. Vesalius display the skeleton of an ape side by side with skeleton of a man and pointed 200 differences between them and conclusively disproved Galen. In 1543 he published his famous work, "De Humani Corporis Fabrica." It was the most accurate book on human anatomy upto that time. It had excellent illustrations of the human body done by a pupil of the great venetion artist Titian. The printing was also meticulously executed,

•sparing no expenses, Vesalius had engaged the most reputed printer of those days. He secured a position as physician to the Emperor Charles V and later to Charles's son, the Spanish King Philip II. He died in 1564 when his ship was caught in a storm off the coast of Greece. Antoine Van Leeuwenhoek (1632-1723) was a pioneer in the field of microscopy. Leeuwenhoek used microscope of his own design, and manufacture was the first to observe bacteria and protozoa. He started his life as a draper. The draper is one who sells cloths and curtains and similar items. Leeuwenhoek was the first to observe the constituents of blood under a microscope. Studying a drop of water under his lens, he was amazed to see it was full of life. They stop, they stand still. His talents were recognized by Regnier de Graaf, a noted physician and anatomist of that time. He wrote to Royal Society of Landon about him. After a 50 yrs of correspondence between Leeuwenhoek and Royal Society, London, in 1680 an honour, which every scientist covets, the membership of the Royal Society was given to him. He became very famous. With fame, a steady stream of visitors to his home also began, so much so that Leeuwenhoek regretted the loss of his privacy. He remained active till he passed away in 1726. His final letter to the Royal Society, mailed by his daughter after his death, bequeathed to the society, a cabinet containing 26 of his very finest and most beloved silver microscopes. Gregor Mendel (1822-84) was the father of Genetics. He was born in Henzendorf in Moravia in July 22, 1822, now in Czechoslovakia. He was a Moravian monk. He experimented with garden peas and the conclusions he drew from his experiments make the foundation of he modern science of genetics. The data and conclusions drawn from the experiments were presented in the form of paper and read by Mendel in 1865 before Brno Natural History Society. It was published in the proceedings of the society in 1866. Mendel's experiments proved that there is something in the plant that determine the properties of seeds. That something we now call a gene, and the property it determines, a characteristic. The overall set of characteristics is the phenotype. Active observation, determination,

long years of patient research and experiment, and courage: these and the brain of Edward Jenner, fought and defeated the scourge of small pox, which killed thousands of millions across the globe. Basing his work on the country belief that infection with cow-pox prevented the contraction of small pox, Jenner worked for 20 yrs to establish at last his principle of vaccination. It rapidly came to be recognized as an effective preventive of small pox, and its widespread use has practically stamped out this once rampant disease. He lived between 17-5-1749 to 24-1-1823. In 1798 Jenner published his Inquiry into cause and Effect on the variole vaccine which be followed a year later With further inquiries and in 1800, complete statement of facts and observations. In 1810, his physician son died all on a sudden, and this loss and the strain of his labours caused Jenner to have a breakdown. He retired at Berkely, only going to London on important business. Jenner's grief became overwhelming when his wife died in 1815. Such type of pious soul visits the earth very rarely. After 300 yrs. of discovery of bacteria under microscope by Leeuwenhoek, almost 100 yrs after the discovery of vaccine of smallpox by Jenner, Robert Koch (1843-1910), Louis Pasteur (1822-1895), Joseph Barain Lister (1827-1912) Alexander Flemming (1881-1955), F.J. Conn established the science of bacteriology. After the discovery of electron microscope in 1935, three types of bacteria were recognized by Cohn rod forms (bacilli) spheres (cocci) and corkscrew form (spirilla). Bacteria range in the size from 0.2u to 2μ ($1\mu = 10^{-4}$cm). Electron microscope is an instrument which can magnify an object 2 lakh to 3 lakh times, and their pictures can be taken. Here are some of bacterial diseases of humans : anthrax, bacterial pneumonia, botulism, bubonic plague, cholera, diphtheria, bacterial dysentery, syphilis, leprosy, meningitis, scarlet fever, septic sore throat, tetanus, tuberculosis, tularemia, typhoid, undulant fever and whooping cough. An antibody is produced in the host as a reaction to the introduction of a foreign substance, usually a protein, which is called the ANTIGEN. A unique feature of an antibody is its specificity for the antigen that stimulated its formation.

Thus, in case of typhoid fever, the antigens of typhoid bacilli will cause the host to produce specific antibodies. The later react with and inactivate the typhoid bacilli proteins with which they come in contact, but do not react with other bacilli or react more weakly. Anti bodies once formed may remain for years in the body of the host organism and impart varying degrees of immunity. Today we know that the milkmaids who had contacted cowpox as an occupational hazard acquired active immunity their bodies produced antibodies in reaction to the pathogenic virus of cowpox. In the development of methods of immunization against poliomyelitis, Jonas Salk and his colleagues discovered that they could take active polio virus, kill them with a poison called formaldehyde and use the killed viruses as antigens, when injected the antigens still caused the production of polio antibodies that protected the person from poliomyelitis. Albert Sabin used a different method of producing polio antibodies in the host. He treated polio viruses to weaker them so that they would not produce the disease. A suspension of living but weakened viruses can then be swallowed, and the person will build antibodies against poliomyelitis. Louis Pasteur (1822-1895) saved the mankind from a dreadful disease called hydrophobia in which the sufferer has a most terrible thirst but cannot bring himself to touch water. After vaccination the dogs could be bitten by mad dogs without the usual dire results. He applied the dog vaccine on human beings on July 6, 1885 and found wonderful results. He also eliminated anthrax which was a very common disease of sheep in France and found that boiling wines/or milk at 71°C for 15 second and chilling rapidly all the bacteria were killed. This process is known as pasteurization which is widely used in USA and Europe and other developed countries in modern days for producing milk. He developed anthrax vaccine. Robert Koch discovered the vaccine for tuberculosis and cholera. Dr. Jems Young Simpson (1811-1870) introduced chloroform in surgery. Two hundred years ago, surgical operations were extremely painful and sometimes even patients died of pain. James Simpson started the use of chloroform in surgery and saved

succeeding generations from incalculable suffering. Dr. Simpson's views were accepted by the medical profession and the practice of anesthesia became common in Britain. He introduced a new method of binding arteries. This method is known as acupressure. He has made great contribution in gynecology and obstetric and his papers on both the subjects are of permanent value. Through his efforts special hospitals were started for the treatment of women in Britain, and other countries followed suit. In this way be became the saviour of countless mothers. Joseph Lister (1827- 1912) and Pasteur worked out jointly. His greatest discovery was, of course, antiseptics and their use, but he is also responsible for the perfection of the methods of stitching wounds. Hitherto very fine silk had been used for ligatures and this often caused poisoning to set in. It was Lister, who after experimenting with animals, introduced catgut as ligature which could be absorbed by the tissues of the body. In the early nineteenth century, after the successful operation the patient died from blood poisoning. He spend months experimenting in order to get the best results, and he finally reached the conclusion that the only way to arrest the spread of sepsis was to keep the wound in constant touch with some disinfectant which would make at impossible for any germ to live. He thus applied dressing soaked in carbolic acid. Lister's method of sterilization was in the beginning almost entirely by the use of acids but after discovery by Pasteur for the treatment of germs at 71°C, he immediately applied this method of sterilization using heat (boiling the instruments with water). This method is still followed in modern hospitals. In 1883, a baronetcy was conferred upon him, but he valued this honour for less than the Presidency of the Royal Society to which he was elected in 1894. he lost his wife in 1893, and finally took to holy order on lOthFeb 1912, last 7 years he was bed ridden, practically as a crippled man. A British microbiologist by the name of Alexander Fleming (1881-1955) was working on the antibiotic activity of a blue green mould in culture of staphylococcus growing on agar, Fleming had been working to isolate and grow the staphylococcus in pure culture. The Fungi form a large

and diversified group that contains 25% of all non-animal species on earth. There are 70,000 species of fungi ranging in size from microscopic to large 15 pounds puffballs and bracket fungi. They include the following toadstools, mushrooms, molds, mildews, blights, scabs, smuts, rots and yeast. All are characterized by the absence of chlorophyll. Among the ascomycetes group are yeast, penicillium, Aspergillus, neurospara and the fungus caratostamella, which causes Dutch elm disease. Pencillium and Aspergillus, both are blue green molds and grow on bread, fruit, watermelon, and a variety of other substance, like leather and paper. Aspergillus cause much food spoilage. Penicillum is valuable because its growth inhibits the growth of bacteria. The drug penicillin is an extract obtained from this fungus. Fleming was examining his contaminated culture, and found that agar immediately surrounding the mold almost clear instead of being cloudy. The appearance of the clean area showed that the growth of staphylococcus had been inhibited by some substance produced the mold. Fleming isolated the antibiotic substance and named it penicillin, in 1929. In 1939, a group of scientists under the guidance of Prof. Howard Floaring, of Oxford University started working on the penicillin project. Dr. Chain produced powder penicillin. Commercial production of penicillin started in USA in 1943 and they applied this drug on the wounded soldiers of World War- II. They were astonished to observe the beneficial effects on this drug. In 1945. Nobel committee awarded Nobel Prize to Dr. Howard Floaring, Flemming and Dr. Chain. In 1944 Naksmann and his co-workers discovered streptomycin, aureomycin and terramycin. Today about 25 antibiotics derived from moulds are commercially produced. Some have their greatest effects against specific bacteria, others show a broad spectrum of action against bacteria. The sulfa drug, sulfonamide, sulfadiazine and penicillin have saved countless lives .in hospitals and on battlefields throughout the world. Many discoveries have been referred to as lucky "chancer". Pasteur has told, 'chances favour the trained mind'. 8th lord in co-relation with Rahu help in inventions (Twin Eight

Houses of the Zodiac by Dr. S.S. Chatterjee).

Control of Malaria : The ancient centers of civilization in Egypt, Iraq, India, China, Greece and Italy were attacked by this dangerous disease, which survived thousands of years, may be 1 lakh years or so. So malaria, chicken pox, etc. are as old as civilization. About 2000 years ago physicians described this dangerous disease. They described the chills and fevers, and the recurring attacks of the disease. They distinguished three intermittent fevers, which have many causes. They also noticed that the disease was frequent among people living in low, marshy areas. Somehow the stagnant waters of the marshes were thought to poison the air. As a result of breathing this "bad air" people became ill with malaria. The Italian words for "bad" and "air" are mala and aria. Although the importance of cinchona (a plant found in Peru) for treating malaria was recognized in the 16th century, physicians of the time knew nothing of the cause of malaria. In 1717, an Italian scientist suggested that malaria was transmitted by mosquitoes. He knew that malaria decreased when swamps were drained. One American physician A.F. A King in 1883, suggested that mosquitoes are involved in the spread of malaria. He failed to prove it. He identified the germ Plasmodium, which causes malaria. Sir Ronald Ross, a British Army physician working in India, carried out extensive research works with mosquito and sparrow. He found Anopheles mosquito was responsible for the spread of malaria. His experiments were verified by Italian biologists in 1898. By the early twentieth century mankind possessed enough information to control malaria. Sir, Ronald Ross was honoured with Nobel Prize. With arsenal composed of DDT, choloroquine and may other chemical substances it was possible to wage a successful war against Plasmodium. The UNO confirmed death toll due to malaria 30 lakhs in 1946, throughout the globe, Malaria, Dengu exists in Delhi and Noida even in 2007. Govt. of India should try to wipe out mosquitoes.

Christian Barnard, (1922-2001) a poor African farm boy (South Africa) who made his mark on the history of medical science with the

world's first heart transplant. On a Dec. 1967 night he took the heart of Deenise Darvels 25, a motor accident victim and stitched it into Louis Washkansky, 53, a grocer. Washkansky died 18 days later from pneumonia, but already Baranard was being hailed as a pioneer. He went on to perform several more heart transplants, more successful than the first. He also started research to eliminate aging process. His publications include Surgery of Common Congenital Cardiac Malformations (1968), Heart Attack. You don't have to die (1971), the Arthritis Handbook (1984). In 1986 Barnard sang the praises of an "elixir of youth" ingradient known as GSL or glycosphin-golipids. Dr. Hargobind Khorana, Nobel Laureate (1968) developed a method for the artificial synthesis of genes (DNA and RNA). He shared Nobel Prize with M.W. Norenburg and R. W. Holley. Due to his research it has now become possible to treat many troublesome hereditary diseases. He got his Ph.D. under Prof. A. Robertson of Manchester University, England. In 1948 he returned to India and but failed to get any job. He went back to England in 1948 and went to Canada in 1952 where he got married with a daughter of a Swiss MP. In 1970, he joined MIT, Boston. He had been honourd with many prestigious international awards. He was awarded Padma Bhusan, by the Govt. of India. Let us examine his horoscope (See advanced predictive Astrology Vol, 2 P 40 by Dr. S.S. Chatterjee) DOB 9.19.1922 at Rajpur, Punjab, Pakistan at 15=30 hrs. Taurus Lagna, Moon 0°7', Virgo Saturn, Rahu, Jupiter; Libra Mars, Sagittarius Venus, Sun; Capricorn Mercury, Pisces Ketu. He was born with Parijata Yoga, a yoga for all immortals. Lord of Lagna is placed in the 8th house, whose dispositor Jupiter in 5th, whose dispositor Mercury is in the 9th forming this unique yoga for him. Since the kendras of Moon are vacant, he had problems in the early periods of his career. He never got any job in India when he returned home after his Ph.D. degree.

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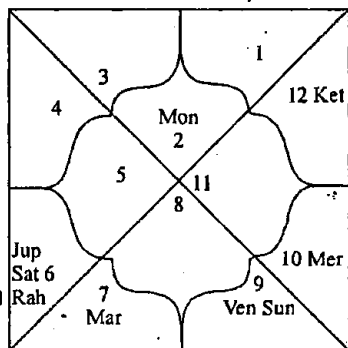

His work was **assured** for a N'oble Prize during **Jupiter-Venus** dasa and received the Prize during **Jupiter-Ketu** dasa, Yoga **Karaka** Saturn changed the chemistry of **8th** lord Jupiter. Jupiter, Mercury are his Parijata Yoga froming planets, so their **dasa** yielded most fruitful results for him. **8th** lord in presence of Rahu helped him in his inventions (Read Twin 8* houses of the Zodiac by Dr. S.S. **Chattarjee).** Planets in the **11th** house and **11th** lord's dasa is bad for any native, his mundane journey may be extinguished during **Ketu's** dasa in **2013**. We shall end this article with the biography of Dr. Samuel Hahnemann **(1755-1843),** the founder of homoeopathy. Most of us, at one time or the other, have benefited from the **curatative** powers of homoeopathic medicines after not getting relief from **other** systems of medicines. Efficacy of homoeopathic medicines has been established . beyond doubt. Hahneman extended the ancient idea of "the cures like" into a complete medical system for first time. He coined the term "Homoeopathy", from the Greek roots for **'similar'** and **'suffering'** to describe the new system that he evolved from the laws of similars, although many of Hahnemann's contemporaries in Germany attempted to discredit his ideas as being radical and contrary to accepted medical theory, homoeopathy was such a successful medical innovation that it spread throughout much of Europe and India in no time. The growing popularity of this virtually harmless system has continued to this day. It provide a safe, effective, natural and non-toxic treatment for may acute and chronic illness. He never got any recognition in his own country Germany. His wife died in 1830 leaving behind 4 kids. One French woman, Madam Melani met him in 1834, for the treatment of her skin diseases. They fell in love. On 01-01-1835, they got married and Madam Melani brought him to France, where he earned money, name, fame, happiness. He established 6 Homoeopathy colleges and got students from Europe and USA. On 2-7-1843 he left this earth forever. His first wife, **Henrieta** died in utter poverty. His all children suffered in Germany.

Cloning technology could help thousands of people now dying while

they wait for a heart or kidney transplant. With in the next few years, research into cloning genetically modified animals could lead to a ready supply of donar orgains, enough to meet the needs of thousand of patients and paten and to the cruel transplant lottery. But the most exciting research, the medicine of 2050 onwards, involves therapeutic cloning : culturing and reprogramming a patienst own cells to make healthy replacement for damaged tissue. In July 1996, a perfectly formed, pure white lamb was born. She was christened Dolly. With no father or mother, her very existence transformed scientific thinking and ushered in a brave new biotechnological age. The creator of Dolly is Dr. Ian Wilmut of England. Dolly died in 2006.

Control of diarrhoea and Flu :

Toilets can save 18 million kids annually who die of diarrhoea world vide according to UNDP. Efficacy of human waste disposal is one of the strongest determinants of child survival. Globally 2.6 billion people lack access to proper sanitation of which 1.9 billion are in Asia. No access to sanitation means people draw water for drinking, cooking and washing from rivers, lakes and ditches fouled with human and animal excrement. According to UNDP's Human Development report of Nov. 2006, in access to flush toilet reduced the risk of infant deaths decreased by 59% in Peru, 57% in Egypt. Three out of one in India don't have access to toilets. Govt. of India should think on this project seriously. Diarrhoea kills 4,50,000 in India annually. Influenza (flu) is a highly contagious respiratory illness caused by a virus. It ranks sixth among killer diseases in USA. Virus enters the body though respiratory tract. Symptoms are coughing, sneezing, fever, body ache, congestion, lethargy. About 20 crores Indians come down with influenza. At present flu vaccines are imported. Each shot costs around Rs, 500/- and the effects lasts for one year.

Arsenic and lead poisoning

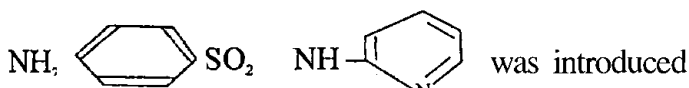
It causes nerve damage, skin damage (Hyperkeratosis-scaling skin), pigment changes. There is increased cancer risk of lung, bladder, kidney, there is circulatory problems Of skin. High levels of lead causes

mental retardation, convulsions and death. Extreme low levels of lead reduces IQ and attention span, reading and learning disabilities, hearing loss and a range of other health and behavioural effects. Entire . India is suffering from the risk of arnesic contamination of the groundwater. (particularly Noida, Delhi, Bangladesh, West Bengal). Scientist at Rice University, Houston, found that magnetite is a simple, inexpensive option for removing hazardous element arsenic. Iron can form bonds with arsenic and they could extract arsenic from drinking water by simply adding their rusty nanoparticles, letting the iron gather up the arsenic ions and then removing the particles with a magnet. Researches are going on in Brownsville and at Jadavpur University Kolkata under the guidance of Dr. Dipankar Chakaravorty for the field applications. Hydrologists have set 1700 cubic meters per person as the minimum amount of water needed to grow food, support industries and maintain the environment completion over controlling the planet's water resources will increase among nations in the next decade. Middle east is the world's most water stressed region. Today in 2007, 43 countries live below the water stress threshold. Almost a quarter of the world's supply of fresh water in Lake Baikal in the sparsely populated Siberia. With 31% of global fresh water resources, Latin America has 12 times more water per person than South Asia. Earth may i.e. a water planet but 97% of its water is in its oceans. Most of the remainder is locked in Antarctic ice caps or deep underground leaving less than 1% available for human use in fresh water lakes and rivers. Pollution free air, pure drinking water and distress free mind are essential ingredients for a disease free life.

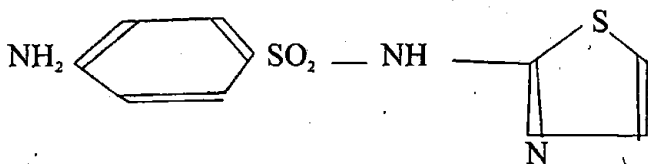
INVENTIONS OF LIFE SAVING DRUGS

From the beginning of 20^{th} century, many life savings drugs were invented. The term chemotherapy was introduced by Ehrilich (1909) and it now appears to be used in the sense of the treatment of diseases due to bacterial invasion by affecting to any material extent, the tissues (host). Many compounds e.g. formaldehyde (HCHO), Phenol, iodine

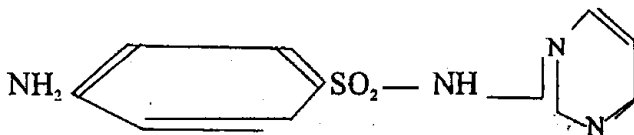
etc. are also active in destroying bacteria. These compounds are however, applied externally and lead to destroy the tissues; thus they are included under the heading therapeutic agents but are known as disinfectants. The first compound to be used by Ehrlich (1907) were organic dyes. From then onwards, organic compounds of diverse chemical structures have been used in chemotherapy. Compounds which exert various psysiological effects of therapeutic value, are collectively known as drugs. Sulphadrugs: Sulphanilamide $H_2N-C_6H_4-SO_2NH_2$ and its derivatives have great antibacterial powers; sulphanilamide itself is widely used in medicines against :cocci infections: - streptococci, gonococci and pneumococci. It was invented by Domagk (1934). Sulphanilamide may be synythesised from acetanilide. Sulphapyridine was the first drug to effect cures of pneumnia; it is more potent than sulphanilamide.,

$NH_2-C_6H_4-SO_2\ NH-C_5H_4N$ was introduced

Sulphapyridine

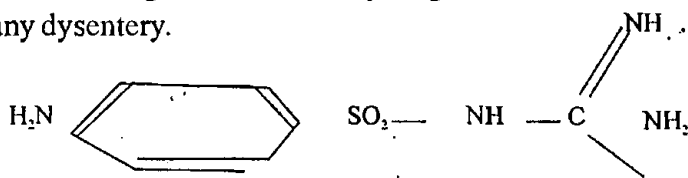
in the name of M and B 693. Sulphathiazole is more potent than sulphapyridine and less toxic and is used in severe infections. It is represented as

$NH_2-C_6H_4-SO_2-NH-C_3H_2NS$

Sulphathiazole

Sulphadiazine is used for mild infections. It is less toxic than sulphathiazole.

$NH_2-C_6H_4-SO_2-NH-C_4H_3N_2$

Safadiazine

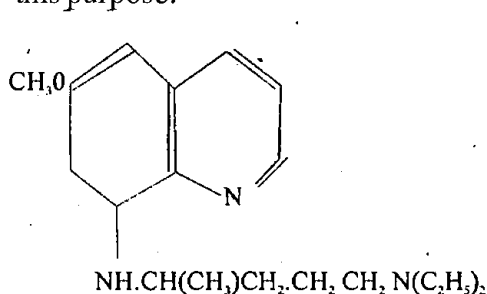
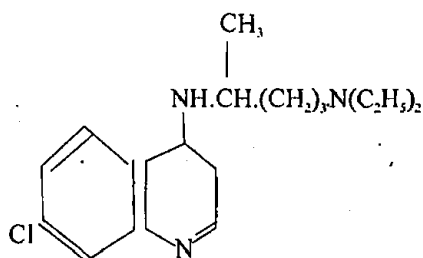
Sulphaguanidine, since it is slightly absorbed in the intestinal tract, can therefore be given in relatively large doses in the treatment of bacillany dysentery.

H_2N — [benzene ring] — SO_2 — NH — C(=NH)NH_2

Sulphaguanidine

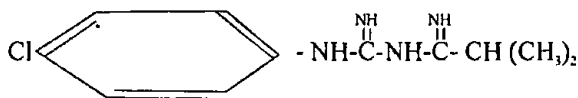
Antimalarials : $C_{20}H_{24}O_2N_2$ Quinine was originally the only drug known to be effective against malaria. Now" there is number of synthetic compounds e.g. Plasmoquin, Mepacrine, Proguanil used for this purpose.

CH_3O ... N ... $NH.CH(CH_3)CH_2.CH_2\ CH_2\ N(C_2H_5)_2$

Plasmoquin

Cl ... N ... $NH.CH(CH_3).(CH_2)_3N(C_2H_5)_2$

Chloroquine or Mepacrine

Poguanil is the best antimalarial at present time and is superior to Mepacrine and chloroquine.

Cl — [benzene ring] — NH-C(=NH)-NH-C(=NH)- CH $(CH_3)_2$

Poguanil

Antibiotics: Many microorganirms, produced within themselves chemicals substances, which were exereted, interfere with the growth or metabolism of other micro-organisms, such compounds are known as antibiotics. In 1929. Fleming discovered a mould of the Penicillium [illegible]ies which inhibited the growth of certain bacteria. Research along line by many scientists led to the isolation of many other

antibiotics. Penicillin is the name given to the mixture of natural compounds having the molecular formula $C_9H_{11}O_4N_2SR$ and differing only in the nature of R .

Chemical name	R
Pent 2 ehylpenicillin	$-CH_2.CH=CH.CH_2.CH_3$
N Heptylpenicillin	$-(CH_2)_6CH_3$
M Amylpenicillin	$-(CH_2)_4CH_3$

Many synthetic penicillins have now been prepared. It was only during second world war when penicillin came on the scene that it was tried in the treatment of syphilis and gonorohoea, with some success. Later a whole range of broad spectrum antibioties have been employed by the traditional physician to deal with the above two dangerous sex diseases.

Streptomycin : It was isolated by Worksman et al (1944) from culture of streptomyces griseus. This antibiotic is very effective in the treatment Tuberculosis. Meningitis and Pneumonia. The moleculon formula was shown to be $C_{21}H_{39}O_{12}N_7$. three nitrogen atoms are strongly basic and on mild acid hydrolysis, streptomycin gives one molecure of streptidine, $C_8H_{18}O_4N_6$ and one molecule of steptobiosamine, $C_{13}H_{23}O_9N$.

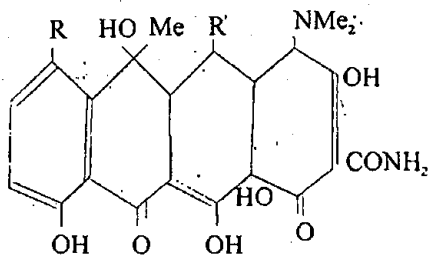
Aureomycin and Terramycin : Aureomycin was isolated from cultures of streptomyces aureofaciens and is used in the treatment of typhoid, fever etc. Terramycin was isolated from cultures of streptomyces rimosus and is very effective in the treatment of trachoma. The structures of these antibiotics are (Woodward et al 1952)

R HO Me R' NMe_2

OH

$CONH_2$

HO

OH O OH O

Auromycin : R = Cl, R'=H Terramycin : R = H; R'=OH

Chloramphenicol ($C_{11}H_{12}O_5N_2Cl_2$) is very effective in typhoid and fever etc.

Our modern civilization in medicine is only 100 yrs old. Author believes within next 100 yrs i.e. in 2100 AD the life span will be more than double compared to 2000 AD i.e. majority of Indian will cross 100 yrs and Americans / Western Europeans (for the cold temperature) will cross 80x2=160 yrs, Infant mortality will never be conquered, because actually God controls our life spans. Those people, who have benefics in Kendras, will surely live for longer periods of life. I advise people to drink the elixir of life i.e. the yellow fruit juice for increasing their life span. An average American drinks 3-4 liters of orange juice daily. Author observed this thing during his long stay in USA. Poor Indians can take germinated grams, pineapple juice and neem leaves. The author has cured many patients from their diabetes. Take 50 gm germinated grams with curd, mixed with 20 or more green leaves of neem. Your are cured from this dangerous disease within 60 days. Those who have afflicted Venus, get this disease easily. Sprouted grams please Venus. (Venus is controlled by the natural white colour, Jupiter is controlled by yellow colour, Saturn is controlled by violet colour, Mars is controlled by Red Colour, Mercury through green colours, Sun through Maroon colour like water melon, carrot, tomato etc. Moon through again with white colours). Fasting on Saturdays and Tuesdays cures many diseases, including accidents. Take less salt on Saturday, avoid the colours of $6^{th}/8^{th}$ lords. Know it from your astrologer. Actually $6^{th}/8^{th}$ lords should be weaker than Lagnesh. 4^{th} lord should be strong. It is the actual ruler of health and happiness. Make your 4^{th} lord super strong using natural colour therapy. Only common sense can save you from many diseases. Many unknown diseases are cured with salt free diet.

It has been known that green plants use the energy of sunlight to carry out a process that appears to be reverse of glucose oxidation.

$6CO_2 + 6H_2O$ + light energy $\xrightarrow{\text{chlorophyll}}$ $C_6H_{12}O_6 + 6O_2$ So plants are

increasing our oxygen level of the atmosphere. Do hot wipe out plants. Try to make green forests everywhere (like Noida), for increasing the life span on our sojourn to this beautiful planet earth. Clean water, and a clean atmosphere (pollution free air) will increase the life span of every soul on this earth. Let it be the goal of every civilized nation on this earth, make the rivers pollution free. Be a civilized soul.

HIB Virus : it stands for Hemophilus Influenza type B, the name of a bacterial micro-organism that causes several serious, often life threatening illness like meningitis, epiglottitis, which is inflammation of the windpipe and a dangerous heart disease, pericarditis,. So in spite of several life saving drugs, we are equally helpless at the hands of destiny even in 2006. New viruses are created by God, for controlling human population. Attempts will be made in this book to find the types of diseases anybody will suffer and his mode of death Aids, Cancer, heart disease, virus causing pneumonia, sudden death through accidents, malaria, dengu, kidney failures etc are the greatest killer - diseases of 21st cent. . Malaria is trying a come back in India. It is impossible to sit in any drawing room of India in the evening without a mosquito bite. Mosquitoes are immune to Allout, Good Night etc., the traditional brand of mosquito repellars,

TOI dated 17th June 2006 P 16 declares that still in 2006, environmental hazards are responsible for many deaths as follows: Diabetes 58 million, for poor sanitation and polluted drinking water, Lower respiratory tract infections 37 million due to pollution, Road injuries 15 million, due to poor urban development, malaria 19 million, due to poor water resources, housing and land use management, chronic obstructive pulmonary diseases 12 million, due to exposure to workplace dust and fumes, perinatal conditions 11 million. WHO estimates that 33% diseases in children under the age of 5 caused by environmental exposure. By decreasing pollution level, maintaining high sanitation standard and arranging pure drinking water, death rates can be lowered. According to TOI dated 24-11-2006, map of genetic variation could be the key of beating common diseases. The map looks

at differences in duplication and detections of large DNA segments, which can help explain why some people are susceptible to illness such as AIDS and others not. The consortium identified 1,447 different CNVs that covered about 12% of the human genome. About 285 of them are associated with diseases including schizophrenia, psoriasis, coronary heart disease and congenital cataracts.

CHAPTER - 2

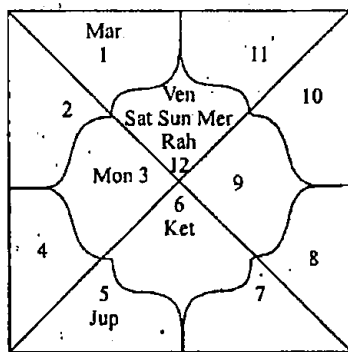
SECRETS OF PROGNOSTICATION OF DISEASE

We are not far away from the date when DNA chips will allow us to assess bur own inherited - predisposition for certain diseases. We will eat those choicest foods which will be guided by the software. People differ in their genetics and metabolism, one diet won't fit all. One will be able to track the metabolism day-to-day to determine what foods one should eat at a given time. I am sure by 2020 AD, it would be possible to eliminate many diseases with proper diet. We fall sick mainly for improper food .Medical Astrology is a very vast subject. Even entire life dedication in astrology is not enough to tell the type of diseases that a particular native will suffer with 100% accuracy, it is because nature does not want to reveal its game plan so easily. Many new diseases appear which create havoc. The author has laboured very hard to collect the important yogas for all types of diseases, framed by seers of yore for the benefit of mankind. Forewarned is forearmed. So if anybody knows, the type of diseases he is likely to suffer he will definitely take precaution to avoid it. By consuming choicest foods we can overcome many diseases. Take all coloured fruits, fresh vegetables, curd, fish, (avoid saturated fatty acids such as dalda

ghee), and some bitter food like neem or karela. It is possible to live 80 yrs or so without diseases. Remove constipation which is grand mother of all diseases. Dasas of highly malefic planets generate diseases. Author has talked about 10 new diseases in 2007 and has suggested remedial measures for avoiding them. With research mind and armed with two dasa systems it is really possible to identify the doomsday of life on account of various diseases (try KCD, Vimsottori, Yogini and Chara dasa). No sophisticated analytical tool of medicine can diagnose or prognsticate illness years before its occurrence with such accuracy as astrology can. When Lagnesh is posited in an enemy camp and afflicted, Lagna is also afflicted one enjoys a miserable life on this planet earth. Aspect 6f Jupiter in lagna is the blessings of God. Experience of disease is a sad memory. Whence come those mysterious influences, which change our happiness into discouragement and our sub-confidence into diffidence? One might almost say the air, the invisible air is full of unknowable, Conjunction of evil planets (Sun, Mars, Saturn, Rahu and Ketu) in Kendra and 2nd 11th/6th 8th/12th houses produces severe health hazard Conjunction of Venus with Ketu, Mars, Sun, Saturn or Rahu produces lose character in certain sensitive houses (2nd/4th/7th/8th /12th). For freedom from scandals and infamy 8th/12th houses should be vacant. For a strong health lord of Lagna should be stronger than 6th lord, and 4* lord/4'1' house should be strong. Retrograde planets increase longevity in trines/quadrant. Benefic planets in retrograde motion, in angles generate diseases during their dasas. Lagnesh and 8th lord if afflicted, give many sufferings in life. The 6th house is generally the best guide to understand the native and duration of health problems one will experience in the lifetime. The 6* house is the center of all the six natural enemies of humanity viz Kama (lust) Krodha (anger), Lobha (cupidity) Moha (infatuation) Mada (arrogance), Matsarya (jealousy) . Aspect of 6th lord/8th lord in Ascendant makes one weak and vulnerable to ailments. Association of Lagna lord with 6th/8th lords is a distinct disadvantage for physical health. When the lagnalord, 6th lord and Sun combine (look all three

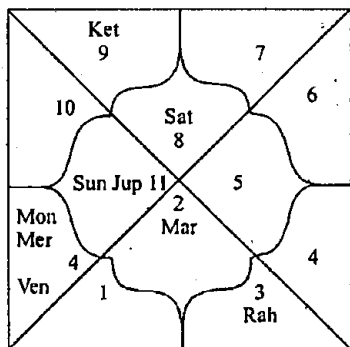
malefics are conjoining in a single house) fevers are a regular feature. Moon, Mars and Sun in the 6^{th} may produce jaundice, vomiting and colic pain. When the 6^{th} lord is in a dusthana ($6^{th}/8^{th}/12^{th}$) and depressed, in an inimical sign, combust or in aspect of a malefic, but the lagna lord is strong, then it shields one from disease, severe diseases set in the body when 5^{th} J 11^{th} axis is afflicted. According to Jataka Parijata, if Saturn occupy the $2^{nd}/6^{th}/8^{th}$ / 12^{th} houses the native becomes blind. Union of two or more malefics in lagna 2nd /$6^{th}/8^{th}/11^{th}/12^{th}$ are never welcome. When planets are strong, there are many Raja Yogas, when malefics occupy 3td / 11^{th} house, benefics occupy trines / quadrants or when most of the planets are in their own sign sufferings in life will be very less. Mars-Rahu; Saturn-Rahu; Mars-Saturn-Rahu yoga in evil houses indicate operation possibilities.

Let us study Example 1. Story of a diabetic patient : DOB : 6-4-68/5=3 0AM/ Culcatta, Pisces Lagna, Venus, Sun, Ketu, Mercury , Saturn, Rahu;Mars Aries, Gemini Moon; Leo Jupiter; Virgo Ketu.

Here we find $6^{th}/8^{th}/12^{th}$ lords have conjoined together in Lagna which is a formidable malefic yoga and is further afflicted by Rahu-Ketu axis. He became diabetic at a very young age, got married in 1997, got a son on 1.12.2000 and died in July 2001 (during chidradasa of Saturn i.e. Saturn-Jupiter dasa). The dispositor of 5 planets in Lagna has landed in the 6* house, making all the five planets very very weak. The dasa of any planet whose dispositor has landed in $6^{th}/8^{th}/12^{th}$house, can hurt one's interest heavily. Exchange of 1" and 8^{th} lords have generated Dainya Yoga. Such people Will be wicked and mean minded and will commit sinful acts. They will not complete any task they undertake. They will suffer at the hands of enemies and

disease. All the prophecies of sages came true in his life. When lords of 1st, 5th and 9th are in bad houses like 3/6/8/12 during the dasa of evilly posited 1st/5th/9th lords, the native will be ruined (AM, Jan 1966 P41). Saturn Rahu combination is worst and most baneful combination. This combination is baneful even if Saturn is a yogakaraka. But this combination is not bad in 3rd/6th houses. Rahu, Saturn in the angles of 6th lord brings many set backs in life. Here we find both Saturn and Rahu is posited with 6* lord Sun in Lagna and Lagnesh has landed in 6th. Until or unless the Kendras are not occupied by benefics, it is not possible to run a long innings of life. Venus afflicted by malefics generated diabetic in an early age. When Virgo is afflicted by Saturn, 6th/8th/12th lords, diabetes at an early age is expected. One does not live long when Sun and Moon are not aspected by benefics particularly Jupiter. Karmic control planets have generated 6/8 relationship which did not allow him to enjoy his life. For a big financial gain Rahu and Ketu's dispositors should not make 6/8 relationship. When a malefic Saturn is associated with any of the planets causing death he over sides all others and himself causes death (AM, Jan 2001, P 45). Here Saturn is his 11th/12th lord and is associated with Mercury, Ketu, Venus all malefic planets for his Lagna. Hence he died during Saturn-Jupiter dasa. 11th lord in a dusthana leads to daridrayoga where one gets crushed under debts, becomes cruel, suffers from ear troubles, get caught in criminal or antisocial, is a liar and becomes servile. Kuhuyoga is caused by the 4th lord in 6th/8th/12th. this makes one bereft of mother or vehicles, friends happiness ornaments, relations, without a house with poor health. For a happy life in one's mundane jumey 4th lord should combine with a trine lord to form a Raja Yoga as per Parasar. Until or unless there is a Raja Yoga financial stability can never be achieved. When the ascendant lord is with the malefic in 6th/8th/12th, bodily well being will be lacking (observe here also conjunction of the malefics are needed to produce a poor health). Such natives may suffer from poor health. Malefic planets in malefic houses generate good results. On account of this reason 6th lord in 3rd/6th/8th/11th/12th posited alone produces excellent

health. Sound health should be anticipated when this planet is aspected by a natural benefic. We will examine: the horoscope of Prof. R.J. Galgali, ex Professor of Chemistry, BHU (is the teacher of the author at M.Sc. level)

Example 2. An example of good health : DOB 5-3-1927, 23=30, Belgaon. Scorpio Lagna, Saturn, Sagittarius, Ketu; Aquarius Sun, Jupiter; Pisces Venus, Moon, Mercury (R); Taurus Mars; Gemini Rahu.

Conjunction of Saturn and Mars or opposition of these planets is not welcome. The native indulges in use of weapons, clever in combat adept in burglary and forgery. He is bereft of peace, pleasure and comfort and faces criticism, humiliation and insults. Saturn and Mars in $5^{th}/8^{th}/12^{th}$ produces Kemadruma Yoga, a yoga for sufferings at the hands of destiny in financial and in physical fronts. Saturn Mars in 12^{th} produces dreaded criminals (it is 8^{th} from 5^{th}), in 8^{th} it ends the life in a tragic circumstances. All women (100%true) suffer in married life who have Saturn Mars in 8th, they also suffer from various female diseases. In 5^{th}, it may deny a progeny. The native will take many wrong decisions in life. Mars in 5th also produces Kuja dosha as it aspects the 8^{th}. So there will be less peace in married life, should Saturn and Mars occupy the 5^{th} house. Mars is a planet of logic, courage and action which is used destructively under the influence of strong Saturn. The impact of Saturn in Mars results in intolerance taking hazardous and foolhardy risks. He develops a tendency of antigonizaing one and all. But if Saturn and Mars form Mahayoga or a Raja Yoga or that are many class I yogas in the horoscope (Parijata Yoga, Vasumati Yoga, Mahapurush Yoga, Akhandya Samraja Yoga, Raja Yogas such as Dharmakarmadhipati yoga, Adhi yoga, Gaja Keshani Yoga and Maha Yogas) the negative

traits of Saturn - Mars conjunction oropposition will evaporate in air, everything depends on the invisible lady luck (should have strong 9th lord/9th house), when 9th house is strong and is occupied by a natural benefic, a lady with afflicted 7th/8th house will enjoy happy married life. Good things in life should be foretold if 9th lord is occupied by a natural benefic and 6* lord is also aspected by a natural benefic. Prof. Galgali was bora with a Maha Yoga (exchange ofaspect between 1st/4th lords. Lord of Lagna is aspecting lagna, hence he has a strong horoscope. The man born in Maha Yoga (see Astrology Nectar by S.S. Chatterji P 35) will get the blessing's of the Goddess Lakshmi. He will be protected by sovereign and will command vehicles, wealth and children. They are well dressed and wear costly ornaments. They will receive valuable presents from the king or people in authority. Prophesies of sages came true in his life. Though he was born in Karnataka, he received his Ph.D degree in chemistry under illustrious head of the dept. of chemistry Prof. Joshi of BHU. He has a 6'2" tall body with a great personality. He was the iricharge of NCC, Dean, faculty of science, Professor of chemistry etc. during his service of BHU for about 35 years. His 2 sons and 1 daughter are all medical doctors from BHU. Both the sons are working in our defence department, the daughter has settled in USA permanently. He has constructed two houses, one at Belgaon, other at DLW colony, Varanasi. He is completely free from diseases and vices. He is non-smoker, non-alcoholic and a God fearing man. Today in 2007, he is blessing people with his accurate forecasts. He can tell the future of anybody by face reading. Parijata Yoga, union of three benefics in the 5th house, union of 10th and 5th lord in 4th, exalted Venus, strong Chandra Lagna, strong Surya Lagna made him a very very famous and wealthy man of the society. Strong 6th lord, provided him a raobust health (weight 100Kg). He never suffered from any diseases or any calamity in life. He is a totally successful man of the 21s' century who has no regrets in life. The name of his house is Kashi Kripa at Belgaon. Yes lord Vishwanah of Varanasi blessed him with long life and enough happiness in life. He landed in Varanasi at the age of 18. He

has authored many books including "Mystic Crystals". He was a crystallographer and taught physical chemistry at BHU. In his horoscope we do not find the conjunction of evil planets in any house. The author is proud to include the horoscope his illustrious teacher of post graduate level in this article.

For any ascendant when evil lords are posited in evil houses (8^{th} lord should be posited in 6^{th}, 12^{th} 3rd or 11^{th}) and also 9^{th} and 10^{th} lords of the ascendant well placed and aspecting the evil lords of the ascendant (2^{nd}, 3rd, 6^{th},8^{th}, 11^{th} and 12^{th}) and evil houses, instead of harm, bad, negative results we find excellent benefic results for the native. Dasa of 11^{th} lord causes immense misery and even death. Planets in the 11^{th} house invariably brings may bad news for the native during their antardasa weak planets bring many diseases. A planet becomes unfavourable under one or more of the following conditions: a) placed in the sign of debilitation. b) Placed in the enemy house. c) placed in 2^{nd}/6^{th}/8^{th}/12^{th} house d) debilitated in Navamsa. When 2/3 planet are debilited in Navamsa, the horoscope loses merit. Raja Yogas yield futile results e) When its dispositor is weak, ill disposed or placed in 6^{th}/8^{th}/12^{th} houses. f) when the planet is retrograde. All retrograde planets bring sufferings in life. g) when 6^{th}/8^{th}/12^{th} houses of the planet are occupied by malefics h) A planet becomes weak when it moves to 3/6/8/12 from its own house. The following table will be helpful in knowing the most favourable planets for each Lagna. Dasa of weak planets bring diseases, infamy, financial distress and other various types of miseries in life

The moment of death is indicated by Chidra Grahas. They are a) Lord of the 8^{th} b) planet in 8^{th} c) Planet aspecting the 8^{th} d) lord of 22^{nd} drekana d) Lord of the 6th Navamsa from the Moon e) A planet who is Atisatru (doubly inimical) to the 8th lord. Any one these is capable of causing death. 2nd, 7^{th} lord, 8th and 12th lords are all killer planets or major. Sometimes lord of Lagna give yoga and then kill the native. Let us examine the sloka

Table **1 : Benefic** and malefic planets for any **ascendant :**

Lagna	Benefic	**Yogakaraka (mostfavourable)**	**Neutral**	**Malefic (unfavourable)**
Aries	Sun.MarsJupiter	-	Moon	Venus, Mercury, Saturn
Taurus	Mercury, Saturn	Venus	Moon, Venus	Moon Mars, Jupiter
Gemini	Venus, Saturn	Venus	Moon, Merc.	Sun, Mars Jupiter
Cancer	Sun, Mars, Jup.	Mars	Moon, Jup.	Merc., Venus, Sat
Leo	Sun, Mars, Jup.	Mars	Moon	Merc, Venus, Sat
Virgo	Venus	-	Sun, Merc, Sat.	Moon, Mars Jup.
Libra	Mars, Sat	Saturn	Merc. Venus	Sun, Moon Jup.
Scorpio	Sun, Moon, Jup ·	-	Mars, Sat.	Merc. Venus
Sagitt.	Sun Mars	-	Jupiter	Moon, Merc, Venus, Sat
Copri	Merc. Venus	Venus	Saturn	Sun, Moon, Jup., Mars
Aquarius	Mars Venus	Venus	Merc. Sat.	Sun, Moon, Jup.
Pisces	Moon, Mars	-	Jup	Sun, Merc, Venus, Sat,

Kevalanam chapapanam dasau nidnanam Ky achat

*Kalpaniyam budhaih **nrinam** marakanam adarsani.*

Sometimes, the period of a malefic can bring about death. Where it is difficult to find the planet causing death, the Wiseman has to construct the time of death with the help of intuition. This is indicated by the words Kvacha and Kalpaniyam. Saturn becomes a first rate significator of death and also longevity. Balarista causing planets are • Moon in 8th, Mars in 7th, Rahu in 9th, Saturn in Lagna, Jupiter in 3rd, Sun in 5th, Mercury in 4th and Venus in 6th. when some of them are present in a chart and the chart indicates longer life, planets will cause ill health. 6th house Saturn aspects 3rd/8th houses and hence prolongs life.

Zodiac Signs and Body Parts :

Aries Head;
Taurus face, throat;
Gemini shoulder, arms, neck;
Cancer heart, chest and breast;
Leo upper part of the belly or abdomen, back;
Virgo lower part of the belly or abdomen waist and nerves;
Libra Kidney, private parts, sexual organ, navel, urinary tract;
Scorpio rectum and sexual organ; -
Sagittarius hips, thighs;
Capricorn knee;
Aquarius legs;
Pisces feet.

The sign that is afflicted by the association of malefic planets will denote trouble in the part it represents. If theTord of the sign is also -afflicted, then the trouble will be more severe. Regarding the judgment of diseases, first thc Kalpurush should be scrutinized using Aries as Lagna, More after this method reveals the truth.

Rolc of house:

I" House head, brain and mind; 2nd House face, eyes, nose teeth, tongue, mouth; 3rd House ear, neck, throat, larynx, shoulders, hands,

arms and breath; 4th house lungs, chest and blood circulation; 5th House upper part of the belly, liver, spleen, gallbladder, pancreas, duodenum; 6th House navel regions, waist, the spinal cord, lower part of the belly and nerves. 7th House reproductive organs (uterus, ovaries), kidney, bladder, prostate, urinary tract, female sexual organs and breath; 8th House Rectum, private parts, male sexual organ, blood, anus, external genitals; 9th House hips, thighs; 10th House knees, skin and bone; 11th House legs breathand also ears; and 12th House Feet and eyes.

When a house or its lord is afflicted or when both of them are afflicted by malefics, then that part of the body represented by that house will be affected or diseased. For example, if the native's Ascendant is Aries and it is afflicted or if the lord of a Dushsthana or evil house is located there, then the native will definitely suffer from headache or from diseases of the head because the sign Aries or the 1st house or the Ascendant represents the head. The nature of the trouble in the part of the body and its severity depend on the severity of the affliction, that is, on the number and strength of the afflicting planets and their nature.

Planets and Organs :

Different planets control different parts of the body as follow:-

Sun: Eyes, blood, circulatory system, stomach, brain, skin, head, bones, thyroid.

Moon: Bronchial system, digestive system, mind, brain, breast, blood, left eye, uterus.

Mars: Blood, genitals (male), neck, bone-marrow, head, muscular system, rectum.

Mercury: Brain, respiratory system, organs of speech, chest, nervous system, skin, gall bladder, navel, pancreas, nose, parathyroid.

Jupiter: Liver, arteries, hip, ears, brain, spleen, thighs, fat, tongue, pancreas.

Venus: Kidney and urinary tract, eye-sight, face, glands in general, ovaries, gonads, neck, thyroid, throat, hair.

Saturn: Skin, bones, knees, legs, gall-bladder, teeth. Joints and ligaments.

Rahu: Feet, act of breathing, spine.

Ketu: abdomen.

Uranus: Hysteria, paralysis, mental rearrangement, abnormal growth, premature delivery, palpitation, organs, sudden and spasmodic complaints, operations, wounds, health disorder for excess involvement in profession.

Neptune: Eyetrouble, skin problems, allergy, insanity, drug habits, hallucinations, paralysis, psychic diseases, coma, delirium. Can recover through God's grace ,

Pluto: Long-lasting diseases, sex diseases like aids, not much conscious about diseases, can recover from illness through yoga and meditation. In 8th house Pluto forces the native to go bankrupt Certain persons disappear mysteriously and one never heard of again with Pluto in 8th.

Planets and **Ailments :**

Sun: Diseases of the head, headache, heart disease, disease of the eye (the right eye in case of male nativity and the left eye in ease of a female nativity), strength (inner Weakness), the diseases of the spinal cord and veins, fevers of diseases of the bile.

Moon: Diseases of the heart and lungs gynaecological problenis, mental ailments, emotional illnesses, psychiatric problems, eye diseases (left eye), anemia, blood diseases, cough and cold, watery diseases, water retention like odema, ailments due to imbalance of Vata (such as blood pressure) or Kapha (phlegm), bronchial diseases; the right eye of the female, filariasis, dropsy, pleurisy, paralysis, diarrhoea, vomiting,

gastro-enteritis, enlargement of the spleen, typhoid fever etc.

Mars : Diseases of the bile,"haemorrhage (escape of blood from blood vessels), hot and inflammatory diseases, heat strokes, piles, fistula, tumor, wounds, accidents, injuries, burns, cuts, surgical operations, injury by weapons, boils, abscess, fracture, urinary diseases, deterioration of the blood or diseases of the skin or skin diseases, skin rashes, poisoning, high blood pressure, menstrual bleeding, abortions and sudden rupture of organs.

Mercury: Nervous diseases, bad liver or diseases of the liver, stammering, failure of memory, diseases of the tongue, epilepsy, diseases of the mouth or vocal cord, typhoid, whooping cough, insanity, diseases of the gall-blander etc.

Jupiter: Baldness, blood pressure, thyroid problem, backache, apoplexy, hernia, diseases of the liver and lungs, disorders of fat metabolism, bronchial diseases etc.

Venus : Diseases due to malnutrition, paralysis, deafness, breathing trouble, dental pain or diseases of teeth, dyspepsia, melancholia (frustration and mental depression), falling of hair, mental depression, rheumatic pain and rheumatism, skin diseases, bone diseases, colic pain, arthritis, cancer, chronic lingering diseases, diseases of old age and terminal stages of diseases, illnesses causing wasting of the body like tuberculosis.

Rahu: Disease of the digestive system, liver, breathing trouble, catarrh, acute pain, diseases of the bone, enlargement of spleen, cutaneous diseases such as ring worm, eczema, leprosy, diseases arising from imbalance of Vata (wind) and Kapha (phlegm), bad swelling, tumour, serpent bite, aberration of mind, schizophrenia, hallucinations and illusions, asthma, dental diseases, weakness and diseases

arising due to too much indulgence in sex and immoral acts.

Ketu: Diseases not detectable by Doctors ,mental restlessness, anxiety, diseases due to sudden fear, colic pain, diseases of the chest and heart, epidemics, skin diseases, fever, eye diseases, wounds, pain in the belly, diseases of the stomach, pain the body, accident, undiagnosed diseases, queer diseases, modern diseases like HIV infections etc.

Ill-health and diseases are caused by imbalance of Vata (wind), Pitta (bile) and Kapha (phlegm) according to Ayurveda.

The planets responsible for Vata, Pitta and Kapha are as follows:

•Bile or Pitta Sun and Mars :

Kapha (phlegm) and Vata (wind) the Moon and Saturn
Karaka for Vata (wind), Kapha (phlegm) and also bile (Pitta) Mercury.
•Karaka for Kapha (phlegm) Jupiter and Venus
Karka of Vata (wind) is Rahu

A pitta constitution individual will have inflammation (meningitis) or injury (head injury) when the appropriate dasa and transits occur. A Kapha constitution will respond with increased secretions and swelling (cerebral edema meningocoel) and a vata constitution person with paralytic stokes or vascular catastrophes (cerebral thrombosis). The table 2 will show the responses of Vata, pitta and kapha in anatomical sites of diseases:

Table 2 : Diseases of various ascendants

Site	Vata	Pitta	Kapha
Head .	Thrombosis of celebral vessels	Meningitis, encephalitis	Brainodema
Neck	Vocal cord, Palsy	Laryngitis, pharyngitis	Tonsils, goiter
Chest	Bronchial asthma	Bronchitis, pneumonia	Pleurisy
Abdomen	Chronic irritable bowel, gall stones	Appendicitis, rupture of bowels	Ascites, obesity, tumors
Legs	Buerger's diseases; Raynaud's diseases	Osteomylitis	Filariasia

According to Varahamihir if one is born in first drekanna it indicates the area between head and neck, 2nd Drekanna between neck and navel and 3 rd drekanna shows the ones below navel. 2nd to 6th houses refer to the left side, 8th 12th houses refer to the right side. 3rd house rules the right hand, 11th house rules the left hand. Taurus and 2nd house rule the right leg and 12th house Pisces rule left leg. If the 2nd house, Taurus, lord of 2nd house and Saturn are afflicted the fracture of bone will be in the right leg (for right leg 12 house, 12th lord Saturn and Pisces should be afflicted). 4th/8th/12th house control blood, 2nd/6th/10th houses control flesh and bone, 1st, 5th, 9th are bile producers. 3rd/7th/11th control our breathing systems, all of them are airy signs in the zodiac (Gemini, Libra, Aquarius) Kapha Ascendants are ruled by Venus, the Moon and Jupiter. The signs ruled by Mercury and Saturn are Vata; Aries, Sagittarius, Leo are Pitta in nature. 6th and 8* lords during their major or sub period or the planets posited in 6th/8th house produce major sickness in life.

GOLDEN RULES OF HEALTH HAZARDS

1. As Rahu is the Karaka for Vata and the 5th house governs the belly, Rahu in the 5th causes windy diseases and acute gastroenteritis.

2. As Saturn is the Karaka of Kapha and Vata, Saturn in the 5th makes the native suffer from dyspepsia.

3. As 5th house rules the belly, a malefic planet occupying the 5th and the 5th lord located with or hemmed in between malefics will be responsible for diseases in the belly.

4. If the lord of the 5th house is in the 8th house with the 8th lord or if it is the inimical sign or is debilitated or is eclipsed, then also diseases in the belly are indicated.

5. If the 5* sign and its lord or the 5th house and its lord are afflicted by Rahu then it would be a case of heart attack. If they are afflicted by Saturn and by the lord of the sign occupied by

Saturn, then it would be a case of dyspepsia and indigestion. If they are afflicted by Mars and Ketu or by the lords fo the signs occupied by Mars and Ketu, it would be a case for operation or injury to the belly. Ketu near the natal Venus in transit, killed Mahatma Gandhi.

If the 12th house, 12th lord, 12th Rasi or sign (Pisces) and its lord Jupiter are all afflicted by both Mars and Ketu or by Mars as lord of the sign occupied by Ketu or by both, then the feet may have to be amputated.

According to one school, the 5th rules the heart as well as belly, while the 4th rules lungs and its problems.

If the lord of a Dusthana (lord of 6th; 8th and 12th houses) is in the Ascendant, then the native will suffer from diseases indicted by that planet. The native's health will suffer if the lord of the Ascendant is placed in a Dusthana (6th,8th, and 12th house).

If the lord of the Ascendant is placed in a Dusthana and the lord of Dusthana is in the Ascendant, then also the native will suffer from diseases indicated by both Ascendant and Dusthana lords. If the Ascendant is aspected by a Dusthana lord, or if the Ascendant lord and the Dusthana lord aspect each other or if they are placed together in a Rasi or house, then the native will suffer from diseases indicated by such planets.

If a weak malefic planet is placed in the 6* then during the dasa of 6th lord and that malefic planet, the native will suffer from diseases like colic pains, consumption or bile and seminal troubles.

The 6th is the primary house of health and disease. If the 6th is occupied by Saturn and Mars and is aspected by the Sun and Rahu and the lord of the Lagna is weak, the native suffers from some chronic diseases.

Rahu and Sun in 4th Atrophnic condition of the skin, in which

the skin becomes dry, inelastic, wrinkled.

13. Venus and Saturn in 8^{th} In case of illness, ailment or disease or injury recovery would be longer and would cost substantially. The native may be involved in smuggling, trading for immoral purposes, mischief in import and export.

14. Mars and Venus in 8_{th} They suffer from sex diseases. When Mars or Venus is the 2_{nd} lord, the individual transmits own complaint of sex oriented trouble to the spouse or those who indulge with that person in cohabitation.

15. Mars and Saturn in 8^{th} They are vulnerable to disturbed digestive systems and become fat, more so in the belly and waist. Women having this combination must avoid cohabitation after completion of 5^{th} month of pregnancy. Young kids, from infancy to adulthood have the risk of repeated falls, minor injuries but leading to bone fracture too.

16. Mars and. Rahu in 8^{th} They have tendency or desire for unconventional sex. They are very secretive in their acts, actions and ambitions. They may commit cold blooded murders or some other similar barbaric act. Invariably it provides obesity even ordinary fever or minor injury makes them exhibit great pain than actuality. 8_{th} house is the house of immunity; . .

17. Saturn and Rahu in 8* — The lower portion of the body becomes overweight. Such type of ladies are frequently seen in the society. They do not have much recovery power. Scandals and defamation surfaces out in their lives.

18. Saturn and Ketu in 8_{th} It leads a wound to go septic or formation of gangrene and in comparison to Rahu makes recovery very much delayed and expenditure oriented.

19. Sun and Mars in 8^{th} Something extra care about health,. accidental injury. or multiple injuries (specially by fire,

electricity, fall from a height and attack by a thief or robber).

- Illness and diseases including ulcers (and cancerous trouble not ruled out) loss of pregnancy. Blood pressure and purity of blood should be checked upto 60 yrs. It **causes** excess bleeding. The individuals becomefirst victim in accident of earthquake.

20. Moon and Saturn in 8th When Saturn passes 4th/8th house of Moon, there are chances of an accidental injury. If Aries, Cancer, Leo or Scorpio becomes 47or 8th the injury would be serious. In case of Taurus, Scorpio, Leo and Pisces the injury, whether of one or both legs would leave a limp in walking as an aftereffect.

21. If Saturn is in the 6* house with **Gulika** are aspected by the Sun, Rahu and Mars and is neither in association with nor aspected by **any benefic** planet, then the native suffers from cough, asthma, consumption **etc.**

22. If the Moon is in a watery sign in the 6* and the 6th lord is also located in a watery sign aspected by Mercury, the native suffers from urinal troubles. If the lord of the 6* is weak in Lagna or Mars is in Lagna, the native suffers from trouble in the head or in the face and suffers from colic pains etc. One will suffer ill-health during adverse Dasa and transits. One will suffer ill-health during the period of the 6*, 8* or 12* houses and also during periods of Maraka lords and planets and also during periods of malefic planets. One **will** suffer ill-health during the periods of planets associated with Rahu or Ketu. Dasa of two retrograde planets bring severe health hazards.

23. Moon and Rahu in 8th Homosexual or lesbian tendency. They **also** suffer from hernia, piles or diabetes.

24. Moon and Ketu in 8th Repeated diseases of digestive system, dyspepsia, **dyslexia, diarrhoea and** dysentry.

25. Sun and Saturn **in 12th** Illness, injury and disease concerning

bone structure of the entire body, including the skull. Therefore brain injury or any ailment or disease related to the brain is direct concern of Saturn. Medical treatment takes very long time and patient as well as the family must not become impatient with due or undue lengthy period of treatment. They love to become criminals. Because of presence of Sun in 12th; the individual gets apprehended at some stage or sooner or later and is brought to book in the normal course of law.

26. Sun and Ketu in 12th It causes mild type trouble to the eyes, hearing power, slight stammering, any kind of nasal ailment. It is 8th from 5th. So education of children suffers.

27. Saturn-Mars in 12th there is a chance of loss of the first child. It is 99.99% true. This combination is capable of causing injury of own progeny or other members of the family in any kind of accident, fire, violent clashes within family. It causes loss in the purchase and sale of properties. Eyes will suffer when Venus is also afflicted.

28. A mere conjunction of Saturn and Mercury (except when one of them is exalted or in own sign) is a sure signal for breathing troubles. *

29. Conjunction of Mars, Sun in Lagna is a sure sign of blood pressure problems.

30. Childhood diseases : Life in this world commencing with dangerous disease is rather very unfortunate. The following unfortunate malefic combinations are rather unfortunate where the childhood is full with diseases, miseries etc.

    a. The dasa of severe afflicted 8th /8th lord (vimsottari) commencing at birth.

    b. As per KCD, the Dasa of Deha and Jeeva Rasi containing a malefic being the first dasa.

    c. Ascendant lord with an evil planet is 6th/8th/12th house.

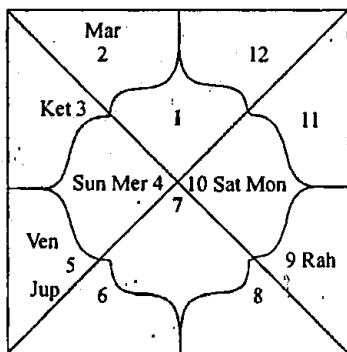
d. Lord of Ascendant in deep debilitation.

e. Lord of ascendant involved in an eclipse at birth.

f. The lord of first dasa (of any scheme) j oining the Sun in the same quarter of asterism.

Example 3. Deaf, dumb, cannot walk since birth : DOB 11-08-1992, 23=30, Ghaziabad. Birth Chart : Aries, Lagna; Taurus Mars; Gemini Ketu; Cancer Sun Mercury (R), Leo Jupiter, Venus; Sagittarius, Rahu; Capricorn - Saturn, Moon 7°10' Balance Sun . 1yr.3m 9d

Mar 2 | 12 | Ket 3 | 1 | 11 | Sun Mer 4 | 10 Sat Mon | 7 | Ven 5 | 9 Rah | Jup | 6 | 8

If Moon afflicts Sun, there will be defects, deformities and diseases pertaining to the physical body. If the Sun afflicts the Moon, there will be affliction to the brain resulting in mental retardation, lunacy, dullness, epileptic condition etc. Thus the mutual affliction can result in "*unhealthy brain in an unhealthy body*". Such a man can always be a substandard object in this competitive world. This is specific aspect of affliction to the Moon or the Sun. If the Moon occupies a Kendra 1,4,7 & 10 with respect to Sun, the affliction will be maximum giving Adhama Yoga, producing less wealth, less wisdom etc to the native, 6/8 relationships of Moon - Jupiter and Saturn Jupiter added fuel to the fire. For a glorious life Saturn should be aspected by divine Jupiter. Many polio patients have Moon and Sun in opposition. In this chart the native is deaf, dumb, crippled since birth. Cannot walk also. He started his life with afflicted Deha Rasi Cancer dasa with balance 8 yrs 1 m 6 d. Here Deha Rasi is Cancer, Jeeva = Pisces. Both Deha and Jeeva lords are not free from placement related blemishes. Jeeva lord has moved to 6th

house from their natal positions. I have already claimed in my earlier book "Twin 8* house of the zodiac" (Alpha Publication, . in Press) that KCD is the most accurate dasa in forecasting dooms day of life. As per KCD, the prophesies of sages came true in the life of the unfortunate soul. He started his life with Deha Rasi, this sign and its lord are afflicted by Saturn. Jeeva Rasi lord Jupiter is aspected by Mars (8* lord). Both Deha and Jeeva signs are afflicted by Saturn. His Deha sign is occupied ' by retrograde 6th lord Mercury is direct aspect to Saturn. When 678th lords occupy either Deha or Jeeva sign, Goddess Laxmi never visits such a person. Here 6th lord in Deha sign did enough damage to this unfortunate soul. When 6th lord is retrograde, litigations in life mounts. Where Kendras of 6th lord are occupied by Saturn, Rahu or Ketu such a native soaks himself in the ocean of litigations. These natives even visit prison. God , has imprisoned him for life robbing him even walking power, Afflicted Deha and Jeeva sings with their afflicted lords made his life a cupful of sorrows.

31. Blood is ruled by 4th house Karaka planets are Moon and Mars. When 4* house, Moon and Mars are afflicted one is sure to suffer from blood diseases. Blood cancer occur when 4th/8th/12th house and Cancer, Scorpio, Pisces are afflicted. When 6th lord or 11th lord aspect his own sign, one's disease may be subdued by suitable and timely treatment.

32. When both Deha and Jeeva signs (as per KCD) are occupied by malefics or evil lords, one will have to face frequent dangers of diseases, misfortunes, miseries etc. One should examine Deha and Jeeva signs.

33. The Sun and a malefic in the 7th indicate disorder of blood vessels to the native.

34. Mercury in the 6th house aspectd by Saturn can lead in deafness

or ear related problems.

35. If Ketu transits the sign occupied by natal Venus, there will be insurmountable troubles in respect of one's health and happiness.

36. Should all the three fiery sign (Aries, Leo, Sagittarius) be occupied by malefics and or retrograde benefics, the subject will be exposed to danger though fire.

37. In case of birth in Scorpio ascendant, Rahu in 9th house and Moon in 7th house will cause delirious (vitiation of three bodily homours, ledge to possible death) during childhood.

38. Rahu and Jupiter in separate trines from the ascendant will cause serious debacles in Rahu dasa or Jupiter dasa.

39. If Ketu and Saturn join in a movable sign at birth, the native will have a thin body.

40. The Moon and Rahu joining in the ascendant in aspect to Saturn or Mars will involve the subject in danger through water, fire, poison etc.

41. A malefic planet in the ascendant with the aspect of the lord of 67or 8th will cause poverty and sickness

42. The three fiery signs ill occupied should be profitably noted in the context of danger through fire giving emphasis to their being Deha Rasi, Jeeva Rasi and 6th house.

43. Saturn in the 8th house or aspecting 8th house is an indication relating to difficulties in rectum. In case of female it can cause difficulties concerning ovary.

44. Ascendant hemmed between Saturn and Mars indicate major bodily troubles to the native. When Deha Rasi is hemmed between malefics physical infelicity will only multiply

45. If Rahu at birth is in a sign owned by Jupiter and when Jupiter himself transits such a sign, some evils will occur to the native.

46. Nodes in 2nd, 7th, 8*, 12th act as marakas if they are associated with 2nd/or 7th lord.'

47. If the lord ofascendant is combust, one will never have sound health.

48. Ifthe lord of the 8th house is in the 7th house without the aspect of a natural benefic planet, the subject will be troubled by piles.

49. If the lord of ascendant is with the lord of 6th house, the subject will have poor health.

50. An afflicted Mercury causes skin diseases.

51. Jupter aspected by adverse Mars mean troubles from inflammation of stomach. Liver enlargement is there when Jupiter is aspected by 8* lord.

52. Walking difficulties will arise when Saturn aspect 3rd house and 3rd lord is ill placed.

53. All round evils occur when lord Lagna is in rapt conjunction with 6th lord Mars. Cancer is a sure possibility.

54. Affliction of 7th house, 7th lord by 6* lord is a sure case of kidney disorder (TO A, July 1996 P 13). When Taurus, Libra and Venus are afflicted it provides severe kidney disorders.

55. One should not start life with 6th/8th/12th lord's dasa at birth. Should it so happen, one's childhood will register a lot of ups and downs and one will find it quite difficult to stabilize in later dasas (TOA Jan. 1996 P 3)

56. If the. lord of 3rd house falls in a decante ruled by Mars, the subject will incure danger or disease concerning his legs/arms.

57. Longevity and freedom from diseases are generally assured if the lord of the ascendant is placed between any two of unaffiliated Mercury, Venus and Jupiter. No other planet should however intervene in this combination by way of company.

58. If Saturn is in the 5th/9th house along with another malefic, the person will suffer from many diseases, except when Saturn is a Yogakaraka.

59. Sun in the 7* house. along with a malefic will cause blood diseases to the native.

60. a) Urinary disorders such as gleet, diabetes and gonorrhoea will occur to the person having the Sun in 5th house in association with Venus and Saturn. b) Mars & Saturn in 10th will do the same thing.

61. IfMoon and Venus join the 8th house the subject will incur rectal disorders.

62.. If Venus or Mars occupy the 2nd house, there will be serious ear trouble to the native.

63. If the ascendant contains eclipsed Sun, the native will behave like a devil and will have early loss of eyes.

64. , If Mars is in the 5th house, one of the native's children will incur blood disorder

65. If Saturn in the 5* or 7* house will cause fear from evil spirits, abdominal disorders and mental aberration.

66. The sub period of a female planet (Moon, Venus and Ketu) in the main period of a natural malefic will be a source of many unhappy events.

67. If the 4th lord is.in the 8th house, in union with Ketu, the subject will be endangered though weapons.

68. If Mercury is in 7th from Mars, the subject will be tall in stature.

69. . Retrograde Mars in the 127876th house will cause major losses though fire.

70. Mercury in a dual sign aspected to Saturn or Mars will lead to epilepsy..

71. The Sun in the 3rd house or 7th house in association with a malefic planet will be dangerous to the life span of the spouse.

72. Ifthe 3rd lord is in the 5th one will enjoy wealth and longevity.

73. If Rahu is in the 7th house along with Venus one will suffer from sexually transmitted disorders.

74. If the 12th house is occupied by 10th lord, the native will have many illicit ties.

75. Should be 12th and 6th houses be occupied by malefic planets, one will be a victim of severe vices. Saturn and Mars in these houses will produce severe health hazard (exp. 4)

76. Mars in the 4* house in aspect to Moon or Vice versa will lead to blood disorders of a major nature.

77. If both 6th and 11th houses are occupied by malefic planets, one will have severe health problems.

78. Should Mars join one of the planets viz. the Moon, Sun and Jupiter, the subject will be victim of some major ill health or litigations. There is no way for him to escape from this kind of an event. This is very true for Gemini Ascendant.

79. If the 6th lord is related to 8th lord, sorrow though diseases, thefts etc will be clear possibility.

80. Dasa of Saturn in 4th, Jupiter in 6th, Mars and Rahu in 5th, that of a planet in the last degree, and that a lords of 6,8,12 are very troublesome and painful (TOA, Sept, 1997 P 33)

81. 6th lord in debility in aspect to two retrograde planets, the native will conceive drastic health problem (TOASept. 1997P 9)

82. When Drekkana ascendant falls in a sign ruled by Mercury, Saturn one will be troubled by epilepsy, coma, rheumatism, arthritis or paralysis.

83. Moon in ascendant, 8th, 12th or 7th house and hemmed between

. malefics will confer premature death.

84. Bilious complaints are: blood disorder, jaundice, digestive disorders, disease of the eyes, sexual disease, urinal and other kidney ailments, brain fever, lack of mental balance (madness etc.) , loss of consciousness, epilepsy, menstrual disorders, anameica etc Phlegmatic disorders are: cancerous ailments, tuberculosis and other lungs/breathing problems, pneumonia, typhoid and such other dangerous fevers, heart, throat, ailments etc. Windy" disorder are: rheumatism, arthritis, paralysis, elephantiasis, gas troubles, any swelling, joint pains including spondylysis/spinal problems, trouble through spirits, dead souls etc. (TOA Sept. 1996 P 5)

8th lord in 6th/8th/12th will give various diseases.

Moon in the ascendant afflicted by malefics cause diseases.

Taurus or Libra occupied by malefic planets will produce diseases.

88. One will be ever troubled by diseases if the lord of the ascendant joins the 6th lord in 6th/8th/12th.

89. The ascendant lord in the ascendant with 6th/8th/12th lord will give lasting illness.

90. A malefic in the 5th house while the lord of the ascendant is in the 8th house will cause a major disease.

91. The 5*, 9th or 12th occupied by a malefic and aspected by Saturn will cause disease.

92. Three malefics joining in one sign will produce disease.

93. If 6th lord is in 7th, one will incur many diseases.

94. Venus in Aries, Leo or Sagittarius joined by Saturn will produce bilious disorders. Mars in 8th or in 1" with a malefic will do the same. Sun in ascendant + lord of ascendant in Lagna

will give bilious disorders. , • ‹

95. Mars in 6* house aspected by another malefic and begetting malefic divisions will cause blood disorders.

96. • Saturn in Aries along with 6* lord will cause windy disorders Saturn in 7th and Jupiter in Lagna will do the same job. Saturn in Ascendant while Mars is in the 57779th will cause windy diseases, weak Moon and Saturn in 12th will cause windy disorders.

97. When 9* lord is related to 8th lord, there may be serious accidents.

98. Sun, Mars and Saturn in 7th will produce fistula, rheumatism, piles and leprosy.

99. Rectal disorders will come to pass when the ascendant lord is in a sign owned by Mars or Mercury in aspect to an inimical planet.

100. Saturn in 8th house will cause disorder of the feet.

101. An afflicted Jupiter in the 12th house will cause sexually transmitted diseases.

102. The Moon in Leo hemmed between malefics or afflicted by malefics from somewhere else will lead to cardiac disorders.

103. 11th lord in 3rd will cause cardiac disorders.

104. Dog bites : a) If Saturn is in the 2nd house is aspected by a malefic, the native should guard against dogs. b) Saturn associated or aspected by 2nd lord. c) If Saturn as the lord of 6th house is associated with Mars there is a danger of death though dog. d) If Saturn is placed in his enemy camp without aspect of a benefic, there is danger through dogs. f), If Saturn as 2nd lord conj oin with Mars, there is danger though dogs i.e. it is possible for Capricorn native.

105. Ear diseases : a) If 6th lord be in 6th, 7th or 11th houses from

Ascendant and Mercury occupies 4th place from Saturn, the native will suffer from **deafness.** b) At night birth Mercury in 6th, Venus in 5th will make the native **deaf.** c) If Mercury, Venus occupy 3rd house in Gemini or Virgo, the right ear of the native may **suffer.** d) 6th lord + Mercury, aspected by Saturn can cause **deafness.** e) If Mercury + Sun + Saturn are in 3rd or 11* - **deafness.** f) 6th lord aspected by Saturn and Mercury, partial loss of **hearing.** g) Moon, Mercury combination in 3711"' corresponding to Gemini or Virgo may trouble the native with watery discharge from the ear. h) Moon and Mercury in Aries or Scorpio in 371 1th from Lagna would be responsible for pus and pain in the ear. i) Mars, Mercury in 3rd/11th from Moon or Lagna, the native may have to undergo surgical **operation** in the **ear.** j) From Ascendant or Moon only for Gemini and Virgo ear disease will be caused if Mars or Saturn are posited there k) Moon + Mars + Mercury in 37or 11th and Ketu in 7* Surgical intervention in possible in the ear.

106. When Sun is weak it indicates defective blood circulation and imbalance in blood chemistry, weak Mercury may indicate defective nervous system, weak Moon may indicate weak mind, association of Moon + Saturn or when Saturn aspects Moon it may suggest iron loss and Windy imbalance in the systemic. Take lemon juice with honey, which helps iron absorption.

107 Conjunction of Mars with Venus at birth does indicates the need for the surgery of the kidney.

108 Excess hair For good Mars, Less **hair** For poor Mars, Short height Unfavourable Sun, Tallness **of** body for strong Sun, **Fat** body **For** good Jupiter; **Good** personality **for** strong Venus, Very slim body weak Saturn, Spiritualism for strong Ketu, strong Rahu, means less **pain** in the body.

109 Dangers diseases set in the organ where 678712* lords are

posited in the birth chart. Severity increases, if they are afflicted by other malefics. Suppose 8th lord in Virgo. It is further aspected .by Mars. So a disease of abodoman is indicated.

110. For low blood pressure use silver ring on a Monday, for high blood pressure use copper ring on a Sunday.

111. Debilited lord of Lagna Leo Sun in Libra Ears trouble, Cancer Moon in Scorpio Dropsy, Aries Mars in Cancer trouble in the chest, Scorpio Mars in Cancer hips trouble Gemini Mercury in Pisces knees problem, Virgo Mercury in Pisces urinary troubles, Sagittarius Jupiter in Capricorn face and speech will suffer, Pisces Jupiter in Capricorn feet problem, Taurus Venus in Virgo belly problem; Libra Venus in Virgo trouble in feet; Saturn of Capricorn in Aries Chest problem; Aquarius Saturn inAries **ear/respiratory** problems

112. For Leo, Sun is afflicted belly problem, for Cancer Lagna Moon is afflicted chest problem; Mars Aries Lagna is afflicted problem on the head, Mars & Scorpio afflicted problem of testicles, Mercury of Gemini afflicted arms, respiratory problem, Mercury of Virgo afflicted intestine and lower problemsof belly will suffer, Venus of Taurus afflicted throat problems, Venus of Libra afflicted kidney problems Saturn of Capricorn afflicted knees will suffer, Saturn of Aquarius afflicted **lower** position of leg will suffer, Jupiter of Sagittarius afflicted hips problem, loss of **recovery**· power, Jupiter of **Pisces afflicted= feet will** suffer.

113. Debilitated Sun + Mars fire in the body. Debilitated Moon and Venus in 5* pleurisy. Venus + Moon are watery planets, debilitated Jupiter Swollen condition, debilitated Saturn severe pain in the body. Debilitated Mars in Lagna fire on the face.

114. **Insomnia** : If 2nd lord is placed in **12th** with Mars or other malefic

planets violent night walk and sleep. The Sun causes sleep when there is no Sun, all living things sleep. So if there is affliction to the Sun or 12th from Sun, then one suffers from sleep disorders. Basically second house, 2nd lord should always be associated with Jupiter, Venus, Mercury and the Moon. In the case it is associated with Mars, Sun Saturn, Rahu, Ketu one's life will always be in turmoil. Such a person will be compulsive liar and will not enjoy good social status. 9th lord in 12th cause insomnia. Sleep in actually indicted by the 12* house. afflictions to the 12th house is bad as it will be impediment to smooth health. Affliction to Mars or 12th from Moon causes split personality, Affliction to Mercury and 12th from Mercury makes one miserly, affliction to Venus and 12th from Venus cause extravagance and sexual perversions. Afflictions of Jupiter and 12th from Jupiter implies Mata Bhedham (religious perversion or conversions), affliction of Saturn or 12th house of Saturn makes very repulsive habit of living, bad eating habits eating stale food, cold meat etc. If one has Dhanistha Nakshatra, Moon and Saturn in Kumbh Lagna the native will be fond of non-vegetarian food. The author has observed, if there is any malefic like Rahu, Saturn, Ketu, Mars in the 12th house of Sun, he will have surely insomnia. Sleep is crucial to maintaining your health. Without it you increase your susceptibility to an astonishing array of health problems, including heart disease.

5. Disease is primarily controlled by the 6* house, 6th lord, Ketu and 6* house of Ketu. Mars, Sun and Saturn should not be placed in 6* house from Ketu, as they give recurring diseases, Mars if posited in 6* from Ketu and Mars is afflicted, loss of limb occurs.

6. If 2nd lord is placed in the 11th house, the native will undergo miseries due to ill health during childhood and with the march

of time he will be endowed with health problems throughout.

117. If both 378* houses have malefics, or their lords are ill placed, the person is either not in the right frame of mind or is of an imbalanced nature

118. planets in the 6* **house** : Sun there is complain in the stomach and may go mad. **Moon** would cause cold, eye or any other cyclical disease, Mars Fever, bleeding, shivering, Mercury will give body suffocation, Jupiter heart disease, state's premshment, hyper pigmentation of neck and intestinal diseases: Venus will cause insomnia, hiccups, di: ease of rectum and queasiness, Saturn will give diseases of feet and phobias, Rahu and Ketu **will** cause disease due to poison, infection and give fainting.

119. Rahu and the Moon in the 2nd house will cause delirium and also serious diseases led by cold.

120. S aturn i n the 8* or the 6* or the ascendant aspected by Mars will cause windy and blood disorders.

121. The Moon in the 4* house along with a malefic will cause phlegmatic disorders (affliction to heart, lungs etc.)

122. **the Sun or the Moon in the** 4* house and afflicted by Saturnwill cause heart and lung **diseases.**

123. Saturn joining the Sun anywhere will lead to phlegmatic (cardiac) illness. The concerned aphorism is : "**Mandaga** Marthanda **Yoga** Kaphatho nipeeditah".

124. Vitiation of blood **will** come into force if Saturn and Mars are in the 7*, **12th, 6th** or the ascendant, receiving the Sun's aspect.

125. Combustion, or placement in enemy's sign or in debility, of Mars, will **lead** to blood disorders.

126. Mars and Gulika joining in the 2nd or the 8* house wil produce blood diseases.

127. Should the second lord be aspected by or conjoined with Mars, one will have blood disorders.

128. One with Mars irt the 2nd house in aspect to the Sun will incur blood disorders.

129. The Sun in the 7* house along with another malefic planet will cause stomach and blood problems.

130. Jupiter joining the lord of the ascendant in 6th/8th/12th will cause intestinal diseases.

131. The fifth house jointly occupied by the Sun, Venus and Saturn will cause urinary diseases.

132. Mars in the 7* house while the ascendant contains the Sun will lead to urinary diseases.

133. Mars in the 10th house aspected by Saturn will cause urinary diseases.

134. Epilepsy, dysentery or lung tuberculosis will be the result when the ascendant lord is in the 6* house in the company of Venus.

135 The ascendant lord receiving the joint aspects of Mars and Saturn will cause epilepsy, dysentery and lung tuberculosis.

136 Mercury in Cancer will lead to lung tuberculosis or epilepsy.

137 Severe dryness of tongue will come to pass if the Sun and the Moon exchange their Rasis/Navamsas.

138 The Moon in the 6th/12th while Saturn is in the ascendant, will cause breathing problems.

139. Saturn and Rahu in the 2nd house will cause constipation.

140. Ketu in the 5* position from Karakamsa Lagna indicates constipation.

141. Dropsy will result if the Moon in the Aries while Saturn is in Cancer.

142. The Sun and the Moon in the 11th house while Rahu is in the

ascendant will endanger the native in his 19th year on account of dropsy.

143. Saturn in the 4* house will cause disorders of the spleen and loss of eyesight.

144. Saturn in the ascendant will lead to splenary disorders and loss ofhappiness.

145. The Moon longitudinally placed between Mars and Saturn will cause breathing problems.

146. The lord of the 7th aspected by malefics will affect one's spleen.

147. For a day birth, afflicted or combust Saturn in the 4* house will afflict one's spleen.

148. The lord of the ascendant in the 7* house in aspect to a malefic planet will lead to ailments of the spleen.

149. For a night birth during dark half, the lord of the ascendant being in the 6* house in combustion will affect one's liver.

150. Malefics both in the 8* and 7th house will spoil one's spleen.

151. Saturn and the Moon joining in Aquarius, Cancer or Scorpio in Navamsa will produce splenary disorders.

152. - If the lords of the 6* and 12* exchange their houses, one will suffer from splenary troubles in the 15th/30* year.

153. Internal abscess accompanied by diabetes will occur to a person having Jupiter in the 6th house in aspect to a malefic planet and obtaining a malefic's Navamsa. This Yoga can also lead to disorders of head and face.

154. Mars and Venus in the 7th house will cause diseases through sexual union.

155. Saturn in the 12th aspected by a malefic will cause piles.

156. Mars in the 7*, and Saturn in the ascendant will lead to piles.

157 The lord of the 8* in the 7* house, afflicted exclusively by a malefic planet, will lead to piles.

Mars joining the lord of the ascendant will cause piles.

Scorpio as the ascendant and containing Mars unrelated to Jupiter or Venus will also cause piles.

Mars in the ascendant along with the Sun and or the Moon during the concluding phase of New Moon (Amavasya) or Full Moon (Paurnima) will cause piles.

If the birth is during night, and the Sun is in the 5th house hemmed between malefic planets (i.e. two malefics on either side), the person will incur sharp pains in his joints.

162. Birth during day time while Mars is aspected by the Moon will cause severe joint pains.

163. The Sun in the 12th and the Moon in the 6* house will cause severe joint pains

One will suffer acute pains through diseases like "Visarpa" (meaning erysipelas or any similar spreading eruption) if the Sun, Moon and Mars are jointly in the 6th house.

165. The Sun in the ascendant along with another malefic planet while Saturn and Mars are together in the 6th house or in the 8* house will lead to severe pain through diseases in the privities.

166. Epilepsy will come to pass if a malefic planet is in the 6th, 8* or the 12th house while Jupiter along with Privesha (an Upagraha or mathematical point) is in an angle from the ascendant.

167. Mars and Saturn together in the 6* house or in the 8* house will lead to epilepsy.

168. All malefics (i.e. Saturn, Sun, Mars and a node) in the 8th house while the Moon and Venus are together in an angle will cause epilepsy.

169. The Moon in **conjunction** with Saturn and receiving the aspect of Mars **will** produce epilepsy.

170. The Moon being weak and placed in the 8* house along with Rahu will **lead** to epilepsy.

171. The Sun, The **Moon** and Mars place anyway **in** the 8* house and the ascendant (i.e. both the house occupied by **in** any manner by these three planets any two in one of these places while the other is in the other place) and receiving malefic aspects will **lead** to epilepsy.

172. Birth during an eclipse while Mars and Saturn are together in the 6* or the 8* house **will** cause epilepsy provided Jupiter **is** not **in** the ascendant. 5* or the 9* **houses**.

173. Saturn, Mars and Rahu in **6th/8th/12th** houses along with the Moon will lead to epilepsy (That is thee four planets can in any manner occupy one two or three of the said house).

174. Saturn and Rahu together in the 8* house while another malefic is in strength anywhere will cause epilepsy.,

175. With the Moon in the 8* house while the ascendant is occupied by Venus, one will suffer from epilepsy and **other** diseases. (What the other diseases is not mentioned in the original. But it should be interpreted that some nervous disorder will attack the subject.)

176. Paralysis will come into force **if the** 6* house hemmed between malefics is occupied by another malefic, without Jupiter's aspect.

177. Saturn and the Moon being together will also cause Paralysis. The Moon in this Yoga should be ahead of Saturn.

178. The Weak Moon in the ascendant along with Mercury will be a cause of mental malady.

179. Gulika in the 7* house along with a malefic planet will cause

mental malady.

Mercury in the 3rd, 6*, 8* or 12* house along with a malefic planet will produce mental malady.

181. The weak Moon in the ascendant, the 5th or the 9* house along with a malefic planet will lead to mental malady.

182. Jupiter in the ascendant opposed either by Saturn or by Mars will cause mental malady.

183. Saturn in the ascendant as Mars is in the 5*, 7*, or the 9th house will cause mental malady.

184. Saturn in the 12* house along with weak Moon will cause mental malady

185. A benefic planet in the 8th house while the Moon and Rahu are in the 12th house will cause mental malady. .

186. Mars or the Moon in the 5th/9th house while the Sun and Saturn are in order in the 12* house and the ascendant, will cause mental malady.

187. Saturn and the lord of the 2nd house being together and joining a malefic planet will cause mental malady.

188. Mental sickness will occur due to royal displeasure (for government problems), if the 2nd lord and Saturn are jointly with the Sun.

In the above Yoga, Mars replacing the Sun will lead to mental sickness due to vitiation of the temperament "bile".

Should there be a planet in the third house identical with its debilitation or inimical sign, or should the third house occupant be in combustion, mental sickness will be due to some poisonous infection. But the third house should also be aspectd by a malefic planet.

191. The ascendant should be a watery sign (i.e. Cancer, Pisces or

the second half of **Capricorn)** containing Jupiter and a malefic planet. As a result, the subject will be endangered through water.

192. One **will** incur mental aberrations **if the** Moon and Mercury are together in an angle, but avoiding a benefic's Navamsa.

193. The native will suffer from severe itches **if the** 2nd house **is** a watery **sign** and contain both the Moon and Saturn.

194. The Sun or the lord of the ascendant placed either in the ascendant or in the 4th house will cause severe itches.

195. the 9* house occupied by the Moon along with a malefic planet will cause itches.

196. Cancer, Scorpio or Pisces containing both the Moon and a malefic planet will deprive one of general happiness apart from causing leprosy. (Note: Combinations for leprosy can also be interpreted as unmanageable and clumsy skin eruptions.)

197. Mercury, the Moon and a node **(i.e. Rahu/Ketu)** in the ascendant will cause leprosy.

198. If Sagittarius is the ascendant containing the Moon in "Madhyamsa" (i.e. the Moon in the 5* Navamsa which is Leo) one will incur leprosy. But the Moon should be confederate of Saturn and Mars by **conjunction/aspect.**

199. Let the Moon be in any sign in relation to Mars and Saturn. If the said Moon begets Capricorn, Pisces, Cancer or Aries Navamsa **(मृगमत्सयकर्कयजांशे)** the subject will be afflicted by leprosy.

200. The **Moon in any of the** two first signs i.e. Aries or Taurus in union **with** Mars and Saturn will cause white leprosy.

201. The Moon and Venus together in a watery sign (Cancer, Pisces and second half of Capricorn) will cause white leprosy.

202. The Moon and the Sun together in Cancer. **Scorpio** or Pisces

will reveal leprosy.

203 The lord of the ascendant in the 8* house along with a **malefic's** conjunction or aspect will cause **leprosy.** (in my view, the term "malefic" should read as "Saturn or Mercury").

Saturn and a malefic together in the 12th house will cause skin eruption of the privities.

If Mars and Saturn are together in the 4th house one will incur a dangerous disease leading to obstacles on consuming food.

206 Venus in the 6* house aspecrted by a malefic will cuase spleen disorders..

Rahu in the 6* house aspected by a malefic will cause mental imbalance due to affliction by spirits, devils and the like.

The 6* lord joining Jupiter that is pure in all respects will keep one's health in tact.

The 6* lord joining Venus will give eye disorder or kidney disorders.

210. The 6th lord joining Saturn will reflect disorders like rheumatism and arthritis.

211. The 6th lord joining Rahu or Ketu **will** cause abdominal disorders.

212. The Moon and Saturn in the 8th house will cause' splenary disorders.

213. **The lord of the** 6* house **in the** ascendant along with a malefic planet will lead to cancerous growth.

The Sun and another malefic in the ascendant will cause head injuries.

The Moon and a malefic planet in the ascendant will lead to facial injuries.

216. Mars and another malefic planet in the ascendant will cause

throat disorders.

217. Mercury and a malefic planet in the ascendant will cause heart problems.

218. Jupiter and a malefic planet in the ascendant will cause disorders in the navel region.

219. Venus and a malefic planet in the ascendant will cause eye disorders.

220. Saturn and another malefic planet in the ascendant will cause diseases or injuries in feet.

221. Rahu and another malefic planet in the ascendant will cause ulcer or deformity of the lips.

222. Mars and the lord of the ascendent together in the 6* 8*, or 12th house will cause disorders of blood vessels or danger through weapons.

223. If Mars is in the ascendant while Jupiter or Venus is found **in** the 7* house, the native will be exposed to dangerous head injuries.

224. The lord of the ascendant in the fifth (5*) house along with Mars and being related to another malefic planet, will lead to **head-injuries** through stones or weapon.

225. Note **if the** lord of the 6* house is **in** the 6*, 8* or 12th along **with** a significator planet (i.e. Sun father, the Moon mother, Venus spouse and so on so forth). Then the dasa of the significator planet or that of the dispositor of these two planets (i.e. the dasas of one lords of the three evil houses) will lead to diseases to the concerned relative (like father & Co). Notes: If during the dasa, the native's said **relative** is not in existence, the native will himself be troubled in respect of the limb indicted by the significtor planet (viz. the Sun **eyes, heart,** bones; the Moon eyes, blood, mind; Mars injuries, burns, blood; Mercury lunges, throat, skin, nerves, movements, brain; Jupiter ears, spleen, liver, **intestines; Venus** kidney, privities, uterus, eyes;

Saturn rectum, bodily movements, feet; Rahu poison, fire, accidents, spirits, cancerous growth; Ketu bones, spine, poison, fire, spirits).

226. In diseases causing Yogas, a relevant benefic aspected by another benefic will reduce the evils; but if a malefic planet aspects it, the intensity will increase.

227. If the 6* house is occupied by an unaffiliated benefic while the lord of the 6th house is in an angle from the. ascendant, the subject will never incur diseases. He will be helpful to his relatives.

228. The Sun and the Moon opposing each other will lead to sexual deficiency.

229. if the lord of the 6* house is in an angle in aspect to a malefic planet, the person will be troubled by enemies and litigations. He may visit prison.

230. "Many malefics" (say at least two malefics) in the **6th** house will bring forth troubles through enemies and kinsfolk (this aphorism is stunningly true to the knowledge of the author).

An exchange between the lord of the ascendant and the 6* house will produce troubles from enemies.

If the 6* lord is placed between two malefic planets, the subject will have troubles from his foes.

If the 6* lord joins Gulika, Rahu or Saturn, troubles from enemies will arise.

Weak Moon in the 6* house along with Saturn will bring forth danger through water or dead souls.

Mars in the 9* house will lead to danger through weapons or poison.

236 If the 9* lord is in the 6* house in aspect to the lord of the 6*

house, the person will be exposed to losses through thefts.

237. The lord of the ascendant in the 8* house in aspect to the 6* lord will lead to troubles through one's kinsfolk (like family divisions and property disputes).

238. If both the lord of the ascendant and the 6th house are in the ascendant, the person will be troubled by his kinsfolk.

239. Should the lord of the 6th house be retrograde in the 8* house, or be in an inimical sign or in debility in the 8* house, the person will have many injuries on his body, but will have a large band ofkinsfolk.

240. One's kinsmen will be destroyed if the 6th lord is with a malefic, or be in debilitation, inimical sign, or combustion, but in malefic divisions and without a benefic's aspect.

241. If the lord of the 6th house is connected with Rahu or Ketu, there wi 11 be danger through snakes.

Ten most dangerous diseases of the 21st century which doctors fail to identify,

Ketu in Ascendant and Neptune, Uranus, Pluto in the 8* produce unknown diseases in the body. I shall describe most ten dangerous diseases:

1. **Hepatitis C** : Anyone who has blood transfusion may be attached by this dangers virus. Severe stomach crams, bleeding, pain or obstraction, vomiting are the symptoms, Late stageseriousliver infectionis found.

2. **Lupus** : The common symptoms are arthritis hairfall and skin getting tanned easily. Pinkish red butterfly rashes develop on the face.

3. **Celiac diseases** : Abdominal cramping and bloating, gas diarrhoea or constipation, unexplained anemia and mysterious weight loss

4. **Colorectal cancer** : Depression, hair loss, dry skin, horse voice, weight gain, women have 5 times more risk.

5. **Benign Paroxysmal Positional Vertigo (BPPV) :** Light headache, nausea, vomiting, blurring of vision, they feel they are whirling.

6. **Chlamydia** : In case of females bleeding between periods, in case of males burning during urination or pain or swelling of testes. •

7. **Sleep Apnoea** : Unexplained day time sleepiness is the key sign.

8. **Aneurysm** : Loss of consciousness blurred vision, vomiting etc. are symptoms

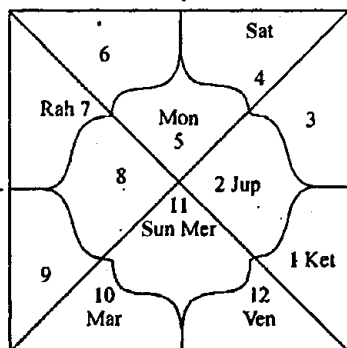
9. **Flurosis** : Those who drink black tea catches this disease. Milk in calcium binds with fluoride of tea. Fluoride patients should take fruits, vegetables and diary products.

10. **Hypothyroidism** : It is a disease of ladies during pregnancy. Under active thyroid causes • this disease, Weight gain, tiredness, memory lapses etc are the symptoms. It is due to less thyroid hormone which affects metabolism.

Use the Gems of Ascendant lord, 4^{th} **lord** and cat's eye for speedy recovery. Constipation should be removed. Pranayam and Yogas will help. I shall describe now an unformaturate case.

Example 4. Life long suffering from Diabetes : DOB 04-03-1977, 6=45PM, Ludhiana. Leo Lagna, Moon 5 16; Libra Rahu; Capricorn Mars; Aquarius Sun, Mercury, Pisces Venus; Taurus Jupiter, Cancer Saturn.

6
Sat
4
Rah 7
Mon
5
3
8
2 Jup
11
Sun Mer
9
1 Ket
10
Mar
12
Ven

She is suffering from diabetes from the age of 12 and went in coma in May 2006

and in Aug 2006 she is firing for her life. First, I shall describe the mechanisms of Diabetes Mellitus: About 250 millions of people are suffering from diabetes in 2007, throughout the globe. Treatment should be started with drugs like sulfonylurea, thiazolidinediones and metaformin. Last stage is insulin. Once insulin therapy starts, it has to continue for life and that leads to allergy and physical weakness (TOI, 20* Aug. 2006 P5). The blood of man contains a trace of glucose about 0.07-0.12 percent. This trace, however is vital for the life of the cells. If the amount drops to 0.03 percent (30ppm) convulsions and death with result. In the disease diabetes mellitus, the concentration of glucose in the blood, reaches a level above 0.14 percent, and again death may result. In Greek, diabetes = 'to go through', Mellitus = honey i.e. the patient passes a large amount of urine containing sugar.

The disease is as old as civilization i.e. about 7000 yrs. Old. The pancreases is both an exocrine and an endocrine gland since it produces enzymes for digestion as well as important hormones. One hormone is insulin produced by the islets of lagerhans. Insulin, a protein material, helps to govern the rate at which blood sugar is absorbed and oxidized in the cells and stimulates the liver to produce more glycogen or sugar reserves. And excess of insulin in the blood increases the rate of oxidation of sugar and as the sugar disappears, there is a serious drop in blood sugar. The 2nd hormone produced by the pancreas, glucagons, a single peptide chain of 29 amino acids, stimulates the liver to increase the amount of a liver enzyme, phosphorus lose, which acts on liver glycogen and converts it to glucose. The two enzymes insulin and glucagons thus work together to maintain blood sugar balance. As the sugar levels rises, the kidneys take the extra load to excrete more and more sugar. In the advanced of diabetes mellitus, the patient will lapse into coma and die shortly after wards unless treated with insulin. Insulin was invented by the Canadian Doctors Dr. C.H. Best and Dr. F.G Banting in 1922. It is a major killer disease of the present century.

Symptoms of diabetes are:

- Sudden loss of energy and weakness in the body.

Excess thirst and frequency of urination

Excessive hunger

Sudden and unexpected loss of weight

Boils and other suds infections in the body that do not disappear

Unexplained pains (neuritis).

Depression and obesity. Diabetes is a silent killer that kills one person every 10 seconds. Worldwide 3.2 million deaths are attributable to diabetes every year. At least one in ten deaths among adults between 35-64 years old is due to diabetes. In India diabetes is growing at an epidemic rate in 2007. Hectic lifestyle and stressful schedules are causing it to strike early.

Control of diabetes : Saturated fats from animals, hydrogenated fats should be avoided. Use vegetable oils, nuts, fish and avocados. Eat curd and fresh fruits. About 50 gms. of germinated gram should be taken with every meal. Karela juice and Neem leaf juice are used in India for centuries. White coral, white sapphire and pearl can cure diabetes. Coffee reduces the risk of diabetes. It contains potassium, magnesium and anti oxidants that might improve the body's response to insulin. Exercise is an essential aspect of diabetes management. Daily walks for at least 30 minutes in order to check weight, as obesity is the major causes of diabetes. A spoonful of Methi powder (fenugreek) with a low fat milk daily for at least two months will help the blood sugars under control. Bhindi (Okra) soup daily will keep you healthy. Drumsticks (saijan ki phalli) and Kantola are very very useful for diabetic patients.

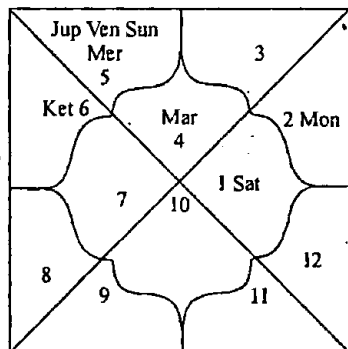
Astrological background of diabetes : Venus is the incharge of all glands. Jupiter provides recovery power. Sun and Moon are the hylegs of life. Sun is the Karaka for all stomach and bowels disease. Weak Moon does harm for the urinary derangements. Weak Jupiter, causes liver, kidney and spleen trouble and urinary infection and diabetes. When Sun, Moon, Venus, Jupiter, Virgo sign (6th house of the Zodiac)

and sixth house from Lagna are afflicted, they all precipitate to severe diabetes. When Sun and Moon are weak one suffers in the general scheme of life. When Jupiter and Sun are weak, they are the most unfortunate persons, because lady luck is governed in life by Jupiter and Sun. Strong Jupiter nullifines the thousands of blemishes of the horoscope. In the present case her 6th/12th axis is heavily afflicted by Mars Saturn, Virgo is afflicted by Saturn; Moon is afflicted by Sun and Ketu; Sun is afflicted by Rahu. Jupiter is placed in any enemy camp. Jupiter is her 8* lord. 8* lord in a Kendra destroys health. Jupiter is aspecting Virgo and her 4th house. 4* lord is squared by Rahu Ketu axis weak 4th house/4* lord, weak lord of Lagna (lord of Lagna is placed in 180° away from its natal position in any camp, so weak), weak Moon, weak Jupiter, Venus hemmed between malefics destroyed her during Sun's Dasa. Dasa of any planet hemmed between malefics in 8th house cannot be good. She was pulled down by the diabetes from the age of 12, (Read Twin 8* houses of the zodiac by Dr. S.S. Chatterjee)she went in coma during March 2006 (Sun-Ketu dasa). Sun's dasa will terminate her life, because its dispositor has landed in the 12th house. In KCD diagram we find Virgo = Jeeva, Libra= Deha. For the horoscopic indication to flourish in life Deha and Jeeva lords should be well placed from their natal positions. A lord becomes weak, when it moves to 3/6/8/12 from its own sign. Surprisingly her both Deha and Jeeva lords have moved to the 6* house from their natal positions. She opened her life with 1st cycle 3yr 10m 13d. Dhanus, Vrishchika and Tula followed. In the dasa of Vrischika she was trapped. Mars has moved to the 3rd house from its natal position and is highly afflicted by Saturn. she is enjoyed Libra from 17-1-1996. Dasa of any sign containing node brings only severe set backs in life. Dasa lord Venus is hemmed between malefics and has moved to the 6th place from its natal position. When both Deha and Jeeva signs are afflicted, generally brings sorrow, interruption and severe health hazards. 2/12 relationships of Deha and Jeeva signs is most dangerous, and is harmful for health, freedom for litigation and the like. Tula dasa will terminate her mundane journey. 8*

house is the house of immunity. This is hemmed between malefics. If 8th house is spoilt, the other relevant houses and planets will not find it easy to undo the **damage.** Author has found that KCD dasa i s superior to Vimsuttori dasa in forecasting the doomsday of life.

Example 5. Life long health problems of a married lady : DOB 17-08-1968, 5=03 **AM, Amritsar,** Cancer-Ascendant, Mars; Leo Sun 0°43' Mercury, Jupiter, Venus; Virgo Ketu; Pisces Rahu; Aires Sat (R), Taurus, Moon.

Jup Ven Sun Mer 5		3	
Ket 6	Mar 4		2 Mon
	7	10	1 Sat
8	9	11	12

She had headache, poor eyesight, throat irritation, poor hearing power and synus problems from class VII. In the long run she got married, got a son (16yrs in 2006), D (14) but never recovered from health problems. Look, her Lagna is occupied by debilitated Mars, 10* house (sky) is occupied by debilitated and retrograde Saturn. Rahu-Ketu axis has forced a Kalsarpa Yoga for her. Only Mudrika **Yoga** (Mutual angle of Moon, Mercury, Jupiter, Venus), Gajakeshri yoga has kept her beyond wants. Her husband is a prosperous businessman. She was **born** in Apasaya Group A, 1" Quarter. Deha = Cancer, Jeeva = Sagittarius. When Deha & Jeeva signs are occupied by debilitated retrograde, combust planets or 6th/8th/12th lord, the native suffers in the general scheme of life. Malefic planets damage the horoscope to the maximum extent 6/8 relationships of Deha and Jeeva signs also indicate struggles in life. As per sage parasar when Kendras are not occupied by a single benefic planet a native fails to maintain excellent health. A malefic in Lagna always spells trouble for the native. 3rd lord Mercury is hemmed between malefics, 3rd lord of the Zodiac is the same Mercury. Because 3rd house is occupied by Ketu, 3rd lord is afflicted by 6* lord Jupiter and is combust, it produced ear problems, cynus problems, throat irritation etc. Sun and Venus

hemmed between malefics produced eye problems. Sun and Moon are giver of light to the eyes. Venus is the overall incharge of eyes. In Navamsa, both Sun and Moon have conjoined with Saturn, which added fuel to the fire. Her fourth house is spoiled by the joint aspects of Saturn + Mars. These joint aspects are highly dangerous and annihilates the house, wherever they concentrate their forces. Since health, mental peace are governed mainly from 4* house and Jupiter, she lost health, happiness of mind because 4* lord and Jupiter are hemmed between malefics. Aspect of 6th lord on Jupiter is a grisly combination and is to be feared. When a planet is posited in its own house and is afflicted in brings headache (advanced predictive Astrology Vol 2 P 246 by Dr. S. S. Chatterjee). Here Sun is an infant planet, is posited in its own house, hemmed between malefics and afflicted by 6th lord Jupiter. When the sign Aires or Lagna is afflicted, one gets headache. Her both Ascendant and Aries are spoiled by malefic planets.

The readers will be very happy to note that Indian spices and paprika, all of which are used in curries are particularly rich source of salicylic acid. Neither does Indian food cause such as internal bleeding and ulcers. Curcumin, the component of turmeric that gives curry its distinctive yellow colour, is primarily responsible for its healthy effect. Regular aspirin prevents colon cancer because of its apparent ability to reduce inflammation that occurs during a tumours development. Mushrooms, also prevents the formation of tumour in the abdomen (vide TOI P 36, 23-8-2006). Curry powder removes headache very easily. Take vindaloo using the hottest curry powder available in the market.

TIMING DISEASES

The Vimsottari Dasa also known as Udu Dasa is an unique method developed by Sage Parasara about six thousand years ago is an unparalled method for forecasting success and failures; fortunes and Misfortune trials and tribunals; good periods and bad periods in

everybody's life as well as in National Affaris. Of the different systems in prognosticating the future (such as Chara Dasa, Kala Chakra Dasa, Jaimini Dasa, Varsha Phala Dasa etc.) the Vimsottari Dasa system is the most popular and stood test of time in this respect. For timing the event, from the natal chart the strength of the planets whose dasa and Bhukti are running are to be judged with reference to the Karakatwa, ownership, association, aspect, the house they occupy from the ascendant, auspicious or inauspicious, exaltation or debilitation, combust or retrograde, benefic or malefic, the relation between the Dasa planet and the Bhukti Dasa planet etc. Then the transit results of the planets at the time of assessment are to be judged. Dasa results refer to the hour and the Gochara (Transit) results to the minute hand of a clock. When the native passes through benefic dasa and antardasa, the native may not suffer at all, or if it occurs, it will be mild. The onset of the malady to be expected during the Dasa Bhukti of Maraka Planets. Planets who occupy the 2nd and 7* houses or in association with the $2^{nd}/7^{th}$ lords are killer or Maraka planets. The planets in the transit give rise to diseases when malefics afflict the natal planets and bhavas. Sufferings are generally caused when the trinal places or trines from the Lagna Lord are occupied by the lords of 8th and 12^{th} houses or by Rahu or Ketu or if the 4^{th}, 6^{th} or 8th house from the Dasa lord, there are malefic, debilitated or combust planets located. Lords of 2nd and 7* are considered as 'death inflicting planets' and bring about generally during their dasa and sub-periods serious physical trouble', particularly when these planets are weak and are associated with other similar bad houses or their lords. For example, if the lord of the 2^{nd} or 7* house is weak and is placed in 6th, 8th and 12^{th} house, they will be their periods cause death or serious trouble. According to J.N. Bhasin (Medical Astrology, P 152), a planet in the 4^{th} house and weak, in its sub period gives disease if the main dasa lord is lord of evil houses such as $2^{nd}/6^{th}/7^{th}/8^{th}/12^{th}$. Dasa lord occupying the 3rd, 5* or 7* star held by the lord of Navamsa Lagna can invariably cause serious illness. Diseases attack the body or show symptoms of increase when the Moon transits

the 8* or 12th Bhava from the Moon sign (this aphorism is stunningly true) and when the Moon occupies the 3rd, 5*, 7* constellation from the asterism at the time of birth. 1st house to 6* house invisible, 7* 12* house is visible. Suppose Lagna is heavily afflicted, disease of the brain is to be anticipated, irrespective of the sign occupied by the ascendant. Heart disease is governed by Leo and Sun, if both of them are afflicted heart disease is likely to attack the native. If the lord of lagna and 4* lords are strong one can avoid many diseases. Clean habits help one to avoid diseases. Aspect of Saturn on Sun and Leo is a sure symbol of death through heart attack. Aspect of Saturn on Sun and Moon decreases life span. According to the author, the death point of the native can be found using the simple formula : Add the longitude of Ascendant, Sun; Moon & Jupiter. When Saturn in transit aspects this point a natiye either suffers from serious illness or dies. The learned author discovered, the death point in 1989 (Cosmic Influences on Mind and IQ by Dr. S.S. Chatterjee) and found 99% of the earth die as per his formula. It is very accurate even in 2007. One may suffer from diseases during the following Dasas and Antardasas.

1. 2nd lord dasa 12th lord Antardasa.
2. 12nd lord dasa 12th lord Antardasa.
3. 8* lord dasa 8th lord Antardasa.
4. 6* lord dasa and 8th lord Antardasa.
5. 7* lord dasa, a malefic in the 6* house as Antardasa Lord.
6. 6* lord dasa, a malefic in the 8th house as Antardasa Lord.
7. 8* lord dasa, a planet in association with 6* lord or a planet aspecting 8* lord as Antardasa Lord.
8. A planet in the 8* house as a dasa lord and 6* lord as Antardasa.
9. 6* lord dasa, 8th lord Antardasa.
10. Malefic in 6* as dasa lord, 8* lord in 8* as Antardasa lord.

11. 12th lord dasa & a malefic in 12th as Antardasa lord.

12. A Malefic in 8th as dasa lord, a malefic in 6th as Antardasa lord.

. If the lord of Lagna is associated with 2nd lord or is aspected by it, it becomes a potential killer planet.

14. If a malefic in the 12* house is aspected by the 12* lord, it becomes a killer planet.

15. A malefic in 2nd, if it combines with the 12th lord, it becomes the strong killer planet.

16. Dasa of the planets in the 7* Bhava.

17. AplanethemmedbetweenmaleficsasaDasalord.

18. Dasa Antardasa of a combust.

19. Dasa Antardasa of Moon in the 8*.

20. Rahu Ketu dasa passing though 6th/12th axis.

There may be many more combinations intelligent readers are requested to find them from practical cases, bearing in mind that the planets in 6th, 8th 12th houses and their lords, planets in 2nd and 7* houses and their lords are capable of generating strong diseases. The author hopes that it will be very easy for the astrologers to identify the diseases well in advance.

CHAPTER - 3

SECRETS DF LONG LIFE

In this article, I shall show how it is possible to cross 80 years without medicines and visiting hospitals. Only general knowledge about health diseases will keep you fit for 80 yrs, In India only 0.1% people prefer to live above 80 yrs or above, for financial insecurity and for the fear of dangerous diseases. As per 2005 Guinness Book of records, Del Toro, 115 yrs. of USA is the oldest person on earth who is still alive and celebrating his 115th birthday (TOI 23rd August 2006). Prevention is better than cure. With this idea in mind various healing techniques through the applications of yoga, meditation, physical exercise, hormones, vitamins, fruits and vegetable, Indian herbs, homoeopathy, siddhis (some occult power) of Indian sages have been discussed in detail. The sages have advocated that the strength of Moon and Sun in a horoscope determines everything. When Moon becomes weak, all the Rajayogas cease to function. Strong Moon makes a man creative and genius and grants long life.

Origin of man No answer:

M.C. Bhandari (1935-1998) has written cosmos exists, life comes and goes. How it really happens,

none of us knows. Who made the stars, planets and the Sun, The galaxies, supernovas the total creation. How they effect us, how we take our breath. What's that consciousness, where we merge after death? What a miraculous creation, what a miraculous fantastic mind that can travel faster than we imagine today. Isn't that all the mystical, should we not try to find them. Equally wonder about the origin of man the upright biped, the creature of three dimensional vision, the omnivore, the thinker, the inventor of tools, his vertical skeleton, his preciously balanced head, his broad pelvis, his long legs, and his narrow flat feet? From whom and by what devious path of evolution did he acquire his forward looking eyes mounted in a movable head and controlled by coordinated sets of muscles, his unspecialized teeth, his independently mobile arms ending in grasping fingers and opposable thumbs; his complex brain: and his voice box linked to speaking mouth. The answers to these question are incomplete in spite of Drawin's Theory of Evolution. According to Vedas water and life were brought down to his planet after a very long research, inventions investigation and untiring repeated attempts by Lord Brahma, Shiva and Narayan. It has been estimated that in the year 10,000 BC the human population Was 12 million. In 1650, 11,650 years later, the population has risen to 545 million. In December 2006 the global population is 6.5 billion. The population will reach 210 billion by 2200 AD. Due to discovery of wonderful drugs, and better facilities the life expectancy has increased enormously in the 21 century. Aids and Cancer are two most two dangerous diseases of the 21st century. An average life span in India is 55, whereas in USA it is above 75. Cholera, Plague, Malaria, Small-pox were the greatest killers in 18th, 19th and 20th century. Wars also killed millions of persons of this planet. Hitler alone killed 100 millions. Virus and bacteria are responsible for infectious diseases. Fungi cause some of most important diseases of the world. Smuts and rusts of grain and late blight potatoes, are a few that have a profound effect on the lives of men. By definition, disease includes not only all infectious diseases of planets and animals, whether caused by

bacteria, viruses, moulds, protozoa, or other organisms, but any malfunction in an organism, no matter what the cause, with this definition in mind we would have to include as possible causes of disease the consequences of malnutrition, vitamin, deficiency, air pollution, chemical poisons, inherited malfunctions and even defect resulting from injury and imperfections in development. Antibiotics have become so important a part of our lives that we should know what they are and how they act. An antibiotic is any biological substance that is produced by an organism and that inhibits or retards the (discovered in 1938 by English Scientist Fleming) actively growing bacteria. Its action seems to be to prevent the manufacture of new cell walls by the bacteria. Many chemical substances act as disinfectants, substances capable of killing or removing microorganisms that cause infection. Some disinfectants : Iodine, chlorine, formaldehyde, boric acid, carbolic acid, hydrogen peroxide, mercuric chloride and silver nitrate. Sulphur group of medicines were invented in 1930. The sulfa drugs, among which sulfanilamide and sulfadiazine are examples; are produced synthetically. These wonderful sulfa drugs as well as penicillin have saved countless lives in hospitals and on battlefields throughout the world since 1940. The centre of Astrobiology Cardiff University UK has said that life was first created in deep space and not on earth as widely believed. Acting as super sperm distributors of the cosmos, comet passing through the earth's vicinity may have deposited genetically rich cosmic dust on the planet. These are believed to have showed the seeds of primitive life on earth. The tremendous extremes of heat and cold, the excessive radiations, and the lack of an atmosphere in outer space cannot be tolerated by any known forms of life. Scientist up to the end of 20* century, failed to come to a logical conclusion about the origin of life on earth. Either life was brought down to earth or it started on the earth no body knows.

NATURE'S DECAYING PROCESS IS KNOWN AS DISEASE

In Sanskrit there is a sloka: "Shariram Bhydhi Mandiram" meaning

living body is the den of diseases, but if those disease are converted to lameness, human birth becomes very painful. Other than Gods, everything perishes, after sometime, it may be after even million of years. After about 100 billion years Sun will cease to function. Our earth is only 5 billion years old. The earth of 5 billion years ago was a very different place from what it is today. One most profound difference of course, was the absence of hordes of hungry animals and human beings seeking every bit of available nourishment. When one is born- he is destined to die. The difference may be between 0-100 years in the21st century. This life span will increase in the 22nd century. Everybody has to suffer from some diseases and has to accept the holy orders of heaven. Everything decays out through natural processes and are so accurately time bound, that we hardly understand their mechanisms. Air blows, Sun and Moon provides us light and heat, tides come in the ocean, season changes, rotation of day and night is a spontaneous procedure. With the passing of a few years (author remembers his last 60 yrs. vividly) we become outdated persons of the society (after 65 or so) We can't avoid aging process. We have observed, after death the body decomposes within 24 hrs. It is God's invisible force which starts work immediately after death, because the body starts decomposition. Invisible germs attack the corpse within two hours after death. All these systems are automatic and accurate. Disease is a disorder in a human, animal or plant caused by infection, diet or faulty functioning of a process. A disease bring disaster in the body and mind. Happiness is decreased on the onset of any disease. Ope cannot enjoy food and drinks properly. Happiness springs out from social relationships, enjoyable work, fulfillment of desire, money, high self esteem, a sense that life has a meaning. True happiness comes out easily from defect/disease free body. Some psychologists believe that happiness is genetic whereas other scientists say that may have located an important area of the brain where happiness is generated. While these ideas are debated we don't have to wait to begin discovering happiness within ourselves. Laughter is undoubtedly the best

medicine. .Mind has a terrible power of cure. Doctors have found that some of their patients have not only lost their muscular difficulties, but also the pains of arthritis under psychotherapy. This have just given as idea of the power of mind in healing procedures. The famous Frenchman Coue' based his whole theory of cure on repetition. He used to get his patient to repeat again and again and again that he was cured until the patient was convinced that he was cured and he was. This is an example of the power of mind in healing. Bernard Shaw, Bertrand Rustle, Somerset Maugham, Michelangelo, Ronald Reagan, Winston Churchill, Rabindranath Tagore etc are just some examples of people whose youthful minds and imagination kept their bodies young and active long past the normal span of ageing. A strong intellectual interest can work wonders of the body. To ward off aging, an active change of work, say. every 10 to 12 years, is often necessary, or may be an absorbing hobby can be, persuaded. All these help to keep the body and the mind young and alert. Sir Jagdish Chandra Bose (1855-1937) a great Scientist of Bengal lived 82 years, discovering many new ideas throughout his life. William Shockley, the father of transistor lived between (1910-1989). Using vacuum tube, a computer was the size of a big hall and needed a air conditioning system to cool down the hot tubes (1960). Now in 2007, a computer is of the size of a palm, thank to transistor, it is now possible to have small hearing aids which could even be incorporated in a spectacle, pace makers which could be incorporated in a heart to regulate its beating so on. In fact, without mini electronic components, space age would not have been possible. And, of course, transistor made possible an electronic telephone exchange, the dream with which Shockley began researches. Thomas Alva Edison, the Wizard of inventions lived between 1847-1931. Before his death at West Orange on 18^{th} Oct. 1931 he was eighty four he had patented 1300 inventions i.e. two inventions per month from the age of 25. Shortly before he died, Americans Newspapers conducted polls to determine difference of opinion over the lists, but each poll agreed that the greatest of all was Thomas Alva Edison, Electric bulb,

modern cinema (Speaking Pictures), gramophone, modern telephone etc. were discovered by this great scientist. Stress free life, can prolong life. Suicide is the ultimate act in succumbing to stress. The motives for suicide include bad health, severe pain inside the body, troubled relationships with people, material problems, such as shortage of money, bad housing, a disorganized life, failure in marriage. People from broken homes often attempt suicide. Chronic alcoholisms also be a cause. All over the world as many as thousand people try to commit suicide daily. Two countries whose suicides rates appear to be going down are Japan and Britain. In Japan the reason is because ideas of dishonour and disgrance are changing and in Britain because of an organization called the Samaritans.

HOW TO LIVE HAPPILY

Live in the present and don't worry about the future, things will work out all right

T. It is always best to have a holiday. This makes a break in stress pattern. A complete change of place helps to dissolve the stress.

2. There is no point becoming tense about something in future, the important thing is the present; that is what really matters. Do your utmost to savour and enjoy the present the future will certainly look after itself. The frame of mind will lesson any amount of stress and tension.

3. Improve your relationships with friends and family happiness starts at home. Be an optimist optimism generates good feeling. Develop a genuine smile and laugh a lot. Now in Delhi/Gurgoan area people about 100 yrs join together early in the morning and laughs each other loudly. This a great tonic for maintaining an excellent health.

- Pray, become spiritual and religious. It really works. President Nixon appealed to all people on earth to pray for the safe return of Apollo 13. it really worked. Moghul Emperor Babar appealed to

God for the speedy recovery of Humayun and it really worked. A worried mother usually appeals for the speedy recovery of her child in great illness.

5. Be generous and share with others give more than you receive. Give a good gift, when you accept any invitation for dinner for the occasion of a marriage or other reasons. Exercise your mind, keep busy with new ideas. Work your body- exercise regularly. Have fun in life, keep cool under pressure. Pursue achievable goals. Have high confidence in yourself (not overconfidence and not highly ambitious). Give compliments, take every opportunity to be complimentary. Be honest, with honesty comes openness. Invent novel solutions to problems. Be ready to make new experiments. Have an eye for new thing. Be filled with ideas. Creativity does not come easily. An open mind towards innovative solution a mind not Carried away by prejudices and superstitions is creative. Engage the mind to new things. Treat difficulties as challenges in life. Life is our adventure and every obstacle in life, is one of its challenges. Treat life as a game. What furi would a game is if you could never lose? You decide you want to be happy! Happiness is free. You can feel happiness, this very minute, if you so choose. If you continue to focus all your energy and attention on what you want, you will soon find yourself happy. We have learnt a great lesson from a moral story of ancient India. A fox tried to reach at a bunch of grapes again and again. Ultimately he told to himself that grapes must be sour. I don't need them. So if you do not get anything by repeated attempts, forget it and feel happy. I sincerely hope that reading the above paragraph you will smile for me. That shall make both you and me happy. Do you find the beauty of nature on the smiling face of a kid. What a wonderful such a scenery is. Smile has a stimulating and therewith invigorating effect on the whole human organism. As a result of a study cardiologists people with a good sense of humour can do a lot to prevent heart attacks. A good attitude may

be your best prescription if you have heart disease. In addition, stop smoking and a healthy diet, a hearty smile seems to be pretty important to protect your heart effective. According to researcher of facial expression it was found that the brain of smiling people are provided with more oxygen because the use of the facial muscle, while smiling enhances those blood vessels which transport the oxygen to your brain. **Smile means** S=Sincerity, **M=Motivation, I=Integrity,** L=Laughter, E=Enthusiasm. So simply by laughing one can enhance the other four counterparts of life. As simple as it sounds laughing and smiling, in other words allowing yourself to get swept away with overall good humour, is beneficial to the cardiovascular system,. control nervous system and endocrine system. If you are facing an illness, having a positive outlook and a sense of humour will keep your body often to healing. The best way to cheer yourself up is to try to cheer some body by Task Twain. Life is the art of drawing without an eraser.

SOME GENERAL KNOWLEDGE ABOUT HEALTH AND DISEASES

There are total six kinds of happiness in life (happiness for sound health, happiness for money, happiness for a loyal wife, happiness from children, happiness from neighbours happiness from the Government patronage). However, the **best** happiness is good health i.e. freedom from worries about one's body or diseases. That is why we should know more about body and how to look after it.

The greatest wonder in this cosmos is the human body. Our body is equipped with the best automatic, delicate and most powerful machines. Heart and lungs a non stop pumping set eyes wonderful camera cum projector, ears astounding sound system; stomach a wonderful chemical laboratory; nerves thousand of kilometers of communication system;' brain unparalleled computer with infinite capacity. And the greatest thing about it is the unbelievable co-ordination of these machines, so that this body can easily work for over

a hundred years The seven essential ingredients of .the body blood, narrow, flesh, bone, semen, sinews (that joins the muscles to bones) and fat are controlled by seven planets. Our body consists of the five basic elements viz. water, earth, fire, air and space. These five elements are controlled by he electricity of he body known as "Chetana" which comes from the non-chargeable life battery. This battery has been installed in our body at the time of conception. The white dazzling light generated by this battery can be seen in the middle of the forehead with the eyes closed through certain Yogic Methods.

In order to get faster relief and break of vicious cycle of diseases, it is advisable to do the following to recharge the inner battery.

1. Pranayama and yogic exercises have been introduced by our seers thousands of years ago for preserving youth and freshness.
2. Slip a meal or two, reduce the food intake (after the age of 40) and take fruits, vegetable juices and butter milk, thereby providing rest to the digestive system.
3. The battery of our body is recharged during sleep. So it is mot important to have good sleep whenever one gets tired.
4. Drink lukewarm water (preferably copper, silver, gold or iron charged) and health drinks (Fruits and vegetable juices). Copper, silver, gold and iron charged water can be obtained by boiling pure pieces of the respective metal (50-60 gms) in water for one hour. Copper water is useful for all diseases connected with the nervous system (i.e. High BP, Arthritis, Polio, Tension, Leprosy). Silver water is useful for all diseases of the organs connected with the digestive system and urinary system. Gold water is useful for disorders of the breathing systems, lungs, heart, brain and as a general tonic. Iron water is useful in deficiency of iron in blood anemia or during pregnancy.

Mind has a great control on our body. A happy mind in a healthy body is the target to achieve. Happiness of mind can be achieved by stopping

all unnecessary worries. Worry and grave are twin sisters, so leave your worries for working hours. In has been observed that in most of the psychological problems, the endocrine glands are disturbed and not corrected afterwards. In such cases, treatment on all the endocrine glands would prove beneficial. In the case of prolonged illness, pains on the points related to more than one endocrine glands are found.

LANGUAGE OF BODY (MEANING OF SIGNAL)

The human body is a wonderful complex system which has a number of ways to balance or eliminate the materials which could be harmful to the body. In order to facilitate the elimination of these substances, the body is equipped with urges that appear naturally. There are two types of natural urges : Suppressible and non suppressible urges. According to Ayurveda, there are thirteen types of natural urges in the body which should not be suppressed. These are the natural calls from body which is a person must attend to as and when they appear in order to maintain the balance in the body, and to eliminate an element that might cause imbalance.

The **thirteen non suppressible natural urges are:**

Urge to pass urine.

Urge to eliminate faeces

Urge to eliminate semen

Urge to pass out flatus

Urge to vomit

Urge to sneeze

Urge for eructation

Urge to yawn

Urge to eat (hunger)

Urge to drink water (thirst)

Urge to shed tears or cry

- , Urge to sleep and
- Urge for heavy or fast breathing caused by over exertion.

Major Singnals :

1. When there is less urination, more toxins are accumulated in he body. It is advisable to take 4 to 5 liters of water or liquids daily.
2. Ache or pain in any particular part shows congestion of carbon dioxide water, air etc. (Meningitis disease is caused by accumulation of water in the brain). Carbon dioxide and toxin collect around vital organs which do not allow the current of life of penetrate and recharge the organ. That is why malfunctioning or disease develops around that organ and the disease starts.
3. The running of nose and sneezing mean that the body is trying to throw out excess water. During a full year, the body tries to throw out excess water, twice through sneezing and running nose, which is know as common cold. The phenomenon lasts for 3 to 5 days each time. One need not worry about such cold or try to stop it. It is jokingly remarked that in common colds if you take medicine, you will be all right within 7 days but you do not take medicine it will take a week to heal up.
4. Coughing indicates that the body is feeling cold and that it is trying to clear congestion in throat and chest.
5. Sneezing in the morning is considered to be a sign of good health.
6. Itching shows that a greater flow of blood is required around that part.
7. Fever indicates that the battle in our body i.e. white cells are having a fight with invisible micro-germs of a disease. One should not try to stop fever suddenly, sudden stoppage of fever has many times resulted in some other diseases even in paralysis.
8. Twisting of the body indicates that it is tired and requires rest and oxygen.

9. Loss of appetite indicates that there is congestion and constipation and that the stomach is busy in fighting with the disease. In such a case only lukewarm water and fruit juices or butter milk should be taken instead of further taxing the stomach with food.

10. Ache or murmur in the heart indicates that the heart requires total rest. The best way is to remain in the bed for 24-72 hrs.

In our modern lifestyle, we find ourselves actually suppressing some or most of the natural urges of the body we forcefully suppress the urge to sneeze when sitting in a meeting, the urge to eat when busy with work, the urge to pass urine While watching a favourite show on television, or the urge of eliminate flatus (fart) or yawn while in public. These suppressed natural urges could be the cause of sickness. Below is a description of disorders caused by suppressing each natural urge.

Urine : Suppression of urge to pass urine causes pain in bladder and phallus, dysuria, headache, bending of the body and distension of he lower abdomen.

Feces : If one holds the urge of defecation, it causes colic pain, headache, retention of feces, distension of abdomen, wind formation, and cramps in the calf muscles.

Semen : One should not forcefully suppress the urge of discharge semen. Although Ayurveda promotes preservation of semen as it is a part of Shukra Dhatu, its forceful suppression is not advised. Suppression of the urge of discharge semen causes pain in the phallus and testicles, malaise, cardiac pain and retention of urine.

Flatus : If one suppresses the urge for passing flatus, it causes retention of feces, urine and flatus, distension of abdomen, pain in stomach, and Other abdominal diseases caused by aggravation of vata.

Vomiting : The diseases caused by the suppression of the urge for vomiting are pruritus, urticaria, anorexia, black pigmentation of face, edema, anemia, fever, skin diseases, nausea and erysipelas.

Sneeze : Suppression of the urge to sneeze causes ailments like torticollis, headache, facial paralysis, and weakness of the sense organs.

Eructation or belching : Suppression of eructation causes hiccup, dyspnea, lack of desire to eat, tremor, obstacles in the proper functioning of heart and lungs.

Yawn: Suppression of yawning causes convulsion, contractions, numbness, tremor and shaking of the body. All these are the diseases caused by aggravation of vata. While yawning, the body expels the unwanted vata from the body and if it is forcefully retained, it causes a number of vata disorders.

Hunger : By suppressing hunger, one subjects himself to emaciation, weakness, change in body complexion, malaise and giddiness

Thirst : suppression of thirst causes dryness of throat and mouth deafness, causation, weakness and cardiac pain.

Tears : By suppressing tears, one may develop eye diseases.; heart diseases, headache, vertigo and giddiness. Holding back the tears also blocks the emotions and this could led to mental worry, depression and irritation.

Sleep: Suppression of the urge of sleep causes yawning, malaise, drowsiness, constipation, body ache, headache and heaviness in The eyes. When one has pain in the body, light food and longer hours of sleep are a must. That will help the patient to recharge and empower his life battery and will get cured soon.

Breathlessness due to exertion: Suppression of this urge may lead to heart diseases, respiratory tract disorders, and fainting. According to Ayurveda, the first line of treatment in all disease is "avoid the cause". Therefore, all diseases that can be caused by he suppression of he various natural urges can be prevented simply by not suppressing any of them.

Cholesterol: It is a vital element of all body cells ($C_{27}H_{46}O$) It exists in

blood in a protein coating, It occurs in oils and fats. LDL or bad cholesterol has a higher content of protein whereas HDL or high density lipoprotein has a thick protein content. The LDL or bad cholesterol attaches itself into the artery walls forming a plaque whereas the HDL carries the cholesterol through the blood stream. The plaque causes the arteries to block leading to a heart attack or stoke or even death. Avoid eggs, meats, fatty food. Take fruit juices, banana, curd and a very little food only enough for living. More than 3 eggs/week should not be given to children. ECG/every 2yrs after 50 is recommended for maintaining an excellent health. Avoid excitement, too much exertion, exposure to cold and over eating. Avoid fast foods. Scientists now believe (TOI, 31-5-2006, P33) that carbohydrates, especially single sugars, can cause unhealthy changes in blood fats by causing fat to collect in the liver. Just as it does on thighs and belly. These fats eventually find their way into the blood stream. Cutting carbohydrates can reduce fat level in the blood. Those who want to reduce weight, should stop carbohydrates. It will reduce LDL cholesterol level. Sunflower oil reduces cholesterol level;

Harmful effects of common salt : Our body does not require more than 5-6 gm of salt. Avoid salt on salad, and on your food. By taking natural fruits without salt we can decrease the intake of sodium ions through salt. Potassium present in all fruits, brings a balance in the blood. Less salt increases the velocity of blood though veins and arteries. Excess salt reduces life span, and spoils the kidney. Nobody should drink fruit juices with salts. Avoid pickles rich in salts.

Music reduces chronic pain & insomnia (TOI 1.6.2006 P 5 in Delhi Times)

Leistering to music promotes a number of positive benefits and adds to the growing body of evidence that it an important role a play in modern healthcare. It reduces chronic pain, can improve sleep. So follow what Shakepeare said. "If music must be the food of love play on_" '

Alcohol and beer can reduce causes of heart attack and osteoporosis

(TOI 1.6.2006 P 5 in Delhi Times) : It is widely admitted 1 peg of alcohol reduces heart attack cases. 1 pint of beer a day may stave off osteoporosis, says a latest study An estimated 3 million people in Britain suffer from osteoporosis a condition which causes bones to weaken and fracture easily. Everyone knows that calcium inhibits bone loss but the modern scientists in 2006 found, that ethanol (C_2H_5OH) in beer has the same affect, if not better effect. Drinking too much alcohol/beer have real adverse effects. So it is best to keep a tab oh how much beer/alcohol one consumes.

Sun rays may reduces cancer, schizophrenia, arthritis, rickets : Recent studies have suggested that vitamin D may protect against breast and prostrate cancer. The public is now being told to spend at least 15 minutes in the sunshine most days except during the hottest part of the day between 11 AM to 3PM. For the years we have been told to cover up in the Sun to avoid skin cancer (Melanoma). Many people are now getting so little sunlight that their bodies ae failing to produce enough vitamin D. This leaves them susceptible to other forms of cancer, as well as conditions including arthritis and even schizophrenia. There is also concern in cold countries that rickets is making return to children with severe vitamin D deficiencies. Long hours in cars and offices also limit to exposure of sunrays.

Hypertension and poor memory : It is possible that people who inherit hypertension and high blood pressure may also inherit a weak memory and poor concentration. Mars is the symbol of logic. In case of hypertension use 12 Rati (180 mg = Rati) Red Coral on the ring finger. • It will reduce high blood pressure. Those who have Mars in 5th are intelligent persons.

Less risk of stroke: People who do regular exercises such as running, swimming, cycling or playing tennis have lower risk of strokes.

Sun burn disease : Wear sunglasses to prevent wrinkle on the delicate eye. Chances are you'll be squinting. This repeated action on face eventually can cause crow's feet, which can rob your face of a youthful

appearance. One should avoid bright sunrays between 10AM-4 PM in India.

ASTROLOGICAL CONCEPT OF DISEASES

Astrology being a limb of the Vedas, it presupposes a firm faith in God as the dispenser of the fruits of one's actions and the inherent philosophy of Karma which postulates that we reap what we sow. Charitable acts beget Punya which enables us achieve the purustharthas led by Dharma en route to Godhead. Evil actions beget sins that hinder the performance of Dharma and thus obstruct our evolution. Now Dharma is Karma based and Karma is body based and that is why the fruits of evil actions, namely sins, affect us in the shape of diseases that put the body and mind out of gear. Poorava Janma Kritam Papam Vyadiroupena Badhethe According to Prasna Marga

रोगातनिामिह तु वहुधा कल्प्यते रोगहेतुः भूतावेशाद् ग्रहगतिवशाद् वातपित्तादिकोपात्।
एतत्तथ्यं विधमुदितं प्रायशः स्वीयपाम्मा रोगोत्पत्तेः भवति हि नृणां हेतुरेकस्त्रिधास्यात्।।

People ascribe all sorts of reasons for diseases : possession by evil spirits, planetary affliction and tridosha or the imbalance between Vata (gas) Pitta (bile) and Kapha (Phelgm). But often the truth about this three fold origin lies in man's own sins. Haritha confirms it and points

जन्मान्तरकुतं पापं व्याधिरूपेण बाधते। त्च्छान्तिरौशधैर्दानैर्जपहोमसुरार्चनैं।।

The sins of past lives bother us in the form of diseases. The latter can be ameliorated by (a) medicines (b) danas (c) Japa (d) Homa and (e) worship of Gods i.e. all the three physical, emotional and spiritual levels. Our Hindu Sages assert that when any illness or disease manifests on account of malfunctioning of one or more of the three forces Vata, Pitta and Kapha, it can be cured by medicines. If such manifestation is caused by malefic transit of planets the remedy will lie in propitiating the planets or their Deity. Should such illness be attributed to baadhaa (preta, bhuta, deva etc.) these can be remedied through reciting or causing to be recited appropriate Mantra or Japa; if

such illness can be attributed to prarrabdha karma of the parents of the native or his parents, the native may seek remedy only through adhyatmik practices which is clear through the **following sloka**

रोगांन्नदोश जगितम् faqoft वदन्ति ज्योतिविंदो ग्रहपीढनमामतन्ति।

बाधाभिवेशमिति मन्त्रविदंवदन्ति प्रारब्ध कर्मफल मात्मविदो वदन्ति ।।

The relevance of planets in astrology in brought out clearly by Sage Parasar

अवताराण्यनेकादि ह्यजस्य परमात्मनः । जीवानांकर्मफलदो ग्रहरूपी जनार्दनः ।।

The eternal God takes many incarnations, that of the planets being one. In this form he doles out to Jeevas the fruits of their **Karmas.** It follows that the worship of Gods referred to above includes the worship of planets too which are really the specific manifestations of the Almighty God which also serve as pointers of the onset of disease. Varahamihira confirm our deduction thus

रक्तैः पुष्पैर्गन्धैस्ताम्रैः कनकवृषवकुळकुसुमैः।

दिवाकरभूसुतौं भक्त्या पूज्यौ इन्दुर्वेन्वा

सितकुसुमरजतमधुरैस्सितश्चं मदप्रदैः।

कृष्णद्रव्यस्सौरिस्सौमयो मणिरजततिलककुसुमैः

गुरुपरिपीतकैः प्रीतैः पीडा न स्यात् उच्चाद्यादिपतति

विशति यदिवा भुजैंविजृंभितम्।।

The Sun and Mars (while malefic) should be worshipped devotedly with vakula and red flowers, red sandal paste, gold, bullock (as dana) etc. A similar Moon should be worshipped with cow (as dana), white flowers, sweet, silver (wearing), Naivedya (the offerings to god with rice, flowers, bananas and sweets) etc. Saturn with black material; Mercury with emerald, silver and **tilak** flower; Jupiter with golden hued **flowers,** aroma and naivedya. Pleased with such a worship these planets protect him even when he hurtles down a **mountain** peak or dives into a snake pit. If the birth chart of a person, malefic planets occupy **benefic** places and benefic planets occupy malefic places

certainly predict that the native has accumulated sins in the past birth, the results of which manifest on him by the way of diseases and afflictions. If on the other hand, benefics occupy Kendres or trikonas considered to be good places and malefics in upachayasthan (3,6, & 11 *) the native a store house of Punya accumulated in his previous birth which will bestow on him good health, longevity, wealth and all other things to lead a very happy and pleasant life in the present birth. Mind is the driver, body is worker and soul is the sufferer of the results of past karma.

Karma - The eternal mystery :

Karma literally means 'deed' or act and more broadly refers to the universal principle of cause and effect, action and reaction with which govern all life. Karma is a natural law of the mind, just as the gravity is a law of matter. Astrology sheds light on life by revealing our karmic pattern. When a soul is born into a family, it is because of Karmic debts with the others in that family.

Concept of Ranubandhana (the bond that results from karmic debt)

Ranubandhana is a Sanskrit word. Ran = debt, anubandhana = bondage. In each life, we have mother, father, brother, sisters, spouse, children and so on. We are born in a family as a result of un-discharged debts of past life. Constantly we are creating accounts debiting and crediting. We are creating Karmic debts with all those, with whom we interact. The karmic debts (ran) lead to bondage or attachment (anubandhana). These karmic attachments pull us into the wheel of existence again and again. Ranubandhana is at the root of repeated lives. Human life is nothing but a memory of ranubandhana, the story of the countless Karmas that we make and live through. Every relationship reflects some ranubandhana.

Kinds of Karma :

1.. Sanchita Karma - a total accumulated karma ($5^{th}/9^{th}$ houses) :

This is a vast store of accumulated karmas of all past lives. It may

be indirectly seen in a man in his manner, character, his tendencies, aptitudes, inclinations and desires.

2. Prarabdha or Fructifying Karma : That portion of our Karmas allotted to us in this life is called prarabdha. It is fruit of our past actions that are being reaped in this life. All of sanchita karma will not be experienced at one time. Only that position which has become ripe for experiencing in this lifetime is prarrabdha. The natal horoscope reveals Prarrabdha only.

3. Kriyaman or Current Karma: This is fresh karma that we do in this life. This is the area that man has freedom to determine the course of action. This determines our future lives. This is where the concept of free will comes. The Horary chart reflects both the Prarabdha of past lives as well as the kriyaman of this life. In other words, the prashna (Horary) chart is the latest. Karmic bank statement with regard to the query.

4. **Agami** Karma or Future karma: The Karma that is coming, in other words, new action that you contemplate as a result of your thought, the way you envisage the future, is Agmi Karma. Planning is Agami, while execution is Kriyaman. Thus Agami (planning) leads to Kriyaman, which becomes Sanchita (accumulated) to surface later as Prarabdha (destiny); Sanchita Karma manifests in two ways - firstly as Prarabdha or so called the destiny (controlled by 9th house and its lord) and secondly as the Samskaras or character (tendencies).

Human life is a story of the alternating patterns of duality of happiness and suffering, joy and misery, ups and downs. There is not a single life without this admixture, without this pair of opposites. This is the law of life. Though the atman is identical to Brahma, who is ever radiant and blissful, the Jiva (Individual) suffers because he is entrapped by the limiting adjuncts (upadhis) of body and mind. The infinite seems to be entrapped by the finite body and mind. Misery is not natural to the Jiva, it comes to experience a state of misery because of its association with a

body. So the cause of misery is a body.

Composition Of Body, Mind And Soul :

In the beginning God made man in his own image and man has been returning the compliment ever since. In Indian philosophy Vedantic Monism pictures god, man and the whole world as a single whole and all the divisions are hierarchical in nature. The Katha Upanishad describes : Above the senses are objects of desire, above the objects of desire mind, above the mind - intellect, above intellect - manifest nature, above manifest nature the unmanifest seed; above the unmanifest Seed God.God is the goal above him there is nothing. According to monistic theories, the realms of the spirit includes and contains the inner realms of mind. While the inner realms of mind are confined to Buddhi, Manas, Senses and the world. Thus mind is subordinate to spirit (or Atma). As such, there is no equality between spirit and mind. Mind dwells in the heart of a man. It can realize the four stages of waking, sleep, dream and the one beyond senses (Tuirya). It is the yoga philosophy by Patanjali that detailed inner realms and how to control the vagaries and waywardness of the mind. They had developed a science of body mind balancing and to attain the ultimate equipoise or mukti. They had psycho analysed man and gave eighteen different point of the interaction between inner mind and outer-mind. According to Vasistha, they are 1. Mana mind 1. Buddhi Intellect. 3. Chitta consciousness 4. Ahankara ego 5, Kalpna imagination 6. Smriti Memory 7. Vasana Desire or passion 8. Karma action 9. Avidya - ignorance 10. Mala pollution 11. Maya illustion 12. Prakriti nature 13. Jeeva Vitalself 14. Brahma The absolute or God. 15. Ativatika Deha body beyond physical existence. 16. Indriya Sense organs 17. Purvashtake Eight hormone controlling centers 18. Deha Physical body.

The Jains had carried this enquiry into all the more subtler areas. Epistimological and structural, linguistic and exertive psycho-analysis were fore assumed by them. Actually Jain psychology can be

subject of a book, they even prescribed psychotherapy. Vidranya Swami, the well known Vedantacharya had declared in his Panchadastic that "Mind is dual" pure and impure. When it is polluted with Karma it becomes polluted, when it is desire less it is pure.. Mind is responsible for man's idea of freedom or bondage. When it is overpowered by passion, it is a slave, when it conquers passion it is the free master. Actually the human body consists of various principles and systems, not only the physical body which we can see and touch but also fine subtle functions which can be sensed by, not seem There are 27 constellations as 27 lunar mansions and the period taken by Moon to travel through these mansions correspond to female menstrual cycle. 27 brought to a single digit gives of which correspond to nine human systems viz skeletal system, muscular system, circulatory system respiratory system, nervous system, digestive system, excretory system, endocrine system and reproductive system. Nine is also represented by seven primary colours (VIBGYOR), infrared and ultraviolet. Everyone of us is subject to electromagnetic bombardment from these 27 constellations and 9 planets (excluding Uranus, Neptune and Pluto). We are living in the ocean of electromagnetic waves and therefore we experience ageing. In Vimsottori System the various dasas are Sun = 6yr, Moon = 1 Oyrs, Mars = 7yrs, Rahu = 18 yrs, Jupiter = 16 yrs, Saturn =19 yrs. Mercury = 17yrs, Ketu = 7 yrs. Venus =20 yrs. Let us study and understand Naisargik or Natural Dasa Chakra. A new born baby is blissful for 6 yrs. He behaves in a manner of a person hot in deep penance and sometimes cool.and calm alternatively like Sun in Day and night respectfully. If we watch his behaviour for another 10 yrs i.e. from 6-16 we find that he is always experimenting with one thing or the other in the process of learning the life through his faculty of imagination into boyish nature (not matured). He passes out matriculation examination by 16. Sometimes he is cheerful like a full Moon and sometimes he is blank like dark Moon on Amavasya. His physical body also starts taking feed from filtered and unfiltered environment. He is not fully developed into a robust man, even then, he

starts taking rash decisions and doing. rash thing based only on his physical courage during next 7 yrs. i.e. up to 23yrs. He is full of physical valor and prowess only attributable to Mars. With his developed body, courage and physical prowess, he starts a new era of his life for next 18 yrs. During which he does not like to give any heed to any body, especially the elders. He ventures through his fancies and follies and at the end of 41 yrs, he realizes that there was almost.no proper synchronization of the wisdom (his head) and achievement (his body). These 18 yrs he passed almost having head on bull fights as he had nothing but a hollow head like Rahu. So a change in life comes at the age between 41-45. Jupiter dominates between 41-57. Jupiter is the planet of growth and expansion,. He becomes wiser. He expands himself in all shares of life and feel rich in all respect. As soon as he completes 57 yrs., a sudden shock of future is experienced by him.and he tires all the tricks of trade/life he learnt so far to deal with next 19 yrs of his life i.e. from 57-76. Saturn is the symbol of aging. Aging starts from 57. Wrinkle appears on the skin, all the hair starts graying, he loses the teeth, his appetite decreases. During this period ascribed to Saturn, the hard taskmaster, be becomes really rich with true experiences. The divine scheme is to the test the learning done till Jupiter's dasa. This is the real period of his life in which he gets all the illusions about relations etc. evaporated and learns the real lesson of his life, through many a difficult ways and services. Normally the person rich with true experience is expected to be full of wisdom and required to disseminate his knowledge for the good of mankind. So he Undertakes the responsibility during next 17 yrs of his life at 76 years of his age. This is the period of Mercury, the. divine messenger of God following the period of hard taskmaster Saturn. He enjoys all types rewards, respect and interacts with people having quest of achieving the goal of life. By the time he becomes 93, he is supposed to take stock of his deeds in this - incarnated, introspect fully the past life and shed his head forever to begin the preparation of his pious sojourn to the desired place through liberation during the period for 7 years of Ketu from 93-100. Next 20 .

yrs is govemed by Venus (2nd/7th lord of the Zodiac and hence a great killer planet) all the body's metabolism cease to function during this dasa. So we bless the person to live long 100 year. Sri Morarji Desai lived more than 99 yrs. Sri Jyoti Basu, Siddhartha Sankar Roy, the ex-chief Ministers of West Bengal are still active in 2006, though both of them crossed the level of 90 yrs. Vedanta presents a precious description of all the subtle functions and principles that exist in the body along with Atma (or sprit) and gives us practical means of controlling and guiding them. According to those principles there are 10 functions that direct and guide the body.

1. The Karma Indriyas or 5 organs of activity the tongue for words, arms for giving and receiving, legs for locomotion and the organs of elimination and procreation.
2. The Jnana Indriyas or 5 senses of knowing which we know as sight, sound, smell, taste and touch, 6th is the common sense or super intelligence faculty.

The state of mind is closely interrelated with consciousness. There are four states of consciousness: the unconscious (6th house), the subconscious (8th house), consciousness (1st house) and super consciousness (9th house).

The conscious mind can take action; it can evoke memory when it wants to; it can think actively and towards a certain objective. The subconscious mind is a very big store house of signals, sounds, emotions and impressions but even though it is not active like the conscious mind, the subconscious mind can play a large part in the actions; thinking and behaviour of a person. When one sleeps, the active mind rests, but the subconscious mind is awake. When a person has to get up early in the morning the waking time is kept in the sub-conscious mind and when the time comes the person wakes up exactly on the dot. The conscious mind is clearly asleep but the subconscious mind is on the job. But the exact relationship between conscious and subconscious mind is still not clear and an enormous amount of work

still remains to be done on this very important and interesting subject. The subconscious mind can store many times more than in the conscious mind. In fact, in popular parlance, the conscious mind compared to subconscious is often linked to the iceberg the part of iceberg not in the sea representing the conscious mind and the hidden part standing for the subconscious mind, Many Psychiatrists believe that the impressions formed and stored in the subconscious mind during one's early years from birth to six years (he is governed by Sun) determine the action of a person for the rest of his life. During these early years the mind is not only like a computer storing everything it hears, but also like a video tape recorder, recording everything visual. These early stored impressions play a big part in the action of person in his later life. It is for this reason that parents should pay special attention to their children's up bring during the vitally important early years of their life. The unconscious is the storehouse of all our Karmas, Samskara or Prabhas of our forgotten deeds and experience, mainly from past lives. These are deeply buried in the human unconsciousness and yet it is precisely these Karmas that propel and steer human life. According to seers all diseases are due to sin of the past lives. That is why 6* house is the house of diseases. 6th lord should be weaker than the lord of Lagna for enjoying a good health. Everything that we see, hear, taste, smell or feel is reordered on the subconscious as a samskara or impression. Firstly they rest in the subconscious and when they are 'ripe' they rise into consciousness as wishes or vasanas. Now *we can define mind as that tendency* ***or*** *function* ***that*** *brings the vasanas, the* ***samskars from****the subconscious to conciseness.* ***It*** *is* ***not*** *an organ or a space but a transcendental function between subconscious and consciousness.* It is endless, infinite functioning and its activity ·can never be terminated until the vasanas in the subconscious have risen and been dissolved. And we can see, the subconscious can never be emptied as long as there is sensory output. So if we are to attain the peace of mind it is our senses (Kama lust,Krodha anger, Lobha greed, Moha attachment, Matsarjya infatuation) that we need to control and

not the mind.

The goal of life should be self-realization. The function of mind is to bring the vasanas and prabdhas up to the level where they can be dissolved consciously or unconsciously. Only when the storehouses of experiences are emptied will the mind come to rest. Fatigue and stress disappears on the calmness Of mind. So also the diseases can be controlled effectively with Yoga and Meditation.

Relationship between body and mind:

The body knows much more than the mind can fugue out. Our eyes record million bits and pieces of information like a video camera, but the mind fitters out most of it. The mind only sees that which it wants to see. No wonder our body records and remembers so much more than we are able to memorize. Even heard this expression "mussel memory"? If you have forgotten the password on your computer, try recalling it by moving your fingers on an imaginary key board. Chances are your fingers will recall the password even when your memory fails. Just recognize how your body becomes green with envy or red in anger and white in fear. The body not only remembers your password but also marks the passage of emotion as source of data. Experience reality in the body without the hindrance caused by thought. The body never deceives in the way it feels only the mind'goes wrong when it interprets. Our old age will see the triumph of body over the mind. The body knows much mores than the mind can figure out. Eat nature's antioxidants (coloured fruits).

How To Control Mind (As per Geeta):

The three basic characteristics of the mind are:

a) It is always extremely difficult to control it.

b) Yet it can be controlled

c) There are well defined methods to.do it

Abhayasa (Practice) and Vairagya (dispassion) will enable us to control the mind, but how to bring them in our life stream.

a) By developing a strong will to control the mind.

b) By understanding the nature of mind.'

c) By practicing earnestly certain techniques of Yama, Niyama and Pranayam can also generate a higher level of consciousness by removing impurity and strengthening one pointed ness.

Undisturbed calmness of the mind can be attained by adopting a) Friendlyness towards happy. b) compassion for the unhappy c) delight in the good d) indifference to evil e) Love of man and love of God are the two basic remedies for all disturbances of mind, after a prayer we feel we are calm. Constant prayer alone is the remedy. When one attains Mokshya or Salvation, he becomes a Human God (Narayana) going outside the preview of planetary influences." For him the configuration of planets and the interpretation there are indicative of events and not the cause, as everything in the Universe moves according to cosmic plan. The events occur under planetary configuration is the other name of Law of Synchronicity. Study of spiritual aspect of astrology will lead to study of cosmology. A spiritual elevated man considers himself as a miniature universe. The yogic process (linkage of one's self with Absolute) functionally aims at reduction in the metabolic needs, so that all functional organs are set in harmony for a minimum consumption of energy. Intake of oxygen reduces and the body temperature drops by 2-3 degrees (a reduction of body temperature by 2-3 degree can double the longevity of mammals) this is a called a person of renunciation. Supreme bliss comes to that yogi alone whose mind has become perfectly tranquil, rajas (metabolic transformation in the body), who has been identified with Brahma (Absolute) and is taintless. Here moot point is Santa Rajasam" the subdued projecting power from which activity emanates and mental modifications such as attachment and grief are continually produced

Bhagvadgeeta 6.26

We have to watch our mind and lead towards path of truth and reality. About Mokhya or state of ultimate realization Hindu. Philosophy hold little different view. Purity, self control, truthfulness, nonviolence and compassion towards all form of life are necessary prerequisites for any spiritual path paving way to ultimate union. Forms of salvation after death are; 1) Saloka Mukti Where soul goes to abode of Lord Vishnu 2) Samipya Mukti here soul enjoys the proximity of God 3) Sarupya Mukti it acquires form of God 4) Sayujya Mukti where soul blissfully absorbed in God 5) Avatar or Karma Mukti this is to be achieved through stages, one attains the Knowledge of Nirvana Brahma, when entire universe is dissolved at the end of kalpa, he becomes one with Brahma and not to born again 6) Vishistadwait Mukti goes to heaven, enjoys blissfully in Vaikuntha 7) Purva mimansa Mukti goes to heaven, enjoys bliss 8) Apvarya Mukti Separation from quality (gunas). There are three forms of mukti before death means when one is alive 1) Aatmagyan Mukti means knowledge of inner self, destroys Avidya, becomes Jeevan Mukta, can no longer thinks of himself. 2) Sadyomukti immediate release, totally loses interest in illusory body, his body drops off 3) Kaivalya Mukti according to Sankha School of thought, the soul or spirit bonded by Aviveka, gets Viveka, achieves mukti by distangling from Prakriti. A soul is the observer who interprets and makes choices based on karma, it also a confluence of relationships, out of which emerge contexts and meaning and it is this flow of context and meaning that creates experience. So it is through the soul that we create our lives. Intention, imagination, insight, intuition, inspiration, meaning, purpose, creativity, understanding, all these have nothing to do with the brain. They orchestrate their activity through the brain, but they are qualities of the nonlocal domain, which is beyond space and time. Many things in life happen Which we are unable to explain. We can never truly know the mind of God and we can never fully understand the how, where and when of anything, even something as simple as boiling water. We have to surrender to uncertainty, while appreciating its intricate beauty. We will try to guess

the type of diseases the native is likely to suffer in his lifetime, through a horoscope but ultimately God only can tell the exact types, time and reason of these diseases. .‹

Defect of human body:

Although human being is in a group of 50 of largest animals in the 2 million odd species, he goes almost to the bottom of the list where muscle power per body size and weight are concerned. It is estimated that a four foot six inch chimpanzee has twice the muscle power of an average six feet man. Man is poorly prepared to face the rigors of climatic change. The main function of this skin is the excretion of waste materials of the body It excretes via sweat glands some 5-10% of the nitrogenous waste that accumulate in the blood(sweat actually controls much of the material found in the urine but in much more dilute form, the concentration being 1\8th that of urine). His thin, sparsely covered skin loses valuable heat when it is cold and affords little protection to exposure. Unlike most animals, man must laboriously learn to swim, and even when he has mastered this, he cannot survive for long in cold or even moderately cold water. But man, the innovator, the maker of tools, must like all other animals, rely on the living thing around him for food. He has learnt from bitter experience that he cannot upset nature's balance without suffering the consequences of drought or erosion .God has provided fair skin to ladies without beard or hair on the face . Perhaps the human baby would not have tolerated fierce looking personality. All mothers are like angles to a human baby .Venus governs body luster. A beautiful lady must have a strong Venus, because the fair skin is governed by Venus. The overall skin is governed by Mercury. When the lord of lagna Mercury is afflicted, skin diseases will appear. When the lord of lagna Venus is afflicted, one will suffer from urine related problems. Charismatic personality is governed by Venus in either sexes. Strong Venus provides a sympathetic and broad mind. Afflicted and strong Mars provide cruel mind. It must be remembered that fair coloured persons do enjoy some sort of honour in the society. Face shows the man as the morning shows the day .God

created white ,black, brown and yellow coloured human beings. White persons are of European origin, Blacks are Africans and yellow people are of Mongolian origin. Brown people are either mixtures or their skin became brown for the hot climate . Though almost .80% persons of Latin America came from Europe, but in the 21st century they are all brown coloured persons like Asians and Arabians. The whole body is covered by two square meter skin which is very sensitive to heat and cold.

Controlling spirits :

In India, Aghora Sadhanas (Aghora at the left of God by Robert E. Svoboda, Rupa & Co, 2003 P 187) have always been a closely guarded secret, given by guru only to his most trusted disciples. They have to be secret, because they are not in the realm of written or spoken world. Almost everyone who dies a sudden death becomes a spirit because there is no time to select a new life, this is why peaceful death is so important. There are also tiny children: those who were born dead or who dies of disease, accident or some more terrible fate. These ghosts are Karna Pishachini. Higher than Karna Pischachini is Yakshini, the female form of Yaksha, a male spirit almost the level of minor deity. Yaksha and Yakshinis were once human and were good sadhakas at that time, otherwise they could not possess such powers. They were Hindus during their life time. Mokhul were Muslims, Angles were Christians. Hibiscus flowers play an import part in the sadhana of a Yoksha. During the sadhana of a Mokul, a lamp filled with pure essence of hinga, a Muslim's favourite perfume, must be kept continuously burning. Suppose a Pischacha , a low sort of spirit, becomes pleased with you and blesses you. And the only blessing a Pishacha can give you is that you receive everything you ask for. Some Sadus can give you any material you ask from him through a spirit. So when a Sadhu (elevated soul) materializes something from air he has not created that thing, but actually this is simply a transportation and not creation of a thing. There is a set of procedures for controlling a spirit or a ghost. Once it is controlled, the spirit does not work for its controller throughout his life.

The end of life of such controller becomes very miserable. Arjuna started with a Karna Pischachini, so did Veda Vyasa. Once you have learned all you can from yours, your guru can remove it from you, and you can go to something higher i.e. Yakshini or Yaksha. You can learn a lot from spirits about heaven, hell and about other planets of this universe. *A spirit possesses much higher knowledge compared to a any human being.*

Power of a Yogi:

We know mind has a terrible velocity. By utilizing this power one can cure diseases. A Yogi can eliminate all diseases. There are two aspects of human life. In materialism, pleasures of the body are given much preference over anything else. Modern education increases this tendency. In spiritual life the main goal is awakening of the soul. There are five senses; touch, smell, taste, hearing and vision. Mind is the 6th. sense. It attributes are : greed, ego and attachment for worldly objects. If food intake is kept low after 40 or so it protects the man from diseases, longevity too is enhanced. When the feeling of Vasudhaiva Kutumbakam develops, a person exhibits love and compassion towards everyone and offers his services for the welfare of humanity. Only a true yogi can acquire siddhis or occult power. In yogic path one has to abandon pleasures of living happily with wife, children, A/C, cars, luxurious apartments. It is a path of self sacrifice. One has to live in cremation grounds/mountains/forests without food, water clothes etc. A guru is a must for acquiring occult powers. All the Naga Sadhus follow the path of left hand (Bamachara) of God for acquiring Siddhis. (occult power) The Naths have a prescription for spiritual advancement. "Break up your sleep, and cut down your food; no mater how far your mind may soar into the astral regions while you are awake, once you go to sleep you erase all the benefit. Sleep is very much like death, just less permanent. It is the overcoming of the mind by a blanket of dullness. Food makes you sleepy by filling you up; sex exhausts you, it makes you sleepy by draining you. Aghoris cannot afford the luxury

of relaxation; they have to be sharp at all times. They work all night long in the cremation ground (smashan), where drowsiness makes them much more susceptible to attack from spirits. In fact, in the case of three food, sleep, and sex the more you get from them, the more you want. Tantra aims to replace the limited personality with an unlimited, permanent one. An Individual may fail to become eternal but may in course of Tantric practice accumulate sufficient energy (shakti) to obtain some extra ordinary power, called a siddhi. As a common man we cannot go to forest for Sadhana, but it is well known in vedic literature that six year of Brahmacharya will develop great strength of ojas. Your aura or helo will develop to such an extent that whoever meets you, feel refreshed and relieved afterward. The Ojas will harmonize both you and those around you. One should try to. understand a Aghori Sadhu, whose friends and colleagues are all spirits. Whole idea of Tantra and Aghora is transmutation whether you make use of shaktis of spirits or deities or magical plants or whatever, transmutation is the goal. That is why some tankrika practice Alchemy and learn to transmute one metal into another in preparation for transforming themselves. Paramhansa Ramakrisha and Swami Vivekanand met Trailargaswami at Banaras. Traillongaswami was a great Aghori, who could transform his urine and feces to any object. He gave his shit to a British Magistrate for eating, when that Magistrate uncovered the food, he found a well toasted chicken, driping with gravy and ready to eat.. Tantra is limited by time, space and causation but Aghora is beyond all triads, all dualities, all limitations. If they want gold, they will piss on a rock it will be gold. Similarly they'll piss in your petrol tank which will be converted in petrol. Such is the power of mind. Mind is cosmic and unlimited. By "Yogic Practice" if mind is separated from sense organs and train the mind, then if automatically perceives without the media of sense organs. By tuning individual mind to the cosmic mind there is nothing that soul cannot acquire or experience or know. Seeing hearing, smelling things at a distance without the media of the sensing is known as Telepathy or Divya Dristi,

The power of telepathy can be used to locate minerals, natural oil, earthquakes, wars and the like. Dropadi's modesty was protected by Lord Krishna from the hundreds of miles away through telepathy only. Prevention of any occurrence of any event itself may not be possible, but the magnitude and intensity of damage can be minimized. That is how telepathy helps mankind. Telepathy is again subdivided into three sections; clairvoyance precognition and psychokinesis. When a person can see an incident, before it actually took place in a dream, it is clairvoyance. Awareness of an event before it occurs is (this branch will help to avoid many accidents/health hazards) Precognitive Clairvoyance. Moving objects at will or materializing them is Psychokinesis. Psychic power like telepathy are the manifestations of the power of consciousness through organized matter, in the psychic body or the astral body. All powers of intellect are psychic power, we do not require instruments, money or material. All that is needed is the spiritual practice. There are many instances when a Aghori Sadhu cured Leprocy patients without medicines. So all the governments should explore this alternate methods of cure of dreaded diseases According to Chandrahari, an M.Tech (BHU) has written in his famous book "Hindu Zodiac and Ancient Astronomy", yogic body is a filament under illumination of time and it is this realization of time in yoga that made possible the creation of Kalachakra external or macrocosmic time synchronous with microcosmic time. The bio cosmic temporal continuum could thus be deciphered in terms of the rhythmic periodicities of the geometrical longitudes of "grahas" and thus Jyotisha had its origin. Sigmund Freud (1856 1939) and his student Carl Jung developed mind science scientifically. In 1899 Freud published "Interpretation of Dreams""This book may be compared with Principia by Newton (1647), The dialogue of the two principal systems of the world (1632) by Galileo, Origin of Species by Darwin (1859). There is a tremendous power, which is working behind the all creations. Spiritual traditions have been based on the oneness one single source, takes root in our consciousness, can you see the profound

impact it would have? There is plenty of scientific evidence to prove that our consciousness can heal our body. Stress is the biggest killer in our society today. It causes diseases and leads to disease. But if we tune with ourselves, we are in tune with nature and in tune with the one source of everything: Then our stress dissolves and we instinctively know the right thing to do. We feel blissfully happy and see ourselves on whole and one with the universe. Blessed are they who see beautiful things in humble places where other people see nothing. There is a strong relationship between depression in elderly patients with diabetes and the degree to which they control their blood sugar levels. Elderly will not benefit from clinical intervention programmes unless their depression improves. Yoga practices really cures many diseases. Human differ from animal not only due to their vertical structure but also humans differ from rest of the creations by God (animals, insects, bacteria etc.) but also due to unsatiated desire to probe in to the mystery of the universe, one through spiritual view and. the another through scientific researches.

ASTROLOGICAL CONCEPT OF MIND

No body on earth can be a greater creator than Lord Brahma. Scientists are inventing many automatic machines, but think of about the motherhood phenomena of a girl. Female body is a unique machine designed by God. When the baby is about to take birth milk oozes out of the breasts, when the baby is 3-4 years old, again milk tries to disappear. So is there any such a automatic machine discovered by a man? All sciences are encompassed from the mind of man and for this reason, mind is the greatest and most intricate studies of all sciences. The most - baffling of man's problems has always been mind. Western science is proud that it has begun to conquer nature and is talking in terms of cosmic flights though compared to the dimensions of the cosmos, which, are inconceivable. The astronaughts orbiting the earth at a height of 200 miles seems a child's play. Now scientists are busy in taking pictures of Uranus, Neptune and Pluto and planets bey ohd Pluto which are situated at an unimaginable distance from the earth. In

contrast to these achievements in the realm of physical science, there is a lamentable lack of development in the more important aspects of human existence, viz mental and moral sciences. The human mind and its mysterious functions continue to the mysteries to the western scientists. The mind is composed of various faculties, which fairly correspond with the convolutions of the brain. These faculties are phrenologically arranged in an ascending scale commencing with purely natural or animal faculties until the intellectual and reflecting group is reached. Two persons may have the same developments in any group of faculties but % marks obtained in an examination will be different and this accounts in the endless diversity of human characters. The brain rules the being; for it's the function of thought, the reservoir of cogitation; therefore the finer the development, the more perfect its balance; the greater its capacity for the comprehension and reflection, the more intense the ability to analyses and investigate, not only in physical but in metaphysical matters, in spiritual as well as in natural things. Gross materiality may become on obstruction and hindrance to intellectual progress. The great poet of all times Shakespeare has written in Macbeth:

Canst thou minister to a mind diseased

Pluckfrom the memory a rooted sorrow

Raze out the written troubles of the brain

And with some sweet oblivious antidote

Cleanse the stuff'sbosom of that perilous matter which weighs upon the heart?

Therefore, every individual should become cognizant of his/her own natural capabilities (mental as well as intellectual) and should continue to educate and improve those capabilities. Corrected brain and mind development may become a foundation of future honourable success and a means of ever lasting peace and happiness in life. Our fifth sense are: tongue, ear, eye, skin and nose. The sixth sense is our mind. Even the best doctor of this present dynamic world does not know where the

mind is situated in our body. Astrologically mind is divided into four major divisions. **Super conscious** (9th house), unconscious mind (6th house) subconscious mind (8th house) and the conscious mind (I" house). Lower mind is controlled form the 3rd house. The mind has the ability to know and to interpret what is senses, both from the outer senses and inner senses of clairvoyance, clairaudience, clairsentience, love and centering. The mind is both creative (Rahu with contact of 8* lord gives birth to a new idea which is known as invention or discovery) constructive and destructive. It is like a sharp knife. We can use our mind any way we choose. According to rules of astrology, the disposition of the Moon and the 4th house disposition of Mercury explains the nature and structure of the brain. Mind is actually governed by Moon Manakaraka, Mercury buddhikaraka. Contact of Saturn and Rahu On these planets make the mind dull, revengeful and phobiatic. 5th house, 5th lord act as storehouse of intelligence. When 4th house, 5th house, Moon and Mercury are afflicted, mind becomes lunatic (Loses balance of judgment power).. Strong 5th house/5* lord provides excellent judgment power. Saturn controls the lower brain consciousness and Jupiter controls higher consciousness. God only writes sad episode about a person, whose Jupiter is found to be weak in a horoscope. Aspect of 6th lord on Jupiter is a grisly combination and is to be feared. All crude and limited minds are held by Saturn, and none can pass into the plane of Mercury until Saturn is passed. To identify ourselves without mind is to be under the sway of Saturn. The saturnine mind is united to the brain organ, and can never leave the concrete or purely objective. The unfettered mind is shown by Mercury, which is expansive and adoptable to higher and advanced thought, Mars quickens to action of Mercury, while Saturn retards and steadies the mental expression. Both these conditions, belong to the material or practical side of expression, whereas Jupiter and Venus elevate into idealistic stated. To give every shade and colour to the mind the swift Mercury, who is "winged messenger of the Gods" form many kaleidoscopic mental pictures during his cycle. During Mercury Rahu

or Rahu-Mercury dasa one suffers from fear complexes. Marriages conducted during the above dasa fails apart. Senses are quick or slow, in accordance with the position and aspects on Moon. Each of the five senses has ruler and each. is well developed or merely latent in accordance with the planet's strength or weakness; but whole of them are collected and manifested by Moon. The planetary vibrations are allied to the senses approximately as follows; Mercury - sight, Venus touch; Mars taste; Jupiter smell; Saturn hearing; Neptune inner touch (Psychometry); Uranus provides inner sight (clairvoyance). It is probable that Vulcan, a planet to be rediscovered inner future, govern the inner hearing (clairaudience). We specialize the rays of Sun through a special organ in our body called spleen. The altered conditions of Sun's rays becomes vitality, it is a force pouring downward. In the same way the mind is an elemental essence which is pouring down into manifestation and as it passes through our brain, we specialize or educate it, moulding it by our will into thoughts forms which constitute the thought action, leading finally to actions. Actually luminaries control our eyesight for observing the external objects. Inner seeing is controlled by Mercury, the planet of reason and concrete mind in the physical mental world as most of us know it, largely governs our intelligence faculty (reason) and celebrate activity in general. Venus is associated with desire world, with love, art and creative expression, rules touch or feeling. Taste is ruled by Mars, the planet of aggression, sex and appetite, and no kind of appetite can be appeased or satiated without taste. Smell or scent is ruled by Jupiter, because it is fiery and expansive and rules the fire sign, Sagittarius fire is expensive and so is scent or smell as it pervades the atmospheres. Hearing is ruled by Saturn is the time recorder who partially listens and records. In the super physical extra sensory or psychic ability clear seeing and Western Astrologers think these are ruled by Uranus, Neptune and Pluto. Neptune governs the upper octave of Venus and controls inner touch. Pluto rules in the upper octave of Mars and control inner taste. Pluto is the sex God. In Hindu Astrology Ketu controls the

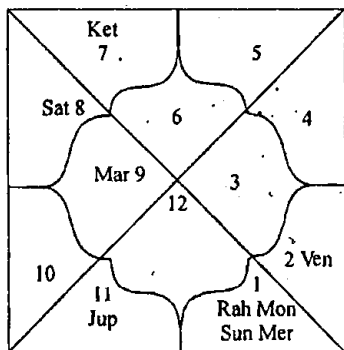
sixth sense or third eye. Ketu Jupiter in the 12th or Ketu aspected by Jupiter in the 12th helps anybody to climb very high in the spiritual field. Ketu aspected by Jupiter in the 5* / or 9th makes anybody extra intelligent person. The upper octave level of Mercury is controlled by Uranus. Aspect of Jupiter on Uranus in good houses makes anybody super intelligent. When Moon and sun are afflicted one does not live long. For a great prosperity, success, name and fame both Sun and Moon should be strong in the horoscope. That is why it is said that in the strength of Moon, lies the seed of the all the planets. The strong and brilliant Moon is advantageous in many ways, because it also rules ever the mind and, as we know, the entire universe is nothing but the material projection of the cosmic mind. In a nutshell if the mind would be healthy, tranquil and balanced thoughts and actions shall be in equilibrium and draw admirations and success in life. Nothing succeeds like success in life and a person blessed in the success is blessed by divinity.

The 6th house denotes diseases and Moon in 6th is highly susceptible to ailments especially in the childhood. An afflicted Moon in the 6th house often give an early death. it denotes scarcity in mental strength, and thereby the person can be mentally weak, ignorant to the extent of stupidity. If Moon is exalted in the 6th house, in the case of Sagittarius Lagna, it will provide a good career to the native. 6th house is the 9th of 10th house. When Lagna, Moon, Sun and Lagna lord are strong, we have the case of very rich and successful people of the society. Moon allows to think for the common people strong Moon makes a man sympathetic in nature and 4th house of the Zodiac is the house of Moon and the fourth house from the ascendant represents common people or common man in general. When Moon or the 4th lord is posited in the 5th house, the native will be sympathetic for the common people. World renowned Nobel peace prize winner Mother Teresa had exalted Moon and Rahu in the 5th house (she had Capricorn Ascendant) Whether a person is trust worthy or not can easily be gleaned from his Moon. A good Moon basically implies a good mind. An afflicted Moon shows one who

cultivates associations and friendships with the primary objective of utilizing them in same way or the other for selfish interests. When Rahu is posited in 1st/4th/or 10th such a native do not hesitate to use one as a ladder for their selfish ends and once this is done will also have no qualms of mercilessly kicking them out of their lives. This aphorism is stunningly true to the knowledge of the author. Such natives are unscrupulous and do not hesitate to betray and back stab even whose who have reposed trust in them. They can also very cleverly manipulate others and use them to promote their schemes with no guilty feelings. When Moon is afflicted by Mars, Saturn or Rahu, such natives usually have no principles in life. One becomes a victim of betrayal when either the 11 th lord (showing friend) or the 3rd lord (associate) is in the 6th.

Rahu dasa during childhood days (15-25) is not good, when its dispositor is afflicted in the birth chart. Rahu in Gemini is generally extolled, but if Mercury is afflicted one will have rolling stone in hand. He will have an unsound mind and will not be able to acquire higher. qualifications. The Moon in Cancer Lagna with digital strength made Jawaharlal Nehru sensitive and gifted with a fertile imagination that led him to make useful literacy continuations. Indira Gandhi with the Saturnine influence on her Moon in Capricorn gave her an authoritarian streak, but also made her an adept in swaying the masses. The great Mughal emperor Akhbar had his Moon in Gemini aspected by Mercury and Jupiter, making him gentle human and abjuring religious fanatism. The Moon in Pisces ascendant fortified by the interchange of houses with Ascendant lord Jupiter, in exaltation in 5* conferred an intuitive and receptive mind on Nobel Laureate Rabindranath Tagore, enables him to come out with outstanding poetic and literary contributions, which won for him international acclaim. The Moon in debility in the horoscope of Albert Einstein derived his strength from exaltation of the dispositor Mars and disposition of four planets in the 5th (intellect) from the luminary to impart great mental power in the pursuit of scientific enquiry, enabling him to earn international recognition with the Nobel Prize. Mussolini had his

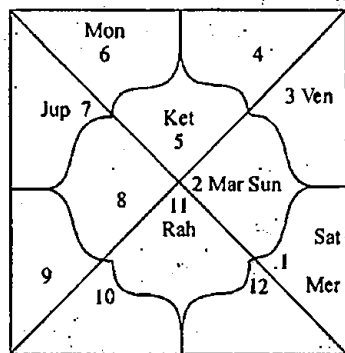
Moon in Taurus, **but** in the **grip** of Saturn and Mars imbued with a destructive mentality. **Kemadruma Yoga,** an inauspicious yoga surfaces out when the adjacent **houses of** Moon are vacant. This yoga can be seen even in the **horoscopes** of multimillionaire, who by constantly worrying about the future or due to some other perversion, **choose** to lead their lives in **such** a way that they sometimes appear to be worse of than real beggars. When Moon is afflicted in **the** 12^{th} house, one becomes odious to others and leads a miserable life. If both Moon as well as the 12^{th} house are afflicted one can get disease to the left eye. The combination of Sun and Moon is not good for financial matters except in the **9* house:** Conjunction of Moon and Mercury is good for information Technology and computer science. According to **Varahamitir,** the Moon refers to Devaloka. Thus the Moon in the role of atmakaraka (highest degree planet) gives godliness to the native if strong and **well** placed Jawaharlal Nehru had Moon as the **atmakaraka** planet in Cancer Lagna. For a Virgo Lagna Moon in 30° in Aries is much better **than** Zero **degree** in Taurus. The Association of atmakaraka with amatyakaraka is said to give Raja Yoga because the soul gets in built strength causing the native to gain recognition, for anything he does, among the mortals of the earth. Such natives image as gurus and leaders due to their innate superiority. Let us study the case history of a brilliant boy of Bengal.

Example 6: DOB 9-5-1986, 2-37 PM Kolkata. Virgo **Ascendant, Libra** Ketu, Scorpio Saturn, Aquarius Jupiter, Aries Moon **29°45', Sun 24°47',** Rahu, Mercury 9°, Taurus Venus 21° is a handsome boy with extraordinary intelligence level in computer science. He got 97% marks in Computer Science from CBSE XII Board, Delhi. He is now reading in the 3^{rd} year computer science in 2007. The 11^{th} house from atmakaraka is occupied by Jupiter, should fulfill his goals in life. He wants to acquire more and

more knowledge, not the money, because Jupiter is the bestower of deep knowledge to the native. Inspite of 4 planets in the 8^{th} house, the dispositor in the 4^{th} house from Lagna made his chart an unique one. 9^{th} lord in 9^{th} shaped his destiny in a nice manner. He is free from diseases for the exalted Moon, Sun, Jupiter in the 6th house, Venus in his own house in Taurus. When 6^{th} house is influenced by benefics it acts as a Upachaya house. When 6^{th} house is influenced by malefics it acts as a trika house and generates many diseases in the body. It is a divine grace to have 9^{th} lord in 9th and natural benefic in the 10^{th} house form 9^{th} house i.e in 6^{th} house. When a Moon, Mercury combination occurs in a watery sign especially Pisces and Scorpio, we have demonic natures cloaked in an apparently attractive exterior, such natives can harbour horrendous levels of avarice, hate and jealousy and other morbid emotions that can lead to ruin, death and depravity. I know a case where the native having Sun, Moori and Mercury in her 7^{th} house in Pisces engineered murder of her husband and children for insurance money. Moon represent all fluids including the hormones and blood. in the physical domain of the body, Moon rules the stomach, breasts, solar plexus, pancreas, all body fluids and the flow of secretions. A strong Moon well placed and well aspected is nothing short of a blessing from heaven.

The aphorism is Lagnam Kotigunam Bhaveth, the ascendant is all important as having million of good/bad qualities, where as Moon is only a planet out of 12. 6/8 or 12/12 relationships of Jupiter and Moon have not been praised by our seers. It causes poverty. Even Jupiter is Scorpio. Lagna becomes weak, when Moon is placed in $6^{th}/8^{th}/12$th from Jupiter. Jupiter in the 7th from Moon protects a girl form many humiliations in life. A strong Moon in the $3^{rd}/6^{th}/9^{th}/12^{th}$ from Sun makes the native wise, wealthy and prosperous. The position of Moon in the natal chart plays a predominant role, indicating the native's immediate response to crises. AH spiritual leaders have the Moon in a powerful position in their horoscopes. Moon has the powerful influence on

emotional needs, reciprocation of feelings and mutual understandings, which in turn **reflects** behavioural patterns. It is said in Hindu Astrology that the Moon is the vital essence of all the planets " ftte ग्रह वीर्य बलम्" :the birjabala or internal strength of the planets depends on the strength of the Moon. The Raja Yoga guaranteed by other planets cannot fructify if Moon has no strength at the time of birth. Hence all the psychic energy of the mind are regulated by this vital planet of the Zodiac, Moon. Powerful Moon gives good sensation and feeling. It is the main ruler of emotion. The blood contains 90% water which is saline like sea water. MoOn has tidal effect on sea. Hence the tide and fall in human blood is controlled by the phases of the Moon. We shall and this article with the horoscope of an unfortunate man, who become lunatic after a tragic accident.

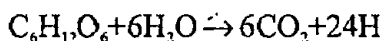
Example 7. A story of a **lunatic man** : DOB I7-5-1970/ 12.00PM/Delhi. Leo Lagna, Ketu, Virgo Moon, Libra Jupiter; Aquarius Rahu; Aries Mercury, Saturn; Taurus Sun, Mars; Gemini Venus.

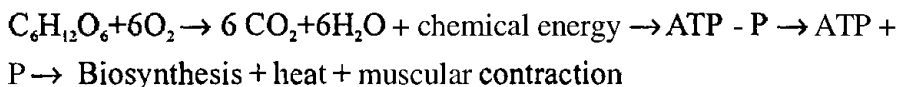
This is the horoscope of a young man who had problems soon after his birth in a rich family. Father is a wealthy businessman, elder brother is a multimillionaire MD Medical Doctor in USA. Polio struck him when he was 6 months old, walked with iron rods at the age of 2. On **15-5-84,** the entire family met a serious car accident and this young boy got head injury, which later on turned him to a lunatic man. In 2006 June, he sleeps, reads newspaper and spends time by wild dreaming, **such** as donation of 25000 crores of rupees to Ethiopian children etc. God was never kind to him, All the kendaras are occupied by **malefics,** debilitated Saturn in 9^{th} with 11^{th} lord Mercury aspected by 8^{th} lord Jupiter, spoiled Saturn. Mercury is spoiled by Saturn and Ketu.

6th/8th/12th houses of Moon are occupied by malefics So Moon is very weak in his horoscope. Moon is the mother of all planets. Weak Moon destroys all the Raja Yogas. Therefore Moon dasa at birth generated problems for him. He lost mental balance during Rahu-Rahu dasa on 15-5-84. Rahu's dispositor Saturn is debilitated and is afflicted by 8th lord Jupiter and Ketu. So Rahu Rahu dasa spoiled him. Rahu's dasa is bad for any body when its dispositor is weak and afflicted. In astrology for judging mental health problem, three factors are of utmost importance i.e. ascendant (brain), Mercury (Intelligence) and Moon (Mind). As these are afflicted as explained above, he is suffering from loss of memory. Combustion of 9th lord added fuel to the fire. When 9th lord/9th house is weak, everything evaporates in air. According to Shivaji Bhattacharya (P & F, Jan 04 P 27) when Moon is in Virgo, Mercury if found in an adverse position of Moon, the education may suffer. His dispositor of Moon Mercury is placed in the 8th house from Moon, and afflicted by Saturn and 8th lord Jupiter. All the Kendras are influenced by malefics confirms his past sins. So we are amazed to see the accuracy of our sages in framing thousands of subtle golden astrological rules for the benefit of our mankind. We should pay respect to these wise sages of yore, who developed astrology.

DISEASE AND HORMONES

The unit structure and function in the nervous systems is the neuron which is a single cell. Neurons are often very long. The longest neuron of human body reach from the ends of the fingers or toes to the spinal cord. The neurons are specialized for transmitting nerve impulses. A nerve impulse is an electromagnetic charge, along cell membrane, that begins to one end of the neuron and travels rapidly to the other. In some neurons of man, the nerve impulses has a speed of approximately 100 meters/sec. In many of the lower animals the speed is much less. Animals can recognize three main structures related to stimuli and responses. The three structures are acceptors, neurons and effectors. We have receptors among which are those for touch, taste, smell, temperature, light and sound. Skin contains many receptors. The

principal effectors are • muscles and glands. In controlling body functions the nervous system and the endocrine system both really function in the same way by secreting substances. Neurons do the secreting in the nervous system. Endocrine glands do the secreting in the endocrine system. In man hormones are distributed almost entirely by the circulatory system. In a far instances they have local effects near the place where they are secreted. Co-ordination in multicellular animals are governed by nervous systems and endocrine systems. Coordination usually occur in the central nervous system (governed by Saturn): Body response is through contraction by muscles or secretions by glands (governed by Moon). The ultimate purpose of co-ordination is survival- by maintaining the normal homeostatic conditions for the life of cells and responding to the environment in such a way by as to make further homeostatic control more probable. But for Man and possibly a few other animals, there is an extra something. A large part of our relation to environment results in intellectual activity or in what can be described, inadequately to the sure, as feeling of pleasure. Walking upstairs rapidly or running conditions make your muscle cells more active. ATP changes to DTP, energy is transferred. Glucose is oxidized changing ADP back to ATP, oxygen combines with all the extra hydrogen atoms produced. As a result the muscle cells require more oxygen than when at rest. The overall result of the breaking of the glucose molecule is as follows :

$$C_6H_{12}O_6+6H_2O \rightarrow 6CO_2+24H$$

Within the all, therefore glucose is broken down to form carbon dioxide molecules and hydrogen atoms. Most of the CO_2 leaves the cell as a waste product, since much more is produced than the cell user. The hydrogen atoms one of great importance. In fact they will provide most of the energy needed to convert ADPto ATP.

$C_6H_{12}O_6+6O_2 \rightarrow 6\,CO_2+6H_2O$ + chemical energy $\rightarrow$ ATP - P $\rightarrow$ ATP + P $\rightarrow$ Biosynthesis + heat + muscular contraction

Living cells require energy for their activities. The ultimate source of

this energy is sunlight. The energy is captured in the C-H bonds of glucose and other organic components. With in a cell, these organic compounds are oxidized in small steps with the liberation of large amounts of energy. The energy is used to make ATP from ADP. The ATP is then the intermediate source of energy in the cell. Regular exercise or walking or certain pranayams (follow Ramdev of Astha channel) keeps the body fit and make it free from diseases. Try to push your belly inside and then take more air inside your body. The new Oxygen will charge the tired battery installed by God at the time of birth (known as Chetana).

Hormones are known to be important substances for controlling biological processes in many kind of animals. Most of our knowledge of them is restricted to man and other animal with backbones Endocrine glands are regulators of the body. These glands secrete thousands of different types of hormones directly into our blood. And so the proper functioning of these controllers of our body is very important and most vital for sound health. The main function of these glands are to maintain the metabolism of the body, regulate the functions of all the organs and the brain, adjust the body against changing environment and thus protect the body against any illness by means of chemicals called hormones. Immunity system of the body is largely controlled by these glands. These glands play a vital role not only in the development of our body and mind but also in the development of our looks and even character. Thus they play a vital role in our well being and happiness. The glands that secrete hormones are known as endocrine or ductless glands (duct = tube trough which liquid passes) to distinguish them from exocrine, or duct glands. Endocrine glands empty their secretions into the blood, which there carries the hormones round the body. Exocrine glands empty their secretions via ducts into particular areas of the body. Salivary glands are exocrine glands. The pancreas is both an exocrine and an endocrine gland for it empties enzymes into the duodenum through a pancreatic duct and also releases hormone, insulin, into the blood. There are nine ductless glands.

1. **Pituitary gland (governed** by Sun, Mars **and Moon)** : **This** is regarded as the "conductor of endocrine orchestra". Its hormones regulate the secretions of hormones from all the endocrine glands. The Sun is the ruler of the front pituitary gland while the back pituitary is the ruled by Moon and Mars. The front pituitary is the gland of intellect. Aprominent front pituitary tends to a tall body and a strong intellect and to masculine expression. Men with weak front pituitary tend to be famine in expression i.e. lack boldness in replying questions. Pituitary secretion control the secretions of thyroxin by thyroid gland, influence the rate of bone and body growth, the secretions of milk by mammary glands, the development of ovary and testes, the activity of the adrenal cortex, the removal of water (ruler Mars) from the nephrons of the kidney and the contraction of the muscles of the uterus. The back pituitary establishes a link in the glandular system. It is wonderful to note that this gland has control over all the processes that the Moon rules blood pressure, period of gestation, mental disposition etc. An over active back pituitary causes the water to be retained in the system. An active thyroid however drives the water away. Somatotrophic hormones (STH) influence growth. over activity of the tissues results in accelerating growth in children, or giantism. Depending on the degree of over production, an adult can grow to a height in excess of nine feet. Under activity of the tissue producing somatotrophins results in dwarfism, a condition in which the growth of the child remains within 5 feet. In all 26 hormones are secreted by the pituitary. It is observed that children whose pituitary glands does not function properly, tend to become bullies, disobedient, liars, vagrants and it can even lead them to steal. When Lord of Lagna, sign Aries, Sun and Mars are afflicted or posited in evil houses, they all generate diseases concerning pituitary gland. All glands are ruled by Venus. So Venus should also be afflicted.

2. **Pineal Gland (ruled by Ketu and Moon):** It is situated in the middle of the brain and is very important. Biologists suspect that is an endocrine gland but they have not yet discovered its function or its hormones. According to Lankford, the pineal gland is partly glandular and a partly nervous structure, and is known to be center of sensation and emotions, at the same time it rules and directs all the ductless glands and the vegetative nervous system, thereby governing all the functions of organic life. It is also serves as a communicator centre between brain and other organs. The pineal gland is also associated with psychic and spiritual powers. Therefore we are inclined to feel that pineal gland is partly influenced by Ketu and partly by Moon. Premature development of sex system is due to malfunctioning of this gland.

3. **Thyroid gland (Governed by Jupiter and Sun):** It is located in the throat. It secretes Thyroxin $C_{15}H_{11}O_4I_4N$. It was first isolated by Kendall(1919) and by Harington (1930) as a white crystalline solid, m.p 235°C. presence of iodine in the molecule of thyroxin, forced doctors to use iodine in salts. A lack of iodine in food or water. In absence of iodine swelling of the neck occurs (goiter is the disease). Thyroxin accelerates oxidation of food during internal respiration. Too little thyroxin exhibits, tiredness and mental retardation. An excess amount make a man lean and energetic. Too excess secretion leads to fatigue, weight loss, anxiety, sweating, diarrhea and intolerance to heat. Therefore, the secretions of this gland are necessary for the proper functioning of the mind. When Sun and Jupiter are strong in the horoscope, it indicates a strong thyroid, the subject being active mentally and physically. They are very energetic people. Thyroid is a small nutterfly haped gland located in the neck below the voice box. If Sun and Jupiter are in conjunction with or powerfully aspected by Saturn, Rahu or Mars without

corresponding benefic aspects, thyroid gland of the native is a abnormal or subnormal. It will make the person morose, given to looking dark side of life and finding fault with everything and everybody, such a person is frequently overweight. Thyroid disorders are common, effecting more women than man. When eyes and enlarged it is exothalmic goiter. Injection of calcium or parathromone may be given for recovery. Sea fish containing much phosphorus will remove this disease. Genius is a matter of thyroid gland. The significators of 9th Bhava are Sun and Jupiter. So when Sun and Jupiter and 9th house are strong, genius people are born, when 9* house is strong, happy events in life should be foretold. Science appears to be greatly interested in the thyroid glands. The world famous originator of grafting technology Dr. Serge Voronoff grafted the thyroids glands of monkeys into man. With this technology, he cured mentally deficient people. An Israeli Dr. Reuven Feuerstein, has developed "Feuerstein Method" for helping low performance or retarded youngsters. It offers 14 sets of exercises which aim to improve intelligence and the ability to learn. It has been translated into some 17 languages and is currently being taught in about 55 countries. Robert Sternberg, IBM professor of Psychology and Education at Yale University, comments, "Feuerstein will be remembered as one of the truly major figures of the 20th century in the human abilities movement. He has made a remarkable contribution to our understanding of abilities and their modifiability.

4. **Parathyroid gland (Governed by Saturn and Mercury)** : these are embedded in the thyroid gland. Their hormones controls body use of calcium and phosphorus. Too little of the hormone reduces the calcium level • and increases the concentration of phosphorus, and it is this that course bone to become brittle. The overworking of this gland leads to overweight, bulging, eyes, goiter and a tendency to become a

bully twisting of muscles, teeth problems. dullness of brain etc. These glands also secrete a liquid destined to govern the activity of our nervous cells. Evidently these glands are ruled by Saturn and Mercury.. Saturn is the lord of central nervous system and Mercury is the lord of peripheral nerve system. Deprived of secretion of the para-thyroids. the nerve system loses control of its actions. All the nervous cells enter into a state of mad excitation and the patient dies in frightful convulsions in a few days. When Saturn and mercury are afflicted, the body is reacted upon through para-thyroids which are four in number, secreting the hormone parathynin. When Saturn joins Mars and Rahu the body tends to lose calcium. the sodium in the body is affected and extreme nervousness is caused. Such a subject should use foods rich in calcium. vitamin-D or sunlight must be supplied This will ease the strain on para-thyroids and general tension under which the body labours.

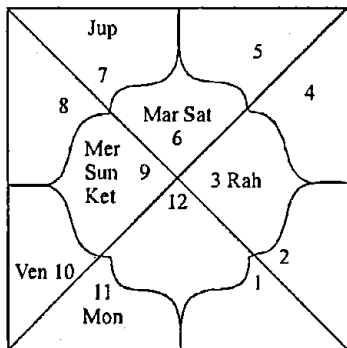
5 **Thymus gland (Governed by Moon)** : It secretes thymin hormone which helps the growth of moustache and beard and it works upto the age of 12-16. in excess secretion, the native behaves like a boy (suffers from dullness). Antibodies are generated by this gland. The thymus is the organ through which the child receives mother's blood necessary to build the body. Since Moon is the karaka planet for mother it is reasonable to think that Moon rules thymus. The hormone in the thymus keep the lymphatic cells in normal quality and the body is protected against infection. The afflicted Moon acts on the Thymus and Vitamin B may added in the diet. Since mind is controlled by Moon, there all decisions and indecisions of mind are controlled by the Thymus. Child gets sick, in case this gland becomes active after 16, it brings dullness. Afflictions of Moon has not been praised by our seers. Moon becomes strong, when it kendras are occupied by benefics or yogakaraka. Aspect of Jupiter on Moon reduces much evil in life. When Moon becomes weak, other

planets also become weak. So Moon is the mother of all the planets. A child born with a large thymus gland continues to get bigger during childhood. When a child reaches the age of 13-14, the thymus begins to shrink. As long as the thymus gland is working, the sex glands are small. As the sex glands develop, the thymus gland stops working, this is why when a person has become sexually mature at the age of 22, he stops growing. Sometimes the sex gland develop too soon and slow up the thymus gland too early. This makes a man below average in height. If the sex glands develop too late, the thymus continues working and the person becomes taller than the average. After 40 or so we shrink about half an inch every ten years. The reason for this is the drying up of the cartilages in our joints and in the spinal column as we get older.

6 **Pancreas gland (Governed by Mars, Jupiter and Venus)** : The islets of langerhans, which are located in the pancreas, secrete insulin. This hormone has an important role in controlling the way glucose is used in the body. Familiar disease diabetes mellitus is a result of abnormal functioning of the islets of langerhans. A deficiency of insulin reduces the ability of the body to oxidize sugar. Large amount of sugar and water are excreted in the urine. Urine examination should be done periodically for people above 40 to detect diabetes. Excess sugar in the blood can also harm the other organs of the body as the eyes and nerves and the patient can also develop non-healing ulcers. Take sulphur drugs, Neem leaves (20/day), and Karela juice, germinated grams mixed with curd 50 gm/day for one month. Poet Rabindranath Tagore who lived for 80 yrs used to drink Neem juice daily. Jupiter indicates plenty, which therefore mainly controls the gland. Venus controls kidneys, blood is controlled by Moon and Mars. When Jupiter is afflicted one likes rich foods. The excess of the food may poison the blood and could cause a toxic condition.

7 **Adrenal Gland (Governed by Mars, Venus and Jupiter)**: In human beings adrenal glands are located on the top of each kidney. Each adrenal gland consists of two distinct but intimately connected points, the core or medulla and the outer coat or cortex. An insufficient secretion of hormones from cortex results in an affliction called "Addition Disease". The sufferer becomes sexually impotent. An excess secretion may result in over development of the sex organs and premature ageing. In women, masculinization takes place, the breasts decreasing in size and deep voice developing along with the growth of hair on the face. The author first saw hairs on the faces of women in a Landon park in 1982. It controls production of biles and controls liver and flow of blood. Overworking leads to high BP. More biles lead to acidity and vomiting and severe headache. Let us study the horoscope of a female, who has developed hair on her face and masculine behaviour.

Example 8. Beard of a woman : DOB 31-12-1981/11-37 PM/Calcutta, Virgo - Ascendent Mars, Saturn; Libra Jupiter; Sagittarius Sun, Mercury, Ketu; Capricorn Venus; Aquarius Moon, Gemini Rahu.

She is in the final year of computer science M.Tech in "A" grade college in 2006. She will come out with this degree in July 2007. Her Moon and Sun are posited in positive signs increasing her masculine characteristics. Her Jupiter is debilitated in Navamsa. Since Venus is in the house of Saturn and Saturn-Mars conjunction in Lagna is squared by Rahu-Ketu axis, we can assume her both Venus and Mars are afflicted. Malefics in Lagna spells trouble for the native conjunctions of $6^{th}/8^{th}/12^{th}$ lords will multiply problems for the

native since Saturn is posited with 8^{th} lord Mars, we find she has weak 8^{th} lord, weak Saturn. For a prosperous life one should have strong Saturn, strong 8^{th} lord, and a clean 9^{th} house. Her 9^{th} lord is posited in 5^{th} and Jupiter occupies the 10^{th} house from 9^{th} lord. For this good yoga she is taking the highest education available in the country. Her weak 4* lord (it is debilitated in navamsa) added fuel to the fire. She is mentally disturbed for the appearance of beard on her female face. Parijata Yoga is helping her to come up in life from a middle class family of Bengal, Her lord of lagna is placed in a square, whose dispositor is posited in the 2^{nd} house, whose dispositor Venus is placed in the 5^{th} house, forming this rare yoga.

8. Sex Glands (Governed by Mars and Venus): The testes of the male, in addition to producing sperms, secrete testosterone. It influences the change of voice, and other events involved in the maturing of the male. The ovaries of the female secrete several hormones that influence the maturing of the female and are necessary for the prenatal development of the human infant. The ductless glands are the most mysterious organs in the human body but the planetary influences are much more mysterious for they reveal what exactly a man in his physical, mental and moral set up. The living organism is a highly tuned and sensitive machine, it can make readjustments which enable it to go on living. For example, the heart can continue to operate after $6/10^{th}$ of its tissue has been destroyed, and a man can go on living with only/ $1/3^{rd}$ of his liver and $2/3^{rd}$ of one remaining kidney. All animals and planets exist in a state of fine chemical balance with slight changes in varying extents, Co-ordination and chemical control of the body is done by these ductless glands.

Less functioning of thyroid, parathyroid, sex glands and adrenal glands cause Arthiritis, Paralysis and stroke. Take 8 pills of Calcaria Phos 200X once a week and 8 pills of Calcaria Phos 30X

daily for 40 days. Use blue light on the affected parts. Ketu and Moon rule the pineal gland. If well developed, glands give one or more types of psychic ability. Location of ductless glands in the body are as follows :

1. Pineal gland in the base of the brain.
2. Pituitary gland in the centre of head behind the nose.
3. Thyroid gland In the throat, above the wind pipe.
4. Thymus gland between the lung and above the heart.
5. Parathyroid gland beside or behind the thyroid and some may be within the chest region of the thymus gland.
6. Adrenals above the kidneys
7. Spleen At the left side of the stomach, in the upper part of he abdominal cavity.
8. Pancreas Behind the stomach in the abdomen.
9. Gonards (Ovaries and testes) Sex glands. The pineal gland seems to be the king of the ductless gland, supervising the others and controlling and regulating mental and bodily developments, although scientists know very little about it and often omit it in a discussion of glands. If the pituitary gland that controls height, nervous energy and sexual developments is removed, death occurs in two or three days. The thyroid is the main energy gland, regulates the iodine supply, controls the growth of the body and mind, increases or depletes one's energy according to its condition. The brain cannot function without it. The thymus gland probably promotes bone as well as sexual growth. The parathyroid glands are concerned with the regulation of phosphorus and calcium in the body. If the adrenals, which have to do with physical and nervous endurance, are removed, death occurs very soon. The spleen aids digestion and manufacture WBC. The pancreas is a sort of salivary gland in the abdomen, secretes insulin which breaks the sugar to glucose and fructose and aids digestion. Astrologically, the planets and

luminaries are not mere meaningless bodies or automatons wandering in the heaven but rather they are intelligences representing and ruling different areas and department of the body, mind and soul. The Sun for instance, is riot simply a large globular, gaseous mass of heat and light, but represents the soul, one's urge or drive for significance and is in fact the source of all life and its vitality. Jupiter is the most benefic planet in the divine cabinet which stands for wealth and success. and recovery power from diseases.

Role Of Minerals On Health :

Only very small or trace amounts of the following minerals are needed for normal body requirements, chromium (mushroom, peas), copper (liver), calcium (milk), magnesium (leafy green vegetables), phosphorous (fish, meat), fluoride (tea), iodine (iodized salt), iron (liver, egg, leafy vegetables), manganese (tea, nuts, pomegranates), molybdenum (nuts, liver) selenium (seafood, garlic), zinc (yogurts, nuts). Very less amount of lead is available in all municipal drinking water. Trace levels of lead increase IQ values. High levels of lead are very toxic in nature. Always use cold water for cooking. Avoid hot water from the tap for this purpose.

VITAMINS AND DISEASES

In 1911 two scientists, F.C. Hopkins and Casimir Funk, made the discovery that the human body requires something in addition to sugar, fat, proteins, salts and water. Without these traces certain foods cannot be utilized within the body, and it was shown by experiments on various animals that different organic substances were essential for the assimilation and use of specific foods. Whatever these substances were only minute quantities needed. Name Vitamin was first given by Professor Funk. Originally, Vitamins were thought to be organic catalysts or enzymes, because only minute amounts were required in the digestion of food. It is now known that they function as copartners to various enzymes. Some vitamins are soluble in water and other in

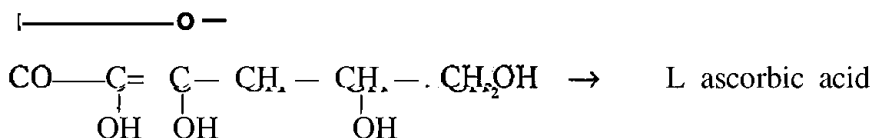
oil. The water soluble vitamins are the B complexes, and C, and these are the vitamins which pass out into water when food is cooked. The oil soluble vitamins are A.D, E and K, are retained within the cooked food. The oil soluble vitamin require bile from the liver before they can be released for absorption into the body. Today, science has come a long way toward learning what man must eat in order to be healthy. Some of the needs are for simple compounds, such as pure water and trace amounts of iodine. His food should also supply a balanced amount of proteins and carbohydrates. To construct some of our important enzymes, we need special organic molecules produced by green plants. We get them in amount 1 0mg a daily supply or ascorbic acid (Vitamin C), for human body cannot store it. He also requires frequent replacement of those Vitamins he can store, carotene (convertible into Vitamin A) thiamine (B_1) riboflavin (B_2orG), niacin (P-P), folic acid, cyanocobalamin (Vitamin B_{12}), calciferol (Vitamin D) phylloquinone (Vitamin K_1) and possibly still others. Vitamin A deficiency is a major source of blindness.

History of Vitamins : The idea of vital substances existing hidden in food stuffs is very old, although people were aware of it consciously. Father of medicine Hippocrates (460-370 BC) was actually recommending liver for night blindness. He was contemporary of Socrates (469-399 BC), the most learned man of Greece at that time. The American Indian were suggesting vitamin C in the same manner when they produced a leafy brew in Quebec for the French explorer Jacques Cantlier's (1491-1557) scurvy ridden man. In 1497 when Vasco de Gama sailed round the Cape of Good Hope, 100 out his 160 men died of scurvy. For the next 300 yrs scurvy was a major factor determining the success or failure of all sea adventures even after recognized by Lind 1753 and by captain James Cook (1728- 1779) that it results from the prolonged consumption of a diet devoid of fresh fruit and vegetables. He made lime juice mandatory for his crew, he was only recommending Vitamin C without knowing it. A scientist named Hawkins (1593) found that orange lemons were effective, a disease

particularly among seaman. In the same 18th century cod-liver oil, rich in vitamin A and D achieved fame in industrial England as a cure all primarily because it was rectifying prevailing dietary in adequacies. A century later the Japanese were fighting beri-beri by giving them barley. Vitamin B1 deficiency causes this disease. The structure of vitamin C was elucidated by Haworth, Hirst and their co-workers (1932,1933). The molecular formula was shown to be $C_6H_8O_6$. Vitamin C behaves as an unsaturated compound and a strong reducing agent; it also forms a phenylhydrazone and gives a violet colour with ferric chloride. Structural formula of L ascorbic acid is:

|——————O—

CO——C= C— CH — CH — CH_2OH → L ascorbic acid

    OH   OH   OH

In the early twentieth century, in first world war, food deficiencies caused a great spur in research in vitamin. Around 1930 scientists found about 40 vitamins, at least a dozen of which are essential to human beings. Professor A.S. Romer has called them "the odd and each of vitally needed materials". Others have called them hormones produced outside the body. One of the dominate characteristics of vitamins is the extremely small amounts need to keep a person healthy.

Lack of vitamins causes a variety of diseases. Vitamin A, derived from carotene, a common substance in carrots and other yellow or orange plants is necessary for sensitive vision in semidarkness and a deficiency causes night blindness. We need 0.75 mg vitamin daily and about 22 gms in our total life span for about 80 yrs. Excess vitamin A can cause nausea, vomiting, loss of appetite, sleep disorders, diseased skin and an enlarged liver. It may be of some interest to know that polar bear liver is an extremely rich source of vitamin A. Eskimos do not eat its liver (to protect themselves from toxic effect of vitamin A), nor do they give it to dogs. Even if given to doges, they instinctively avoid it. It is estimated that the liver of one polar bear may contain as much as 3 gm of vitamin A, which might seem very small but will appear large, when

we realize that his quantity is the average man's 10 year requirement. Dear parents do not allow your children to eat liver (of chicken, goat, ship, ox or other birds) and kidney. Give them sufficient yellow fruit juices (carrot, papaya, ripe guava, red pineapple, etc). Strength of Jupiter increases with intake of all yellow fruits made by God. God only writes sad episode about a person whose Jupiter is found weak in the horoscope. Jupiter is the lord of happiness, lord of wealth, health, wisdom etc. We synthesise vitamin D through our skins in contact with sunlight. Both A and D in excess amount are harmful for our body. Excess A and D cannot be excreted through urine. When they pile up in the body, they create serious problems. Remember vitamins are needed only in trace amounts. Vitamins B, and B_2 occur in whole grains of such cereals as corn, wheat, and rice. They are necessary for carbohydrate metabolism and a deficiency of them brings about disturbances of the nervous system, muscle paralysis, dry skin and clouding of the lens or cataract. Milk, egg, green leafy vegetables, meat fish, cereals, pulses, fruits, groundnuts, will supply B_1 and B_2 vitamins. Vitamin C is found in most fruits, but particularly in citrus fruits as oranges, lemons and grape fruit. This vitamin is necessary for the oxidation of amino acids and consequently the synthesis of proteins within the body tissues. Vitamin C deficiency effects the blood vessels, which may become fragile and burst, a condition known as scurvy. A lack of vitamin C also weakens bone structure and connective tissues and a lack of vitamin C there is swelling and bleeding of gums. The person becomes anaemic and susceptible to all kinds of infections. Vitamin C is the safest remedy for common cold, which prevents the formation of gall stones. This vitamin is important for the formation and maintenance of collagen, a protein widely distributed in the body. Collagen is the cementing material that holds the cells of the body together. It helps the production of tissues for quick post-operative healing and the maintenance of previously formed scar tissue. Vitamin C is essential for the reduction of ferric to ferrous in gastro-intestinal tract, so to facilitate the absorption of iron. It plays an important role in the normal metabolism

of amino acids, tyrosine and in the function of adrenal gland. Fresh fruits and vegetables (when the vegetables become dry and stale most of the vitamin C originally presenting them is destroyed) are the main sources of vitamin C. Amla (Indian gross berry), orange, grapes, melon, pineapple, guava, leafy green vegetables, cabbage, mangoes, tomatoes are good sources of vitamin C. Dry pulses do not contain vitamin C but when they are allowed to sprout, vitamin C is formed in the grain and sprout. Fresh milk and meat contains only small quantities of vitamin C. human milk contains more vitamin C than cow's milk. The requirement of vitamin C is at least 50 mg daily. There is also an increased requirements of this vitamin during treatment with drugs, exposure to cold, infection and prolonged fevers. When there is loss of appetite, there is painful limbs, one should take excess vitamin C. B_1,B_6 and vitamin C are destroyed by heat. Vitamin D is known as the sunshine vitamin because the body is able to make it when the skin is exposed to ultraviolet rays of sunlight. The oils of fish livers are rich in vitamin D. Margarine, Vanaspathi, butter, also supply vitamin D. A deficiency retards chemical reactions associated with the bone forming salts of calcium and phosphorus artd the bones become soft and malformed. This disease is known as rickets. Defective tooth development may also result from a lack of this vitamin. Total requirement is 0.0025mg/day and 0.08 gms or 80 mg in whole life. Vitamin E is required during the early development of the embryo and for certain stages of respiration, This vitamin is widely distributed in plants. A deficiency may lead to muscular atrophy (wasting away) and abnormalities of the eye. We need about 10mg of this vitamin E/day. Oils from soybeans, sunflower, corn and cottonseed, nuts, wide range of vegetables food supply us vitamin E. So many fable myths are prevalent in the public mind about vitamin E, so that it should be called myth vitamin. Like some magic elixir, vitamin E is believed to cure impotency, infertility (infact it is called the infertility vitamin by some), heart disease, diabetes and muscle disorders. Unfortunately some people believe that vitamin E is essential for skin and still some believe

by a relentless barrage of advertisement) That this vitamin can be absorbed through the skin, through such agents as soaps, fortified with vitamin E. It is pathetic to see people spending hard earned money on soaps fortified with vitamin E, of course vitamin E; or for that matter any vitamin, cannot be absorbed through the skin and surely it is not the , skin vitamin. In case of arthritis take vitamin E tablets. Consult a physician. Recent studies have shown 'low vitamin E can cause Asthma. Expectant mums should ensure. they get enough Vitamin E. Vitamin E (tocopherols) has beneficial effect on the developing lung, the university of Aberdeen Researches believe it (TOI Sep 5, 2006P 29) Eggs, Vegetables oils, margarine and mayonnaise nuts and seeds fortified cereals contain enough Vitamin E. Vitamin K can be synthesized by intestinal bacteria (just like vitamin B_{12}). long term administration of antibiotics kill these friendly bacteria and any person of antibiotic therapy will need additional vitamin K (and B_{12} too). It is found in high concentration in tomato and tomato juice. This vitamin is essential in the process of blood clotting, and.a deficiency may lead to hemorrhaging from quite small wounds, Dark green leafy vegetables, cow milk, fruit contains Vitamin K. We need 2 mg vitamin K per day or 59 gm in whole life. Most of the vitamins if taken excess, are rejected by the body and go down the drain through urine (not A and D). All B_1, B2, B_3, B_5, B_6, B_9 and B_{12}, are provided to the body by milk, egg, fish, meat, cereals (rice and wheat), pulses, liver, kidney, green leafy vegetables, fruits and cheese. Most B complex vitamins (as also C) suffer during boiling. Heating causes them to diffuse out into the cooking water. In India, the water after cooking rice is thrown away. Vitamin B_1 (thiamine) is readily lost from rice during the process of milling. Thiamine is also lost from fruits and vegetables during prolonged storage. That is why fruits and vegetables should be consumed fresh. Thiamine is destroyed in toast and in cereals cooking with baking soda. The main source of thiamine in the diet of Indian people are the cereals (rice and wheat) which contribute about 80% of our total amine requirement (2mg daily). Cereals and pulses are

relatively poor sources of vitamin B_2 (riboflabin), but because of the bulk in which they are consumed by Indian people, they contribute much of the riboflavin we need (2.5mg daily). Germination increases the riboflavin content of pulses and cereals. Milk proteins (Paneer) is a rich source of B_3 (niacin). 60 mg of a amino acid tryptophan found in Paneer releases I mg of niacin. Meat, fish liver, egg, vegetables provide B_6 in our body. The name of folic acid comes from the Latin word folia, which means leaf; so quite naturally green leafy vegetables are quite a rich source of folic acid (B_9), overcooking destroys folic ac. Infact folic acid deficiency has been reported in babies given milk food subjected to heat sterilization. Vitamin B_{12}, cyanocobalamine is the anti pernicious anemia factor, and has been isolated from liver extract. Folic acid also has anti-pernicious obtained as a red crystalline substance and the elements present have been shown to be C,H,N,T, Co, Liver is the main storage site of B_{12}.about 2 mg is stored in the liver and another 2 mg elsewhere in the body. These stores can tide over any deficiency for 1 to 3 years because of this reserve, deficiency of B_{12} is very rare. It can resist heat. It is required in extremely minute quantities and get when that "speak" is not present serious disorders can result. Vitamins are the craze of the day. Many advertisements on TV, radio and in newspapers stress the importance of vitamins. People are made to believe that if they or their children regularly take the vitamin tablets of a particular company, they would become superman. Vitamins are undoubtedly essential to health and innumerable false beliefs in the minds of common people. Milk, curd, cereals, pulses, meat or fish or Paneer salad and some green vegetables will keep any body healthy through his life. Ice-cream,. Pastry. Coke, samosas increase, body weight. Try to remain slim, trim and smart. One should never give trouble to his stomach, too much foods destroys health. Author was surprised in USA, when he found most of the Americans are overeaten They consume 15-40 kg of food daily (3 liters milk, 4 liters of orange juice, I dozen egg, I kg meat, ½ kg potato, some rice, 0.5 kg ice cream,

1 kg bread, 2 kg fruits, 5 liters of beer and choicest varieties of wine. They keep their mouth busy with chewing gums. They consume maximum food at he breakfast time and again in the evening just between 06-7:30 PM) and are fond of sports (tennis, swimming, baseball). Many overweight person are visible in every downtown (150-250kg). Even when best medical care is combined with good nutrition, life is not prolonged indefinitely. Every body has to die embracing diseases (heart attack, kidney failure, meningitis are the actual sources of death)

Saturated And Unsaturated Oil :

The human body is a complex and wonderful machine. Unsaturated fats are usually liquid at normal room temperature and are known as oils. Fish oils, groundnut oil, mustard oil, sunflower oil, corn oils are all unsaturated fats which we use in our cooking. Saturated fats are solid at room temperature (Dalda Ghee, Desi Ghee butter, tallow, coconut and palm oils are saturated in nature). Thus on one hard unsaturated fatty acids are best and mandatory for life, on the other hand, saturated fatty acids are harmful. Excessively fat laden diet, especially with saturated kind, is a positive threat for your heart. Saturated fat is directly linked to vascular and heart disease. For metabolism of mineral elements, vitamins contained in fruits and vegetables are indispensable for human body. Rich fiber content of fruits and vegetables help in regular bowel movement and maintaining tone and tenor for the intestinal tact. For good health, food alone is no solution. What you need is a well regulated lifestyle and daily routine. Brisk walking, cycling aerobics and even a more formal workout in a gymnasium. These will help you consume your surplus body energy, as also give many indirect benefits. During fat digestion, lipids (fats and oils of living organisms) are broken down to fatty acids and glycerol (CH_2OH. CHOH- CH_2OH) by hydrolysis in the presence of enzymes.

YOGA MEDITATION AND HEALTH

Paramhasa Yogananda (1913-1992) was the first great Indian Master of

Yoga whose mission was to live and teach in USA. His classic book autobiography of a yogi helped to start and continue to sustain current spiritual renaissance in the West. Yoganand's teaching and continuing spiritual presence are the foundation of Ananda, run by Swami Kriyananda, an American, who has written 85 books up to 2006 Ananda Sangha Activities are found in Delhi and Mumbai Swami Ramdev of Patanjali Yoga Centre Haridwar opened Astha channel in TV and popularized Kriya Yogas in India between 2000-2006. Really these yogas help to overcome many common diseases. Many books written by Swami Ramdeva are available in all bookstalls of the country. Meditation is a state that occurs spontaneously when the whole field of consciousness has been prepared with the guidance of the master and a systematic program of asanas, pranayam, self enquiry and mantra. There are two sorts of mantra, Guru-mantra and Bija mantra and they come to transmitted by Brahmanistha Shrotriya Satgurudev. Meditation without mantra is like a body without soul. True peace of mind, eternal bliss can be attained through the grace of the Guru and the systematic practice of mantra. Mantra overcomes karmic forces in Our lives and levels the vrittis (waves) in our chitta (consciousness). Meditation must be taught and guided by a master. Through meditation the psychic centers of Chakras are opened. The Muladhar Chakra is the seat of unconsciousness and Swadisthan Chakara is the seat of subconscious. In meditation all these part karmas and experiences become accessible. The continuous practice of mantra purifies and dissolves the Karmas just as continuous comings and goings trample the weeds on the path.

Swami Ramdev of Haridwar has popularized pranayam techniques through Astha channel. Millions of citizens of this earth are benefited though his advice. His teaching are as follows:

A. Kapal Bharati : Sit in Padmmasan posture, early in the morning, pull the stomach inside and only expel the air with high speed fromyour body outside using both the noses. Do it for 5 mints. First remove the bad air from your body.

B. Now do savasan for 2 mints: Lie down looking to the sky in a relaxing mood.

C. Close the left nostril with the thumb in padmasan posture and inhale fresh air, hold the air inside your body as long as you can, say for 2 Mints, then releaseslowly though this nostril only. This is known as Sun Pranayam. It will increase the heat of the body and will help to improve diseases like cold, asthma, polio, paralysis, bronchitis, arthritis, migraine, back pain, weakness of the body. Here heat generated with the help of pure oxygen, will cure you form other many unknown diseases. This is known as pingla pranayam. Do for 5 Mints.

D. Close the left nostril with the ring finger of your left hand and inhale fresh air, hold the air inside your body as long as you can, then release slowly the air. This is a Moon Pranayam. (or ida pranayam). It will remove fever, sunstroke etc. where coolness of the body is necessary. Do for 5 Mints.

E. For balancing heat and cold inhale through right nostril and exhale from the left nostril and then inhale through the left nostril and exhale from the right nostril. Do for 5 Mints. In all the above postures keep your belly inside as much as possible

Total pranayam for 25 minutes daily will stop ageing process, hair may become black again, all the symptoms of diseases will disappear. We should strongly condemn Brinda Carat for trying to defame the Maharshi of the 21st century. Pl. contribute generously for development of Pantanjali Yoga Center at Haridwar. Let this Patanjali yoga center also flourish in various cities of South India. The author has cross examined thousands of persons who have been benefited though Astha channel. So Pranayams for half an hour early in the morning will keep you fit without any medicine. Pranayams can also be done in a comfortable posture, the sitting on a chair or sofa. If you practice these yogas in an open field (away from home), it will provide much better results. We need pollution free natural oxygen in our system for

overcoming the burdens of diseases. By weight lifting procedure we can increase our muscles strength, but by Pranayam we can increases the strength of internal organs, such as lungs and digestive systems. Lungs, breathing system and stomach play the mot important role in functioning of the body. May God keep all the readers of this absorbing article very healthy for at least 80 years or so. The readers may note that Mr. Munda, ex-Chief Minister of Jharkand, brought Swami Ramdev Singh at Ranchi in March 2006 and took his blessings. He contributed generously for the development of the Patanjali Yoga Centre. We expect more and more politicians will come forward and will open Patanjali Yoga Centres at the all corner of India. I also request our Ayurveda experts to publish papers on their findings on natural herbs of India. India is the land of Gods, and I am sure by 2020 India will guide the entire earth.

Bio **chemic** therapy : Cost of the. allopathic treatment are rising increasingly and becoming bitter for middle class and poor persons. From 2020 onwards, author believes only the rich person would be able to bear the cost of allopathic treatment. It is generally found useful to take salt of the opposite sign during the month denoted by the sign concerned. This helps in maintaining the salt equalities of the body and thus avoid manifestation of any disease symptomised by the salt concerned (AM,2006,100). These medicines will help in maintaining the salt equilibrium of the body and thus avoid manifestation of any disease

Zodiacal sign		Bio salt
Aries	March 21 . April 20	Kali Phos
Taurus	April 21 May 20	Natrum Sulph
Gemini	May 21 June 20	Kali Mur
Cancer	June 21 July 21	Calkarea Fluor
Leo	July 22 August 22	Magnesia Phos
Virgo	August 23 September 22	Kali Sulph
Libra	September 23 October 22	Natrum Phos
Scorpio	October 23 November 22	Clacarea Sulph

Sagittarius	November22	December 21	Silicea
Capricorn	December 21	January 20	Calcarea
Aquarius	January 21	February 20	Natrum Mur
Pisces	February 21	March 20 .	Ferrum Phos

For accurate calculation of your zodiacal sign add the ayanamsa value (23°) to the degree of your Sun at the time of birth. For example a baby born on 22.10.2004 has Sun in $6^s5^\circ1'$. So his zodiacal sign is $6^s5^\circ1' + 23^\circ 55' = 6^s28^\circ26'$. The baby will be Scorpio is born on 24.10.2004. Ask an astrologer for your exact zodiacal sign.

Vitamins of fruits and vegetables :

Seasonal fruits and vegetables supply stock of myriad miner which go into the formation of some 20,000 biochemical's produced in human body. Rich fiber content of fruits and vegetables help in regular bowel movement and maintaining tone and tenor of the intestinal tract. Green leafy vegetables including spinach, Kale and collards appeared to be most beneficial. They contain healthy amounts of Vitamin E, an antioxidant that is believed to help fight chemicals produced by the body that can damage cells. Vegetables contain more vitamin E than fruits. Men hoping to boost their fertility may eat more fruits and vegetables. Eating vegetables appears to help keep the brain young and may slow the mental decline associated with growing old.

Observe fasting on dark moon and full moon days. No green vegetables on these days. It improves headache, coughing, sinus, tonsillitis, fever, bronchitis, pneumonia, and Flu. Avoid curd, butter milk on these two

Onion : It reduces the risk of heart attack. Should be taken with salad. Mild antibacterial effect may help prevent superficial infections. Cures baldness. Cutting an onion allows its Sulpher compounds to combine enzymes and release volatile molecules that react with moisture in the eyes to form sulphuric acid. (H_2SO_4) Tearing is a normal reaction of the eyes to eliminate the irritant. This effect may help any congested nasal passages during cold.

Jamun : It cures diabetes. It contains manganese.

Apples : They contain pectin and fiber which help keep blood pressure down by lowering the serum cholesterol levels in the body. They also contain vitamins A, B1, B2 and C, and minerals which cut dental decay. An apple a day keeps the doctor away is an old adage.

Bananas : They help stop cravings for sweet and contain an average of only 94 calories. Researchers have proved that bananas can relieve pain and cure ulcers. An excellent source of potassium, B_6 vitamin as well as a source of folate and fibre

Butter milk: Rich in yeast and lactic acid, buttermilk is also fat free. It increases the flow of urine, improves digestion and enriches the body cells. Drink daily if possible.

Cabbage : **It is** an excellent source of vitamins A, B and C calcium and iron. Its high fiber contents stimulates bowel movement, thus preventing or overcoming constipation and Cancer. Sometimes the germs from the raw cabbage can go to the brain and cause epilepsy.

Cheese : The richest protein food, second only to soyabean, lentil and peanuts,. Vitamin A and D and lots of calcium and zinc are found. Cheese strengthens bones and teeth.

Dates : It is very useful for those with a weak heart. A good amount can be taken after soaking them in water overnight. Date seeds can be removed and the pulp can be made into a thick syrup which could be taken at least twice a week. It also combats tiredness and nerve exhaustion.

Eggs: These contain protein, fat, iron, calcium, zinc and vitamins A, B and D. Lecithin, helps prevent fatty deposits in the arteries. Egg yolk is the best source of iron for young babies. Too many eggs produces allergy

Figs: Extremely useful in building up body resistance and increasing blood formation one or two figs a day act as effectively as a high potency vitamin for vitality.

Honey : It is pre-digested and provides a quick burst of energy. It is rich in minerals and vitamins and can destroy germs and hasten the healing process. It is always better to take honey with milk.

Hibiscus Petals : These prove effective in people suffering from cardiac problems. Boil hibiscus petal in water, mix with milk and sugar and take on an empty stomach daily for a favourable results.

Iron : An essential mineral. Iron carries oxygen from the lungs to the remotest tissue in the body, and returns the waste carbon dioxide to the lungs, which then breathe it out. The average Indian requirement of iron is about 20 mg for men and 23.30 mg. for women. During menstrual loss, pregnancy or lactation, women need more iron intake. Our body stores iron in he liver, spleen and bone marrow. Foods like eggs, cabbage and green leafy vegetables, gourd are rich sources of iron. Take vitamin C for more iron absorption in the body.

Mango : It is believed that Lord Hanuman first ate this fruit in Lanka, the Kingdom of Ravana and threw the seeds everywhere in India. Alfanso, Dasheri, Langra, Himsagar, Fajli etc are the famous names of Mangoes. It is a very popular fruit of India. Deliciously rich in antioxidants, vitamin A, B, C, D and fibber, mango is the perfect fruit. Research shows that dietary fiber has a protective effect against degenerative diseases, especially heart related, may help prevent certain types of cancer and also lower blood cholesterol levels. An average size mango can contain up to 40% of your daily fiber requirement. For those of you who are physically active, mangoes are a great way to replenish lost potassium. Mangoes are also an excellent source of vitamins A and C as well as beta carotene. They are also low in calories, fat and sodium.

Amla : Cough or cold or sore, you name it and amla cures it. It is rich in vitamin C and A. Amla paste rubbed on the teeth and gums strengthen them. One tablespoon of amla powder with water or hot milk at night relieves diarrhea. Amla juice cures children of stammering as well as bed wetting. Amla has a cooling effect and keeps summer complaints

such as nasal bleeding, sun stroke, lethargy and excessive thrust in check. It boosts immunity factors and helps fight viral and bacterial infections. It even helps cure and prevent tuberculosis. It makes the skin glow, is one of the reasons for its popularity. Use amla + neem paste on the face for ten minutes, wash with warm water, It moisturizes and adds luster to the skin, detoxifies the tissues and supports skin immunity against bacterial infection, be it acne or suntan, amla is the answer to all. Chyavan Rishi made a rejuvenating elixir, called chyavanparash with amla and restored his youth by consuming it regularly..

Tomato : They are actually a type of berry and these once exotic fruits were called love apples in the **16th** century. It is full of vitamin C, beta carotene, folate and potassium.

Potatoes : They make an excellent meal. As the skin remains on the potatoes, most of the vitamins and minerals close to the surface are also preserved. These are generally had with lentils, beans or cheese accompanied by a salad for a healthy meal. A good source of vitamin C, B_6, potassium and other minerals.

Kelp: This herb belongs to the family of Fucaceae. Being a source of iodine, it used to treat goiter a thyroid enlargement caused by iodine deficiency in the body. Today, kelp is known more as a protector from radiation, heart disease and toxic heavy metals.

Licorice : This herb has been used safely around the world for thousands of years to treat cough, cold, rashes, arthritis, ulcers, hepatitis, cirrhosis and infections.

Milk : Agood protein food and very rich in calcium and vitamins Aand D., One pint of milk if had daily, supplies a quarter of an adult's protein needs. They are full of calcium .

Nuts : Peanuts and almonds are a concentrated source of protein with fibre, some of the B vitamins, minerals and poly unsaturated fatty acids. Have nut loaf, nut cutlets, peanut butter, almond cream, or nuts in

salads for healthy living.

Orange : These are rich in vitamin C which is very essential for general body growth. Strong teeth and clear skin. Oranges guard against infection and help prevent stretch marks on the body. They also have smaller amount of other vitamins, minerals, thiamine, folate and potassium.

Pulses: Excellent protein foods which contain no fat, eaten with grains or nuts. Pulses provide iron, zinc, and fibre to the body. They make economical meals too.

Raw vegetable juice: Fresh raw vegetables juices prove highly beneficial to the body as they furnish the body cells and tissues with all the essential elements and nutritional enzymes they need. Vegetables juices can be further divided into three main types:

1) Juice extracted from vegetable fruits i.e. tomatoes and cucumbers:
2) Juice extracted from green leafy vegetables such as cabbage, celery, lettuce, spinach, parsley and watercress: and
3) Juices extracted from foot vegetables like beetroot, gourd, carrot, onion, potato and radish, it is desirable to use juices individually instead of a mixture of two or three juices. They remove blockage of arteries.*

Soya beans: These are extremely rich in protein (as meat) and contain no animal fat or cholesterol. A 100 gms. of soya protein contains 88 calories in minced beef.

Tea : consumed first thing in the morning, tea acts as a stimulant which kick starts your day. It increases the level of alertness and enhances the capacity for sustained intellectual effort. Tea has been considered a health drink for centuries., if Chinese folklore and legends dating back some 2000 years are to be believed. It contains fluoride, and is therefore considered good for the teeth and gums. Tea with ginger or tulsi (basil leaves) from a popular home remedy for coughs and colds It helps to

relax and aids digestion.

Yogurt or curd : natural, unsweetened yogurt is said to cure muscular pains. Purify the blood, improve digestive troubles and insomnia. Yogurt was called the elixir or health by the Romans. It has been observed those who take yogurt daily live long without any diseases.

Pomegranate : Its juice reduce cholesterol in the body.

Mango leaves: Its juice removes diabetes. Amla and turmeric are also wonderful for this disease.

For maintaining good health one should eat seasonal fruits.

Chocolate : Chocolate contains many substances that act as stimulants, such as Theo bromine, phenethylamine and caffeine. These substances have been found to increase alertness and attention and what have been found is that by consuming chocolate one can get the stimulating effect, which then lead to increased mental performances.

Foods for Brain Power : Since the brain consumes more oxygen than any other body tissue, an iron rich dividends. To add iron absorption vitamin C is essential. Vitamin C combats stress, arguments cell development and synthesise amino acids to enhance nerve function. Vitamins play a vital role in all over beauty. They are important ingredients and have many beauty advantages. Red meat,. processed and refined food and junk food (Pepsi, hamburger, French fries etc. supplied by Macdonald and other fast food chains) are to be avoided. Strawberries, grapes, plumbs, red cabbage and cherries which are full of anthrocynins which inhibit the formation of blood clots and helps brain replenish itself quickly. As a thumb rule doctors advise that a diet that is enriched with vitamin B complex, B_1, B_2, B_6, B_{12}, and folic acid enhances brain function. Bengalis eat fishes daily. Omega 3 fatty acids found in fishes are known to improve memory. Hilsa fish is the king of all fishes consumed by Bengalees. Walnut, peanuts and other dried fruits also improve brain power.

INDIAN HERBS - EXCELLENT REMEDIES

Neem : Paste of fresh leaves applied externally heals the wounds of small pox, chicken pox and other skin troubles. Saturn is controlled by Neem. Chromic diseases can be cured by Neem. Neem is very effective for all skin problems. Its juice makes the face pimple free. Neem has anti-fungal, antiseptic properties, that is why it is used in soaps, toothpaste, hair care, skin care products. Ayurveda believes a neem bath is the key of the glowing complexion. Boil Neem leaves and use this water for bathing. Burn marks, stretch marks, suntans, warts, nail declamation are cured by it. Neem reduces body sugar levels and heal skin wounds resulting form diabetes. Fry the flowers of Neem and have them to remove worms.

Garlic Pearl : it contains potassium, calcium, phosphorus, sulphur, Vitamin C and iodine. It reduces high blood pressure, cold, cough, congestion. Venus is related to this herb and all diseases can be treated with garlic efficiently. It revitalises and renovates the lost health quickly supplying immunity power. Garlic tea for a month results in rebuilding of total skin and colour of the man. It reduce blood pressure, aids in digestion, soothen catarrh. It keeps the skin healthy and give luster to it. It cures the skin allergy and diseases. It purify the blood and cures boils and pimples etc. It rebuilds the nervous system in old age and increases longevity. According to ancient literature, during the fight between Gods and Demons for the capture of Amrit (Nectar) Pot, a few drops felled on the earth and the garlic came out from the earth where the drops of Amrit had fallen. So garlic is nothing but Amrit for the human being. Senior citizen should use it daily for healing many diseases. Garlic's most favourable effects are cardiovascular health. It prevents high cholesterol and triglyceride levels and respiratory infections. The primary active ingradient in garlic is allicin, which gives garlic its characteristic odour as well as many of its medicinal properties.

Betel leaf : It is known as "Pan". It is good appetizer. It is neutrious,

halmatinic and antidepressant. It improves vitality, regulates blood circulation and produce lightness in the body. In lose of pharygitis, tonsillitis and other throat troubles. It's juice with honey twice a day removes worms and relives pain. Betel leaf juice with sugar is helpful in nervousness and depressions. The planet mercury is related to betel leaf. All types of Mercurial afflictions can be treated with this efficiently. Betel with saffron serves as a good remedy in cough and influenza.

Fenugreek (Methi): These seeds have been found by the National Institute of Nutrition to contain an active hypo glycogenic agent. The glucose reducing activities is due to the gum present in the seed. It also contains trigonellire, an alkaloid known to have an effect on glycosuria. Methi powder (25-50 gm) in water is useful against diabetes mellitus. Women generally use this to relieve menstrual cramps. It is also helpful to neutralize excess cough which are accumulated in respiratory and coronary arteries. It is also a source of protein. Methi tea taken on regular basis will remove the accumulated mucus from our body system. It expels the toxins from blood to outside. It always clear the passage for smooth flow of blood and nerve currents.

Dhatura (Stramonium) : Lord Shiva is worshipped with Dhatura flowers. Dhatura seeds are intoxicant. Smelling of these seeds give relief in asthma. The leaves of this plant made into cigarettes are smoked to relieve asthmatic attacks. "Kanak Ava". is used as expectorant, antispasmodic in cough troubles. Martian afflictions can be treated with this drug. Mars is a rudy and hot planet.

Bael : it grows in a giant plant and is found everywhere in India. It ripens in April/May every year. Its leaves are used to worship lord Shiva and its roots are use to appease the planet Sun. the fruit pulp is sweet and bitter in taste. It is affective in pitta and vata diseases. The leaves are bitter, astringent and are effective in cough rheumatism, diabetes mellitus etc. Ten leaves are to be chewed in morning with water to check diabetes. The disease connected with solar plexus

(intestines and liver), eye trouble, bone troubles and diabetes are best healed by this herbal medicine. One table spoonful of fruit pulp with Jaggery acts as a binding mixture in loose motion/diarrhoea. Bael tree is considered to be an divine plant and grows everywhere in India. Shiva Pooja is performed with Beal leaves.

Camphor : The camphor tree is a large handsome ever green tree. Camphor is formed in the oil cells distributed in all parts of the tree. It is used as perfumes in pooja and festivals. It can cure diarrhoea, cholera, cough, cold and asthma. Put comphor in your drinking water. Inhailing camphor perfumes removes sinus headache, fevers and cold affections. It is related to Moon. Hence all types of diseases created by weak Moon may be treated by camphor. It soothes mind, nerves and keeps body temperature normal. Burning of camphor daily in the house dispels mosquitoes and keep the environment safe and healthy.

Bitter Gourd (Karela) : It is bitter in taste and grows everywhere in India as a creeper. Dark green, whitish green Karelas are available in the market in summer in India. It has enjoyed a great deal of popularity in our country and almost everyone is aware of its usefulness in diabetes. If it is cooked with sugar or fried in oil, beneficial effects are lost. For best results take juice of 4-5 bitter gourd's every morning in empty stomach.

Wheat grass : It is a medicine against cancer and diabetes popularized by Dr. Ann Wigmore an internationally acclaimed naturopath and exponent in wheat grass therapy. 25-30 gm. of wheat grass can be chewed or crushed into juice and consumed. It has lot of vitamins and mineral. Drub grass has also the same properties. It is found that dog eat drub grass and vomits for the complete recovery from the disease. Nature has taught them the idea. In West Bengal Drub grass and paddy are kept on the heads of new born babies for appealing long life from God. Botanic name of drub grass is cynodon dactylon. It can stop the blood secretions though mouth, stool, ear, nose etc, can help to conceive, can help in baldness.

Tulsi : This herb is familiar in India from 6000 BC. In each Hindu family we find this plant at their courtyards. Its biologically term is ocimum basilicum linn. If we touch this plant, it protects anybody from diseases. In pre-independence era, cough and cold of infants were controlled by the. medicine obtained from Tulsi +honey. It removes constipation of babies. Ginger +Tulsi +hpney removes body temperature & cough of babies. Many saints of India drink the boiled water of Tulsi leaves for keeping themselves free from diseases. Eczema is cured by applying tulsi+salt on the affected areas. In Addition to its proven efficacy in controlling blood pressure, regulating the digestive system and stimulating the production of RBC, it has yielded extra ordinary results in mental depression. It has also been found effective in preventing Malaria and other common intermittent and enteric fevers. Lemon Juice +Tulsi removes headache.

Ginger : Botanical name zingiba officinale rose. Zinger + honey can cure body temperature. Boil ghee +garlic+ ginger + pepper till they become brown. All severe cough problem will disappear within 3 days. Take daily once. It is used as a appetizer. Eat small pieces of ginger with black salt. Can stop heart attack. Ginger is known diaphoretic meaning it causing one to sweat. It is carminative, which means it helps break up intestinal gas. It has been used as a remedy for congestion in the form of a compress for either the sinuses or the chest. Ginger is chewed in Philippines to expel evil spirits. This herb is popular from prehistoric era in China, India and in Arab countries.

Gourd (Lauki) : Its juice will remove acidity, botanical name is Lagenaria Vulgaris. Drink Gourd juice with honey for removing vomiting tendencies. Rub this on your face as a cleansing agent. Will remove dirt and oil from the face. Gourd juice mixed with honey removes foul smell of body and mouth. Chemical composition Saponin, fatty acids viz mixture of different fatty alcohols. It removes the blockage of arteries of heart,

Bishop sheeds **(Ajwain)** : it is an excellent tonic for flatulence,

indigestion and low appetite. Boil water with 2-3 teaspoon full of ajwain and drink it. It is very popular in India, Srilanka and in Arabian countries. A teaspoon of Ajwain with a little rock salt is a household remedy for indigestion. For relieving flatulence, dyspepsia and spasmodic disorders bronchitis and asthma, the seed may be taken with betel leaves. Ajwain water can check vomiting tenderness in early stages of cholera. A table spoon of seeds crushed and tied up in a small cloth bundle can be used for inhalation for removing nasal congestion. Drinking hot water after chewing little ajwain cures cough. Chewing betel leaf with ajwain at night before sleeping controls and cures dry coughing. It's oil is useful for rheumatism. It removes mouth disorder, cures tooth pain and relives heartache.

Sandal Water: The author has invented that by drinking sandal water (put a piece of white sandal wood under water overnight and drink it in the morning ½ cup for 30 days every year) many diseases and many problems evaporate or minimized. It can appease, Rahu.

Sheowli leaves (Harsinger in Hindi): In Bengal a small plant sheowli produces its flowers in Sept Nov each year. The petals are white, with an orange stem. It blooms in the evening, but falls down on the ground early in the morning: It has a fine aromatic smell. If anybody drinks the juice of 3-4 crushed leaves of this plant for a week to 15 days all the diseases will disappear. It is particularly effective against joint pains, liver diseases and kidney failures, intermittent fevers. This is the discovery of he author and he has cured many patients. One lady saved herself from imminent kidney dialysis. She has recovered completely and is attending her job.

Physical Exercise : For good health, food alone is no solution. Maintain a regulated life style (early bed and early rise habit) and daily routine. Keep busy. Certain exercises like brisk walk, swimming, participation in an indoor game, cycling and free hand exercises (in various forms of yoga Asanas) will consume your surplus body energy, as also give many indirect benefits. It will increase basal metabolic rate

of your body, will help to fight depression and disappointment, it will enhance flow of blood in your vascular system, thereby supplying more of life giving oxygen to your body cells. It makes your bone strong, provides strong muscles framework and makes more of life energy available at your disposal. Do not gossip and idle away your valuable time. Do some constructive work. Take higher and higher education. As Sun removes all darkness, so the knowledge helps to clear the fog of superstition and inferiority complex of mind. Inferiority complex accelerates suicidal tendencies.

The Importance Of Looking Good (Personality Factor):

Face is the index of mind. Personality is to man what perfumes is to the flower. Morning shows the day and the face shows the man. Good grooming and right dressing sense add to the personality. Particularly in today's world (2007), good looks give you an edge over others. Looking good gives people, a sense of power for instance, when you know you're looking good, you enjoy the party, that conference or that client meeting even more. It's not because your looks will do the looking, it's because when you look good, even subconsciously you know that you've had a favourable impression. Like we said, first impression are lasting impressions. Looks are important, when you earn. Good looking guys are paid 5% extra compared to those who were plain. One cannot change his height, colour overnight but he can change his personality by taking the following eight steps. Someone wise said the first impressions are lasting impressions. Very true, after all, before the world find out how beautiful you might be inside, they get a good look at your outside. The face you present to the world, your entire personal, your body language... everything goes a long way in making you YOU. And the better you look, the better it is for you when facing the big, bad out there. Try to improve in the following line for presenting yourself in the society where you live.

Eyes : Apart from light make up, you can make your eyes look great by sleeping well and getting your eyebrows shaped properly. Even

changing the frame of your glasses can drastically change how you look.

Smile : Yes it is the magic mantra. Smiling face can conquer your enemies, critics etc. How good to watch a smiling baby. Nobody tolerates a grave face. Grave face is needed after 50 yrs or so, when somebody occupies a big chair.

Hair : Healthy hair looks good. It should be combed property to find you more attractive in a mirror. Try to be a hero.

Figure : Yours' forgiven for not having a perfect figure. However, always wear something that flatters your figure. It's as simple as not wearing anything too tight.

Posture: Walk tall, your shoulders pulled back, your spine straight, your chin up. Slouching or looking down when walking tells, people that you're under confident.

Clothes : Do not wear old clothes. Brand new shirts ironed properly makes you smart. Have a good choice for the colour. Ask people you in which colour you look extra-smart, white shirts, light coloured shirts are good. What you wear often determines whom you attract to!

Hands : Shaking hands, moving hands when talking hands are always in focus. Keeping your nails well groomed, hands clean and well moistured always helps,

Shoes : The Snazziest outfit can be completely killed by the wrong footwear. You don't have to wear fancy stuff. Just make sure your shoes are neat, clean and smart.

When you are in good health and take care of yourself on the inside, it's bound to radiate on the outside. Looking good means feeling good. Good grooming and the right dressing sense adds to the persona. Particularly in today's world, good looks give you an edge over others.

Sage Parasar has given too much of importance on Lagna and its lord. When Lagna and Lord Lagna are strong the native does well in life. When the Lagna, its lord or Moon are not being aspected by a single

planet, the Raja Yogas does not bear fruits. Mercury, Saturn, Ketu, waning Moon in Lagna reduce height. Jupiter gives medium height. Rahu talls the body. Lagnesh in Gemini, Leo, Sagittarius and Aquarius gives tall body, Aries, Virgo, Scorpio and Libra give medium height, and Taurus, Pisces, Cancer and Capricorn give shot stature. Strong Venus provide charismatic outlook. When, Venus is exalted or in Lagna or in 7^{th} or 10^{th} produces robust body. Malefics in Kendras forces the native to suffer from various diseases. Kendras are the pillar of the horoscope. When Moon is hemmed between benefics eyes are beautiful (eyes are controlled from the $2^{nd}/12^{th}$ house). Moon and Sun control our light in eyes. A strong benefic in the 4^{th} house, assures happiness in life. When two or three benefics in the kendras from Moon or Lagna, it assures long life. Combust Lagna lord produces ill-health. 2^{nd} house/2^{nd} lord rules face. Venus is the 2^{nd} lord of the zodiac. So when 2nd house/2^{nd} lord and Venus are well placed in the horoscope, one has a beautiful face. Lord of Lagna and Venus aspected by Jupiter will provide beautiful face, with attractive appearance. The Sun associated with Lagna or 2^{nd} lord is not conductive to good looks and can give thin, sparse hair on the head. The dispositor of 2^{nd} lord is in dusthana or conjunction of 2nd lord with dry. planets (Sun and Mars) will also provide bad looks. When Lagna is squared by Rahu-Ketu axis and no benefic planets influence the Lagna, the native becomes a bald headed person. I know a case **Example 9** : (DOB 21.10.1960, 20=55 hrs, Hyderabad) whose lord of Lagna Venus is placed in Scorpio hemmed between malefics and Lagna is squared by Rahu Ketu axis. He started losing Hair from the age of 28, by 33 he lost all hair. He moves in the society with a wig. However he has an attractive body and face. 2^{nd} house is heavily afflicted by Saturn, Mars and Ketu, which ultimately, accelerated the process of losing hairs.

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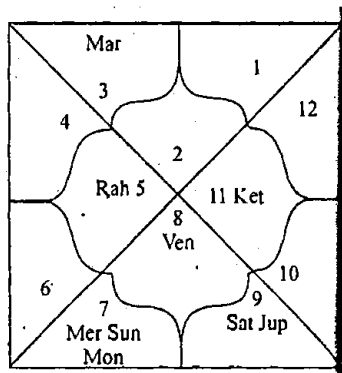

Remedies for Suntan, stretch marks or burn marks on the face:

Use a face mask (suitable for all skin types) comprising dry neem leaf powder, sandalwood powder jasmine flower powder or turmeric power. Wait for an hour. Then wash with lemon water. It is a great medicine against aging, discoloured skins. A glow will appear on the face. Boil Neem leaves and take bath with this water for a overall glow on the body.

Secrets of ageless living (100-150 yrs.):

In 2007, we are observing, most of us look for safer, more convenient and medically sound way to live longer, empower ourselves and remain healthy throughout life. We may refer to it as "quality longevity. Mrs. Martina Novrilata is playing tennis for the last 38 yrs. even at the age of 50 in 2007. She won numerous grand slams in tennis. Brian Lara the great cricket player made the world record of the 400 runs in an innings at the age of 35. People above 70 in India are engaged in jobs. God has given extra 10yrs to everybody as a bonus in 21st Century. So have no fear of death up to 80 yrs. We have all seen our grandparents and parent grew old and most of us protest against the idea of aging in the same way they did. Try some of thee modern strategies to lives longer, feel and look younger (1) sharpen your mind a sharp mind helps in staying fit. We are more inclined to have good relationships, eat well and live a healthy life style with a sharper mind. Doing mental aerobics can improve memory and lower your risk for Alzheimer's disease. Arecent study found that when we keep our minds active, brain efficiency increases dramatically even after a few weeks. Try different approaches to expanding your mental horizons whether it is traveling to new destinations or learning a musical instrument or developing reading hobby. Stay mentally active through puzzles, games, reading and other stimulating hobbies, but be sure to train and not strain your brain. Abandon anger, which is very harmful for health. Stay cool even in difficult days of life. I met the highly qualified

persons throughout the globe and found them healthy throughout their lives. They are the apostles of peace, nonviolence, very generous and always willing to help you (2) Cultivate healthy relationships socially connected people have longer life, expectancies than socially isolated individuals. One should be busy in life, joining, charitable organizations schools, colleges, in place of worships etc and should indulge in non-violence acts. The terrorists who get pleasure in killing, ultimately are bring brutally killed by his own destiny pattern. Thieves can rarely enjoy the stolen money. First cultivate higher moral values and then preach them for the benefit of mankind. One should acquire sound education before becoming a teacher. (3) Reduce stress regular meditation (do Pooja or follow the guidelines of Swami Ramdev in Astha Channel and also boost the immune system. Wash the face with cold water in the morning and evening and sit quietly for 5 minutes closing the eyes. If your have deep anxiety in mind tell it to your friends and relax. Speak less. leave all the solvable (such as severe financial hardships) problems to God. A bird never thinks for tomorrow. Deep thinking powers will solve all the problems of life. Satisfied people are twice as likely to survive composed with dissatisfied individuals. Attending a house of worship once a week is associated with a seven years longer survival compared with never attending. Temples, Churches, Mosques do some work in increasing the life span of an individual. Visit some important shrine at least once in 5 years (Tiruputi, Ajmer, Mecca, Rome, Amarnath, Kedarnath, Badrinath, Rameshwaram, Jagannath Temple at Puri, Ma Kali at Kalighat in Kolkata, ISCON Temples etc). Take deep bath in Ganges once in 5 years either in Hrishikesh or in upper mountains. Lastly sleep in a noise free room. Avoid smoking/drugs from 60 onwards. Keep your face clean and wear good clothes, think positively in all matters of life. Never entertain destructive thinking (such as dacoity, murder, harming the interests of others) and conquer Jealousy. Your bed should be neat and clean with laundry washed bed sheets. Swami Sanatan Shree is now 94 yrs who lives in Lucknow. He always wear clean clothes, keeps

his face neat and clean. Besides Pooja, he reads many new books. He loves astrologers. Other eminent Indians who are above 90-100 are, artist M.F. Hossain who just went to Germany for watching the world football cup match, in June 2006. At 90 he is energetic and youthful, Jyoti Basu at 96 dreaming to become the President of India, Siddhartha Shankar Roy at 96 is earning millions as an eminent lawyer, Atal Behari Vajpai, L.K. Adwani are senior most politicians of India who are still active beyond 80 years, Maharishi Mahesh Yogi is living in Holland where he is propagating the messages of Hindu Religion at the age of 96. In man the composition of blood must be kept remarkably constant. If the concentration of oxygen is only slightly below normal, the individual becomes unconscious. There is only a trace of calcium ions (ca++) in blood plasma the concentration is about 0.0001. if the concentration drops to about 0.00005 i.e. half of the normal level, the individual goes to convulsion and dies. The blood supplies glucose to cells. The normal concentration of glucose is about 0.0007. If the concentration drops to half i.e. 0.00035, convulsions and death are the result. If the glucose level rises to 0.0012 and remain there, the individual develops the disease diabetes. Diabetes patient fails to cross 75 yrs or so. pH of the blood should be alkaline (take dry fruits) for crossing 100 yrs on this globe. Take neem leaves or Karela juice or juice of Sheowli regularly for maintaining the sugar level of blood. Always eat as less food as possible after 50. Take regularly curd. Curd maintains the pH level of blood (at 7.4) and calcium level.

Antiaging **diet**: People above 60, who follow a vegetarian diet and engage in a prudent lifestyle show increased life expectancy. Eating fish once in a week will eliminate chronic eye diseases. Alzhimers disease etc. Omega 3 fatty acids are credited with keeping arteries healthy and reducing the stickness of platelets in the blood. Nature has created many coloured fruits and vegetables. By eating a coloured dish daily (such as squash, carrots, peppers, melons, berries, apples, beet roots, papya, pomegranate) one can increase life span beyond 100 yrs easily. Make sure your drink 6-7 glasses of water daily. Antioxidants

are molecules that interact and stabilize free radicals, preventing the damagethey might cause. Top 10 antioxidant fruits are Prunes, Raisins Blueberries, strawberries, Raspberries, plumps, oranges, grapes, cherries; kiwi. Top 10 antioxidant vegetables are Kale (cabbage), spinach, Brussels sprouts, Broccoli, beets, red peppers, onions, corn, eggplant, carrots. Take multivitamin tablets (B_{12}) once in a month after 50 or so. Older adults produce inadequate amount of stomach acid and therefore can no longer properly absorb B_{12} from food. Japan has the longest life expectancy in the world, what is their diet secret? Lots of grains, vegetables, soya, and fish, less meat, poultry and dairy. Never eat excess food. Eat as much less food as you can beyond 75 or so. Take only fruits/vegetables/B_{12} tablets/fish soup beyond 80yrs or so. Take daily walks. Exercise not only preserves muscle strengths but also improves appetite and mood. Cinnamon, mint (pudeena), ginger, cumin, cardamom can help digestion. A small amount of bitters (neem, Karela) can promote digestion and alleviate flatulence. Turmeric is a natural antibiotic. Taking a piece of raw Turmeric with honey removes wrinkles on the face and an aura radiates from the face. One can look much younger by drinking ginger tea or ginger juice and raw turmeric (kachha Haldi). The Chinese were using ginger as long as 6^{th} century BC. The zingiberaceke family includes ginger, cardamom and turmeric. Banana is a distant cousin. Cardamom is used widely in Scandinavia in breads and pastries. Pineapple works against gout. Health is wealth. It is not necessary to have to much money but it is urgently needed for enjoying his life on this beautiful planet earth. Those who have benefics in Kendras, not retrograde, malefics in $3^{rd}/11^{th}$ houses, $8^{th}/12^{th}$ house are free can take a challenge to live more than 150 yrs in the 21_{st} century, and more than 300 yrs in the 22_{nd} century. Retrograde planets in trines contribute to longevity. In 2007 in Japan alone more than 30,000 people are living who are above 100 yrs.

CHAPTER - 4

LONGEVITY

Horoscope is the horary map of heavens at the time of birth, which is a storehouse of all information, regarding health, wealth, name and fame, litigations, longevity, success, happiness, failures etc. between birth and death. When one is born everyday he may face the death threat. There is actually no guarantee of a fixed span of life. However our wise sages framed certain astrological guidelines for assessing the quantum of life span on one's sojourn to this beautiful planet earth. The birth marks the descent of the soul on earth and its embodiment. Death means the shedding of the body sometimes willingly (suicide), sometimes through violent incidents such as serious accidents, wars, flood, earthquake, snakebite or through natural aging processes. Certain serious illness cut short one's mundane. journey quite unexpectedly (cancer, aids, Jaundice, kidney failures etc.) So everybody should try to avoid diseases and accidents as much as possible. Life is like a candle flame, which can be extinguished by hostile air. One should guard his life properly with sound knowledge about health and diseases. In this book I have explained how one can live about 80 years without any disease. Though

technological advances and breakthrough discoveries in surgical procedures and treatment have been making headlines, there is no guarantee of a patient's life. In the example 10, the native lost his life only for an unsuccessful operation. I'm sure he took a wrong decision about the brain surgery at Apollo Hospital, Delhi. The Muhurta of operation should be fixed by an competent astrologer. Even if there is no disease, no accident, one can die all of a sudden without any notice through heart failures. When Saturn aspects Sun, Sun is weak, Moon is weak, and Leo is afflicted one dies all on a sudden. Sun, Moon, Janma Lagna are the hylegs of life. When, Sun, Moon and Janma Lagna are aspected by benefics one lives long. It is difficult to live beyond 65 yrs when both Sun and Moon are aspected by Saturn. Sri M.C. Bhandari, an eminent personality of India, the founder of Bharat Nirman and Mystic India died in London at a very young age due to heart attack, whose both Sun and Moon were influenced by Saturn. There is no justification, reasons cannot be explained for the name and fame of a native whose Sun is aspected by divine Jupiter. All the natural benefic planets should be posited in benefic houses and malefic planets should occupy the malefic houses. Longevity is controlled from the 8th, 3rd and 10th (8th from 3rd) houses. Afflicted 8* house with Sun, Mars, Rahu, Ketu and Saturn produce violent deaths. Mars in 8th is never welcome. The best place for 8th lord in 8*, 3rd, 6th and 12th house. Retrograde benefic planets in Kendras does not help the native in promoting longevity. All the retrograde planet in 8th house invariably curtails the longevity of the person. Sun, Moon, Mercury and Venus increase the longevity of the person in 8th. According to the author Jupiter is neutral in the 8th house. It never promotes longevity in 8*. One the other hand, since Jupiter is the planet of hope, happiness, recovery power, wealth etc. One has to work very heard for money when he has Jupiter in the 8th house. There are numerous Balarista yogas or combinations and majority of them revolve round the Moon's position at birth. Balarista Yogas limit life up to 32 yrs Moon is the mother of all planets. When Moon is weak, other planets also become weak. The Moon in the

Gandata part of a Nakshatra, if aspected or conjoined with a malefic planet make the child meet with early earth (the first quarter of Ashwini, Magha and Moola and the last quarter of Aslesh, Jyestha and Revati are know as Gandantas) the same result is also shown by the Moon occupying the Mrityu or fatal parts of different signs or if aspected by a malefic planet. According to Jataka Parijata the fatal points are 8°(Aries) 25° (Taurus), 22° (Gemini) 22° (Cancer), 21° (Leo), 1° (Virgo) 4° (Libra), 23° (Capricorn), 20° (Aquarius) and 10° (Pisces). Longevity is closely tied up with the strength of Ascendant and its lord. Afflictions to the Ascendant directly or indirectly render its strength to withstand collapse or death fragile and therefore adversely affect the longevity. Benefics in $1^{st}/2^{nd}/4^{th}/5^{th}/7^{th}/8^{th}/9^{th}/10^{th}/11^{th}$ houses and malefics in 3_{rd}, 6^{th}, 11^{th} give good longevity. Two malefics in 6*, shatters physical health. Sun in a day birth or unaffiliated Moon in night birth in the 11^{th} ensures good longevity. Saturn, the karaka or natural significator of Ayus, in the 8^{th} house is an asset for a long life. The author has observed many cases, when the native perished with Saturn in 8^{th} at a young age. For a long life Kendras should be influenced by benefics such as Jupiter, Venus, Mercury and strong Moon. So it should be understood when Saturn occupies 8^{th} house, Kendras are occupied by benefics one will live very long. The ascendant lord in $2^{nd}/3^{rd}/11^{th}$ can give reasonably good longevity but some where in the range of 65-75 yrs. Ascendant lord in Dusthanass rarely gives a life span beyond 60 yrs. Ascendant occupied or aspected by its lord and the Moon well placed free of afflictions confers a long life. The two prime factors - a strong ascendant and the Moon not only take longevity into the purnayu range but can even extend it to at least 85 yrs. the Ascendant lord in Quadrants/Trines cannot aspect the Ascendant, but generates good longevity. This could be the range of 75-85 yrs. The 4* house rules vehicles and 8_{th} house longevity. If these two house are related then accident happen while undertaking a journey during the period related to .these houses (AM, 1990,423). If airy, fiery, watery and earthy signs are involved, the

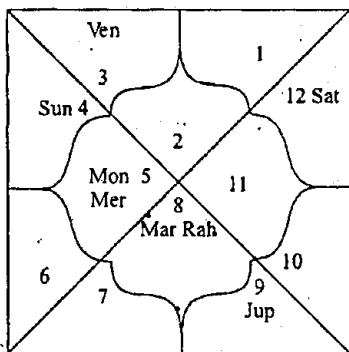
accident may be due to air crash, fire, . water or on the ground respectively. Debilitated Ascendant lord if associated or aspected by malefics gives short life and harms the prospect of the house he is placed in.

Short life : 1. The maximum life will be 32 yrs when the ascedant lord and its dispositer is devoid of aspects of benefics. 2. Atmakaraka is placed 3rd from Lagna. 3. When Mars Saturn, Sun are in conjunction in $6^{th}/8^{th}$ from Lagna with no benefics influences on them. 4. When the Moon in $1^{st}/6^{th}/8^{th}/12^{th}$ is aspectd by a malefic and there are no benefics in Kendras. 5. When Moon in conjunction with malefics occupies the Lagna, the 8th, 7th or 12th with no benefic aspects and there are no benefics in Kendras. 6. If 8^{th} house, 8^{th} lord are afflicted, malefics occupy the 12^{th} house, one dies early.

Medium Life : 1. When lagnapati and 8th lord are posited together one may live upto 48 yrs. 2. Saturn and Jupiter in any sing assures medium life, since all the four spiritual houses are in control. 3. When the 8^{th} lord is in a Kendra in a fixed sign and 8^{th} house hasno benefics it shows a 40 yrs span. 4. If all the malefics occupy $6^{th}/8^{th}/12^{th}$ from lagna lord and the benefics be in houses other than 8^{th}, it gives 60 yrs. 5. If the Lagna lord and Moon sign lord join the 8^{th} lord and Jupiter be in any house, other than Lagna and Kendra, it shows 65 yrs. 6. Ascendant lord and the 8th lord are in quadrants.

Long life : 1. When the 8^{th} lord is posited in the 5th house from the dispositor of Moon, one live upto 95 yrs. 2. If the 8th lord is posited in a trine house from Lagnapati, one will have a long life. 3. There should not be any planet in the 8th house either from Moon or ascendant and Venus and Jupiter should be powerful. 4. When the 8^{th} lord is posited in $5^{th}/9^{th}$ one lives between 65-75. 5. Strong lord of Lagna, Lagna, 8^{th} lord, 3rd lord, Saturn benefic planets in angles (1,4,7 & 10) assure long life to the native. Let us study seven practical case histories. All the horoscopes are from the research diary of the author.

Example 10. Death for brain cancer : DOB 08-08-1937, 1.00 AM, Khulna. Birth Chart: Taurus Lagna, Ketu, Gemini Venus, Cancer Sun, Leo Moon 8°12'40" Mercury; Scorpio Mars, Rahu; Sagittarius Jupiter (R), Pisces Saturn (R), Aries = Uranus, Leo Neptune, Cancer Pluto, Navamsa Gemini Lagna, Moon, Cancer Ketu; Leo Mars; Virgo Mercury; Libra Saturn, Scorpio Jupiter; Capricorn Sun, Venus, Rahu.

This is the horoscope of Late Dr. Roy M.Sc. Ph.D., Ex. Professor of Calcutta University. He had a very successful life. His only son is a software Engineer at Gurgaon. His Lagna is occupied by Ketu aspected by Saturn and Mars. Ketu is known to Generate mysterious disease in the body. Lagna represents head. His cancer was detected in March 2005; brain operation took place in Apollo Hospital, Delhi on 5-11-2005. He died on 7-11-2005 for the unsuccessful operation. The d'asa at the time of death was Jupiter Saturn - Jupiter. His Deha Rasi is Taurus, Jeeva Rasi is Gemini, Moon is in Savya group A, 3^{rd} qtr. He was born with 1^{st} cycle 44 yr 10m. He was passing Mesh dasa upto 8-6-2005. Cancer was detected at this dasa (chidradasa). Meen dasa started on 8-6-2005. In both KCD, as well in Vimsottari dasa he died during Jupiter's dasa. His Deha lord is placed in Jeeva sign and is hemmed between malefics. Contact of Deha and Jeeva signs are never welcome for a long innings of life. Deha Rasi is also heavily afflicted. God granted him 68 yrs. of life, for the presence of Sun and Saturn in Upachaya houses, and two natural benefics in the 4^{th} house. Any retrograde planet in the 8^{th} house curtails longevity. For horoscopic indications to flourish Deha and Jeeva signs should not be afflicted by malefics. He never suffered from any serious disease., Cancer caught him at the fag end of life and killed him. When all benefics are weak, Rahu and Mars are posited in any sign, Cancer may occur. His Jupiter is

retrograde in the 8^{th} house. Both Moon and Mercury are squared by Rahu Ketu axis. His karmic control planets have generated 6/8 relationships, and hence did not allow him to pile up money. He started his life with Rs. 400/= month, but is son started his life with Rs. 1 lakh/month. When Saturn and Mars join or concentrate their forces opposite to Rahu, cancer appears in the body. In Vimsottori he died during 8^{th} lord Jupiter's dasa. In KCD also he died during'Jupiter dasa. Jupiter is placed in the 6^{th} house in Navamsa and hence generated disease in the body. His lord of Lagna was hemmed between malefics and was aspected by Mars and 8^{th} lord Jupiter. Lagna was unaspected by benefics. Weak lord of Lagna, and weak Lagna does not promote long innings of life. He was passing sade sati at the time of death.

Example 11. Death for the brain cancer in infancy : DOB 7-5-1992, 3-39 AM Delhi. Lagna Pisces Mercury, Mars; Mesh = Deha, Sun, Venus; Gemini Moon 16-48, Ketu; Leo- Jupiter; Libra Pluto; Sagittarius-Jeeva, Rahu, Neptune, Uranus; Capricorn Saturn.

This young boy lost his life at the age of 13. Why? Lord of Lagna is posited in the 6^{th} house, Lagna is heavily afflicted by debilitated Mercury, Mars, Saturn and further Lagna is squared by Rahu-Ketu axis. Moon occupies 6^{th} house in Navamsa. In Rasi chart Moon is afflicted by Ketu, whose dispositror Mercury is debilitated and severely afflicted. All the Kendras are devoid of benefic influence.

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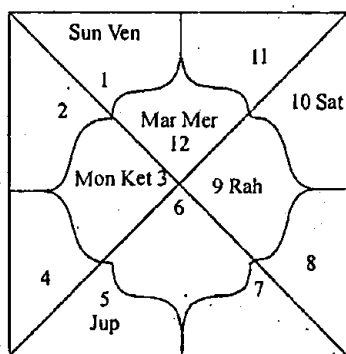
He was born in Apasavya group B, 4^{th} Qtr, with balance Sagittarius 6 yrs. Sagittarius and Scorpio passed smoothly. He died in Libra dasa. 8^{th} lord is placed in the 2nd in Deha Rasi and is a combust planet. Goddess Laxmi will never visit the native when $6^{th}/8^{th}$ lords are in Deha and Jeeva signs. His Lagna, Deha and Jeeva signs are afflicted. Dangers and downfalls are always as sure as sunrise when the both Deha and

Jeeva rasis are ill occupied. If these are occupied by Mars, Saturn, Rahu or Ketu, the native will suffer misfortune, illness etc, his life span and health is under severe threat. Deha = Physical fra.me, Jeeva = life's force. When both these houses are occupied by malefics apprehension, calamity, anguish, fear, great risk are indicated. Two or more malefics in them may cause unnatural death. Afflicted Deha and Jeeva signs terminated his life span at a very young age. It is written in the literature, weak Moon does not allow the life span to go beyond 32 yrs. All the Kendars of Moon are occupied by malefics. 5th, 9th lords are heavily afflicted by Saturn. From Sept. 2003 he was suffering and died on 18.10.2005 at 12 mid night during Jupiter-Venus-Rahu dasas. As per KCD he died during Tula dasa. Tula dasa started when he was 13 yrs. Tula rasi is heavily afflicted by Pluto, Saturn, Mars and Ketu. Its lord Venus is a combust planet. Quite naturally Tula dasa put an end to his mundane journey. When Sun, Moon and Lagna are afflicted, one may have cancer. His all the hylegs of life, Surya Lagna, Chandra Lagna and Janma Lagna are heavily afflicted. He was at the last phase of sade sati at the time of death.

Example12. Dead body was found with smashed face on 05-05-06 : DOB 16-5-1966/7=12P.M./Calcutta. Birth chart: Scorpio Lagna, Ketu; Pisces; Venus, Saturn, Moon 16°57' Aries Mars, Mercury; Taunus Sun, Rahu; Gemini Jupiter; Leo Saturn; Virgo Mercury, Sagittarius Mars, Moon, Venus, Jupiter.

He lived only for 40 yrs and died in a mysterious circumstances. He was going to his maternal uncles' house at Diamondhorbaur on 4-5-06. His dead body was discovered at Diamondhorbaur, with smashed face on 5-5-2006. He was born in Savya group *A V* quarter, Deha Aries, Jeeva Dhanu, 1st cycle is for 61 yrs 6m, balance dasa Cancer 14yrs 6 m. He

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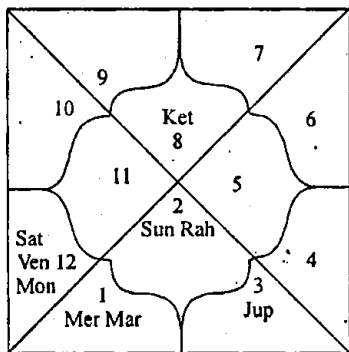
died during Tula dasa. As per Vimsottori dasa he died during Venus Mercury Mercury dasa. His Deha Rasi is occupied by 8^{th} lord Mercury. Further this 8* lord Mercury is placed with its enemy Mars and is under papakartari yoga. Goddess laxmi will never visit the native if $6^{th}/8^{th}$ lords occupy Deha and Jeeva signs. Heavily afflicted 8^{th} lord, afflicted Deha Rasi cut shot his mundane journey. His Kendras are devoid of benefic influence. Jupiter in 8^{th} did not promote his longevity. Sages are silent on the role of Jupiter in the 8^{th} house, so far longevity is concerned. Since $6^{th}/8^{th}$ lords are placed in 6^{th} house, a conspiracy behind his murder is to be anticipated. Taurus Rasi governs face. His face was smashed because Taurus was heavily afflicted by Sun, Rahu and Saturn. Saturn is influencing both Sun and Moon, this very bad factor decreased his life span. All the hylegs of life are afflicted which added fuel to the fire.

Example 13. Died in dropsy disease : DOB 2-7-1923, 6=47PM, Bankura, Birth Chart. Sagittarius Lagna; Aquarius Moon 7°7',Ketu, Uranus; Taurus = Mercury, Venus; Gemini Pluto, Sun, Mars; Cancer Neptune; Leo Rahu; Virgo Saturn; Libra Jupiter (R).

This is the birth chart of the author's eldest brother who reared him up for the death of father in infancy. He never suffered from any diseases. At the fag end of life in July 2002, dropsy attacked him. Water accumulated in his belly for the affliction of his 7th house, Gemini by Pluto, Sun, Mars and Saturn. As per KCD he was born in Apasaya group B, 1^{st} quarter, 1^{st} cycle = 74yr 6m 22d. He opened his life with

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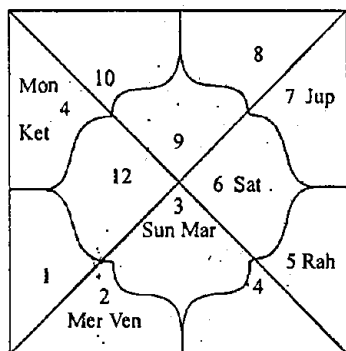
Kumbh 2yr 6m 22d. Makar, Dhanu, Vrischika, Tula, Kanya, Leo Cancer passed away smoothly. He died during Pisces dasa. Its lord Jupiter is retrograde, placed in the enemy camp and has moved 8^{th} house from his natal position. He died on 16-10-2002,Vijaya Dasami

day at 1.00 AM. The reason for his death was multiple organ failures during Venus Venus dasa as per Vimsottori. 6th lord's dasa brought immense sufferings for him. Dropsy is a disease in which watery fluid collects in the cavaties of tissue of body. Cancer, Scorpio and Pisces are watery signs. When these signs and their lords are afflicted one suffers from dropsy. His Cancer is hemmed between malefics, Saturn aspects both Scorpio and Pisces. So he suffered from dropsy. He also broke his right thigh bone in the bathroom in Sep. 02. 2nd/6th/10th house govern bone. Here 2nd lord Saturn is aspected by Mars, 6th house is occupied by 6th lord, squared by Rahu Ketu axis. Saturn occupies his 10th house. Taurus and 2nd house rule the right leg and 12th house/Pisces control the left leg. Dispositor of Mars, Mercury is conjoined with 6th lord Venus in Taurus, squared by Rahu-Ketu axis. 2nd lord is aspected by Mars. So as per astrological rules he suffered for bone fracture just before his death. He could not eat anything between Aug 2002 to 16-10-2002. 5/9 relationships of Deha and Jeeva signs made him a successful man of the society. Aspect of Jupiter on both Moon and Sun prolonged his life, and provided him name and fame also. He helped his 9 hapless brothers and sisters to come up in life. Conjunction of 5th/9th lord in 7th house generated a Raja Yoga for him. He had partial Adhi Yoga. His both the sons are M.Tech engineers and are well settled persons of the society.. Saturn in the 8th house-Moon granted him a long life. Venus is debilitated in navamsa. Hence Venus Venus dasa brought immense sufferings in his golden life. He only suffered for 3 months before he was silenced by God. He died in Pondichery., far away from his birthplace. Conjunction of 8th lord with Ketu and Uranus in the 3rd house made his death shrouded with mystery. Nobody was present by his side, when the God of death visited him.

Example 14. Disease free long innings of life of a **well versed Astrologer** : DOB 5-4-1929, **12=15PM/Maimansingh,** Bangladesh. Birth Chart : Cancer Lagna; Libra **Ketu;** Sagittarius Saturn; Capricorn Moon,; Pisces Sun, Mercury; Aries Jupiter, Venus, Rahu; Taurus Rahu; Gemini Mars.

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This is the horoscope of Prof. Arun kumar Sengupta, President and Principal of Indian Institute of Astrology, Kolkata. The author learnt astrology under his able guidance. He is B.Sc. M.A and retired as a senior Govt. Officer of West Bengal. He is born with Parijata Yoga, the yoga of immortals. Lord of Lagna Moon is in a Kendra, whose dispositor Saturn in the 6*, whose dispositor Jupiter is again in the 10^{th} house forming this rare yoga. Jupiter Venus Moon is mutual angles has generated Mudrika Yoga. Even a person born in an ordinary family rises very high in life. Malefics in 3rd and benefics in Kendras have granted him a very long life. Saturn in 6th house made him a disease free man, 8^{th} lord is aspecting its own house. He has a very fair complexion, very noble in character and is widely regarded as a very knowledgeable astrologer of Bengal. He has a special Raja Yoga in the 10^{th} house. Union of 4^{th} lord Venus and 9th lord Jupiter in the 10^{th} house is again a Raja Yoga. Moon in 7^{th} makes the later part of life will full of honour and fame. Readers will be surprised to learn that a much younger man to him Prof. Arun Kumar Goswami was the Principal of Indian Institute of Astrology, while he learnt astrology there. Prof. Goswami committed suicide in June 1993, thus helping him to occupy the post of the Principal of the above prestigious institute. Later on Parasmani an astrologer of Bombay resigned as the President of IIA, Kolkata, which helped him to elevate himself on the President of IIA, Kolkata: Jupiter and Venus in 10^{th} make anybody famous and rich. Budhaditya Yoga, Uranus in 9th made him a super intelligent person. Saturn and Mars are concentrating their forces on the 3^{rd} house. Higher the afflictions of 3^{rd} house higher is the longevity. The author learnt astrology from IIA, Kolkata, when Prof. Goswami was the Principal. Teachers of the institute are knowledge banks of astrology.

Example 15. Loss **of both legs in old age accident : DOB** 6-1-1926, 9=15PM, Multan, died in 1998. Birth Chart : Leo Lagna 5-23, Neptune; Virgo Moon 15-26; Scorpio Saturn 0-31, Mars 13; Sagittarius Sun, Mercury, Capricorn Jupiter, Ketu Deha; Aquarius Venus 0°51' Uranus Gemini Pluto, Jeeva.

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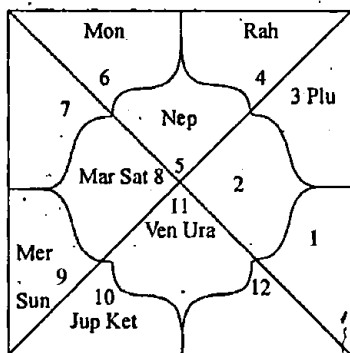
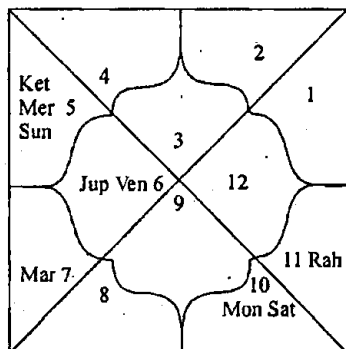
I shall never forget this gentleman. He was a builder by profession and had many setbacks in life. When Mars, Saturn, Rahu, Ketu are placed in the angle of 6^{th} lord, one's life becomes full of litigations. For a litigation free life one should have a benefic in the 11^{th} house and also other benefics in trines/quadrants. He has Capricorn as Deha Rasi and Gemini as Deha Rasi, both of them are highly afflicted by malefics. Mars is aspecting Jeeva sign, Saturn is aspecting Deha sign containing debilitated Jupiter and Ketu. When Deha and Jeeva signs are occupied by malefics apprehension, calamity, anguish, fear, great risk are indicated. Two or more malefics in these sign cause unnatural death. He married on 10.3.54, got a son in the same year, his first wife died in 1967. In 1970 he married again, got a son in 1972, but his wife also died in 1990. On 24-11-93, he met a violent accident ". which changed the course of his destiny pattern during Mercury Mercury Jupiter dasa. $2^{nd}/11^{th}$ lord Mercury proved fatal for him. He lost both the legs, suffered for next 6 yrs. and died on 25-12-2000 during Mercury Mars dasa. 2^{nd}/1 1* lord is placed in a Kendra, as a businessman he earned huge money but never got peace in life for the presence of Saturn Mars conjunction in the 4^{th} house. Capricorn and Pisces control our legs. Capricorn is heavily afflicted, Lord of Pisces Jupiter is debilitated and highly afflicted by malefics. So he lost both the legs in a tragic accident. $2^{nd}/6^{th}/10^{th}$ house from Janma Lagna are afflicted, which added fuel to the fire. The lord of locomotion. Venus is tan infant planet, and is powerfully aspected by Mars carrying the

deadly influence of 6* lord Saturn vide rule No. 52 chapter 3, moving difficulties will arise when Saturn (the lord of limbs) aspects 3rd house and 3rd lord is ill placed. The readers will be surprised that he used to call his son from the roof after death and asked for new clothes. Son had the courage to speak to the departed soul at night. 3/4 times he appeared on the roof between 2001-2002.

Example. 16. Life history of a billionaire Medical Doctor of Bengal: DOB 1-9-1933, 1.00 AM, Kolkata, died in Feb 2004 through heart attack. Normal death.

Birth chart : Gemini Lagna; Leo Ketu, Sun, Mercury, Virgo Venus, Jupiter; Libra Mars; Capricorn Saturn, Moon Aquarius Rahu.

He was the son of a very famous medical doctor of Kolkata and he also became a medical doctor and used to practice medicine in Chowranghee area. He was 6'2" tall with 150kg massive body. Aspect of Rahu in Lagna provided the haphazard growth of muscles. His lord of Lagna is afflicted by Ketu and Sun. He used to chew 200-300 betel leaves/day with tobacco, was alcoholic and smoker. Afflicted 2nd lord with Saturn and Mars made him a drug addict. However he never took hard drugs like hasish or LSD. 8th lord in 8th aspected by divine Jupiter helped him to inherit billions in cash and many properties in Bihar, Bengal. He was almost free from disease. His first marriage ended in divorce and he married a very intelligent woman again before he was 30. He left behind two sons and a daughter. 8th lord in 8th (Twin 8* houses of zodiac by Dr. S.S. Chatterjee) granted him a poor career. He was a very lazy man and did not feel any urge to earn money. He was surrounded by drivers, and servants and lived for 71 yrs for the affliction of 3rd house and two natural benefics in Kendra of Lagna. For the wrong food habits he failed to cross 80 years.

CHAPTER - 5

DISEASE AND ITS CURE

HEART DISEASE AND HYPERTENSION

There are four reasons of death. Heart failure, coronary thrombosis (80% persons die of heart failure), kidney failure, brain failure (such as a brain meningitis) chocking (such as drowning, due to poisonous gas, buried under ground due to earth quake etc.). Since majority of the persons die out of heart attack, we shall try to understand through the magic eyes of astrology, who will die of heart attack and at what age. The human heart is a double pump. The left ventricle pumps blood to all parts of the body except lungs. This blood supplies the cells with digested food substances and oxygen. It also collects carbon dioxide and nitrogenous wastes. This blood returns to the right side of the heart and then is pumped to the lungs. Thus the blood must pass though lung capillaries, gaining oxygen and losing carbon dioxides (CO_2), before it is pumped around the body once again. In one minute, the heart pumps *VA* gallons of blood to the body. In the average person, the heart beats 72 times a minute or 2,600,000,000 times in a normal span of 70 years. Within such a life time, the heart moves 450,000 tons of blood. The heart rate and therefore the pressure of the blood is

also affected by chemical changes in the blood. Blood has a pH value 7.4 slightly alkaline in character. If the acid level of blood rises, as it does in diabetic patients, the heart muscle is stimulated to contract faster. High concentration of carbon dioxide in the blood, will also cause the heart to beat faster. Finally, a number of hormones, adrenalin for example will accelerate the heart rate. Hemoglobin, a conjugated type of protein is the red colouring mater of the blood. Its normal concentration is 14-16 gm/100ml. The most important property of hemoglobin (Hb) is its power to combine with oxygen to form an easily dissociated compound known as oxyhemoglobin (HbO_2). The affinity of hemoglobin for carbon monoxide is about 250 times greater than its affinity for oxygen. It has been found from the reports in Newspaper, if anybody has to sleep overnight in a A/C car, he may die due to the formation of car boxy hemoglobin (HbCO) in the blood. So nobody should try to sleep in A/C car, closing all the doors. At least 5-6 people died in 2006 in Gurgaon Area in carbon monoxide poisoning. The main function of the blood is to transport various materials to all cells of the body, blood also provides the temperature regulating and defensive mechanisms.

Blood Pressure :

While the heart is the organ responsible for maintaining the pressure of blood, in the vascular system, there are many factors responsible for minor changes in the pressure. In case of severe shock, such as that experiencing after an accident or severe emotional disturbance, certain capillaries dilate to such an extent that they absorb nearly all the blood remaining in the blood system. Unless the blood volume be made up quickly by means of transfusion, the person may die. A Doctor is to deal with such as situations by the temporary expedient of administering a drug, which cause the arteries to constrict and so to squeeze the blood back into the major vessels again. As the body-ages, the inner walls of the blood vessels may become encrusted with calcium and other mineral deposits. This seriously reduces the diameter of the cavity of the individual vessels, bringing about a rise in blood pressure, and an

increased heart rate. Three things may occur under these circumstances. First the blood vessels, being brittle, may rupture and cause internal bleeding or hemorrhaging. If this occurs death may result depending on the extent of the bleeding. Second, vessels may affect the two kidneys and other important organs. Third, the now uneven inner surface of the encrusted blood vessels may cause the blood to clot. This plug or thrombus may do no harm in this side but, when dislodged, it may enter the small coronary artery cutting off the blood supply. The result is called occlusion and a coronary occlusion is one of the most frequent causes of sudden death in men aged between 40-71. The walls of blood vessels can become thickened by deposits other than mineral ones. Cholesterol is a useful fatty substance made in the body. Too much cholesterol in the blood, however, may cause the conditions known as atherosclerosis, whereby the walls of the blood vessels become coated with cholesterol. Coronary thrombosis or occlusion of the coronary vessels by a thrombus, very often results from a clot, formed by the cholesterol thickened walls of blood vessels finding its way to the heart. The kidney regulate the amount of water and the concentration of certain chemicals in the blood. Malfunctioning of this organ may bring about a change in the viscosity of the blood and a consequent increase or decrease in blood pressure. A change in the level of production of albumins and globulins also affects the viscosity and hence the pressure of blood in the vessels. High blood pressure decrease longevity. Too low blood pressure affects the kidneys. In mammals and birds it serves as a mechanism for distributing heat and regulating body temperature. Certain chemicals in the blood bring about blood clotting to stop leaks in system that are large enough to be serious. Other chemicals such as hormones serve to regulate various body functions. The mean ideal pressure level for an adult is 120/80 mercurial pressure. If the blood pressure of a person is. 120/70 it is a case of low blood pressure. It is more than 150/90, the person is said to be hyper-tensive person suffering from diabetes, kidney trouble or eye ;• disease in said to be hyper-tensive even if blood pressure is 140/90. The higher the blood pressure, the greater to the damage to the walls over

the months or years that a patient has to suffer because of hypertension. Rheumatic fever is a disease of the childhood and adolescence related to infection with group a haemolytic streptococci, which may effect the heart leading to carditis stenosis (inflammation of the heart) or narrowing of the mitral valve, resulting in decrease of blood flow from the left atrium to the left ventricle. If left untreated, it will lead to failure of the left side of the heart and consequently the right side also. The tricuspid (2 upper chambers of heart are known as atria, 2 lower chambers are know as ventricles) valve may also be involved in rheumatic fever, causing its stenosis. Apart from these cases, there are also aortic valve stenosis and pulmonary valve stenosis leading to heart failures. The most common cause of death, among people today is the "heart attack" or myocardial infarction wherein the total occlusion of 2 or 3 major coronary arteries leads to necrosis of the myocardium when there is imbalance between coronary blood supply and myocardial demand. Obesity, stress, smoking, hereditary factors increase the risk of heart attack. Homocysteine (an amino acid) present in the blood is slowly emerging as the single largest risk factor for heart diseases and strokes (TOI, June 27,2006 P13). A deficiency of folic acid, vitamins B_6 and B_{12} contributes to hyperhomocysteinemia or increase in the homocysteine levels, which is turn increases the risk of heart attack.

Astrological Factors : We should not unnecessarily feel sorry by observing the happenings in the world. This world and all other worlds in this universe will function as per their own system. We are not creators of those systems and therefore leave their questions to their creator. Astrology is a science of knowing one's character, potentialities, limitation etc. Precise predictions about a particular event can generally be made by an astrologer. One can understand from an astrologer about his character, tendencies, attitudes, favourable and unfavourable period and situations and can decide to take action best suited to him in that situation. What we anticipate seldom occurs; what we least expect generally happens. God does not want that everybody should be flooded with name, fame, happiness, long life etc. When both

Lagna and Moon are aspected by benefics, when Jupiter occupies Lagna whose dispositor is not afflicted and not void of strength when there is Gajakeshari Yoga, when the Sun is posited in Gemini or in 11th house it is said to provide protection. When Kendras are occupied by benefics, 3rd/6th/11th house are occupied by at least two malefics there is no early heart attack for the native. Cancer and Leo are the seats of heart in natural zodiac. Their lords Sun and Moon are the Karaka planets of heart. When Leo, Cancer, 4th and 5th houses from Janma Lagna are afflicted, along with Sun and Moon, one may have heart disease. When Saturn afflicts Leo, Aquarius and Sun, the native dies out of heart attack. When Saturn joins Sun, it causes palpitations and shivering of heart. When Ketu afflicts, the same, it causes pain in the heart. The Sun adversely related to 6/8/12 lords or houses in any manner is always to be aware of heart troubles. One has a enlarged heart when Jupiter is afflicted by Saturn. Mars causes stress, hypertension and ischaemia. Saturn leads to occlusion to coronaries, when Saturn afflicts Jupiter at birth, the blood pressure tends to be low (the author has Jupiter and Saturn in his 5th house, and he has a low or normal blood pressure) the fixed signs Leo Aquarius, a Taurus Scorpio rule the blood. Watery signs too strongly affect blood: The Sun gives oxygen and Mars gives hemoglobin and iron. The adverse activities of Mars can lead to haemorrhage, rupture, haemorrhoids and excessive menses in women. Sun and Moon in airy signs, especially in Aquarius, tend to regulate normal blood pressure, butsubject to possible disorders of the blood anemia, skin and kidney troubles depending upon their .placement and afflictions. When Moon combines with Sun, Mars and Ketu high blood pressures are generated. Strong Mars, indicates high blood pressure. Saturn + Jupiter in 6th house, causes high blood pressure. High blood pressure is caused by a weak and afflicted Moon and strong but afflicted Mars. Low blood pressure is caused buy a weak and afflicted Moon and a weak but afflicted Mars.

If the planet Mars is placed in the constellation of Ketu, low blood pressure is caused. High nervous strain and tension are caused by

afflictions to the Moon and Mercury by Uranus and other malefic planets. Neptune in 3rd/9th/10th and afflicting the Moon, Lagna or Lagna lord causes much stress, Saturn and Mercury in 6th in a common sign causes high stress. Mercury afflicted in the 6th house denotes nervous tension due to over work. If the distance between Sun and Moon is greater than 120°, and Sun is afflicted or debilitated severe heart attack takes place. A report in times of India dated 9-8-2006 P 15 states that Insulin fights heart attack. Dose within 3hrs of stroke improves chances of survival. A team of doctors from the State University of New York has reported the matter in Aug 2006. Green leafy vegetables, orange juice, lentils, enriched cereals are good sources of folate, which can lower heart disease. Small percentage of alcohol in the blood, reduces chances of heart attack. Beer is good for heart patients. Beer's cardiovascular benefits are likely to polyphenols. If Mars is in the constellation of Sun or vice versa, high blood pressure is caused.

Yogas for heart diseases and heart operation: When we consider disease or blood pressure and heart disease in a horoscope, we analyses mainly the 4th, 5th and 9th houses. 5th house governs the left ventricle, 9th house governs the left ventricle. The 4th house in a horoscope is also important when we have to consider the possibility myocardial infraction leading to heart attack. So the 4th 5th as well as 9th houses should generally be free from malefics for a healthy life. Mars governs blood. So the afflictions of Sun, Moon, Mars, Cancer, Leo and any relation of any of them with Kanya rasi or 6th lord, give rise to diseases of heart. The following yogas are worth mentioning.

1. Saturn in 4th and Sun conjunct with 6th lord and a malefic.
2. When Saturn aspects Sun, Leo or both there is incipient heart trouble in the native.
3. Moon hemmed between malefics and Saturn in the 7th.
4. Saturn in 4th and Rahu in 12th.
5. malefic in the 4th house, and its lord conjoined with malefics or hemmed between malefics.

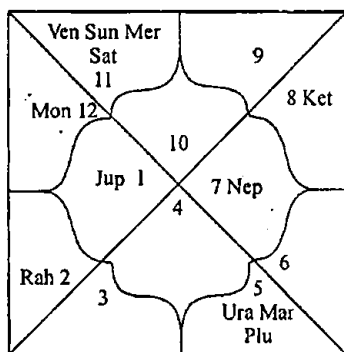
6. Moon Mars, Saturnand Rahu in the 12th
7. 5th lord in combustion, debilitation or in an inimical house.
8. Moon in Taurus, Cancer, Scorpio or Capricorn with a malefic.

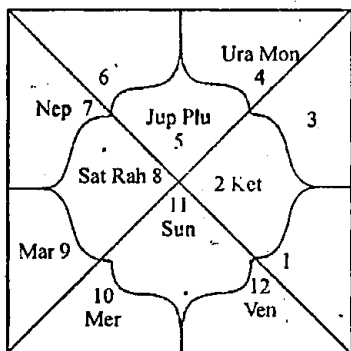
Example 17 Bye-pass heart surgery at the age of 3 : DOB: 3-4-1993/ 9=50AM / Manchester. Gemini Lagna 25-3, Mars, LeoMoon 2-18, Virgo Jupiter(R), Scorpio Rahu, Pluto, Sagittarius Uranus, Neptune; Aquarius, Mercury, Saturn; Pisces Sun, Venus (R), **Deha = Aries, Jeeva** = Sagittarius.

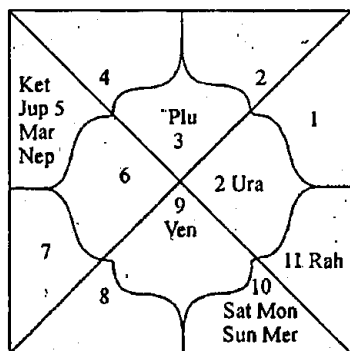
Here we find the seat of heart Leo is aspected by deadly Saturn. 4th house is tenanted by 7th/10th lord retrograde Jupiter. Jupiter is suffering from Kendradhipati Dosha (blemishes), 5th lord is retrograde but is exalted in Pisces. A retrograde exalted planet, behaves like a debilitated planet. 4th lord is conjoined with Saturn and is squared by Rahu Ketu axis. Ketu is posited in the 4th house from 4* **lord,** Mars is posited in the 4* from 5th lord. 6th **lord** in Lagna is aspecting retrograde Jupiter in 4th (a debilitated planet causes some deficiency of the house, wherever it is located). All these unfortunate planetary configuration triggered off the tragedy in the early days of life. Malefic Ketu dasa added fuel into the fire. Operation took place during Ketu-Jupiter dasa. Dasa of two retrograde planets are never welcome. As per KCD, he opened his life with Libra dasa for 14 yrs. Its lord has moved to the 6* house from its natal position and is retrograde, combust. Such an evil planet will only bring tragedy in life. Deha =Aries, Jeeva = Sagittarius. Deha sign is hemmed between malefics and Deha lord has **moved** to 3rd house from its natal position and hence suffered from placement related blemishes. Both Deha and Jeeva signs are afflicted and hence he suffered. The distance between Sun and Moon > **120°**, which is a prerequisite for a major heart disorder, at a young age. As per

aphorism no (7), he suffered from heart diseases.

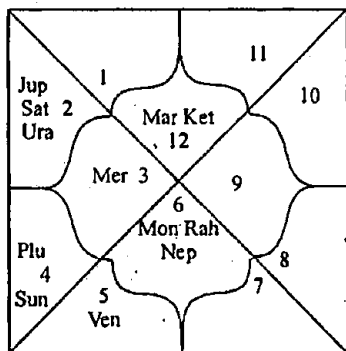
Example 18 : Bye-pass surgery in the middle ages. DOB: 5-3-65, 4=30 AM, Sitapur, UP, Capricorn Lagna; Aquarius Sun, Mercury, Venus, Saturn; Pisces Moon 8-54; Aries- Jupiter; Taurus Rahu; Leo Mars (R), Deha = Libra, Jeeva = Virgo

Leo is occupied by retrograde Mars in the star of Sun in a company of Uranus and Pluto. Sun and Saturn are conjoined with 6^{th} lord Mercury in Aquarius. Mars in the constellation of Sun increased high blood pressure. 4th lord is aspected by 6* lord, Saturn and Sun. 5^{th} lord is a combust planet and Rahu occupies his 5^{th} house. Rahu Ketu axis passing through $5^{th}/11^{th}$ axis always generate dangerous diseases, because in that case 8th house is squared by this evil axis. The bye-pass operation took place in Jan 2005, while he was passing Venus-Moon-Rahu dasa. Combust 5^{th} lord, a retrograde or a debilitated planet in Leo promote heart surgery. The distance between Sun and Moon is < 30°, and hence early surgery was not applicable. 7^{th} lord Moon acted as a Maraka for him. The dasa of planets in 2/12 or 6/8 relationships are usually bad. As per KCD, he was born with Savya group B, 3rd quarter. He was born with 27y-7m-2d balance in the 1st circle. Scorpio balance 2y-7m-2d. Scorpio, Tula, Virgo passed away smoothly. 2nd cycle of Tula dasa brought disaster from him.. The Punargamangatis are never good for freedom from diseases. Tula lord Venus is a combust planet. Moreover his Deha lord Venus, and Jeeva lord Mercury have conjoined together. Union of Deha and Jeeva lords invite calamities in life.

Example 19. Bye-pass heart surgery in the middle ages (less than 40) : DOB 24-2-56, 5=33 PM, Ghaziabad. Leo Lagna, Jupiter (R), Scorpio Saturn, Rahu; Sagittarius Mars; Capricorn Mercury; Aquarius Sun; Pisces Mercury; Taurus Ketu; Cancer - Moon

Sun is in Aquarius, a retrograde Jupiter in Leo was enough to pull him down during Venus Mercury dasa. on 29-3-94. 2nd lord Mercury hemmed between malefics, afflicted by Saturn acted as a Markesh for him. 4th house is occupied by Rahu and Saturn, 5th lord is retrograde, occupies Lagna and is aspected by Saturn and Sun. Afflicted Leo and Aquarius only invite heart ailments. Cancer sign is afflicted by Mars and Rahu which added fuel to the fife: As per KCD he has Capricorn as Deha Rasi, and Gemini Jeeva Rasi. 6/8 relation is most dangerous and is harmful for health, freedom for litigation and the like. He was born with Savya Group A. 2nd qtr. 1" cycle=80yr 9m3d. He was pulled down during Kanya dasa, whose lord Mercury is placed in Deha sign. Such a dasa yields wrath from heaven. Contact of Deha and Jeeva signs are not welcome

Example 20. Bye-pass heart surgery at the fag end of Life : DOB 26-1 -1933, 3=20PM, Bankura, Birth Chart : Gemini Lagna; Leo Mars (R), Jupiter (R), Ketu; Sagittarius Venus; Capricorn Sun, Saturn, Mercury, Moon; Aquarius Rahu;

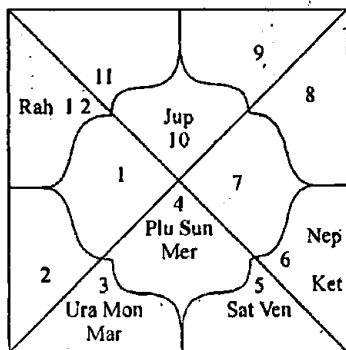
Leo is occupied by three retrograde planets, both Sun and Moon are afflicted by Saturn. Adhi Yoga or Class I Raja Yogas like Dharmakurmadhipati yoga, Mudrika Yoga, etc delays heart attack. He has Adhi Yoga. His two sons and a daughter are prosperous persons of the society. In March 2005, he had the bye-pass heart surgery during Mercury-Mars dasa. His Mars is retrograde, which is the 6th lord. Retrogression of 6th lord invites many litigations in life. Union of 6* lord with Ketu always invites an operation. Mars and Ketu are the

lords of operation. During Dhanu dasa in KCD, the operation took place. Its lord is placed with 6* lord Mars and Ketu inviting surgery. His eldest son is a MD doctor of AIMS, Delhi.

Example 21. Bye-pass surgery which brought paralysis of the body on both sides at **the fag end of life :** DOB **28-7-1941, 22=00hrs,** Delhi. Pisces Lagna, Ketu; Taurus Saturn, Jupiter; Gemini Merucry; Cancer Sun, Pluto; Leo Virgo Rahu Moon.

Her **6th** lord Sun is placed in the **5th** house with Pluto and is aspectd by Saturn. This evil planetary configuration made **her** life miserable from **26-6-2001,** when the **bye-**pass heart surgery took place during Saturn-Venus-Sun dasa. She became paralytic on the both sides from Saturn-Venus-Saturn **(from 2003).** In KCD, Dahnu dasa started from Nov. 1995. its lord Jupiter has moved to the 6th house from its natal position **and** has conjoined with deadly **11/12** lord Saturn. End of Dhanu dasa brought severe health hazards for her. As per Vimsottori **Saturn-Venus** dasa ruined her **life. This** dasa is bad for 99% persons of this earth. Her husband is a medical doctor.

Jup Sat 2 Ura | 1 | 11 | 10 | Mar Ket 12 | Mer 3 | 9 | 6 Mon Rah Nep | Plu 4 Sun | 8 | 5 Ven | 7

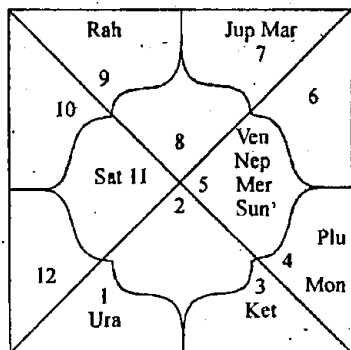
Example 22. Rheumatic heart which caused early death : DOB: 24-7-1949, 6=30 PM, Purulia, Birth chart : Capricorn Lagna, Jupiter; Pisces Rahu; Gemini Mars, Moon21-35; Cancer Pluto, Mercury, Sun; Leo Saturn, Venus; Virgo, Ketu, Neptune.

She was born as the last child of a prosperous man of Bengal. She had four elder brothers. She was suffering from rheumatic heart since birth. Leo was hemmed between malefics, Cancer is also

Rah 12 | 11 | 9 | 8 | Jup 10 | 1 | 7 | 4 Plu Sun Mer | Nep 6 Ket | 2 | 3 Ura Mon Mar | 5 Sat Ven

hemmed between malefics. So 4th and 5th houses of the zodiac were afflicted and weak. Rheumatic diseases are of various types, such as arthritis, rheumatic heart, gout, reheumatic fevers etc. When Windy planets Moon, Mercury Venus and Saturn are weak, combusted, afflicted, badly situated, conjoined with lord of dusthana and are also someway related with sixth house, they give rise to rheumatic diseases. Her Moon is placed in the 6th house with **badhaka lord** Mars and Uranus. Mercury is afflicted by 8* lord Sun and Pluto; Venus is placed in the 8th house with Saturn and is. hemmed between malefics. Weak Mercury Moon, Venus generated rheumatic fevers for her through afflicted heart. Though doctors advised her parents not to arrange her marriage, her father and brothers arranged her marriage in 1970. She got a son in 1971 and her son is a well established chartered accountant in Kolkata, who is free from diseases. From 1980 onwards, she lost her health rapidly and was reduced to a skeleton. On 20.10.1983 at 4:45 AM she breathed her last. By adding Lagna, Sun, Moon, Jupiter we get her death point on 0°12°9'. Saturn was transiting Libra at the time of sad demise (the formula developed by the author in 1989). She died during Mercury-Mercury dasa.

• Example 23. No heart problem inspite of several astrological yogas [for this disease : DOB: 26-8-1935, 1PM, Amritsar, Birth Chart : Scorpio Lagna, Sagittarius Rahu; Aquarius Saturn (R); Leo 'Mercury, Sun, Venus (R); Libra Jupiter, Mars.

Rah (9)	Jup Mar (7)
10	8	6
Sat 11	Ven Nep Mer Sun' (5)
2	Plu (4)
12	1 Ura	3 Ket	Mon

4th house of Lagna is occupied by retrograde Saturn, 5th lord is 12th with rapt conjunction with Mars, in opposition of Uranus; Cancer sign is afflicted by Pluto, Leo is aspected by Saturn and Rahu, Sun is spoiled by Neptune, Saturn and Rahu. There is a dictum if Sun is having any relation with 6th/8th/12th houses he should be careful for heart diseases. His Saturn

conjoined with 8th lord Mercury Alas he did not die of any heart diseases. He is hale and hearty in Kolkata. During Mars Rahu he suffered for stomach. pain in Aug 2006, Moon has become much weaker for the placement retrograde Saturn in the 8th house of Moon. Why is he hale and hearty? Emperor Aurangzeb was born 3-11-1618 and died on 20.2.1707. Indians used to die within 40 yrs in his days. He had also spoiled Sun, spoiled Moon, afflicted Cancer Rasi, afflicted Leo. Gaj a Keshari yoga, Parijata Yoga and other class 1 yogas made him a legendary figure (Advanced predictive Astrology Vo, 2 P 127 by Dr. S. S, Chatterjee). When there are so many powerful yogas, heart failure does not take place at an early age. The native of this example is also born with Gaj a Keshri yoga and Parijata yoga, Lord of Lagna is placed in the 12th, whose dispositor is in the 10th, whose dispositor is also in the 10th, forming this unique Parijata yoga. The above gentleman reached Calcutta at the age of 14 and is now a prominent businessman of iron. He has low blood pressure 120/80, throughout his life. He established his BP level using a class one ruby. Low BP persons have lower risk of heart attack. His Mars is placed in the 12th house in the birth chart and in the 8th house in Navamsa. Weak Moon, weak Mars generated low bipod pressure and saved him from any severe heart attack at an early life.

OBESITY

A billion people out of the world's 6.5 billion population in 2007 are now considered overweight, compared with 800 million who do not have enough to eat (TOI, Oct 21 P 331). Being overweight is perhaps the biggest health problem among middle income groups allover the world. On an average over 60% of the adults in the developed countries are overweight. Of these, more than 20% are considered obese and are consequently at increased risk of an early death. Parents should remember that their child will lose intelligence level, which is directly linked with obesity. All brainy children are lean and thin. Few people are truly "fat and happy". Obesity can have divesting effect on health, obesity is strongly linked with depression and other mood disorder. Research says, fat people are not more jolly. Obese people have an

increased risk of coronary heart disease, high blood pressure, stroke, diabetes and certain types of cancer. Other health consequences include damage to the weight bearing joints. This leads to osteoarthritis and disability, which perpetuate to vicious circle by restricting movement, leading to further weight gain. There is a close relationship between the amount of food eaten, specially starchy, sugary, fatty food and obesity. Surprisingly, even a small amount of excess food can make one put on weight. Movement and exercise take off weight. If the calories coming in by way of food are in excess of the calories going out by way of movement and exercise, the calories get stored in our body as fat; and obesity begains. Even a little excess mounts up and in the course of time the result is substantial overweight. Hormones and heredity factors play the vital role. An elephant's body cannot be like a calf. A person who was obese as a child may always store fat more readily than a person who started life thin. Obesity is also a matter of one's luck and metabolism. Some people eat and drink enormous quantities of calories and yet never put on weight. Their bodies seem to burn up these calories. Yet, there are other people, unfortunately the majority, who, even if they eat a little excess food, have in increase in weight. In a hotel, an expensive bill containing many items can be a most dangerous perquisite after 40. An iron will is necessary not to over drink or overeat. Because metabolism slows with age, some put on weight as they approach middle age. Older people also may be less active; in either case, calorie needs decline with age and a person's food intake should be scaled back accordingly. Jogging, swimming, bicycle running helps. Eat fresh vegetables and fruits. Avoid oily foods, alcohol and potato chips. Convert your height into cm and subtract 100, for knowing the maximum weight, that your body will allow to carry. Suppose a man is 200 cm tall, he can be as high as 100 kg. Average Indians have 170-180 cm height. So a body weight beyond 80 kg is risky affair. Any person who is above 50 yrs. should take 1-2 chaptis/day, some curd, vegetable and fresh fruits, should never eat too much at a time. Slim people enjoy life in much better way compared to

a overweight person. Drink 4-5 liters of water for removing the waste material of the body through urine. Young girls will hate a obsessed man. Obesity is a curse not boon. Woman who gain 20 kg or more after the age of 18 are twice as likely to develop breast cancer after menopause than those who remain the same weight.

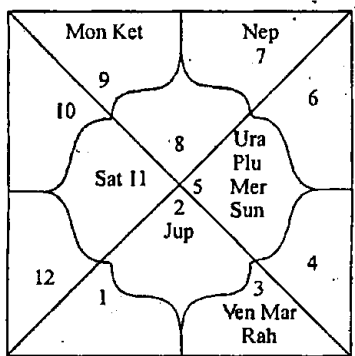
Astrological Factors of Obesity:

Everything in life depends on the strength of the horoscope, 9th lord/9th house, Jupiter and Sun. Dasa sequences as advocated by sage Parasar are stunningly accurate. When 9th house is weak, everything evaporates in air. We know that obsessed persons are not jolly persons. So there is something with the luck factor. Aspect of Jupiter or Rahu in Lagna makes somebody obsessed. When Lagna or its lord are influenced by watery planets Venus, Moon, one gains weight easily. It should be remembered that all extra weight persons have either afflicted 9th house or afflicted 9th lord, because they are unlucky persons. Either luminary in Cancer tends the mind to crave for eating, which may cause over eating and possibly obesity.. The Moon afflicted in Cancer or Scorpio indicates impure kind of obesity in females. Jupiter in 6th can make one obese due to overeating. Many planets in watery signs and involved in affliction may also cause obesity. Venus sometimes leads to obesity due to bad habits, sedentary habits and gastronomical indiscretions. Most parents love a fat chubby baby, with the result that they grossly overfeed their children. The eating habits formed in childhood continue for the rest of one's life. The author warns the parents, not to overfeed their babies, which will reduce the IQ level. A fat boy or a girl can never stand first in any examination. Most brainy and intelligent boys and girls come from the middleclass families of India. Afflicted Venus Moon, Jupiter and Rahu dasa antardasa produce a serious disease named obesity. We shall now discuss a fewcase histories with details of their achievements in life.

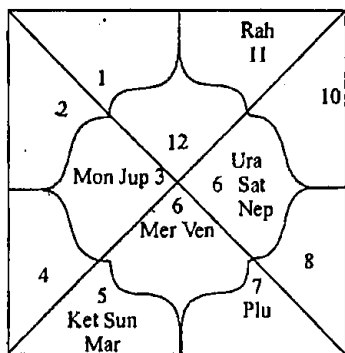
Example **24. Dull life of a fat man** : DOB 19-8-1964/12=30 PM./Gwalior Birth Chart : Scorpio Lagna; Sagittarius Ketu, Moon;

Aquarius Saturn (R); Taurus Jupiter; Gemini Rahu, Venus, Mars; Leo Sun, Mercury. Balance =Venus 12y 8m 9d

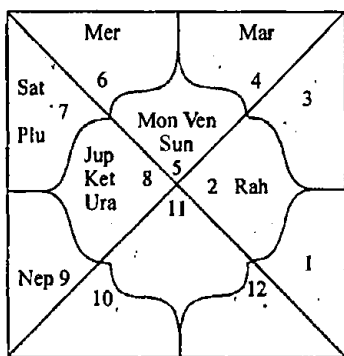
He was born in a rich family. His both the parents died in 2000 (mother in Feb. father in Nov). He is tall 5'11" with bodyweight 200 kg. He managed to pass BA and somehow his parents found a wife for him in 1993. He got a daughter on 21-3-1994, who is also a fatty girl. He never goes out of the house, spends time watching TV/reading various newspapers. His extra smart • younger brother runs the entire business, and gives him enough money for running his family. The author visited them in 2004. His Adhi Yoga, both from Lagna and Moon confirms his high status in life. Adhi Yogas provides wealth, without much difficulty. His Lagna lord is conjoined with Venus, and Rahu. So aspect of Jupiter in Lagna conjunction of Venus (a watery planet) and Rahu with Lagna lord Mars contributed to the haphazard growth. His 9th house is hemmed between malefics, and 9th lord is conjoined with Ketu. Retrograde Saturn in the 4th house added fuel to the fire. Affliction of 8th lord with Saturn & Ketu, added his sufferings. He is really very unlucky person, because of strained relationship with wife. Afflicted watery planet Venus dasa in his infant days brought his sufferings in the form of the obesity. He is a calm and quiet person, and accepted everything in real life with very cool brain. His younger brother is a very dynamic man with excellent health and happy married life.

Mon Ket 9 | Nep 7 | 10 | 6 | 8 | Sat 11 | Ura Plu Mer Sun 5 | 2 Jup | 12 | 4 | 1 | 3 Ven Mar Rah

Example 25. Fat son of a marine engineer in Mumbai : DOB : 26-8-1989/19=21 hrs/Calcutta. Pisces Lagna; Gemini Moon, Jupiter; Leo Ketu, Sun Mars; Virgo, Venus, Mercury; Sagittarius Saturn (R); Aquarius Rahu

His lord of Lagna is conjoined with a watery planet Moon and aspected

by Rahu, So Rahu and Moon contributed for his overweight. Venus (a watery planet) is also aspecting the Lagna. The author visited the above **family** in Dec. 2003 in **Mumbai** and saw the boy with his eyes. Look his 9th lord Mars is placed with 6th lord Sun and Ketu. His Sun is heavily afflicted,, by Mars, Ketu, Saturn is aspecting his 8th lord Venus. Obesity trapped him as soon as Jupiter dasa was switched on during his infant days. Jupiter and Rahu are the significators of obesity. He is very poor in his studies and is no way in comparison to his illustrious father.

Position	Sign	Planets
Top centre (1st house)	12	—
Top left	1	—
Top right	11	Rah
Left upper	2	—
Right upper	10	—
Left centre (4th house)	3	Mon Jup
Centre right (10th house)	6	Ura Sat Nep
Centre bottom	6	Mer Ven
Left lower	4	—
Right lower	8	—
Bottom left	5	Ket Sun Mar
Bottom right	7	Plu

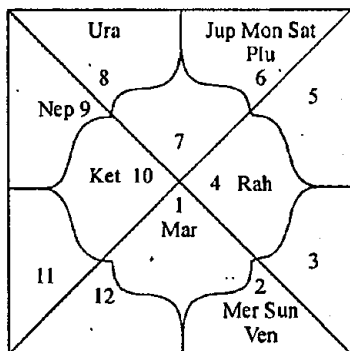
Example 26. Obesity turned the life to hell : DOB 6-9-1983, **4=55 AM/Gwalior.** Birth **Chart**: Leo - Lagna, Venus (R), Sun, Moon 3-5; Virgo Mercury (R), Libra Saturn; Scorpio Jupiter, Ketu; Taurus Rahu; Cancer Mars,

She is the only daughter of a prosperous businessman of Gurgaon. She was quite OK upto Oct. 2001. She was a slim lady upto Sep 2001 and was **pursuing BA** Eng (H) course. She passed Venus-Jupiter-Rahu dasa between 29-6-2001 to 23-11-01. From Oct Nov 2001, she gained 20 kg. She is **5'3" tall** and her weight feached 85 kg. All the planets in the dasa antardasa are placed in kendras and hence increased her weight. Rahu and Jupiter are the main significators of obesity. Retrograde Venus just delivered the worst results for her. Some how she managed **BA Eng** (H) degree but has lost charm in life. She cannot sleep, for the presence of debilitated Mars, in the 12th house of **Sun.** she has cynus problem which blocks her noses all the time. There was also an operation on the nose, which yielded futile results for her. She is

Position	Sign	Planets
Top centre (1st house)	5	Mon Ven Sun
Top left	6	Mer
Top right	4	Mar
Left upper	7	Sat Plu
Right upper	3	—
Left centre (4th house)	8	Jup Ket Ura
Right centre (10th house)	2	Rah
Centre bottom	11	—
Left lower	9	Nep
Right lower	1	—
Bottom left	10	—
Bottom right	12	—

suffering from anaemia, loss of appetite, can't digest anything, and getting pain all the body. She is using specks from the age of 15 yrs. Dasa of retrograde Venus in the star of Ketu proved very costly for her. Watch her 9_{th} **house/9^{th}** lord are spoiled by Saturn from the 3_{rd} house. So without luck it is not possible to do well on this planet earth. Everything evaporates in air, when 9_{th} **house/9^{th}** lord are weak and afflicted in the horoscope.

Example 27. Ruined education for obesity : DOB 14-5-1981 / 5=34PM/Delhi Libra Lagna; Capricorn Ketu; Aries Mars; Taurus Venus, Mercury, Sun, Cancer Rahu; Virgo Saturn (R) Jup., Moon 10-45.

He is the son of prosperous businessman, and went to Russia for studying Gemology during 1997-99. When all the kendras are occupied by **malefics**, the native does not enjoy good health. From the standard VI he started gaining weight during Mars-Rahu dasa. In 2006 he is 92 kg. He is only 5'6" so looks a very fat man. His Sun is <1°, and is placedin the 8^{th} house. He is not doing well in life. His handicraft (export) business not giving him sufficient money. His 9^{th} house is hemmed between malefics. His Rahu in 10_{th}, aspect of Jupiter on Lagnesh provided extra fat in the body. When Sun is in zero degree such natives always struggles in life. Six planets occupy 8^{th}/12^{th} houses. **Such** native goes down in the general scheme of life. He did not finish his studies in Russia and returned without any valid degree.

Ura 8
Jup Mon Sat Plu 6
5
Nep 9
7
Ket 10
4 Rah
1 Mar
11
12
3
2 Mer Sun Ven

DRUG ADDICTS

Opium, cannabis and coca have been used by humans for millennia. South American, Indian chew coca like we eat paan. Coca was originally the zing in Cocacola, and it gave the pep to Pepsi. A tea brewed of coca leaves is a healthy stimulant. In May 2006, **Promod**

Mahajan a senior most party leader of BJP, and ex-central minister, advisor to Ex-Prime Minister, Atal Behari Bajpai was killed with gunfire in point blank range by his younger brother in Mumbai. Within one month his private secretary Vivek Moitra died consuming heroin and his son Rahul Mahajan, returned from death. He was arrested from Apollo Hospital for the drug abuse but the court granted freedom observing his tender age and a nice family background. Over recent years, the habit of consuming drugs are increasing in the upper middle class family throughout the globe. Why Rahul Mahajan consumed heroin is a matter of controversy. Some people like to be very famous through scandals. One man's misfortune is another man's juicy gossip. In today's rumour hungry times, scandal management is a skill everyone should cultivate. Scandal management may stain relations but the stain is not indelible. Remember how Late Princess Diana chose to keep quiet whenever she was faced with a scandal. She clearly recognized the voracious appetite that the most competitive media in the world had for gossip and scandal, she kept tight lipped about her nine lovers. In fact, her supposed paramour, Dodi Fayed, had problems with drugs, money and prostitutes. But she remained mum. What needs to be examined here whether scandal scar celebrities forever. As media personality Mark Tully says, 'Scandals may strain reputation, but the stain is not indelible. Before long, the accused are back in public life, their kurta pyjamas whiter than white. Which is probably what will happen with Rahul Mahajan provided he makes the right moves. In Britain alone, it is estimated Vz million people are addicted to amphetamine, barbiturates, cannabis and other drugs. It is estimated that several millions of people in Britain, USA, African countries, in Asia have one time or another committed legal offences by using cannabis and other such drugs, Cannabis, marijuana, hashish are all parts of the same plant, secretly grown in Afghanistan (80% total production), India and Pakistan. These drugs are sometimes called 'pot'. Hashish or charas is very popular in Indian lower class people. Some sadhus use charas for meditation purposes. The force of the intoxicant magnifies the force of his concentration, since the mind is a

chemical phenomenon. As the concentration is strengthened, the image of the deity of which is being continually formed, in the subtle body is made firmer and clear and this brings success at worship. Hashish is the pollen and resin of the cannabis plant. Charas is prepared by taking the fresh fleece from a slaughtering sheep, staffing it full of this resin, and burying it in the ground for a month. The fat from the sheep and the lanolin from the fleece mix with the resin and liquefy it, and the liquid drips into a little pot. After a month the pot is removed and there you have the charas. One of the big disadvantage of intoxicants is their side effects. Smoke chillum after chillum of marijuana or hashish and you are bound to develop a terrible cough and probably chronic bronchitis. One's liver will be damaged completely after drinking whisky daily. The effect of smoking cannabis comes within thirty minutes. If cannabis eaten, it takes at least three hours to get the full effect. Taking cannabis often give rise to a wonderful euphoric feeling and increases the person's response to external stimuli, colours and sounds. Social intercourse becomes much more intense and meaningful for such people. Cannabis makes one psychologically dependent. It may lead to a loss of interest in any purposeful occupation and also cause a general decline in initiative and efficiency. Drugs such as Benzedrine and Dexedrine, stimulates mental activity, reduce fatigue and depression prevent sleep and reduce the appetite for food. In 2006, a new drug, Ecstasy has entered the market. An addiction of 'hard' drugs such as heroin, has a disruptive effect on the psychological and physical development of drug users. Heroin is the most dangerous and a young heroin drug addict can die within three years. LSD is also a dangerous drug; 'bad trips' may mean a frightening, unpleasant hallucinatory experience lasting for several hours. Abnormal mental reactions may recur for hours, days or even weeks after exposure to this drug. For example, one may want to jump from a high window in the mistaken belief that one can fly. Drug abuse and addiction is a widespread social problem. Millions of people battle addictions to nicotine, alcohols and illicit drugs. Becoming addicted is not the intention of recreational drug use, but addition can occur when drug use becomes frequent.

Eventually it can become a habit, which is not only costly but also destructive. -The sadhus of India take tobacco, hashish to sharpen the mind. The author has found the natives who are very good in mathematics are usually smokers. Tobacco plant has hundreds of uses in Ayurveda. But today it is misused..Small dosage of alcohol does not permit heart attack. So casual use of tobacco and alcohol is not harmful. In an ordinary person the consumption of alcohol will lead to an enkindling of the Jathara Agni. Ayurveda recognized this and prescribes medicinal wines when there is a need to increase the appetite and promote digestion. Alcohol should sharpen mind, so much that a problem, which might take hours to think out in the normal state can be done instantaneously. Overdoses of every drug is very dangerous which generate many diseases and deaths are accelerated.

Detoxification Procedures:

We consume poison though drinking water, foods and through polluted air. Water is laced with chemicals foreign to our physiologists, so we should clean our body, regularly. One needs detoxification when: 1. Unexplained headaches or a back pain. 2. Joint pain or arthritis. 3. Falling memory. 4. Depression or diminishing energy. 5. Brittle nails and hair. 6. Abnormal body odour, coated tongue, bad breath. 7. Unexplained weight gain. 8. Frequent allergies. 9. A history of heavy alcohol use. 10 A history of natural or synthetic steroid hormone use. 11. An exposure to cleaning solvents, pesticides, diuretics and certain drugs. For a toxin free body, all one has to do is to eat a lot of fiber foods, drinks, lots of water (4/5 liters). Fruits, salads and green vegetables will clean the bowel. Scrubbing one's body from the ankle upwards help in lymphatic drainage, rubbing the nape of the neck with a towel improves blood circulation, and gently scrabbling the spine stimulates all organs. It is urgently needed to take shower daily and shake the skin clean using good toilet soap. Clean habits make anybody healthy. Toxins accelerate aging process. Body detoxification refers to the cleaning of bowels, kidneys, lungs, liver, blood organs involved in the expulsion of wastes

and chemicals. Drinking excess water will detoxify kidneys. Take carrot juice mixed with lime and a few drops of olive oil for cleaning the liver. It will clear all the junks stored in the body. Take this mixed juice for 7 days every month. Fasting once in a week is a good process in the detoxification of the poisonous materials stored in the body. Plato and Aristatole fasted regularly to enhance physical health and stimulate students for the mental powers. Pythagoras required for 40 days to purify body and mind through fasting before receiving his students.

Galen, Paracalsus and Hipocrates recognized as the founding fathers of Western Medicine prescribed fasting for all serious ailment. If we observe nature, we find dogs, cows and buffaloes refuse food, when they are ill. Dogs eat Durba grass and vomit. In this process they are cured. Frail, pregnant, heart patients, diabetic patients shall not observe fasting. They should eat very very less food for survival only. One should think before eating huge quantity of food, "when 250 gm of food material twice a day, can keep anybody healthy what is the use of consuming 5-20 kg of food daily and burdening the stomach? Only one lemon juice/day can keep anybody fresh beyond 65 yrs or so without consumption of much food. Gravy, French fries are responsible for cardiovascular disease and cancer. After 35, one should only eat boiled or baked potatoes. Oily foods are dangerous for health. Try to eat Indian chapati, salad, boiled green vegetables, yogurt and some seasonal fruits to live for at least 80 yrs without any disease. Avoid oil + ghee as much possible for eliminating heart diseases.

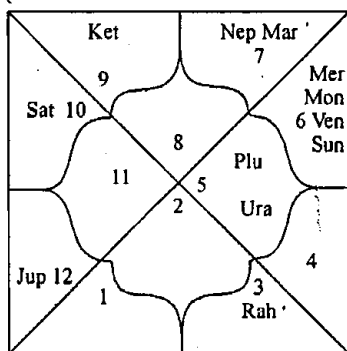
Planets and drug addicts:

Moon is the significatorof eating. If the lord of 2nd house is located with Saturn, Mars, Gulika, Rahu or Ketu, is in inimical navamsa and devoid of benefic aspect the native takes forbidden food. Basically, 2nd house and 2nd lord should always be associated with Jupiter, Venus, Mercury and the Moon. In case, it is associated with Mars, Saturn, Rahu or Ketu one's life will always be in turmoil. Such a person will be a compulsive liar and will not enjoy good social status. One will not be considered a

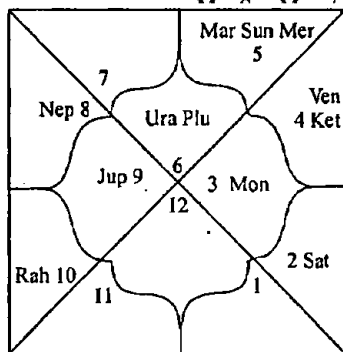
pious and good person but would be always regarded as a cunning person and people would always be on guard. The natives may insincerely express desires yet others may not believe them due to which a communication gap will be there. The author has traveled entire earth and has observed, semi liter.ate persons develop the habit of intoxication. Our education is controlled from the 2nd house, so naturally benefic planets in the 2nd house and combination of benefic planets with 2nd lord will produce highly qualified persons. The author worked with Prof. K.E. Heusler in West Germany, Prof. Kurt Schwabe in East Germany, Prof Howard Pickering in USA. All these three great professors are non-smokers and non-alcoholic. Prof. Heusler even hates cold drinks. The author has never found, more pious, more learned person on earth than them. It is probable the frustrations and inferior brain power makes drug addicts and alcoholic persons. Affliction of Saturn or twelfth from Saturn makes very repulsive habit of living, bad eating habits eating stale food, cold meat etc. So it is to be anticipated that all the drug addicts are sub-standard persons of the society. If somebody's child is not meritorious parents should watch him in such a way that the poor child does not become a drug addict. Everybody knows that Rahul Mahajan is not a good student. He failed miserably, in all the areas he had tried so far. He became a pilot, but was not allowed to drive the plane. He was forced to watch only. We feel sorry for Vivek Moitra. This poor chap, in order to please his new master Rahul Mahajan took heroin and lost his life. Think about agony of his aged parents who lost their only son through a tragic accident. In a sensational news in Times of India dated 21-6-2006 P 13, they are teenage girls of Indian origin, bom and brought up in Canada are increasingly turning to a life of crime, peddling drugs for easy money and to the able to boast of toughie boy friends on their arms. South Asian gangs are very serious in all of Canada. Besides British Columbia, these gangs are also a huge headache for police of Ontario province, which has also a dense population of Punjabis. According to J.N. Bhasin in Sarvarth Chintamoni P 99, Planets Saturn, Ketu and

Rahu stand for poison. So when 2nd lord, Moon are heavily afflicted, and a planet out of Rahu, Ketu Saturn occupy the 2nd house the native may take all forbidden drugs. Such natives also try to commit suicide by consuming poison. Ketu in 2nd invariably makes drug addicts. Mars is also a poisonous planet in the 2nd house, when it is aspected by an another malefic. Actually smoking and chewing are closely connected with Neptune. Neptune afflicted in Leo tends to suspension of the heart action though drugs, smoking opium and narcotics. Neptune in 2nd, 5th, 6*, 11th has the same effect. Afflicted Neptune in 6th, tends to make great smokers. This aphorism true to the knowledge of the author. Afflictions of watery signs by Mars or Saturn or both and afflictions to the luminaries the Ascendant and a malefic planet in 5th may lead to drunkenness. Venus afflicted in Aquarius indicate impure blood. Venus rules venous blood (white blood). We shall examine the chart of three drug addict cases

Example 28 : DOB 20-9-63, 11=15 AM, Gorakhpur. Scorpio Lagna, Sagittarius Ketu, Capricorn Saturn; Pisces Jupiter; Gemini Rahu; Virgo Sun, Moon, Mercury, Venus, Libra Mars.

He is the son an IFS officer. Ketu is posited in the 2nd house, 2nd lord is aspected by Saturn and is squared by Rahu-Ketu axis. Moon is in 30° and is also squared by Rahu-Ketu axis. He became drug addict at a very young age probably at the age of 17/18 yrs. as per the statement of his mother. He married a Nigerian girl at the age of 20, from there he fled to Russia and married Olga (13.12.1975, 3=30AM, Moscow). Sex and drug is his passion. Poor Olga digested this unhealthy guy for few years. She had 2 abortions, and finally they separated in 1996. This guy is a sex-maniac, alcoholic, drug addict and is a problematic child of his parents. When Sun and Moon joins Venus

one's married life gets ruined. Sun and Moon add cold water on the married life.

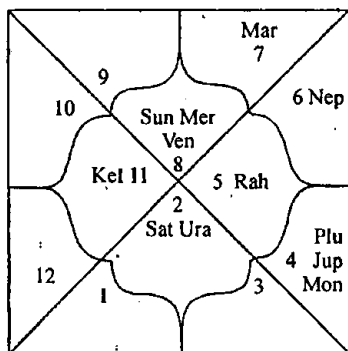
Example 29. Young age paralysis for drug addiction : **DOB2-9-1972,** 8=48AM, Kangra, HP. Virgo Lagna, Sagittarius Jupiter, Capricorn Rahu, Taurus Saturn, Gemini, Moon; Cancer **Ketu,** Venus, Leo Mercury, Sun, Mars.

He was very brilliant in his school/college days and became an electronics engineer from REC, Silchar, Assam and married his class friend in **Dec. 1998** during **Jupiter** Venus dasa. Soon after his marriage he started taking various drugs from his inferior office friends, some of them worked as peons. His 2^{nd} lord Venus is conjoined with highly poisonous planet Ketu and is further aspected by 6* lord Saturn. Moon is hemmed between **malefics**. Heavily afflicted sublord Venus added his suffering in life. He became paralytic in the left side and grew lunatic. He had to resign his job in 2000. His talented electrical engineer wife sacrificed for him. She is staying at home nursing her husband. She is earning her bread though tuition. In 2006 Aug, he has recovered from paralysis, but has lost memory. He is earning Rs. 5000 per month in a private company. When **8^{th}** house of Jupiter is occupied by retrograde planets, one fails to earn much money in life. Ketu in the 8^{th} house of Jupiter, decreased his wisdom, earning power recovery power. Saturn in the 9^{th} house, affliction of 9^{th} lord with Ketu heavy affliction of 3^{rd} house by Saturn **and** Mars did not allow him to prosper in his career. It is a case where we **find** Jupiter suffering from Kendra adhipati Dosha, showered cold water on his career. When **9^{th}** house and its lord are not favoruable, the native becomes a bundle of failures in life Being an educated person he consumed drugs. So God punished him severely for his misdeeds. One should never cross the

Mar Sun Mer 5
7
Nep 8
Ura Plu 6
Ven 4 Ket
Jup 9
3 Mon
12
2 Sat
Rah 10
11
1

limit. N.T. Rama Rao died during **Venus-Jupiter** dasa, **Jupiter-Venus,** Venus Jupiter dasa are bad for 99%persons of this earth for career. This dasa ruins one's career.

Example 30: DOB 28-11 -1942 at 7.02 AM Bankura, WB. Scorpio - Lagna. Mercury, Venus; Aquarius Ketu, Taurus Saturn(R), Uranus, Cancer Pluto, Jupiter (R) Moon 8-50.

Mar 7
6 Nep
9
10
Sun Mer Ven 8
Kel 11
5 Rah
2 Sat Ura
Plu 4 Jup Mon
12
1
3

This is the story of an unfortunate soul of Bengal. He lost his father at the age of 2, his elder brother reared him up with other **co-borns**. He was very intelligent, but developed taste for tobacco from the age 14/15 yrs. His 2nd lord Jupiter is a retrograde planet and is aspected by Saturn. Moon is also afflicted by same Saturn. 12* house of Saturn and Saturn himself is afflicted by Mars from Libra Rahu is aspecting his 2nd house. So he smokes heavily from 17/18 yrs. of age. He opened his life with retrograde Saturn for 11 yrs 1m 17 d it is well known that dasa of 8th lord from (Chandra Lagna) cuts the apple. cart of the native. Dasa of 8th lord did not allow him to grow well in life. He joined Bengal paper mill, Raniganj, at the age of 18, and became a clerk of the same company after passing B A at the age of 22yrs. but lost his job in 1983 when this paper mill closed its door forever. About 1 lakh persons were uprooted. His talented wife is maintaining the family. He married in 1977 and got a son in 1978. 7th house is opposed the 1st house. So any malefic planet in the 7th house may give too much troubles, hardships, oppositions and rivalries and this will take away his valuable time and energy to fight them out. His success may be delayed too much and his career may be ruined due to too much opposition and enemies. Malefics in Kendra produce Sarpayoga an inauspicious yoga, which ruins the native's health. Yes, he is a lean and thin man. Malefics in 7th will force the native to become sickly and this

will be the chief source of trouble. Saturn in 7th does not allow the native for the fuller utilization of his inherent talents. One who has either Mars or Saturn in the 7th house it is to be understood that he has done some bad deeds in his previous life. Saturn is more deadly. The author has observed, when Saturn occupies the 7th house in Navamsa even in its own sign, married life becomes very dull; When Saturn occupies the 7th house, such a native may engage himself in too much of disputes, enmity, rivalries and oppositions in early life. (Astrology Nectar by Dr. S.S. Chatterjee) If Rahu /Saturn/ Ketu or Mars occupy the 2nd house but the 2nd lord is influenced by yoga karakas or benefics (natural), the native does not develop taste for drugs/alcohol. Our opposition in life is governed by 2nd/4th/6th/7th/8th/12th. If two or 3 planets are located in these sensitive houses the native may develop of taste for drugs. Uranus and Neptune in sixth house are too dangerous, Neptune forces the native to consume hard drugs when placed in the 6* house. Uranus in 6th produces nervous disorder, sickness, puzzling medical attendant. Strange and incurable diseases, mental rearrangement, physic experience, insanity, treatment by radium for cancer etc. Betty Ford (Star Teller April 2006, P 429, Leo Lagna, .Mars; Sagittarius, Rahu; Aquarius Venus, Moon, Pisces Sun; Aries Mercury; Taurus Jupiter, Gemini Ketu; Cancer, Saturn ®), ex first lady of USA (wife of Gerald Ford) consumed drugs in her young age for the affliction of 2nd lord Mercury by Rahu and Saturn, her 2nd house was squared by Rahu Ketu axis. 2nd house was aspected by Saturn and Sun.

How Cocaine hijacks our brain functions:

The chemical responsible for loving Cocaine has now been identified (TOI, June 2006, P 29). Snorting or. smoking Cocaine triggers the production of dopamine in the brain's pleasure center, causing a feeling of reward that gives addicts a high and hooks. Dopamine triggers comings by bonding to receptors in a brain region associated with motivation. Under the influence of this drug, the patient will like to fly like a bird and may jump out of the window. So too much of Cocaine

addiction may bring untimely death. The greatest football player of all centuries Maradona of Argentina became a Cocaine addict from 2002 onwards. In 2004 he was not allowed to play world cup for the identification of drugs in his urine sample. Cocaine is a South American Drug. Heroin is originated in India, Nepal, Pakistan and Afghanistan. Because of drug laws, poor people consume cheaper adultered concoctions, like crack and smack, and these are extremely harmful. Getting pure drugs is impossible today, for only brands can ensure purity. With brands we can better promote public health. Basically all the strong drugs adversely affect mental and physical health will continue to prey on the curiosity of the young. The US sponsored and UN supported war on drug is unwinnable. It is the hubris of those armed with state power that keeps it continuing. The Rahul Mahajan, Vivek Moitra case occurred in a Lutyens designed ministerial bungalow, the citadel of State power. If drugs are used in such a posh area, what hope is there that a dysfunctional police force like ours will ever succeed in eradicating these vices.

Alcohol deadlier for teenage brains:

According to TOI, July 6, 2006, 47% of those who begin drinking alcohol before the age of 14 become alcohol dependent at some times in their lives. Pregnant woman and teenagers should not drink alcohol. Today public health experts regularly warn that teenage drinkers run greatly increased risks of involvement in car accidents, fights and messy scenes in their hostels. Mounting research suggests that alcohol causes more damage to the developing brain of teenagers that was previously thought injuring them significantly more than it does adult brains.

List of all drugs upto 2007:

Cocaine Katamine Gammahydroxybutyrate (GHB or Grievous bodily harm) Solvents (tolune, glue, paints). LSD MDMA (Ecstasy, Stacy, Adam, Eve) Crystal methamphetamine (Ice) Prescription drugs (sleeping pills, pain killers) Marijuana (pot, weed, grass, boom)

Crystal Methylamine. Crack (cruder cocaine mixed with baking soda/ammonia and water)

Young and restless persons are the victim of drugs. Awareness campaigns in schools and colleges curbing easy availability and law enforcement are the three prongs of a stragedy to combat drugs. Despite much publicized death drugs and arrests, Delhi's youth continues its dangerous experiments with drugs. Some men·use it as a bait to hook woman, others know that it would give the girl high and would hopefully lead to great sex. Some believe that ecstasy and cocaine enhance sexual pleasures, In fact, that is the reason why some couples do drugs together, little knowing that certain drugs have been proven to cause sexual disorders, including erectable dysfunction. Let all the parents persuade their children not to touch drugs which ultimately ruin one's future and health. Alcoholism, as the addition is called pernicious. It gradually and effectively weakness the nervous system in the body. A time comes when the patient is no longer in control of his muscles as the motor never carrying to brains message to the muscles fail to function.

CANCER AND ITS REMEDIAL MEASURES

In the body millions of new cells are formed everyday and they replace the old worn out cells. This process is carried out by the spleen and it is cleared and controlled by the lymph glands. When we neglect our body, the process of regeneration of new cells slows down while the process of decaying destroying of cells increases, more toxins gathers in the body, the spleen and lymph glands are overburdened. Slowly but steadily, there is a malignant growth in the body, but it is not easily noticed. In the meanwhile, the toxins/wastes are gathering in the body in the part which is most damaged. Only when these toxins are gathered in a large quantity, it forms a duct and start developing fast. In the meantime, the weak lymph gland is greatly damaged and through it throat glands are damaged. And a stage is reached when these glands become toxins and instead of secreting the most vital hormones in the

body start secreting toxins in the body. At that time this malignant growth becomes fast and the final signal is given by nature. Cancers are of two types benign (for slow attack, Jupiter is the significator of benign. Systematic growth is governed by Jupiter) and malignant (or rapid attack controlled by Rahu. Rahu represents haphazard growth). If a cancerous tumour of malignant type (Cancer is actually a special form of tumour) is removed before the cancer cells travel to other part of the body, the danger of cancer is removed. Benign tomours represent the accumulation of cells which have been transformed to reproduce in abnormal numbers but under circumstances where they remain within the tissue of origin. Cancer in males generally appear in the lungs, digestive system, mouth, larynx, colon and in the prostrate gland. In the females, the cervix ranks first followed by breast, food pipe, ovaries and stomach. There is some evidence that the Cancer of the cervix in women and of the prostrate in men are found more often in those who started sexual activity at a much younger age and those who changed partners frequently.

Warning signal of cancer:

a) Loss of weight. b) A sudden change in the size of colour of a wart or mole. c) A lump or thickening in the breast. d) Unusual bleeding or discharge. e) Hoarseness of voice or persistent cough which does not respond to medicines. f) Indigestion or difficulty in swallowing. g) A change in bowel habits or alternating constipation and diarrhea. h) A sore or ulcer that does not readily heal. i) Constant fever.

Astrological Aphorisms of Cancer:

Cancer is generated in the body when 1st/6th/8th lords makes any relationship with Mars, Rahu and Saturn. The role of various planets in producing cancer in the body are as follows:-

Sun Head (brain), bone, stomach, eyes

Moon , Blood, breast, lungs, heart

Mars Blood, sex organs, uterus, waist, muscles

Mercury Mouth, naval region

Jupiter Liver, tongue, spleen, thigh

Venus . Sex organs, prostrate glands, kidney, throat

Saturn teeth, legs, hands.

1. When the sixth lord is a malefic and is posited in 1/8/10 houses, this disease is caused.
2. Conjunction of Jupiter, Ketu. and Venus is any sign may cause Cancer.
3. When Saturn and Mar,s are posited (either by contact or aspect) opposite of Jupiter or Rahu, Cancer may occur.
4. If Moon is afflicted by three malefics and the lord of Lagna is weak, cancer is sure to attack.
5. According to Virgu Samhita, when either 6th or 8th lord is posited in Lagna and is afflicted, one may have tumour. Cancer is actually a special form of tumour.
6. when Sun, Moon and Lagna are afflicted, one may have Cancer.
7. Mars in the 6th house identical with a fixed sign will cause cancer.
8. When Saturn, Rahu and Mars are posited in any sign, the native may have cancer. These planets should not be yogakaraka for the ascendant lord.
9. When Cancer, Scorpion and Pisces are afflicted (or 4,8,12 house) blood cancer occurs. Moon should also be afflicted.
10. When all the benefics are weak, Rahu and Mars are posited in any sign, cancer may occur.

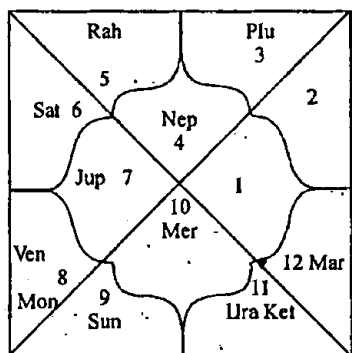
Cure of Cancer:

At present, the four effective methods for treating cancer are : (a) surgery (b) radium therapy (c) cobalt therapy (d) chemicals. There are thousands of cases that have been completely cured by these methods. Early detection of cancer disease may save the life of the

patient. A variety of fresh fruits and vegetables, high fiber legumes, and whole grain breads are not only high in vitamins and minerals but may also protect against cancer. Folate (found in liver, broccoli and other cruciferous vegetables) is known to reduce proliferation of cancer cells. Alcohol is not permitted.

Example **31 :** DOB: 13-1-1923, **5:53PM,** Delhi. Cancer Lagna; **Leo** Rahu, Virgo Saturn, Libra Jupiter, Sagittarius Sun; Capricorn Mercury, Aquarius Ketu; **Pisces - Mars.**

Rah 5
Plu 3
2
Sat 6
Nep 4
Jup 7
1
10 Mer
Ven 8 Mon
12 Mar
9 Sun
11 Ura Ket

This is the birth chart of a very rich man of Noida who started his career from a scratch. **He** earned maximum amount of money in Mars Mahadasa and his wife also inherited huge money from her maternal **uncle.** He had a very robust health upto June 1993. He **died** of throat cancer on **17.10.1993** at 10:25 PM (earlier I already had forecast his cancer and the possible date of demise) while he was passing Rahu-Rahu dasa. Third house of **Janma Lagna** is heavily afflicted by Saturn, Rahu and Mars which **fall** in Virgo, a quite sensitive house. The other very sensitive house Pisces is occupied by Mars and Ketu, which is his 9th **house from** Janma Lagna. **A native** rises very high **in life** if he has Mars Ketu in favourable positions but they die **in** mysterious circumstances. Observing Mars Ketu in Pisces and Severe **affliction of** Virgo **Pisces rasis I passed a** forecast **in** early 1993 **that** he **would die of cancer** in 1993 which stunningly came **true.**

Third house of zodiac **is** heavily afflicted by Pluto, Mars and Saturn and Rahu. 3rd house of Chandra Lagna is afflicted by **8th** house mercury **from** this **Lagna.** So according to the principles of Sudarsan Analysis he, developed Cancer in throat (governed by third house). Other yogas **for** cancer **may** be summarized as below:

(a) When **Saturn & Mars are** posited (either by contact or by

aspect) opposite to Jupiter or Rahu, Cancer is sure to occur. He had Saturn and Rahu in Virgo opposed to Mars and Ketu in Pisces. So he developed cancer.

(b) 8th lord Saturn is heavily afflicted by Mars and Rahu. So he suffered from cancer disease.

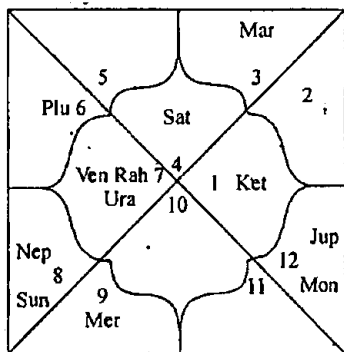
(c) Lord of Lagna Moon is heavily afflicted by Saturn which is carrying the influence of Mars and Rahu.

(d) Afflicted Mercury produces cancer in the body (Jyotisha Siddanta, P 650, Oct 1991). Both the houses of Mercury (Virgo and Gemini) are heavily afflicted by malefics.

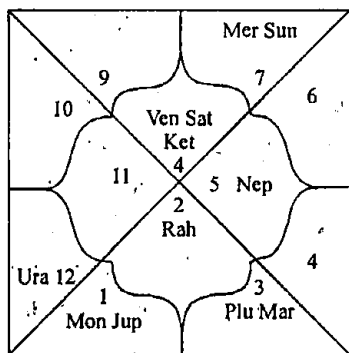
(e) 6th lord Jupiter is in the house of Venus which is debilitated in Navamsa and is afflicted by Sun and Ketu. Venus is known to produce cancer in throat.

Example 32 : DOB 13-12-1975, 7=35 PM, Calcutta, Cancer Lagna, Saturn(R) Libra Venus, Rahu; Scorpio Sun; Sagittarius Mercury; Pisces Jupiter, Moon; Aries Ketu; Gemini Mars(R)

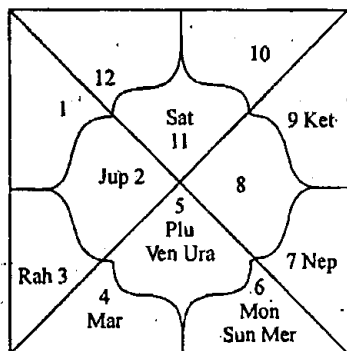
The native's 3rd house is occupied by a dangerous malefic Pluto, which is afflicted by Mars, Saturn, Rahu (by weak 2nd aspect) and 6th lord Jupiter. 3rd lord Mercury is posited in the 6th house (house of disease) and is afflicted by Mars.

The 3rd house of both Chandra Lagna and Surya lagna are afflicted. According to Harihar Mazumdar, a famous Bengali writer, afflicted Mercury produces Cancer in the body. Hence according to the principles of Sudarsana Chakra, the native developed a tumour in the serratus anterior region under the right arm. Lagna, Sun and Moon are all afflicted by the 6th lord Jupiter. He died of cancer vide the rule nos. 3,5 & 6 under astrological rules of cancer. His cancerous attack was benign type since the strong involvement of Rahu was

absent. He died during Venus-Rahu dasa. His Janma Lagna & Janma Rasi were posited in the negative signs making the body vulnerable for external attack. A retrograde malefic planet in 12th spins a man like a wheel. A malefic in Lagna always speaks evils for the native. His all Kendras are vacant and 10th house is occupied by Ketu, aspected by deadly Saturn. Ketu in 10th aspected by Saturn did not allow any career for him and killed him while he was a kid.

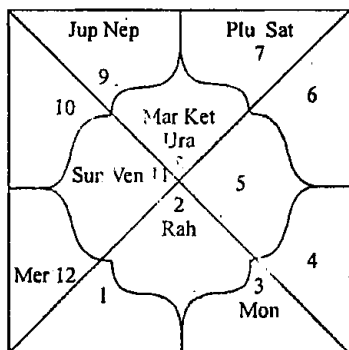
Example 33. Recovery from Uterus cancer : DOB 28-10-1928, 9:25 AM, Calcutta, Scorpio Lagna, Venus, Saturn, Ketu, Aries Moon 0-43,, Jupiter (R); Taurus Rahu; Gemini Mars, Libra Sun, Mercury (R).

She was born in a good family in Bengal and suffered heavily at the hands of destiny. She lost her father at the age of 10, body's chemical metabolisms are controlled by the planet Venus. Since this planet is decremented (180° away from its own house) and afflicted by Saturn and Ketu. Saturn Ketu in Lagna can generate unknown diseases in the body not detectable by doctors. She suffered health hazards throughout her life. Malefics in Lagna spells trouble for the native. She suffered from gall bladder stone problems also. Rahu Venus dasa killed her husband in April 1992, and during the Rahu - Sun dasa in April 1993, she was attacked with cancer in Uterus, Gajakeshri Yoga, Adhi Yoga cured her through proper medical treatments. Her 8th house is occupied by Mars, 8th house of Moon are occupied by Saturn and Ketu, 8* house of Sun is occupied by Rahu. So according to the principles of Sudarshan Analysis, she developed cancer in sex organs. Mars is well known to produce cancer in uterus. Her Mars is the 6th lord and hence initiator of all diseases. This Mars is posited in the 8th house from it own house, Scorpion and hence produced cancer in privities.

She is still alive in 2007.

Example 34. Death for cancer : DOB 5-10-64, 3:30 PM, Calcutta. Aquarius Lagna, Saturn (R), Taurus Jupiter (R), Gemini Aquarius Lagna, Saturn (R), Taurus **Jupiter** (R), Gemini Rahu; Cancer Mars; Leo Venus; Virgo Mercury, Sun, Moon; Sagittarius Ketu

Her Lagna is occupied by Saturn (R), and aspected by Mars. Malefics in Lagna spell trouble for the native. **6th** houses of Sun, Moon, Lagna are afflicted. Debilitated planets causes some **deficiency** of the house, wherever they are located. Abdomen is controlled by the 6* **house.** Cancer caught her in Sept. 2003 (Jupiter Venus Venus dasa) and she died on **19-5-**2004 within six months (Jupiter Venus Rahu dasa) Jupiter provides recovery power. Unfortunately her Jupiter . is retrograde in the **4th** house and is debilitated in Navamsa Jupiter Venus dasa is peculiar to about 90% persons on this earth. Dasa of benefic planet in retrograde motion produces always peculiar diseases. Sun, Moon in conjunction with 8* lord in **8th** squared by Rahu Ketu axis decreased her life span. When Kendras of 6th lord are occupied **by** malefics one suffers from many litigations in life. Sun, 8th lord Mercury, Rahu and Ketu in the angles of 6th lord Mercury brought her end through a painful experience. A certain geometrical position of Saturn with reference to Mars and Moon vis-avis the Ascendant or the **6th** house or **8th** house can predispose one to cancer. Her Saturn and Mars are in 6/8 relations, Saturn and Moon also in 6/8 relationships, Lagna and 6th house are occupied by malefics, 6th lordis squared by Rahu ketu axis. All these unfortunate planetary configurations produced cancer **in** her **stomach**. Astrologically **the** digestive organs are collectively governed by Virgo and Scorpio. Upper intestinal tract is Virgo and lower **tract** is Scorpio. Her Virgo is occupied by **6th/8th** lords squared by

Rahu-Ketu; Scorpio is aspected by Saturn. Afflictions of $6^{th}/7^{th}/8^{th}$ houses produced cancer in the digestive faculty. Sun in Taurus aspected by malefics produce Tumours but afflicted Sun in Virgo produces ulcers in the stomach (AM, Nov 1991 P 836)

Example 35. Successful cancer operation : DOB 13-3-1984, 00.10 AM, Chennai

Scorpio Mars, Ketu, Taurus Rahu; Gemini Moon 24° • Libra Saturn (R), Sagittarius Jupiter ; Aquarius Venus; Pisces Mercury, Sun.

8* lord is placed in the 5* house, and is debilitated her Saturn in exalted but retrograde. A retrograde malefic like Saturn or Mars in 12^{th} spins anybody like a wheel. An exalted planet in retrograde motion behaves like a debilitated planet. Saturn is the bestower of sufferings. She developed a tumour in the left side just under 12^{th} rib, above the abdomen region in Jan 2006 (Governed by 5_{th} **house**). When Aquarius and eleventh house are afflicted the disease will be left side. Her 11 * house is afflicted by Sun and Rahu. **Aquarius** is vitiated by 12^{th} lord. 11^{th} lord has conjoined with 8^{th} lord. Hence the tumour generated in the 5^{th} house area in the left side. A successful operation took place on 14-5-06. Strong Jupiter in his own house saved her life. 6/8 relationship of Saturn, Mars generated the cancer. Her operation took place during Saturn Moon dasa. Look Saturn is in the 12^{th} house (hospital), Moon is in the 8_{th} house (death). A planet in the 8^{th} house of Lagna tries to tear the native apart when it gets the opportunity, particularly when it is alone. ***That is the reason Mars in 8^{th} house acts as graveyard for ladies***. It is also better to have number of malefic & benefic planets in 8^{th}/or 12^{th} for a comfortable life on this planet earth. This is the discovery of the learned author (Advanced Predictive Astrology, Vol 1, P 37 by Dr. S.S. Chatterjee) . She is a student of final year of biotechnology and her

father is a GM of NTPC/Noida. Gaja Keshari Yoga, Mudrika Yoga(Jupiter-Moon, Mercury in mutual angles) Budhaditya Yoga saved her life.

A large number of experts have recently written books describing the advantage of high fiber diet. Roughage or fiber is essential for good bowel movement Cancer of the colon is the 2[nd] largest type of Cancer after cancer of lungs. In the USA alone, 10,000, new cases of colon cancer are reported every year. It is thought that the faecal matter lying in the colon for long periods also the pressure in the colon might be the cause of Cancer of the colon, especially as cancer of he colon is very rare in rural Africa where the transit time of bowel movement is relatively more rapid, so it would appear that cancer of the colon might be avoided by keeping a high fiber diet (such as whole wheat flour, unpolished rice, fruits, vegetables and pulses).

Gomedh, Pearl, white coral, Blue sapphire and Ruby have the power to cure cancer. Astrologers should prescribe the appropriate gems for the lord of Lagna and for the weakest planet, all infections in general are controlled by Gomedh.

LIVER DISEASE

The liver is a large reddish brown organ consisting of four lobes which are draped and to one side of the stomach just beneath the diaphragm. This three pound (1200-1500gm) organ operate as the chief chemical plant of the body . A few of its process are listed below : (a) bile production (b) detoxification (c) diaminations the liver, by a complex series of enzyme reactions, converts the part of amino acids into a waste called urea nitrogen (NH_2-CO-NH_2), which is carried by the blood to the kidneys for excretion. (d) erythrocyte destruction (e)allocation of glycogen i.e. maintains sugar level of blood (f) manufacture of fibrinogen and Albumin (g) Vitamin A storage.

Excretory substances are classified as carbonaceous if they contain carbon dioxide, nitrogenous if they contain nitrogen-carbon materials or minerals if salts are involved and water.. Nitrogenous wastes are

particularly highly toxic and much be quickly removed, because they can rapidly accumulate in the blood and cause death. A number of organs viz liver, lungs, skin and kidney are involved in excretion in mammals. The lungs deal with excess carbon dioxide and water, both being products of respiration. Amazing , our bodies can still function when only ¼ of the liver is healthy enough to operate, unlike most other organs, even after severe damage, the liver can regenerate itself by growing new cells. Liver diseases are common but expert feel that many cases could be prevented by careful attention to diet and by hygiene.

Jaundice/ Cirrhosis :

When something is wrong with the liver or gall bladder, bilirubin tends to accumulate in the blood and the skin and whites of the eyes look yellow and because too little bile is reaching the intestine, the faces may be pale and grayish in colour.

Physiology of bile production.:

The lever reduces all our food into protein, carbohydrates and fats, it also deals with toxic substances such as drugs and caffeine which come to it from the stomach and intestines. In a very short time, the poisons and unwanted substances which pass through the liver are neutralized and purified blood reaches the heart. In the fact liver operates 24 hrs a day rescue service, cleaning the blood of poisons or rendering them harmless. Bile is a thick; bitter yellow or greenish fluid made in the liver and stored with in the gall bladder. Released from the gall bladder into the small intestine in response to the presence of food, it is essential to the digestion of fats. It is also part of body's excretoty or waste disposal system, because it contains the remnants of worn out blood cells.

Everyday the liver produces about 500-600ml of bile, which is alkaline in nature (pH 7.4)Major components of the bile include water, (95%) and a wide range of chemicals including bile salts, mineral salts, Cholesterol and bile pigments which give the bile its own characteristic

colour. The bile stays in the gall bladder until given the cue to play its part in the digestive process: As food but particularly fatty food enters the duodenum (the first portion of the intestine) from the stomach, the duodenum makes a hormone, called cholecystokinin. This hormone travels in the bloodstream to the gall bladder and makes it wall contract so that the bile is squeezed out. The bile then flows down another tube, the common bile duct, and though a narrow gap, the sphincter of oddi, which lets bile into the small intestine. Bile's mineral salts which include bicarbonate, then neutralize the acidity of partly digested food in the stomach. The bile salts, which are chemicals called sodium glycocholate and sodium taurocholate, break down fats so the digestive chemicals (enzymes) can go to work. Bile gets it colour for the presence of a pigment called bilirubin. One of the many jobs of the liver is to break down worn-out red blood cells. As this happens, the red pigment hemoglobin in the cells is chemically split and forms the green pigment biliverdin which is quickly converted to the yellow brown bilirubin. The greenish tinge of bile is given by the remnants of unconverted biliverdin. As well as pigmenting the bile,.bilirubin colour are partially deodorizes the faeces, and also encourage the intestine to work effectively. Bile pigment is also responsible in part for the yellow colour of the urine. In the intestine, bilirubin is attacked by bacteria permanently stationed there and converted to a chemical known as uribilinogen which is carried to the kidneys and released in the urine. The liver disease appears in the form of Jaundice, yellow colouration of skin etching , nail clubbing, weakness, indigestion. Liver disease occurs due to the damage of liver cells by alcohol or water born bacteria (know as Hepatitis). Liver diseases are very dangerous Cirrhosis of liver occurs by the excess consumption of alcohol.

Protection of Liver disease :

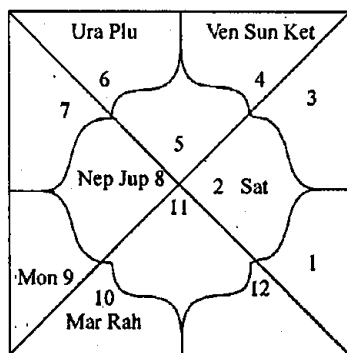
1. Eat small, frequent meals. Fish oils are good. Take nuts, lot of carbohydrates, fresh fruits, Papaya and cane sugar juices which are excellent. Avoid oil and ghee. Drink excess water and less salt. Take Sorbilin an allopathic drug 200 ml.

2. Avoid excess food, drinks and alcohols for avoiding cirrhosis of liver. Excessive eating and drinking have probably caused for more causalities among human being than all the bullets and bayonet of a civilization. Eating less never causes harm, it can only do good.

Astrological background :

When there will be a weak Lagna or badly aspected Lagna with affliction of Jupiter anywhere in the horoscope, the person will suffer from a liver disease in the form of cirrhosis, leading to generalized body weakness. If the 5th house is also afflicted along with Lagna, the liver damage will be more severe in the form of different hepatitis. If Jupiter and Saturn are in association or Jupiter and Saturn in mutual angles, there will be improper functioning of the liver throughout the life. When Jupiter and Saturn are in the 5* house are aspected by other malefics, there will be severe chronic liver disease leading to hepatic coma and death of the person. The author has Jupiter and Saturn in the 5* house. aspected by benevolent Venus from the 11th house. In 1995 during Venus Saturn Jupiter dasa (he has Capricorn Lagna) he suffered from mild cirrohis of liver, A child having Virgo Lagna, (9-5-1986, 2=37 PM, Kolkata) with Saturn in Scorpio and Jupiter in 6th, in Aquarius suffered from liver infections, jaundice at 11* lord Moon's dasa in 1994, at the age of eight yrs. Aspect of natural benefics on Saturn Jupiter combination will not cause severe liver diseases. Now I shall describe a few case of severe liver diseases.

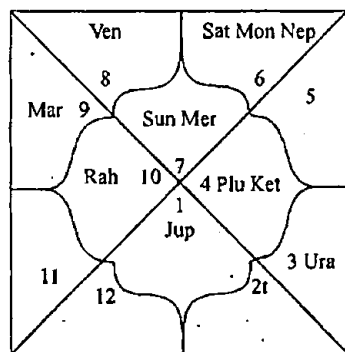
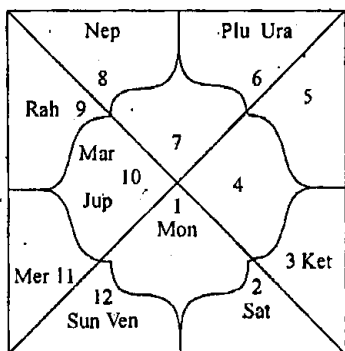
Example 36. **Cirrhosis of liver** : DOB 5-8-1971, 8=10AM, Delhi, Leo Lagna, Mercury, Scorpio Jupiter; Sagittarius Moon; Capricorn Mars, Rahu; Taurus Saturn; Cancer Venus, Ketu, Sun.

This is the case of excess whisky drinking. He fell ill on 2-6-2006 and was

hospitalized for 40 days starting from 16-6-06. his Jupiter is aspected by Saturn and Ketu. Rahu. Ketu dasa is always bad through 6^{th}/12^{th} axis.

Example 37. Serious jaundice : DOB 4-4-73, 8=20PM, Calcutta. Libra Lagna; Sagittarius .Rahu; Capricorn Mars, Jupiter, Aquarius Mercury; Pisces Sun, Venus; Aries Moon, Taurus Saturn; Gemini Ketu

The native is an M.Sc (Chemistry) and works in a private company as a chemist. He suffered from Jaundice in 1999 during Sun Jupiter dasa and again in July 2006 during Moon Jupiter dasa. Dasa of 11^{th} lord brings many diseases, when the sub lord is weak and afflicted. Here Jupiter is debilitated and is conjoined with malefic Mars. Moon is hemmed between malefics. So Moon Jupiter dasa also generated jaundice in the body. This example definitely proves that Liver in controlled by Jupiter and Jaundice surface out during antardasa or pratyantar dasa of weak Jupiter.

Example 38. Abscess of liver : DOB 17-10-1952/8=20AM/Pathankot.. Libra Sun, Mercury; Scorpio Venus; Sagittarius Mars; Capricorn Rahu; Aries Jupiter (R); Cancer Ketu; Virgo Saturn, Moon.

Here Jupiter is retrograde and placed in a Kendra squared by Ranu Ketu axis. Benefic planets in Kendra invariably brings many diseases in life. He served as a commissioned officer in Army between 1974-79. he resigned in 1979 (Rahu-Mercury dasa) with a very minor issue with his senior officer. When a yogakaraka is placed in the 12^{th} house, such a native entertains destructive thinking. He struggled very hard in life with many

changeable business with two kids and wife. He developed abscess of liver during Jupiter Rahu dasa in Jan 2004: Dasa of two retrograde planets cannot be very good. Kalsarpa yoga producing Rahu (even if one planet is outside Rahu-Ketu axis, Kal Sarpa Yoga a yoga of poverty and struggle exists) ruined him completely. Dasa of 6th lord retrograde Jupiter in the antardasa of Rahu was about to kill him. 5* lord in 12th afflicted by Mars added fuel in the fire. When the kendras of the 6th lord are occupied by malefics such a native's life becomes living hell. He can hardly manage his both ends meet.

KIDNEY AND GALLSTONE

The organs that specialize in excretion are the kidneys. The liver converts the amino acids through enzymes into a waste called urea (NH_2-CO-NH_2)is carried by the blood to the kidney for excretion. Red meat, alcohol, lentils, custard apple, chana, rajma, chiku, spinach and peanuts are rich in purine compounds (containing nitrogen) which rises the uric acid levels in the blood. Blood tolerates 0.55 ppm of uric acid in kids, 0.6 ppm in woman and 0.7 ppm in men. High uric acid level generates stones in joints, producing Gout, it increases highper tension. Take excess water and do lot of exercise to get rid of excess uric acid from the body. Breakdown product of high protein food breeds many diseases. Present doctors say an estimated one fourth obese children have high uric acid because of bad life style factors. Bile from the liver enters the duodenum via the common bile duct. About a one pint a day of this fluid is produced, some of which is stored in concentrated form in the gall bladder, a pear shaped organs lying under the right lobe of liver. Bile is an alkaline fluid rich in cholesterol.

Gall Bladder Diseases :

Even if the liver bile production system is working normally, things can go wrong in the Gall Bladder. Most notorious of gall bladder problem is gall stone. 75% of stones contain 50-98% cholesterol. The remaining 25% of stones contain bilirubinate (pigment stones) which are either black or brown in colour. While in some cases the cause of pigment

stones is haemolysis infection in the biliary tree. Sun is the karaka for all diseases concerning bowels and Mercury rules over the diseases of Gall Bladder. The root causes of the diseases of gall bladder are to be judged from the sixth house. When Kanya Rasi (Virgo), sixth house (either from Lagna or Moon), lord of sixth house, Sun, Mercury are afflicted and by any way related with the disease inflicting house or planet, they produce diseases in Gall Bladder. Saturn is the karaka for all stones. When malefic Saturn afflicted them or makes some relation with them, it causes stone in the gall bladder. When the combinations for gall bladder diseases are heavily afflicted by malefics, Rahu, Saturn and Mars etc and ascendant be also afflicted, they give rise to cancer of bladder. When the lord of Lagna and Mars are posited together in 6*/8*/12* houses, one may suffer from Carbuncle, rheumatism & Gall Bladder stones.

Kidney Problems:

Each kidney weighs only a few grams but in spite of that they contain more than a million filter units called NEPHRONS which filter the blood. Blood is being continuously filtered by the kidneys and the waste matter from the blood is taken to the bladder in the form of urine. The main function of kidney is to regulate the water mineral and food content of the blood. The most common disease of the kidney is a stone in a kidney which sometimes occurs if the body does not take enough fluid. In old days a badly damaged kidney used to lead to death, but now most countries in the world have artificial methods. The cleaning of the blood through an artificial kidney is called dialysis. Calcium salts, uric acid struvite ($MgNH_4PO_4$) are the basis of virtually all kidney stones. Calcium oxalate and Calcium Phosphate stones make 75-80% of the same stone. Calcium Phosphate in stones are usually hydroxyapatite [$Ca_5(Po_4)_3$] OH or less commonly brushite ($CaHPO_4, H_2O$).

Astrological Aphorisms for Kidney Diseases:

1: Venus is the lord of kidney. Moon and Jupiter are karakas for all

diseases and **weak Moon** is always bad for kidney.

2. When 7* house, lord of seventh, Libra Rasi, Jupiter, Moon and Venus are **afflicted**.. all these give rise to diseases in kidney. Affliction are caused by the lord of 6/8/12, Rahu, Saturn & Mars.
3. Saturn is the karaka for all stones. When Saturn afflicts **Tula** Rasi (Libra), 7* house, lord of seventh house, they give rise to diseases concerning kidney stones.
4. If Saturn is in Libra, afflicting Mercury **induces** very obscure spasms in the blood vessels of the kidney which frequently is confirmed after many blood chemistry examination because simply the conditions comes and goes.
5. people born in September October, when Sun is in Vrigo, suffer from afflictions of the lower abdomen or kidneys.
6. When Mars and Mercury being **malefics,** afflict the houses and planets ruling kidney, **they** produce tumours, abscesses etc. in kidney.
7. According to R. Santhanam **(Essential** of Hindu) Predictive Astrology), Venus in the 8th house **indentical** with Cancer/Scorpion and aspected by Mars or Rahu indicates kidney **disorders,** urinary diseases etc. **Ladies, suffer** from urinary diseases when Venus and Mars are posited **in** the 7* house.
8. Uranus in Libra indicates inflammation of the kidneys.
9. According to Dr. Jagnnath Rao in his book Medical Astrology has given a number of classical combination leading to kidney diseases (nephritis)

   (a) Sun, Saturn and Venus in the 5* house (b) Mars in the 10* aspected or conjunct with Saturn (c) **Sun** in Lagna and Mars in the 7* may lead to kidney **problems.**

Kidney Donation : In case of acute kidney failure one can be sure of recovery, if one gets timely treatment. There are two options (a) one is to keep the patient on **hemo-dialysis** (b) and the other is to get a kidney transplant. Dialysis could **prolong,** life, say upto 8 yrs, with all its

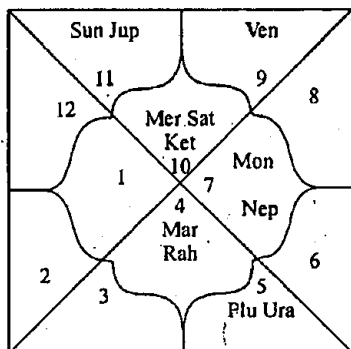
trauma. Kidney transplant, if it succeeds could prolong life from 5-15 yrs or even more. The treatment is very costly and beyond the reach of common man. Kidney donation is not a small sacrifice. Kidney donors undergo a pretty major operation and some of them have collapsed on the operation table itself. It is very surprising to note that all the kidney donors (voluntary donors)have afflicted Venus, 7* house/?* lord, sign Libra and Moon. They do have the symptoms like a kidney patient.

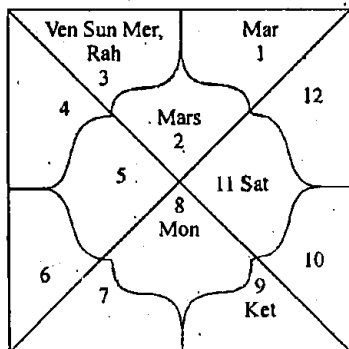
Protection of Kidney Diseases:

1. Cut down the foods high in oxalate. Oxalate rich foods include rhubarb, beets, nuts, toffee, chocolate, tea, berries, most of the dark green leafy vegetables, sweet potatoes, baked beans, lentils and beer. Water, lemonade and fruit juice (simple lemon juice) help to prevent the formation of stones.
2. Control blood pressures for avoiding damage of the kidneys. High or low blood pressures gradually destroys kidneys. It could start with early throat trouble.
3. Drinking enough fluid will prevent formation of sediment in the kidneys which may ultimately become a stone in the kidney.
4. Attempts to dissolve calculi (stones) in he kidneys have not been successful but an extremely expensive piece of apparatus called a LITHOTRIPTER is available in few centers and using this machine many calculi can be broken up in pieces in vivo, by application of shock waves to the body surface. The small piece of stones are then passed in urine.
5. Gems Therapy: gall Stones Emerald + Blue Sapphire, kidney Stone Dana farang, Peridot Jado (Kidney Ailments) Bladder Ailments Red Coral and Yellow Sapphire. Red Coral, Ruby and Emerald are also useful for the above diseases.
6. Hydrangea, a homeopathic drug is valuable remedy for gravel and for preventing the return of renal calculi. It is used in mother tincture.

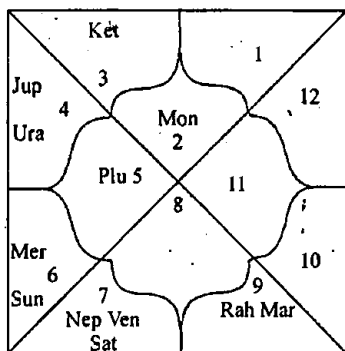
Example 39. Case of kidney stone: DOB 15-2-1963/5=20 AM, Delhi.

Capricorn Ascendant, Mercury, Saturn, Ketu; Aquarius Sun, Jupiter, Cancer Mars (R), Rahu; Libra Moon; Sagittarius Venus.

This is the **horoscope** of a rich businessman of Delhi. He had to undergo surgical operations for the removal of kidney stone twice in December **1983** and again in February 1984 during Jupiter Moon dasa. The astrological reasons for kidney stones are as follows: Venus is the lord of **Kidney**. Moon and Jupiter are the karaka planets for all diseases of kidney. When 7* house, Libra Rasi Jupiter, Moon and Venus are afflicted all these give rise to disease in kidney. In the above birth chart, we **find** that Moon is heavily afflicted in Libra Rasi by Mars and Saturn. Venus is debilitated in Navamsa and is afflicted by Rahu and Saturn. So he developed problems in kidney. Saturn is the karaka planet for all stones. When Saturn afflicts Libra Rasi, 7* house and the lord of 7* house, it gives rise to diseases concerning kidney stones. In the above birth chart Saturn is afflicting 7th house and the 7* lord, Tula Rasi. So he developed kidney stones. We should stoop down our head in gratitude and great respect to those Indian sages who have recorded the above aphorisms simply by observing **the** movement of planets **in the** sky.

Example 40. Case of a kidney stone : DOB 23-10-64, **3=55AM,** Delhi. Birth Chart : Taurus Lagna, Mars, **Gemini** Venus, Sun, Mercury, Rahu, Scorpio Moon; **Sagittarius Ketu'** Aquarius Saturn; Aries Jupiter

This is the birth chart of the Personnel Manager of a Company in Faridabad who married a Christian girl on **10.2.1990**

(inter-religion marriage) and got a male baby on 16-4-1992. For warding off evils, one astrologer suggested him to use one Pearl. He developed kidney stone problems within sixth month after wearing the above gem during Venus Venus dasa (in October 1990). One should hot use the Gems of 3,6,8 lords. One get kidney diseases when 7* house, 7* lord, Venus, Libra Rasi Moon and Jupiter are afflicted in the birth chart. His 7th house is heavily afflicted (affliction on 7* house offers poor health) by Saturn (karaka of stones) and Mars. 7* house of zodiac, Libra Rasi in Navamsa is afflicted by Mars, Saturn and Ketu. Venus is retrograde and is afflicted by Rahu Ketu axis in the Rasi Chart. For all these astrological he developed kidney stone.

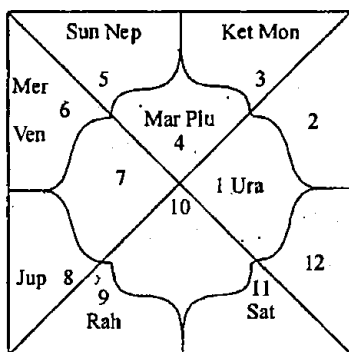
Example 41. Case of a kidney stone : DOB 17-9-54, 9-00 PM at Darbhagha Birth chart, Taurus Moon, Gemini Ketu, Cancer Jupiter, Virgo Mercury, Sun, Libra Venus, Saturn; Sagittarius Rahu, Mars.

This is the birth chart of an M.Tech (chemical) engineer from Kanpur IIT and is employed in PDIL, Noida. Married in 1983 and received his only son in 1985. The doctors told him that he was suffering from kidney stone problems (Rahu Mercury dasa). His Libra Rasi, Venus, Jupiter (afflicted by the 10* aspect of Saturn), 7* lord Mars (is afflicted by the 3rd aspect of Saturn), Moon (Moon is posited with Saturn in Navamsa) are all afflicted by Saturn. So quite naturally he developed kidney stone problems.

Example 42. Example of Gall Bladder Stone : DOB 9-9-1936, 3=3 0AM, Calcutta. Birth Chart : Cancer Mars, Leo Sun; Virgo Mercury, Venus, Scorpio Jupiter, Sagittarius Rahu, Aquarius Saturn, Gemini Ketu, Moon.

The native is a clerk in a government of undertaking in Calcutta who was operated upon for kidney stones in 1990 while he was passing

through Mercury Jupiter dasa. The astrological reasons for the kidney stones are as follows:

a. Moon is afflicted by Rahu and Saturn in Navamsa and is afflicted by Ketu in the Rasi Chart. An afflicted and weak Moon is always bad for kidney. The Moon is posited in the 12* house in Rasi and Navamsa.

	Sun Nep	Ket Mon	
Mer 6 Ven	5	3	2
7	Mar Plu 4	1 Ura	12
Jup 8	10		
9 Rah		11 Sat	

b His 7* house is hemmed between malefics and is afflicted by Mars.

c Jupiter is afflicted by the direct 10th aspect of Saturn.

d.). Venus is debilitated in the birth chart and is conjoined with the 12th lord Mercury. In Navamsa it is conjoined with Saturn.

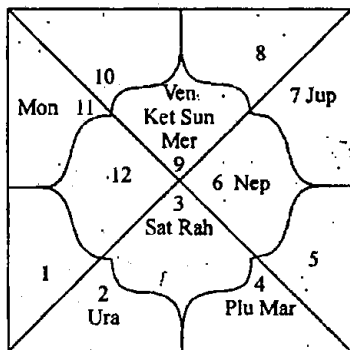
e. Libra Rasi is afflicted by Mars and Ketu.

f. 7th lord Saturn is afflicted by the 8* aspect of Mars.

So the afflicted 7* lord /7* house, Libra Rasi, Moon Jupiter and Venus gaye him kidney stones.

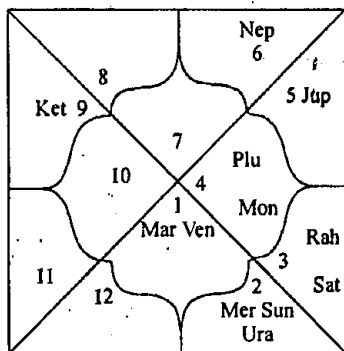
Example 43. A case of Gall Stone : DOB : 8-1-1946, **7=09AM,** Calcutta, Sagittarius Venus, Ketu, Sun, Mercury; **AquariusMoon,** GeminiSaturn, Rahu, **CancerMars,** Libra Jupiter.

	10	8	
Mon 11	Ven Ket Sun Mer 9	7 Jup	
12	3 Sat Rah	6 Nep	
1	2 Ura	4 Plu Mar	5

This is the **birth** chart of the wife of one of my colleagues in **PDIL,** Sindri, She was operated upon for the removal of gall bladder stones in October **1980.** while she was passing Saturn Rahu dasa. The astrological reasons for gall stones are as follows: Sun and Mercury are afflicted by

sixth lord Venus, Rahu Ketu axis and Saturn. 6* house from Lagna is afflicted by Uranus. 6* house of Chandra Lagna is occupied by Mars, 6* house of the zodiac is squared by Rahu Ketu axis. Sixth lord Venus is afflicted by Ketu and Saturn. Her 8* lord Moon is heavily afflicted by Rahu and 8th aspect of Mars, However this Moon is saved by the 5* aspect of Lagna lord Jupiter. According to the author, if Moon is weak and afflicted it will form stone in the kidney. Strong Moon afflicted by Saturn will favour stone formation in gall bladder provided other yogas for such stone formation exists in the birth chart. Readers m z v observe in this particular case, the Moon is posted in the 3rd house in Aquarius (Saturn's house) and Rahu is carrying the influence of Saturn on Moon. This Moon is posited in Pisces in Navamsa in her fourth house aspected by Venus. In summary it may be said that the afflicted 6th house /6th lord. Sun and Mercury with Saturn gave her Gall Bladder Stones.

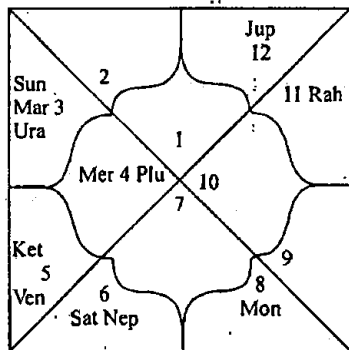
Example 44. Case of Gall Bladder stone : DOB 14-6-1945, 15=45 hrs, Bengal Time, Calcutta. Libra Lagna; Sagittarius Ketu, Aries Mars, Venus, Taurus Sun, Mercury, Gemini Rahu, Saturn, Cancer Moon, Leo Jupiter.

This is birth chart of a school teacher (MA English, B. ED) in Noida. She is the only child of her parents. She was married in March 1984 and received her only sun in May 1986. She was hospitalized in 9* December 1993 for abdomen pain and the doctors found that she is suffering from gall bladder stones. The reasons are as follows: Her Sun and Mercury are posited in the 8* house (a very malefic house).

Nep 6
8
5 Jup
Ket 9
7
Plu
10
4
1
Mon
Mar Ven
Rah
3
11
2
Sat
12
Mer Sun
Ura

hemmed between malefics. Again this Sun and Mercury are hemmed between malefics in Navamsa also, in Virgo. Rahu is aspecting both Sun and Mercury by its 2nd aspect and carrying the influence of Saturn with it. Saturn and Ketu are in Mercury's star therefore they are

indirectly influencing Mercury. 6th house of Janma Lagna is aspected by Saturn and the 6th lord Jupiter is afflicted by Ketu **and** Saturn. 6th house of Surya Lagna is afflicted by Rahu which is carrying the influence of Saturn. Her Moon is posited in the 10th house in her own **house.** this Moon is posited in Capricorn Navamsa Lagna. Hence Moon is quite strong in her birth chart. However this Moon is indirectly influenced by Saturn, because .**Moon** is posited in Mercury's house. This strong Moon influenced by Saturn favoured stone formation in her Gall Bladder instead of kidney. Strong Moon did not **allow** stone formation in her kidneys although she has all the >ogas for stone formation for kidney stones. The afflicted 6thhouse/ 6* lord, Sun and Mercury with Saturn (karaka planet of stones) gave her gallbladder stones while she was passing Moon Mercury dasa. Her gall stones were removed by lapcroscopic method in July **1995.**

'**Example 45.** Case **of kidney stones** : DOB 14-7-1951, 11-50 PM, Deoghar, Bihar, 24328N,86-43E. Birth chart: Aries Lagna, Gemini Sun, Mars; Cancer Mercury; Leo Ketu, Venus; Virgo Saturn, Scorpio Moon 1-32, **Aquarius,** Rahu; Pisces Jupiter.

This is the birth chart of a Geo-Physicist (M.Tech) from ISM, Dhanbad. He married in February 1979 and fathered two daughters. His father died in June 1988, (Mercury Saturn) mother is alive. He is a totally frustrated man because he did not get any promotion in his life time. He developed kidney **stone** problems in October **1989.** His Deha is Scorpio and Jeeva =Pisces, He is born in Apasaya group A with balance 54 yrs. His problem started inTula dasa. Its lord in **conjunctionwith** a node and hence brought health hazards. **In** Apasavya diagram the dasa of benefic planets yield worst results. When the lord of ascendant is a **malefic** and is **associated** with another malefic it

indicates some congenial disability. His Lagna is not receiving any benefic influence and is aspected by Ketu. Ketu in Lagna generates mysterious diseases. When Lagna and its Lord are both afflicted, the disability will be more tragic.

GOUT, ARTHRITIS & RHEUMATISM

Gout is a disease of the joint and is a form of rheumatism. It is a constitutional disorder connected with excess of uric in the blood, manifesting itself by inflammation of joints with deposition of monosodium urate monohydrate and also morbid changes in various important organs. Gout often occurs as a large, painful swelling the big toe, the ankle and the knee, the small joints of the feet and hands, the wrist and elbow follow in decreasing order of frequency. The affected join is hot, red and swollen with shiny overlaying skin and dilated veins. Gout result because of imbalance in the body, which causes an excess of uric acid. It is often a hereditary disease. Eating rich food such as liver, kidney or sardines, which are all high purine content, tends to intensify the incidence of gout. The bowels, the urinary tract, the skin and the nostrils all must expel the waste-matter from the body. If they become slack and do not function properly, these substances accumulate in the body and produce gout.

The word 'arth' means joint and 'litis' means 'inflamed'. Arthritis affects the joints and they become red, warm, swollen and are painful to move. Rheumatology deal with a heterogeneous group of diseases of connective tissues, joints and bones. Rheumatic diseases are conditions in which pain and stiffness of some part of the muscular-skeletal system are prominent. It is convenient, if rather arbitrary, to group these disorders according to whether the basis for the connective tissue pathology is primarily inflammatory, metabolic or degenerative. Inflammatory diseases of connective tissue include rheumatoid arthritis and other types of inflammatory and ineffective arthritis, the spondee arthritis and the diffuse connective tissue diseases characterized by multi system organ pathology, systematic disturbance

and evidence of immune dyseregulation. Metabolic disorders include the crystal deposition diseases, gout and chondrocalcinosis, while the predominantly degenerative disorders are osteoarthrosis, spondylosis and a number.of painful syndromes of the soft connective tissues. Arthritis is a very common affliction all over the world. It attacks people in different ways. Large number of people suffer from mild arthritis. The pain and discomfort in arthritis occur in various degrees of intensity. Osteoarthiritis is usually not serious. It occurs late in'life and sometimes causes a knobby swelling at the most distant joints of the fingers. Rheumatoid arthritis usually starts in middle age and can cause you to be sick and stiff all over, in addition to having joint pains. Ankylosing spondylitis affects the back and the joints of the lower back bone. You may be suffering from it if your back is sore for a long time, particularly if it is stiff in a morning and you are unable to touch your toes.

Astrological Yogas of Gout, Arthritis and Rheumatism :

Ache or pain in the body is due to congestion of carbon-dioxide, water, air etc. in the afflicted area. Gout and rheumatism bring painful swelling in the joints. Therefore, it is reasonable to assume the imbalance of wind (vata) in the system causes gouts, arthritis and rheumatism etc. Aswini, Arudra, Punarvasu, Uttara Phalguni, Hasta, Jyestha, Moola, Satabhisa and Purva Bhadrapada stars rule over wind and when Lagna or Rasi falls in any of the above stars and the above stars are afflicted, they give rise to windy diseases as mentioned above. Various astrological combinations for the above diseases are as follows:

1. Gout sets in body when Saturn and Mars are posited in mutual trines.
2. According to Jataka Parijata Saturn in $2^{nd}/3^{rd}/8^{th}$ aspected by malefics produces gout and the patient may even die on account of this disease. the same combination, also may generate diabetes.

3 According to Jataka Parijata, (Chapter V, **Sloka 114)**, if the lord of Lagna occupies Cancer Rasi in navamsa, the native may suffer from gout and brain diseases:

4 According to Harihar **Mazumder** vide his Jyotisha Yogasanchayan.

a. If Venus and Mars **are posited in** the 12* house from the ascendant, on may suffer from gout and **rheumatism.** The above combination should be heavily afflicted.

b. If **the** lord of Lagna is posited in Lagna and Saturn is conjoined with a malefic, one may develop gout at the age of59.

c. If the Sun is posited in the 3rd house **of Karakamsa** or in the 3rd house from the atmakaraka planet, one may develop **gout.**

d. If the dispositor of the 3rd lord is posited in the 8* house one may suffer from gout, arthritis and rheumatism.

e. If the weak Moon and Saturn are posited in the 12* house from the ascendant one may suffer from gout & rheumatism.

f. If Saturn is posited in Lagna **and** Mars is posited in 5th/7th or, 9* house, the native may suffer from rheumatism.

g. **When** Mars **Moon or** Mars Saturn combination occupies Lagna, 7* house or 9* house from the ascendant, one may have gout.

h. If Venus is posited in his friend's house and when Mars, Mercury or Saturn conjoins Jupiter in any house, the native may suffer from **rheumati sm.**

i. Aspect of Saturn on weak Moon may suggest **Iron** loss and windy imbalance in the human system (The TOA, Oct. **1993, P29).**

j. The 6* lord in debilitation and being in the company of Saturn causes windy **disorders.**

k. The Sun in Cancer aspected by Saturn or Saturn in Cancer

aspected by Mars the native will be troubled by windy disorders.'

1. One may be troubled by windy disorders if Ketu joins Saturn.

m. When all the airy signs one afflicted are suffers from arthritis.

Treatment for Gout, Arthritis and Rheumatism :

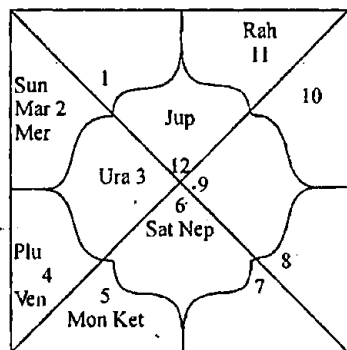
Aspirin or any other analgesic in high doses is usually the treatment prescribed. To offset the possibilities of an upset stomach, aspirin should be taken immediately after meals. 2. The gout and arthritis patient must increase his intake of water to produce more urine. Vegetables high in purines such as cauliflower, asparagus, green peas, spinach and mushrooms should be avoided. 3. He should drink lukewarm water in the morning and evening with juice of lime. 4. Resting an inflamed joint can speed up healing. Heat may also help (I got very good results using infra red lamp). The joint should be moved periodically to prevent stiffness which may trouble later on. Infra red lamp heat should be applied for about 10 minutes immediately on the onset of the above disease. Delay may cause enough harm to the native. 5. Uric acids are formed by eating such as liver, kidney, sardines and anchovies which are all high in purine content, tend to bring arthritis. So one should avoid these foods. Avoid alcohol. 6. Those who suffer from a constant pain should apply a paste of raw potatoes ground fine on the affected joints. Oily fishes are helpful. 7. Gem Therapy : Red coral is good for Arthritis, Ruby and Blue sapphire can give relief to rheumatic patients. Libradorit can control spondylitis. Pearl is recommended for gout.

Aspirin should not be given to children aged under 12 because of the risk of Reye's syndrome (It is a rare acute encephalopathy in children with fatty degeration of the liver developing after an infections illness such as influenza or chickenpox which has often been treated by aspirin). Chloroquine, hydroxy-chloroquine, gold salts and

penicillamine can be used with the same precautions as in adults.

Examples of Rheumatism :

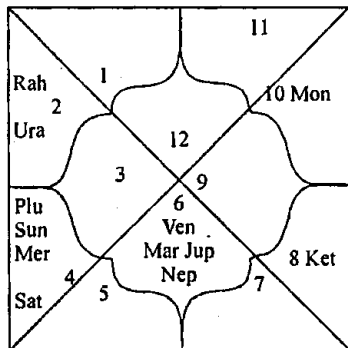
Example 46. Severe set backs in life for Rheumatism : DOB 13-6-1951, 1=13 AM, Delhi Birth chart : Pisces Lagna, Jupiter, Taurus Sun, Mars, Mercury; Cancer Venus, Leo Moon, Ketu; Virgo Saturn, Aquarius Rahu.

This is the birth chart of a physically handicapped lady whose health has been completely ruined by the attack of sever type of rheumatism and gout. Her sufferings started in 1975. (Rahu Rahu dasa)First the right elbow was affected, then slowly she was attacked by this dangerous disease in other parts also (waist; knees and almost all joints). She can hardly walk and can manage her routine duties. She is unmarried and staying with her widowed mother. She has two elder sister. She donated a kidney in 1976 (Rahu Rahu dasa) for saving the life of her eldest brother-in-law. We will examine her birth chart.

If malefics occupy 6* house and Rahu and Saturn are joined together or establish any relationship, the native will suffer from physical ailments. In her birth chart Ketu in the 6* house is powerfully aspected by Mars. Rahu is posited in the house of Saturn. Saturn is afflicting Lagna, Lagna lord Jupiter, Sun and 9* lord Mars. She has very weak Moon, Moon in square to Sun produces many diseases. and is severely afflicted by Ketu. Her 7* house is afflicted by the dangerous malefic 12* lord Saturn, Jupiter, Sun, Moon, Lagna, Lord of Lagna all are afflicted in her birth chart. Moon is spoiled by Saturn in both Rasi and navamsa. Moon is the giver of life in females and Sun is the giver of life in males. **Saturn in** 7* is never welcome (Astrology Nectar by Dr.S.S. Chaterjee P 91) it **will** force the native to become sickly. Saturn and Mars are

posited in mutual trines. So she has developed gout, quite in agreement with the rule no.1 under astrological background of gout, arthritis and rheumatism. 3rd, 7* and 11th houses of zodiac are afflicted by wind planets Sun and Saturn. So quite naturally she developed windy imbalance in the body. Rahu in the 6th/8th/12th house unexpected by benefics will be giving troubles in its dasa. Rajive Gandhi had Rahu in his 12th house and was not aspected by any planet. Hence it turned to be a killer planet. Rahu/Ketu aspected by trine/quadrant lords behaves as a yogakaraka. Everything evaporates in air when 9* house/9* lord are weak. Her 9* lord is detrimented and is a combust planet. Further it is afflicted by Saturn. Saturn + Mars are concentrating their forces on the 9* house. Her 9* house is squared by Rahu-Ketu axis. Moon is the seed of all planets. Weak Moon spoiled her life. Dasa sequences are very very bad for her. As per KCD she was born in Apasavya group B, 1st quarter with a balance Tula 9y 8m 22d. Pisces-Jeeva, Cancer-Deha, Libra, Virgo, Leo dasa passed away smoothly. As soon as Cancer dasa started on 5-3-1975, her problems surfaced out. Moon is very weak, therefore Cancer dasa yielded futile results for her. Deha sign is occupied by 8* lord. When Deha/Jeeva signs are occupied by 6th / 8* lord, Goddess Laxmi never visits such a native i.e. they never become prosperous.

Example 47 . Severe set backs in life for Rheumatism : DOB 11-8-1946, 9=03 PM, Dakha. Birth Chart : Pisces Lagna, Taurus Rahu; Cancer Sun, Mercury (R), Rahu, Virgo Venus, Mars, Jupiter, Scorpio Ketu

Rah 2 Ura	1	12	11	10 Mon
Plu Sun Mer Sat 4	3	5	6 Ven Mar Jup Nep	9	7	8 Ket

This is the birth chart of a married woman who has two daughters. Her physical sufferings started when she was 26 yrs old (Rahu Mercury dasa). Rahu Mercury dasa is bad for 99% persons, She experienced minor joint pains in knees, elbows and pelvic region. The intensity of pains

became severe, and the affected areas got swollen when she was 28 yrs old. Her face, legs, hand were badly swollen, her voice got chocked and in fact her whole body was puffed. According to medical experts she was a attacked with a rheumatic typhoid disease which precipitated the severe rheumatic attack, (at the age of 30) She was bed-ridden for about 14 yrs. She got some relief only in. 1990 (on the onset of Jupiter Venus dasa). Constant medical treatment cured her. I visited her in June 1992 and found quite normal but her legs were still swollen.

Astrological reason of her sufferings:

1. When Lagna, Sun, Moon Jupiter and 6* house are well fortified by situation, conjunction and aspect of benefics good health will be monitored. Her Sun is conjoined with 12* lord Saturn and is aspected by Ketu. Moon is posited in Capricorn (a planet posited 180° away from its own sign is considered as a debilitated planet) in the 11th house (a baneful house) and is aspected by 6* lord Sun, 12* lord Saturn and malefic Rahu. It is posited in 6* lord Sun's constellations. Jupiter (Lagna lord) is debilitated in Virgo and is afflicted by the 8* lord debilitated Venus, Saturn, Mars and Rahu. 6* house is squared by Rahu Ketu axis and the 6* house is hemmed between malefics. Lagna is aspected by 8* lord Venus, malefic Mars and Ketu and also the lord of Lagna Jupiter. Contact of Ketu in Lagna generates disease in the body not detectable by doctors, so for the afflicted Sun, Moon, Jupiter, lagna/lagan lord and 6* house she is not enjoying good health.

2. She has four detrimented/debilitated planets (Moon, Jupiter, Venus and Saturn) planets which caused intense sufferings in life.

3. Her 4* lord Mercury is retrograde and is heavily afflicted by Saturn, Pluto 6th lord Sun and Ketu Retrograde and afflicted 4* lord denied her all types of happiness in life.

4. Her 7* house is heavily afflicted Generally a well placed 7*

house assures a strong health. Mars or Saturn in 7* house is an indication of sins of the pastlife,

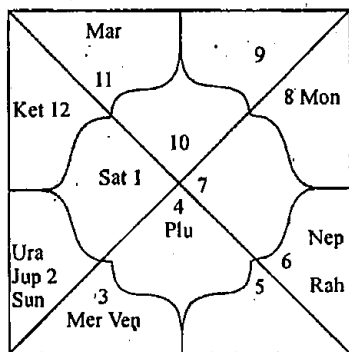
5. She is suffering from severe windy disorders for the rules nos 11 - 13 under yogas for gout, arthritis and rheumatism Sun 6* lord in presence of Saturn in Cancer Rasi precipated the severe type of rheumatic attack. .

6. All the airy houses from the ascendant are afflicted (**3/7/11th**).

7. She has a faulty **blood circulation** system **.moon** the karaka planet of blood is severely afflicted 4* house of Lagna is hemmed between Rahu and Saturn 8* house is hemmed between Mars and Ketu . 12th house is squared by Rahu Ketu axis. 6* house is hemmed between Saturn and Mars. .

So her massive sufferings for the rheumatic problems are not surprising. She suffered immensely in Rahu and Jupiter dasas, both these planets are posited in **the 2nd** lord Mars constellation. Sufferings are generally caused when the trinal places or trines from the Lagna lord are occupied by the lords of 8* **and** 12* or **Rahu/** Ketu or if the **4th 6th** or 8* house from the dasa **lord,** there are malefics, debilitated or combust planets located. Rahu is posited in the 9* **house** from lagna lord. 5* house of Rahu is occupied by debilitated Venus and Jupiter and mars aspected by Saturn. 6* house of Rahu is hemmed between malefics. 4* house of Jupiter is aspected by Mars. And the 8* house of lagna lord is aspected by Saturn and Mars. Therefore **both** Rahu and Jupiter brought her unimaginable amount of physical sufferings.

Mar
9
11
8 Mon
Ket 12
10
Sat 1
7
4
Plu
Nep
Ura
Jup 2
Sun
6
5
Rah
3
Mer Ven

Example 48. Case **of a osteoarthritis** : DOB 8-6-1941 10=00PM, IST, Dakha. Birth Chart : Capricorn Lagna; Aquarius • Lagna, Mars; Pisces Ketu; Aries Saturn, Taurus Jupiter, Sun; Gemini Mercury,

Venus; Virgo Rahu; Scorpio Moon

This is the birth chart of one of my colleagues with whom I started my career in FCI, Sindri. He is a doctorate in organic chemistry, married in 1971 and is the proud father of a daughter and a son, both of them have settled in USA. His sufferings started in 1980 when he was passing through Venus Rahu dasa which aggravated the situation on 15-8-1981 when he suddenly fainted on the road and experienced severe joint pains throughout his body. Doctors told him that he was suffering from Osteoarthritis. He suffered immensely from this dangerous disease between 1981-1983 (entire Venus Jupiter dasa) inspite of thorough between check up by the experts in Calcutta. He took training in Yoga Therapy in Srirampur, near Calcutta and made himself virtually free from this disease, although he never regained his original health. He had a very fair complexion, but he lost all his grace and charismatic outlook for this dangerous disease (Venus controls body luster which is afflicted by 6* lord Mercury and by the 3rd aspect of Saturn in the 6* house the house of diseases). We will now examine his birth chart:

All the airy signs of the zodiac (Gemini, Libra and Aquarius are afflicted Saturn, a windy planet is afflicting Gemini and Libra and Mars is posited in a windy constellation in Aquarius). If Venus is posited in a friend's house, Jupiter conjoins within a malefic, the native may suffer from rheumatism. In this case Venus is posited in a friend's house in a windy star and is aspected by a windy planet Saturn, Venus is posited in an airy sign of the zodiac. Jupiter is heavily afflicted by 8th lord Sun and aspected by Mars and Rahu. Therefore he developed rheumatism and arthritis. Venus in the 8* house aspected by malefics produces gout (Purkayastha, Medical Astrology, P 186). His Venus is posited in the 6* house from Janma Lagna and in the 8th house from the Chadnra Lagna afflicted by Saturn. The dispositors of Sun, Moon and Lagna lord are posited in bad houses. So all these unfortunate configurations triggered off the malady. Saturn, the lord of ascendant and the 2nd house has exchanged place with 4/11 lord Mars. 7th house is not aspectd by any malefic and the 7th lord Moon is aspected by Jupiter. So strong 4th lord,

unafflicted well placed Jupiter in a trine house provided him speedy recovery. According to Vimsottari system he suffered from this disease when he was passing Venus Rahu and Venus Jupiter dasas: In transit Saturn and Jupiter were in close conjunction (above 5°14°). In August 1981. when Venus entered Virgo on 15th August 1981, the disease aggravated. So we find a close relationship between Venus, Jupiter and Saturn for the severe attack of the above disease. Venus dasa proved very fatal for him because 4* house of Venus is occupied by Rahu aspected by deadly Mars, 6* house of Venus is occupied by debilitated Moon aspected by Ketu, 8* house of Venus is aspected by Saturn and Rahu. Therefore the disease started when he was passing Venus Rahu dasa. In 2007, he is still alive, but takes advice from Mumbai regularly. Vitamin C and fish prodide relief to Osteoarthiritis. He takes fish regularly. 2nd lord has generated neechvanga Raja Yoga in the 4* house. Strong 2nd lord (10th form 5*) helped his both the children to settle very well in life.

ASTHMA AND ITS CURE

Asthma is actually a form of allergy against dusts. Allergy is the phenomenon in which the antibodies produced by certain substances combine with antigens and force the mast cells to produce cytoplasmic granules such as histamines, seratonin which induce symptoms like itching, swelling, rashes, redness etc in the body. It is a disorder of the respiratory system Charaterised by severe paroxysms of difficult breathing. Respiration becomes difficult and breath come with a wheezing and some sometimes • with whistling sound. It can be controlled (but it can never be cured). It is a global problem affecting all age groups young, children, adolescents adults and old persons. It is twice as frequent in males than in females. The disease is not transmitted from one person to another. Actually asthma is caused by excess of phlegm and the inability to the body to expel it. If the patient gives up foods which tends to increase the phlegm i.e. rice, flour-passed through sieve, sugar, lentils, milk and curds he can find relief. He

should put on foods which discourage phlegm, such as green vegetables, fruits (orange, tomato, papaya, guava, mango, apple) and carrots. An asthma patient should regularly fast once a week. Salt free diet would be the best (or should take minimum salt). Vitamin C helps promote a healthy immune system and may be helpful in reducing wheezing in children with asthma.

Symptoms of Asthma :

The attack is often quite sudden commencing in the early morning between 2-4 A.M. He wakes up with a sense of dysponea, walks out of bed, open the window to let more air. The breathing is soon so difficult that he has to call in the aid of all the accessory muscles of respiration; he grasps with his hands the sides of this bed, the arms of a chair to give a firm for the muscles which pass from the upper extremities to the chest. Attack or recurrent attack of wheezing (whistling in the chest during breathing). Having cough, wheezing or chest tightness after exposure to allergens or pollutants. Asthma is a kind of heart disease. The bronchial tubes are narrowed by a spasmodic contraction and they secrete an excess of mucus, which makes breathing difficult. The common irritants which could trigger off an asthmas attack included the following : A. Cigarette smoke. B. Wood smoke. C. Chemical fumes. D. Cleaning agents such as phenyl E. Perfumes and hair spray., F. Atmospheric pollution usually thick dusts floating/suspended in air. G. House hold dusts mixed with fur of animals like dog, cat, horses and so on. People who suffer from various allergies (such as eczema) • including food related allergies at a very young age face. a greater risk of developing asthma. There is increasing evidence to suggest that asthma does tend to run in families. This makes children of asthmatic particularly vulnerable. However the fact is that children with asthma can lead perfectly normal lives and should be encouraged to go to school, play and have other activities just like other children. Asthma normally improves as children grow up and in some cases, it disappears completely on entering adolescence. Some simple environmental changes and precautions along with appropriate medication can help in

better management of asthma. Swimming is an excellent sport for the asthmatic patients. This is a form of exercise they tolerate well. Take deep breath daily which will help to expel the accumulated carbon-dioxide in lungs. In deep breath we can exchange 500 CC air. One should avoid the cough syrups and expectorants, pain killer drugs, birth control pills, tranquilizer and water in between meals. Keep doors and window closed during February, March and September when the pollen count and ill effect of moulds are the highest. Keep away from sources of mould (such as wet leaves or garden debris). Remove the animal from the house. Avoid using kerosene heaters, smokes, thick dusts etc. asthma provides relief by taking hot milk, hot coffee or hot tea.

Astrological concept of asthma :

Gemini, Libra and Aquarius are airy signs. If one of these signs become Lagna and is afflicted, one is likely to sufferfrom Asthma. Mercury (3rd lord of Zodiac) is the karaka planet for Asthma. Its affliction is a must for this dangerous disease. moon produces cough. Weak and afflicted or badly placed Moon produces disease of cough. Repiratory Canal 3rd house and its lord, Breathing lord Mercury and Rahu, Lingering of disease Saturn, Cough Moon and Jupiter, Airy planets Rahu and Saturn. Afflicted 3rd house/3rd lord/Mercury/or Rahu produce breathing trouble. When 3rd house 3rd lord, Gemini, Libra and Aquarius signs, Mercury, Rahu and Moon be afflicted by malefics in a way of conjunction, aspect etc, be situated in evil houses and be in some way related with disease inflicting house or planet, they give rise to the disease of Asthma.

Aphoroisms of Asthma :

1. Saturn, Rahu or Ketu in 8* house aspected by or conjoined with a • malefic or hemmed between malefics.
2. If lagna be aspected by Mars and Saturn. Mars and Saturn in Lagna denotes to spasmodic asthma. The attacks are clearly attributable to some obstruction of the minute bronchial tubes

and the prevailing view is that this obstruction is due to spasmodic contraction of the bronchial muscular fiber, hence the name "Spasmodic Asthma", to distinguish it from other kind of dyspnoea, especially chronic bronchitis and emphysema, popularly known as Asthma..

3. If lord of Ascendant and Saturn combine in 6th/8th/12th the native become a chronic patient of Asthma.
4. 5* lord in 2nd or 8*. 5. The Sun **occupying** Lagna be aspected by Mars. 6. **When** the **lords of** 4th **and** 6* exchange their ho lsesandif one of these signs so exchanged be a watery sign, a·**thma** is **caused**.
7. **When the** Ascendant is a watery sign and when the lord of ascendant occupies a malefic house.
8. The Mon is found between Saturn and Mars with Sun placed in Capricorn.
9. **Moon** and Mercury together **in any** sign aspected by malefics.
10. **Rahu and Moon in the** 2nd house.
11. Saturn in **Lagna,** especially if watery signs such as Cancer, Scorpio or Pises are involved can show problems related to breathing such as wheezing, constant cold and sneezing and also asthma.

Remedial Measures :

Eat at least 5-10 servings of fruits and vegetables and include cirtrus **fruits.** Vitamin C promote a healthy immune system. Losing weight **can** improve as them a symptoms. Cough and cold are the vital symptoms of Asthma. So by using hot gems Ruby (8Rati) or Red Coral (10 Rati) or **Cat's** eye (3-4Rati) are can be cured from asthma. Deficiency of red colour in our body causes fever, anemia, physical debility, weakness, piles fistula, inflammations etc. The Gems Red **Coral,** Ruby or Cat's eye have perennial source of red colour. **It is** now **well** known that any of these three stones can cure the above diseases merely by being worn on the 3rd finger of either hand. According to the author, emerald (6.0

rati) should cure asthma. As inhalers (salbutamol, terbutaline). They can be inhaled using nebulizer (also know as atomizer) inhaled medicines should be the first choice. They begin to work within 5 minutes and have fewer side effects. These drugs cannot prevent the swelling that causes prolonged symptoms. The liquid or tablet begins to work within 30 minutes and its action lasts for 4-6 hrs. they include wysolone, prednisolone and betnelan and injections (efcorlin and betamethasone). These drug's are called corticosteroids and they prevent and reduce swelling inside the airway. The patient can take one tablet ciplox 500mg and one capsule of marax along with 2 tablets of celestamine twice daily for 15 days. For medicines one should consult a well qualified physician.

Which Gem should be prescribed as a remedial measure?:

Phaladeepika, a classical Sanskrit Text lays a great emphasis on forth house and its lord for happiness and physical health. The author says that if the 4* lord is strong and if the ascendant lord is stronger than the 6* lord, the native enjoys perfect health. The reason is clear, sixth represents illness and disease, just as it represents enemies, debts and al the rest of it. So Lagnadhipati, denoting the physique of a person, should be stronger than the planet whose strength denote disease (6* lord).and in addition, the 4* lord (Sukhadhipati) should be strong for perfect physical health to be enjoyed by native. The point is 4* house denotes happiness to be enjoyed, the first and foremost requisite, is good physical health. One cannot enjoy good food and drinks or the best company of friends and relatives or one's own wife unless one has the sound health. Health is wealth.

6th/8th/12th lords are the trika lords and their strength and association with Lagnesh/5th/9th lords means hardships inlife, including sufferings from many common diseases. One should not prescribe Gems for these trika lords. Gems for the Lagnesh, 4th/7th/10th lords, Moon, trine lords, Sun arid dispositor for Moon should be prescribed for avoiding common diseases. Shortly Sun and Moori should help any native

irrespective of Lagna to fight diseases. One should also see that Jupiter is strong in any horoscope, because Jupiter gives recovery power. therefore yellow Pokhraj should be prescribed if it is found weak in rasi and navamsa.

Colour Therapy :

God has created only seven primary colours (VIBGYOR violet, indigo, blue, green, yellow, orange and red). Other colours are actually the mixture of these primary colours.

The colours for the 6* and 8th lord should be avoided in food and clothes for avoiding common diseases. The native should be asked to consume maximum colours represented by Lagnesh and the 4* lord. I have found that this is a way affective measure for avoiding diseases. Harmful colours for various Lagnasare as below:

Lagna	**Best colour**	**Harmful colours**
Aries	Red, Yellow	Green
Taurus	Green, Violet	Yellow
Gemini	Yellow, Green	Red, deep Blue, violet and black.
Cancer	Red	Violet, deep Blue, black
Leo	Red	Violet, deep Blue, black
Virgo	Green, Yellow	Red, Black
Libra	Green, Red, Violet	Yellow
Scorpion	Red, Yellow	Green
Sagittarius	Yellow, Red, Green	White (pl. change the colour with borunvita, Vegetables etc.)
Capricorn	Violet, green Red, White	Yellow
Aquarius	Violet, White	Green
Pisces	Yellow, Red	White, Violet

Epileptic fits and mental retardation are the diseases for which advance diagnostic techniques or preventive methods are not available. The

manifestations of these diseases can be overcome by avoiding the harmful colours in foods and clothes.

Gemini Lagna people are very much accident prone persons. By avoiding Red food, they can overcome many problems including accidental hazards in life. I suggest the Pisces and Sagittarius people to use a swastika mark in Yellow colour in their white clothes.

Certain yoga techniques are very useful in eliminating common diseases. If anybody can control his mind with the preliminary techniques of Yama. Niyama and Pranayama under the guidance of a Guru, he is sure to overcome many common diseases like arthritis, asthma, allergy, hypertension, blood vessel spasma, diabetes, common colds, stomach disorders, gout, mental problems (lunacy) heart ailments and many other troubles.

The Yogic process of treatment comprises of three steps:

I. Proper diet. Foods can heel and foods can produce diseases.

II. Proper Yoga practice and

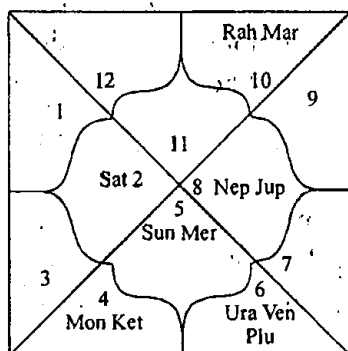
III. Proper knowledge of things which concern the life of an individual

By following the above steps almost all diseases are cured.

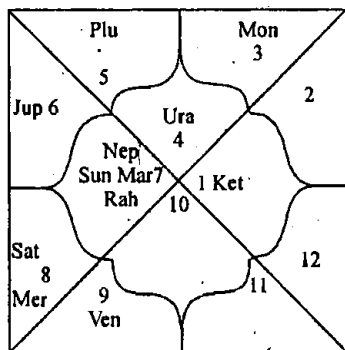
Case studies of Asthma :

Example 49. Childhood attack of Asthma : DOB 15-9-71, 17=15, Bhatinda, Aquarius Lagna, Taurus Saturn, cancer Ketu, Moon, Leo Sun, Mercury, Virgo Venus, Scorpio Jupiter, Capricorn Mars, Rahu

Rah Mar 10
9
12
1
11
Sat 2
8 Nep Jup
5 Sun Mer
3
7
4 Mon Ket
6 Ura Ven Plu

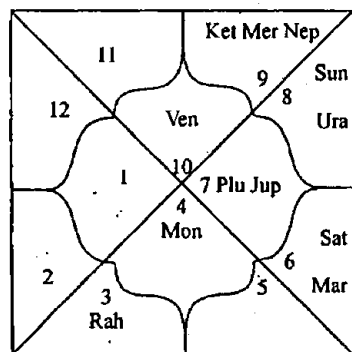
This is the birth chart of an unmarried lady teacher who met me on 19-7-98 for recovery from asthma and body weakness. She never had a sound health and suffered from Asthma since

childhood. All medical treatments yielded futile results. I gave her 10 Rati Red coral and 3.0 Rati good quality of cat's eye (transparent). She was not allowed to take green food or use green clothes. To the surprise of her aged and worried parents she recovered completely in Dec 1998. Now she is maintaining an excellent health and her marriage is visible on the horizon. Her 4* lord (sukhadhipati) is debilitated in the 8* house, a baneful house. Highly afflicted Moon and Sun added fuel to the fire. The moon free from malefic affliction or aspects, strong would be a great asset in any horoscope conducting to physical health, mental power and brilliance and also lot of affluence because Moon is also Sampathkaraka or giver of wealth. Her Moon is highly afflicted by Saturn. Mars and Ketu: But aspect of Jupiter on Moon at least did not put her in bed. In spite of poor health she received sound education, MA (Hist) M.Ed. We are aware of the famous astrological aphorism, if the dispositor of the lord of Lagna is posited in the trika houses (6/8/12), the native has a weak constitution. Indeed her despositor of Lagnesh is debilitated in the 8* house, providing her an ailing physique since childhood. Her 3rd house is squared by Rahu-Ketu axis, 3rd house is afflicted by Mars who is carrying the deadly influence of Rahu with him. Her afflicted Moon, Mercury, Rahu 3rd lord and 3rd house generated asthma in the body. When number of malefics afflicted the 6* house one has a poor health. Her 6* house is afflicted by Ketu, Mars and Saturn. When the Moon is in association with a malefic is posited in the 6* house, it is an indication of poor health. So we are not surprised to observe her suffering for the last 27 yrs.

Example 50. Childhood attack of Asthma : DOB 10-11-57, 10=35 PM Gorakhpur. Cancer Lagna, Virgo Jupiter, Libra Sun, Mars, Rahu Scorpio Saturn, Mercury; Sagittarius Venus, Aries Ketu, Gemini Moon.

The above birth chart belongs to a lady

whom 1 saw as a kid. She is B.E. (Electrical) from B.E. college, Calcutta and settled permanently in U.K. after her marriage with a prosperous Bengali man from U.K. She suffered from **Asthma** immensely during Mars and Rahu Mahadasas upto Sep, 1978. Commencement of Jupiter Mahadasa, who is in Yogakaraka Mar's star, cured her completely. Asthma normally improves as children grow up, and in some cases, it disappears completely on entering adolescence. There is increasing evidence to indicate that some children will regain their asthma later in life. However medically, it is difficult to predict which particular child will develop asthma in adult life. I firmly believe her Mudrika Yoga **(Moon-Jupiter-Venus** in mutual angle) is responsible for her meteoric rise in life. Now she is an extremely wealthy lady free from diseases. Whenever there is 0ajakeshari Yoga, Jupiter Mahadasa bestows immense prosperity in life, provided Moon dasa does not come between 21-65 yrs if age **Emperor** Auranzgeb's Jupiter dasa also yielded excellent results. Rahu is afflicted by **Sun** and Mars. Mercury is afflicted by Saturn, 3rd house of Janma Lagna is afflicted by 6* lord Jupiter, Significator of asthma, **Moon** is aspecteed by Badhaka Venus from Sagittarius. Her 3rd house of Chandra Lagna is afflicted by Pluto who is aspected by Saturn and Ketu. Her Moon is in Yogakaraka Mars's star and not afflicted by any severe malefic planet. Her Saturn dasa is yielding benefic results for her because it has generated Vipareeth Raj Yoga with Mercury (union of 12* and 8* lord). Mercury Mahadasa should also produce good results for her for the obvious reasons. Astrologically we are sure she will not regain asthma in her old age.

Example 51. Severe Asthma attack in boyhood days. : **DOB.** 15-12-1981/ **9-20AM/Roorkee**

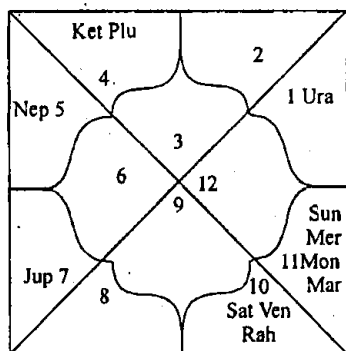
Birth chart: Capricorn Lagna, Venus, Gemini Rahu; Virgo Saturn, Mars; Libra

11
Ket Mer Nep
9
Sun
8
12
Ven
Ura
10
1
7 Plu Jup
4
Mon
Sat
6
2
3
5
Mar
Rah

Jupiter, Scorpio Moon; Sagittarius Mercury, Sun, Ketu.

This is the horoscope of Master .Kharbanda son of a retired Lt. Col. He inherited this disease from his mother, however his elder sister is free from this disease. His 3rd lord Jupiter is placed in an inimical house of Rahu's star, Moon is debilitated and aspected by Saturn carrying he deadly influence of Mars, Mercury is spoiled by the direct 4* aspect of Mars and who is in conjunction with poisonous Ketu. Whenever the dispositor of Lagnesh is posited in 6/8/12 houses the native has a poor health. In fact his dispositor of Lagnesh is posited in 6/8/12houses the native has a poor health. In fact his dispositor lagnesh is placed in the 12th with Sun and Ketu. His Rahu is aspected by the deadly 10th aspect of Saturn. So we are not surprised to observe his poor health and asthma attack. Ketu Mahadasa brought the nightmare in his life from March, 1987. Since Ketu is exalted his sufferings were under check. However the onset of Venus Mahadasa made his life more miserable. He suffered severely `from bitter asthma attack during 1994-97 while he was in Lucknow. His father Lt. Col Kharbanda met me on 17.3.98 and I prescribed 12 rati Red coral for Master Kharbanda. He became well, passed XII classes from Noida Public School. He has also been advised not to consume much yellow food. Red is the best colour for him, he took tomatoes, apples and other red foods regularly. He passed MCA from Kolkata in July 2006 and is free from Asthma.

Example 52. Life long suffering from Asthma: DOB 15-2-1934, 13=15hrs. Dakha, Bangladesh. Birth chart: Gemini- lagna; Cancer Ketu; Libra Jupiter; Capricorn Saturn, Venus, Rahu; Aquarius Mercury, Sun, Moon, Mars.

Ket Plu 4
2
1 Ura
Nep 5
3
6
12
9
Sun Mer 11Mon Mar
Jup 7
8
10 Sat Ven Rah

This is the horoscope of Mr. Chakarborty M.Sc (Physics), my senior colleague in FCI, Sindri who inspired me to become an astrologer. He taught me fundamentals of astrology in early eighties. He has a short

stature with a dazzling fair complexion. The 11th house rules the left hand, 11th lord also signifies elder co-born. Sixth lord in the company of 11th lord brought permanent injury to his left arm while he was less then three months old, and he maintained much distance from his elder brother. His elder brother did not allow him to occupy the house left behind by his father. His younger brother was assassinated in 1970, during Naxalbari movement. Presence of 6th lord with 3rd lord Sun, brought the tragedy. He suffered from asthma, breathing trouble right from birth and never recovered form this disease. the dispositor of Lagnesh in 8* house compelled him to suffer physically throughout his life. Afflicted Mercury, Rahu, Moon, 3rd house, 3rd lord and Lagna is an airy sing made him prone to this dreadful disease throughout his life. When 1st house makes any relationship with 6* house or the 6* lord, one may get serious illness. His Langesh Mercury and 6* lord Mars have conjoined together. Jupiter, Rahu, Saturn and Sun are posited in 6th lord Mars's constellations. So his life was full of litigations. I. remember one interesting story about him. Somewhere in 1968 thieves ransack his house while he was in Calcutta in Pujaholidays. After his return to Sindri, he reported the matter to Police. Police started harassing him from 1968 and asked him to appear at Dhanbad Court for the identification of his stolen goods. Once he went to the court where he was allowed to stand outside at 45°C temp. His wife fainted, and he had to bribe the police for brining the matter out of court. He has three prosperous children, one son followed by two daughters. (4th from 5* has foUr planets) First two children are now USA citizens, who obtained Ph.D degrees from USA and youngest daughter is an MBA from Poona. He has settled in Dumdum area of Kolkata and his hale and hearty in 2007.

PARALYSIS AND ITS CURE

It is one of the most dreaded diseases that some of the unfortunate victims have to withstand its dangerous affects. The affected limbs is deprived of its movements and some sensations (such as heat, touch

etc.). In medical parlance, paralysis is actually a neurological disorder or cerebral **ischaemia.** It may be caused by atherosclerosis, embolism, arthritis, arteriospasam or hypertension, alone or in combination and result in infraction manifest clinically as a stroke, transient ischaemic **attacks** or dementia. When some rupture of the brain cells or the collapse of the brain cells occur in the left side of the brain, paralysis is struck in the right side and vice versa. Sudden accidental shocks may also cause rupture of the brain cells. The eyes, face, **legs, hands,** tongue ((speech) etc. can be struck by paralysis and the relevant function could remain destroyed temporarily or for ever. Sometimes paralysis could be to one side of the body or yet in some unfortunate circumstances the whole body may be paralysed. Paralysis of the lower or upper part of the **body** is also well **known.** When a certain part of the body is deprived of regular blood supply it develops a type of paralysis called Hemaplexia.

Cerebral blood diseases are of three types :

Blood clotting (thrombosis) which leads to paralysis very slowly. Blood has a property of clotting due to thrombus is ruled by Saturn. If Saturn is in conjunction with Jupiter, there are chances of embolism. Blood stream obstruction due to sudden embroil like ear infection and natural calamity and Haemorrhage.

The out come of haemorrhage will be sudden death, coma or paralysis. **If** paralysis develops very rapidly it may initially be of flaccid type, but spasticity and hyperre flexia are soon manifest and usually are detected from the onset. There may be hemianopia and heminaesthesia on the side of hemiplegia. If the infarct lies in the dominant hemisphere dysphasia may supervene. This familiar stroke pattern reflects the frequency of infarcts in the **brain** territory supplied by the middle cerebral artery, but it should not be assumed that the causal lesion lies within the artery. In more than half of the cases presenting this picture the primary lesion lies in the internal carotid artery or **in** more proximal vessels. Frequently transient ischaemic attacks are due to emboli which **arise** from atheromatous plaques, are carried distally, lodge in and

block small arteries and them break and disperse. In other cases flow through a stenotic artery may be reduced because of hypertension and may cause transient cerebral ischaemia. Occasionally, neck rotation leads to pressure on, and reduced flow through, a vertebral artery causing ischaemia in the brain stem; Some transient strokes may be due to small intracerebral haemorrhages.

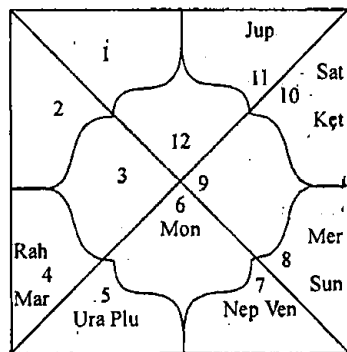
Astrology of Paralysis :

Paralysis is an acute case of windy disorder in the human body and has been known from centuries. Karaka planet for this disease is Mercury. If he is afflicted heavily and be connected with the 6* house, 6* lord and the 9* house; and if the 9* house is also afflicted along with its lord, this disease is sure to occur. Paralysis is actually obstruction of blood circulation in the affected area. Arterial blood is governed by Jupiter. The Sun provides oxygen to the blood and the Moon causes circulation of blood. Saturn stands responsible for narrowing down the arteries or obstructing down the arteries or obstructing the blood circulation by generating clotting. If the Sun, the Moon & Jupiter are afflicted with Saturn and may be involved with the 6* house, coronary thromobosis is likely to be caused. If the lord of Lagna occupies the sign of Mercury or Mars and be aspected by inimical planets Saturn, Rahu or Ketu, it will cause paralysis. Mercury rules the youth, Saturn rules one's old age. When these two planets are not conjunct and are separated by about ninety degrees, then the young age paralysis is distinct possibility. But when they are together, old age paralysis is feared. If the 4th house is of prime importance in analyzing this disease, old age will be the main target for the heavenly bodies. If this is 10th house (meridian), then the victimization is at youth. All movements of any limb is controlled from the 3rd house. So the affliction of 3rd house is found in the cases of paralysis. All the yogas for the imbalance of windy disorders may be consulted under the yogas for Gout, Arthritis and Rheumatism before forecasting paralysis.

Remedial Measures

1. Gems therapy (a) yellow Sapphire + Red coral in gold can prevent Apoplexy (stroke or cerebral haemorrhage in the brain) (b) Red coral + Emerald in gold can provide relief to paralytic patients. (c) Emerald + Blue Sapphire have great healing power for this disease. (d) Amethist or Neelam alone may be prescribed.
2. Some yogic exercises are helpful in the case of paralysis.
3. Anticoagulant therapy and inhibitors of platelet aggregation are preventive measures. Cigarette smoking should be stopped, diabetes and hyperlipidaemia treated and polythaemia controlled by veresection or radioisotope therapy.

Example 53; Case of Paralysis: DOB 21-11-1962, 14=20hrs, Pisces Lagna, Cancer Rahu, Mars, Virgo Moon, Libra Venus, Scorpio Sun, Mercury; Capricorn Saturn, Ketu; Aquarius Jupiter.

The native married in 1990 and became father on 26-1-93. He lost his father on 12-12-1989. He met a severe road accident on 27-12-1990. he was thrown out of his motorcycle which he was driving at 12.00 noon and became unconscious immediately. He was hospitalized by some strangers and to his surprise he found that his right side was paralysed when he regained consciousness after almost 24 hrs. Yoga exercises provided him some relief and somehow he is managing his duties in his company. We will now examine his birth chart.

a. fcaraka planet for this disease is Mercury. If he is afflicted heavily and be connected with the 6th house, 6th lord and the ninth house; and if the ninth house is also afflicted along with its lord, this disease is sure to occur. Here Mercury is

posited with the 6th lord Sun in the 9th house. 9th lord Mars is debilitated and is heavily afflicted by Saturn and Rahu Ketu axis. So quite logically he had a paralysis attack.

b. According to Mr. R. Santhanam (Essentials of Hindu . Predictive Astrology) when Mars aspects Saturn the latter placed in Cancer windy disorders to the native be foretold. Paralysis is actually a severe form of windy disorders.

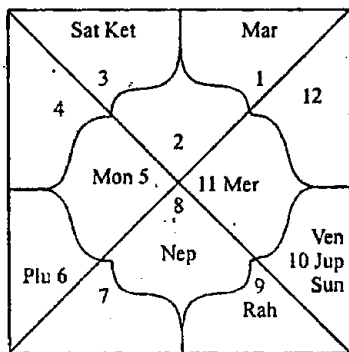
c. Saturn Ketu in any sign causes windy imbalance in the body.

d. 3rd house rules hands and legs in general. In subtle analysis 3rd and 11th are both considered for right and left in order. Legs are generally considered from 11th and 12th houses of the horoscope.

In this particular case 3rd lord Venus is retrograde in the 8th house aspected by Saturn which is also carrying the influence of Ketu with him. Mars is also afflicting Venus. 3rd house is aspected by the 6* lord Sun and Ketu. 11th house is occupied by Saturn and Ketu. Therefore he has a paralytic attack in the right side. His 10* house is hemmed between malefics. 10th lord Jupiter is posited in the 12th house afflicted by the dangerous 8th aspect of Mars. Therefore the victimization occurred at his youth.

Example 54. Case of paralysis : DOB 8-2-1974, 13=10, Muzaffarpur, Bihar. Taurus Lagna, Gemini, Saturn, Ketu; Leo Moon; Sagittarius Rahu, Capricorn . Venus, Jupiter, Sun; Aquarius Mercury, Aries Mars

Sat Ket
Mar
3
1
12
4
2
Mon 5
11 Mer
8
Nep
Ven
10 Jup
Sun
Plu 6
7
9
Rah

This is the birth chart of a female native who was paralysed in the right side (both had and feet got affected) when she was one year old. Wrong treatment at the hospital brought her sufferings. She can

walk and can also discharge her routine duties.

a. . Saturn Ketu in any sign produces windy disorders. Her Gemini and airy sign is vitiated with retrograde Saturn and Ketu. Other two airy signs, Libra is afflicted by Mars and Ketu and Aquarius is also afflicted by Ketu.

b. 3rd, 7th 11 * houses of both Janma Lagna and Chandra Lagna are afflicted which generated windy imbalance her body.

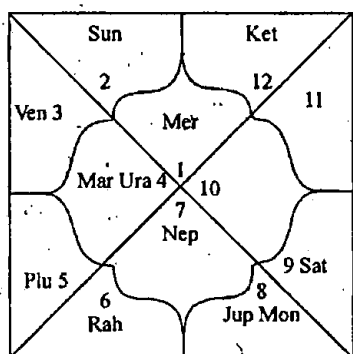
c. Her 3rd lord Moon is heavily afflicted by Saturn and Rahu. 3rd house is aspected by Mars and 6th lord Venus, Sun and debilitated 8* lord Jupiter. 11 * house is aspected by Saturn. 11th lord Jupiter is debilitated and afflicted by 6th lord Venus. Saturn and Mercury are posited a few signs apart. So she had a paralytic attack at a very tender age on the right side. She was born in Apasavya group B 1st qtr. In this group benefic planets produce worst results. Her Deha = Cancer, Jeeva = Pisces. She was born with 1" cycle 58yr, 0m-18d. Balance Capricorn opened only for 18 days. Sagittarius governed her for 10yrs. dasa of 8* lord brings only tragedies in life. Her 8th lord is Jupiter (a natural benefic planet) which is debilitated and combust. Dasa of such a planet triggered off the malady. KCD unfolds the dooms days of life very accurately.

ANAEMIA

Anaemia is the umbrella term for a variety of disorders characterized by the inability of red blood cells to carry sufficient oxygen. This may be due to an abnormality of low level of haemoglobin, the iron and protein based pigment in the blood. It is a condition where the amount of blood is less than normal. Its chief symptoms is paleness of skin, a wan of face, disinclination towards work of any kind, loss of appetite and a general lack of well being in order to understand its ramifications, a look at the composition of blood is essential. The blood consists, in

addition to the fluid, of corpuscles (white & Red), minute bodies of the size of eight thousand part of an inch. In the blood are also the various salts and proteins which nourish the tissues and also the waste products like uric acid must be removed from the body. The red corpuscles act as carriers of oxygen. Every millimetre of blood contains five million red blood corpuscles. The pus from a wound when examined under a microscope, will reveal the presence of millions of these dead warriors. Anaemia is caused by many factors, the chief among them being loss of blood due to injury, menstruation in excessive **quantities,** haemorrhage from piles, defective blood formation due to infections, toxins and drugs, inadequate intake and absorption of iron. Pregnant woman are predisposed to aneamia because of the demands of the growing baby and placenta.

Example 55. A case of **Anaemia** & **poor health** : DOB 24-5-1959, **3=40AM,** Delhi. Aries Lagna, Mercury, Taurus Sun; Gemini Venus; **Cancer** Mars, Virgo Rahu; Scorpio Jupiter, Moon; Sagittarius Saturn; Pisces Ketu.

This is the birth chart of a young Punjabi woman, school teacher by profession (MA Economies, B.Ed) who **married** a man from **Uttar** Pradesh on 17-8-1983. Her mother died on 3.10.1990. Her father was a commander in Navy and is now living in Delhi. She has an elder brother who is living in Bombay. Her physical sufferings started from the child birth (she delivered a male baby on **27.10.1985).** Currently she is suffering from anaemia, tonsillitis, weakness of the body, gets tired easily, allergic to medicines, stomach pain, headache, blockade of the right ear etc.

Astrological factors of Anaemia :

Assimilation of iron from blood is ruled by Mars. **Red** colour of the

blood due to red blood corpuscles and haemoglobin ruled by the sign Scorpio, Jupiter is the karaka planet of colouring blood, if Saturn conjunct Jupiter, there are chances of embolism. Watery signs namely Cancer, Scorpion and Pisces rule the blood. 4/8/12th houses do the same. Mars and Moon are the karaka planets of blood. When watery signs, 4/8/12 houses, lord of these houses, Mars and Moon are weak, afflicted badly or badly situated etc. or when these houses and planets are conjoined with evil lords, anaemia may come into presence.

From chart 54 we find her 4th house of Janma Lagna is occupied by debilitated Mars. 8th house is occupied by malefic retrograde 12* lord Jupiter. 4th and 8th lords have exchanged places (4th lord in 8th provides unhappiness in life and the native suffers physically). 8 house is hemmed between Neptune and Saturn. 12th house is occupied by Ketu. Heavily afflicted Scorpion reduced the level of haemoglobin & red blood corpuscles in her body.

If Mars is in the sign of Moon. i.e. in Cancer one will be troubled by various kinds of diseases including vitiation of blood and bile. It has been found by Mr. R. Santhanam (in his book Essentials of Predictive Hindu Astrology P 280) that Mars in Cancer aspected by Saturn cause one particular type of paralysis called Hemaplexia. Fortunately her Mars is not aspected by Saturn. So she is destined to suffer from various blood disorders. She is also suffering from headache. Aries is occupied (Aries is the head of the zodiac and is her Lagna) by the 6th lord Mercury and this house is hemmed between malefics, so she is suffering from headache. Where the lord of ,6* house is in the ascendant that is indicative of being afflicted by illness or opposition. I have seen another case, when the native's Virgo Lagna is occupied by 6th lord Saturn, his career has been ruined because of opposition. But where the 1" & 6th lord exchange place they lead to double tragic effect: If they are at the same time malefics themselves or are in the company of another malefic, the illness or the enmity of detractors would be more serious. In her case Lord of Lagna is debilitated and conjoined with malefic

Uranus and aspected by 12th lord Jupiter and Ketu. Her 7th house is afflicted by the 4* aspect of Mars on Neptune. Weak 4th lord multiplied her sufferings. So for all these astrological reasons, she is maintaining a poor health. Her 9th house is squared by Rahu-Ketu axis. 9th lord is in 8th and retrograde, these additional factors made her unlucky soul.

Control of anaemia:

Boil tomatoes in an iron pot and drink this juice daily. Avoid spinach, chocolate, rhubarb, which hinder iron absorption. Oxalates prevent the absorption of iron in the body. Take lemon juice and other vitamin C rich foods which help for more iron absorption in the body.

MIGRAINE (HEADACHE) AND ITS REMEDIAL MEASURES

A throbbing pain of migraine, which typically occurs on one side of the head is often accompanied by nausea, vomiting and extreme sensitivity to sound and light,. A person feels sick all over. WHO ranks migraine among the most disabling ills. Migraines are now recognized to stem from neural changes in the brain and the releases of neuro inflammatory peptides that in turn constrict blood vessel. The headache starts before these vessels dilate headache. Afflict about 70% adults at least occasionally and provoke millions in western countries each year to seek medical relief Most headaches are transient and due to tension or a temporary condition, such as cold or the flu, but some reflect a serious underlying problem. Recurrent headaches warrant medical attention to diagnose the type and determine the best treatment. Headache is a term which literally describes pain felt anywhere in the head. It poses certainly the commonest, probably the most ambiguous and sometimes the most difficult clinical problem in medicine can be evoked from the venous sinuses, the arteries and the durra matter at the base of the brain. Displacement and distortion of these structures, particularly if rapid, cause headache. The 5th, 9th and 10th cranial nerves contain pain fibers and direct compression of these nerves produces pain. Pain in the head may be due to lesions in nearby structures, such as

the eye and ear, causing headache, it may be due to the cranial neuralgias, meningeal irritation, vascular disturbances, traction and distortion of internal structures or to psychogenic causes. Headache is perhaps the most frequent single complaint of modern times. One of the main causes is tension and muscle spasms in the neck, scalp and jaw. For this reason massaging or other wise relaxing the neck muscles can sometimes help relieve headaches. Migraine headaches are really severe tension headaches, the causes are entirely psychological (in medical term it is a vascular headache). Attacks last usually 20-60 minutes, but recur one or more times daily for days or weeks and then there is often a prolonged period of freedom. The pain is usual severe and burning. Primarily involves the frontal region and the eye but often spread to the face and sometimes to the neck. It occurs most commonly in young males. Many diseases have been linked with mental attitudes. Psychiatrists say that migraine is definitely associated with hostility. They believe that for many of the illnesses arising out of tension, the victim has a deep seated desire to hurt someone or something around him or her and the headache is subsequent relation to this deep seated desire. Physical stress like lack of sleep, prolonged exertion with continuous bending and stooping, exposure to extreme of heat or cold could cause attacks of migraine. Certain types of food also cause headache, such as chocolates, paneer, fatty foods, alcohol, citrus fruits etc. These foods are containing triamine, which precipitates the migraine, Reserpine, which liberates 5 hydtoxytryptamine (serotinin) in the brain, can also cause migraine. Present day scientists believe that migraine is medicated by one or more biochemical disturbances.'

Astrological concept of headache (migraine):

When headache begins, the brain flow increases to normal or above normal and in the scalp tissues where the headache is felt. It may be upto 50% above normal. There is therefore evidence to prove that some major blood circulatory disturbance occurs when migraine attacks commence. Arterial blood is controlled by Jupiter and Aries (Head of

Zodiac of Kala Purusha) is ruled by Mars.

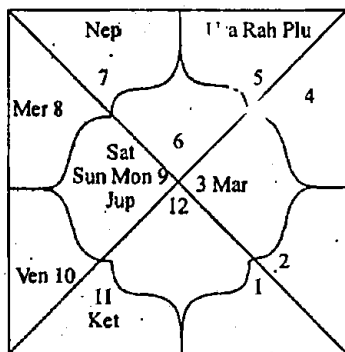
1. It is therefore plain that Jupiter and Mars together or in aspect to each other and afflicted simultaneously can cause disturbance in blood circulation in the head.
2. A planet posited in its own house affects Lagna. When this planet is afflicted, it brings headache.
3. When the sign Aries or Lagna is afflicted and is hemmed between malefics, one may get headache.
4. The Moon in Aries and Saturn in Cancer, Libra or Aquarius is sure sign of depressive headaches.
5. The Moon and Jupiter would be invariably afflicted by Saturn and possibly by other malefics in the cases of migraine or severe headache.

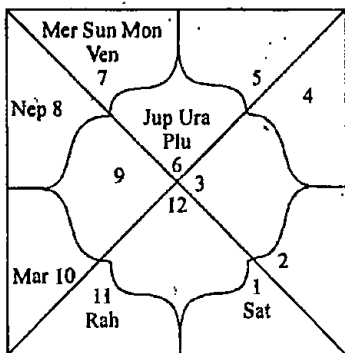
Cure of headache (Migraine):

1. Drink Coca-cola, Coffee or other caffeine products (limited amount)
2. Acute attacks of common migraine usually respond to soluble aspirin (600-900mg) or paracetamol (1g) with or without and antinauseant such as metaclopramide. If migraine attacks occur frequently enough to disrupt work and social life, then drug prophylaxis is justified.....
3. A headache is usually the result of malfunctioning of intestine. See that you do not suffer from constipation, if you do, treat that condition first. Remove dental problems. Avoid livers of animals.
4. Some Yoga Exercises & Pranayama are need for controlling the mind. Pure mind can eliminate headache. Psychological methods of stress management are more helpful.
5. Gem Therapy : Ordinary headache Blue Sapphire, Tarquoise Headache with wind and acidity : Haqiq; Severe Migraine Ruby

is the best. Topaz+ Pearl may be suggested.

Example 56. A case of severe migraine : DOB 19-12-1960/ **00=30AM/Calcutta** Birth Chart : Virgo Lagna; Scorpio Mercury, Sagittarius **Sun,** Moon, Jupiter, Saturn; Capricorn Venus, Aquarius Ketu; Gemini **Mars (R); Leo,** Rahu

The native is suffering from severe **type** of **migraine.** on the onset of Moon's dasa (11th lord's dasa) from July 1990 and is not maintaining good health. He is unable to' do any work, although he looks **apparently** healthy. The astrological reasons for his **migraine** attack are as follows: Moon Jupiter & Sun are afflicted by the 6* lord Saturn, Mars, Rahu Ketu axis. Lagna is severely afflicted by Mars & Rahu and 6th lord Saturn. The lagna is devoid of **any** benefic influence. Lord of Lagna Mercury has exchanged place with 3rd lord Mars. This Merucry is squared by Rahu-Ketu Axis. The evil influence on the hylegs (Lagna, Sun and Moon) ruined his health. Evil influence on the dasa of the 11th lord brings many setbacks in one's life.

Example 57. A case of migraine : **10.11.69/3=43AM/Delhi** Birth' Chart : Virgo Jupiter, Lagna; Libra Mercury, Sun, Moon, Venus; Capricorn Mars; Aquarius Rahu; Aries Saturn, Leo Ketu

This is the birth chart of young Punjabi **man,** whom I met in All India Astrological Seminar between 24-26* December 1993 at New Delhi. He suffered from severe migraine pain in 1992 Saturn Moon dasa. His intensity of suffering increased when he took one **Neelam** as suggest by one astrologer. The astrological reasons of migraine are as follows:

a. Blood circulation on controlled by the signs Leo & Aquarius. On account of this reason heart disease problems are judged from both Leo and Aquarius. Both these signs are afflicted by Rahu-Ketu axis. Sun provides oxygen to he blood and Moon controls its circulation. If 4th/8th/12th houses of Janma Lagna, Sun, Moon, Leo and Aquarius are afflicted, one suffers from faulty blood circulation systerh. His Sun is afflicted by Saturn and so also the Moon. 4th house is a afflicted by Ketu, 4th lord is debilitated (180° from its own sign) & is hemmed between malefics, Ketu and 12th lord Sun; 8th house is occupied by Saturn aspecte by Mars; 12th house is spoiled by Ketu and 8th aspect of Mars. Therefore he has a faulty blood circulation system.

b. In case of severe type of migraine. Moon, the significator of blood is found to be afflicted by Saturn and other malefics. His Moon is afflicted by Saturn, 12th lord Sun and Rahu.

c. Any planet posited in its own sign afflicted by Saturn and other malefics produces migraine. His Venus is posited in its own sign Libra and is afflicted by Saturn, Rahu and 12th lord Sun.

d. Sign Aries & Lagna should be afflicted by malefics for severe migraine. His Lagna is hemmed between malefics and Saturn occupies Aries which is afflicted by Mars. Aries is the head of the zodiac.

e. According to Sri Sivaji Bhattacharjee (the TOA, Jan 1994 P 75) whenever Mercury is afflicted by Saturn or Rahu or by an afflicted Moon or when hemmed in between malefics in certain sensitive area of a horoscope, usually put such a native to suffer from insomnia, headache, a paining eye and sinus, grumpiness depression, frequent stomach pain and upset, indigestion, hyperacidity and some kinds of dermatological infections. 6th house of zodiac Virgo is hemmed between malefics, both Sun and Mercury, Karaka planets & bowels are afflicted, 6* house of

Chandra Lagna is hemmed between malefics. 6* house of Janma Lagna is occupied by Rahu, so he has some weak digestion system. Afflicted Venus, debilitated 5th lord generated frustration in love affairs. His 7th house is hemmed between malefics. So all these unfortunate planetary configurations coupled with some peculiar psychological problems and Weak digestion system precipitated the severe migraine.

CONSTIPATION IS THE GRANDMOTHER OF ALL DISEASES

Overburdening of the stomach is the root cause of indigestion, which has to be avoided, after 40 yrs or so. The more light the food, the easier it is digested. Digestion starts the moment food enters the mouth. It mixes with the saliva and is more permeable for the gastric which exudes from the opening of the tiny glands of the stomach. The gastric juice consisting of pepsin and rennin breaks downs the proteins into smaller molecules. The gastric churning of the stomach mixes the food with the gastric juices and hydrochloric acid (HCl) and when it becomes soluble it passes through the pylorus, an orifice at the lower end of the stomach into the bowel. After it passes the intestine, the food is exposed to the action of bile, pancreatic juice, intestinal juice and bacteria. These juices contain many elements which break down the food into the final products like glycerin, which sustain the system. The indigestible residue, together with various substances which are waste matter, thrown out of the body in the stools. Constipation is a condition in which the bowels are opened too seldom or incompletely. The patient may pass infrequent and hard, dry stools, The main symptom is the desire to void the stools, but inability to do so. It is a common complaint and a large number of persons depend on laxatives and purgatives to clear their bowls. People take tea, coffee, cigarettes, cigars under the mistaken belief that it will help activate the bowels. Isobgul or Bran is helpful in the bowels to soften the stool, it draws water into the stool,

forms a gel like solution and thus provides bulk. It is not absorbed by the digestive track and is a natural product with no side effects. Indian chapattis with boiled mixed vegetables also prevents constipation. Take chaptti + palak paneer. You get relief within 24 hours.

Excretory substances are classified as carbonaceous if they contain carbon-dioxide, nitrogenous if they contain nitrogen carbon materials or mineral if salts are involved and water. Nitrogenous wastes, in particular, are highly toxic and must be quickly removed because they can rapidly accumulate in the blood and cause death. Carbon dioxide and water are the main waste products formed when carbohydrates, fats and proteins are broken down. In the case of proteins, there is always an additional waste product, used $CO(NH_2)_2$ which is carried to the kidney by blood for excretion. The name protein was introduced by Mulder (1839). The proteins are nitrogenous substance whose composition varies with the source. Carbon 47.50%, hydrogen 6-7% Oxygen 24-25%, nitrogen 16-17%sulphur 0.2 0.3% other elements maybe iron and phosphorus. All enzymes and hormones are also proteins. A simple sugar may contain 40 atoms, simple fat has 180 atoms, a simple protein of meat has 10,000 atoms. They serve chiefly as growth and repair materials, but their other functions are many and various, including the multiplicity of enzymes and hormone reactions. The basic units of proteins are amino acids. These are linked together to form chain molecular or polymers, that make up proteins. The breakdown of proteins to amino acids is achieved by the addition of water. Besides food the body must contain certain salts, such as sodium, potassium, phosphorus, calcium, iodine, Sodium and potassium play an important role in the functioning of nerve and muscle fibres. Meat, cheese, eggs, milk and vegetables are all rich minerals. Once food has been broken down into constituents acceptable to the body, it moves through the intestinal walls and eventually into the blood, which all carries to all parts of the body. This is known as absorption. Part of any meal We eat is destined within a space of 3 days to become an integral part of our bodies. In fact, due to continual breakdown and assembly of food

materials within the cells, every meal we eat charges our physical **and**. chemical make up slightly. A number of organs are involved in excretion in animals.

1. The liver excretes bile, which contains some waste products of the breakdown of hemoglobin.
2. The liver also excretes urea, a nitrogenous waste.
3. A certain amount of material is excreted by the intestine in addition of fecal matter egested.
4. Some water is also lost by the intestine, but this water is egested rather than excreted.
5. The lungs deal with excess carbon dioxide and water, both being products of respiration within the cells and therefore at one time a part of the protoplasm.
6. The skin functions as an excretory organ by excreting via sweat glands some, 5-10% of all the nitrogenous waste that accumulates in the blood. The organs that specialize in excretion are the kidneys. They operated refined and complex high pressure filters, whose working is still not fully understood. Their main function is to regulate the water, minerals and food content of the blood. This is a vital requirement, for if chemical or physical balance of the blood is upset only very slightly, the functioning of the body is seriously impaired and death can easily result. The urine obtained from a mammal whose kidneys have been chilled contain a noticeably greater quantity of sugars and salts than is present in urine excreted under normal circumstances. The various excretory processes, and the functioning of the kidneys in particular, afford excellent examples of homeostatic, or control of body chemical balance.

Shits and Fibre ***diet :*** Salad and fresh fruits, pulses contain high fibre diet. A detailed comparison has been made of the shits of Africans who live in rural areas and who eat large quantities of high fibre food with

the shits of the average Europeans with his highly processed and refined food. It was found that the weight and size of the shit of the African was far greater and the smell was much less than that of the average Europeans. The transit time of the shit in the body of in the case of African was **also** far **less** than in **the** case of the European whose faecal matter might be in the colon for as long as two or three days as against the 24 **hrs** for an African. Actually one should pass his faecal matter daily in the morning without fail. Bowl cleaning is a must for a good health. Bigger and softer the shit is, the easier is it for the faecal matter to be propelled along the colon as against hard stools of the refined **and** processed diet. Big soft stool with their rapid transit time results in quick **movement** in the bowels and might prevent harmful bacteria from causing damage to the colon there just is not enough time for noxious bacteria to harm the colon. Cancer of the colon is the 2nd biggest type of cancer after cancer of the lung. **In** the **USA** alone, 70,000 new cases of colon cancer are reported every year. It is thought that the faecal matter lying in the colon for long periods and also the pressure in the colon might be the cause of cancer of the colon, especially as cancer of the colon is very rare in rural Africa where the **transit time** of bowel movement is relatively more rapid. So it would appear that cancer and other serious types of diseases might be avoided by keeping high fibre diet. Constipation causes heaviness and headaches, lethargy loss of appetite, insomnia and apathy. As a matter of fact, any disease is an indication of malfunctioning of the machine that it the human body and costiveness is the **GANDMOTHER** of all ailments. The intestine, 8.5 to 9 meters long, is the form of one continuous tube suspended in loops in the abdominal cavity. At the lower end is the large intestine through which stools pass via the rectum. If the muscles of the large intestine lose their tone or strength, stools tend to adhere to its insides. Atony of the intestines can be cured by exercise. A walk in the morning or evening, better still jogging will help. Another way to help intestine to void the stool is to cool it. Take a **rough** towel, fold it so that it can absorb much water, and place it on your lower abdomen after

- immersing it in cold water. It should be done before one goes for a walk. Cooling and then warming it through exercise helps large intestines to regain its tone. Swimming for 15 minutes will Cure constipation. Take regularly germinated grams, lemon, fruits, curd, milk and leafy vegetables (like palak and cabbage). In case of chronic constipation use Softovac, an Ayurvedic medicine, 1 teaspoonful with warm water before bed time. In case of very severe constipation use softovac and Looz (Lactulose solution) for cleaning the bowel after each 15 days. It is not necessary to use Looz regularly. Some people suffer from constipation and other diseases because their intake of water is too insufficient. The water intake should be 4 to 5 liters in summer and 3 liters in winter. Drinking more fluids is not harmful. A glass of water after the morning immediately after waking up can help many cases of constipation. Softovac and Looz are available in any medicine shop in India. Patient suffering from amnesia (loss of memory), constant fatigue insomnia, incipient gout, asthma, indigestion, headache, lumbago and general weakness will be benefited by clearing their bowls regularly. Take excess palak panner or violet fruits or red water melon and check the colour of your shit. You should try to pass out the undigested portion of food within 24 hrs. in such cases, nobody suffers from any serious disease.

Let us try understand why there is constipation. Somehow, there is less water available in the stomach for the digestion, hence the stool sticks to the colon tube, and does not come out easily. The native suffers from flatulence. Excess gas generates in the stomach. The pressure applied in voiding a constipated bowel tends to distend the veins and around the inflamed condition of the veins around the lower end of the bowel, piles or haemorrhoids sets in. The piles become enlarged and red and give off a thin blood stained discharge. Allopathic treatment available in the world is the worst for constipation. This system depends more on surgery than drugs in the case of intractable piles, but even removal of he offending part does not give relief, since the likely to occur again. I have seen many persons die after operation. So nobody should go to

allopathic doctor for help in the case of piles. Fasting gives a relief. Take only lemon water, steam heated vegetables. Drink excess water. Take dry fruits, avoid cereals and pulses for seven days. You are cured. And a fasting patient should return to normal diet only gradually, to normal diet. Hot milk, germinated grams., salad, 4-5 liters of water, leafy vegetables, fruit juices, yogurt, dry 1-2 chapatti will keep anybody healthy even up to 85 yrs. No medicines are required. For a healthy life one should take 500 mg vitamin C daily through fruits and vegetables.

How to rise above mediocre level :

One should be health conscious, knowledge conscious and good personality conscious. Have sound education first. Knowledge speaks and wisdom listens. Ask your child to read 3 hrs a day. One should be passionate about what one does. It' just passion that makes you rise above mediocity and takes you towards excellence. Whatever happens,, you have to stick to your gut feeling and your core competence. If you waver from that you may have to suffer in a rot of mediocrity. Pranayam and other exercises will allow to enjoy perfect health. Avoid sleep in for lengthy hours. Do not allow the parasites to make nest at your stomach. keep the stomach light after discharging off all the wastes daily. Always drink boiled water, RO/Aqua guard water or famous brand bottled water Be sure you are drinking germ free water.

Bad breath and its cure :

One out of ten adults (male or female) has bad breath. The main cause of bad breath is undoubtedly a stomach upset; another cause mouth not being properly washed. Certain lung diseases such as bronchiectasis also cause bad breath. A very good thing to remember, however is normally never to breathe fully into the face of the person to whom you are speaking, it is usual safer to turn the face side ways when one is speaking, because very often one does not even know when one has bad breath. One should clean the tongue with a plastic/iron tongue washer for removing bad breath. Take saline gurgle and use clove and

cardamom after eating. Foul breathing persons will not be liked by senior employers and friends. Develop a clean habit. Wash the mouth with water boiled with **neem** leaves, chewing betel leaves will also solve the problem,. **Tulsi** leaves are excellentfor removing bad breath.

Astrological background :

Waste material of the body is excreted by Mars,. When Mars is afflicted or weak one suffers from constipation. The author has Mars in the 3rd house in Pisces, which is aspected **by** the **8th** lord from Virgo. He is suffering from this dangerous disease since his boyhood days. Use copper ring for relief (Astrology applied by Dr. S.S. Chartterjee **P 177).** Urine is excreted from the body by Moon and Mars.

LEUCODERMA

The body is composed of a number of organs. About 2 square meter of the human body is covered with an elastic membrane is known as skin. Is proper functioning in its action as secretory, excretory and heat regulating organ, as a protection for the deeper structures and for appreciation of sensation as heat. Cold, pressure and pain, is necessary for health. The main functions of the skin are a) Protection of the underlying structures. b) Appreciation of tactile and thermal sensations c) Control of body temperature d) Secretion e)An imunological agent f) Excretion of waste products of blood through perspiration g) An agent for supply of Vitamin D through the effect of sunlight. Leucoderma is the condition of the skin where it loses pigment, which is called melanin in some parts of the body. It is a deficiency syndrome due to unhygienic eating habits and is not contagious. It may be cured in the early stages with precaution of dieting. A strong and well placed Mercury is always headway for a shining, healthier and more youthful skin and brilliant appearance. Mercury governs the health of skin, the single largest organ of the body. Naturally all ailments relating to liver, abdomen, nervous system, hormonal function, cerebrospinal nervous systems and cerebellum will appear to show their symptoms on the skin first or any malady relating

to skin has its deep rooted rapport **with** the inner organic function of the body. So skip has its raft similitude with a mirror which reflects physical well being and acts our health index in sounding timely alarm well in advance to take needed prophylactic care. Any change of pigmentation red or violet spot, itching, formation of **bages,** wrinkle, pimple, rush boils and frequent uneven while patches, shrinkage, recoilation, bristle, and regular erosion of cuticle are the signs of abnormality of organic function inside the body and symbols of certain **forth coming** disease. An ill placed or **an** afflicted Mercury always leads to rush or boil and apt the native easily susceptible to bacterial and fungal infections itch, eczema, wrinkle, uneven contraction with streak or stripe all over the skin making the native unhealthy in appearance and conduces premature aging. Venus controls body lustre. So afflicted Venus and afflicted Mercury will enforce premature aging. Whenever Mercury is afflicted by Saturn or Rahu or by an afflicted Moon or when hemmed in between malefics in certain sensitive area of the horoscope, usually puts such native to suffer from insomnia, headache, a paining eye and sinus, grumpiness depression, frequent **stomach** ' pain, indigestion, hyper acidity and some kinds of dermatological infections. When both **Mercury** and the Moon are afflicted in an odd house may create **'strife,** nervous disorder, frenzy mood, loss of sleep, melancholia, phobia, mania, chronic trouble of stomach and even madness in certain cases. Astrologically Lagna and its lord represents the whole body i.e. skin. If Lagna **lord** conjoin Mercury Mars or Moon in any sign or house and aspected by **Rahu/Ketu** the native suffers from chronic skin disease. According to Ayurveda, the skin diseases are caused by excess of Pitta (bile) and tridosha in the blood. Sun and Mars indicate bile, Sun is the significator of lagna and Mars is the head of the Zodiac **(Kalpurush),** Aries. So they are capable to causing skin disease. Mercury and Jupiter are the lords of tridosha (being the ruler of common signs). Moon and Mars are the significators of blood: Venus and Moon are watery planets and indicate flowing of blood in the body. The skin disease are caused by the impurities in the blood. So

ascendant, its lord, Sun, Moon, Mars and Venus are afflicted in any house by Saturn/Rahu/Ketu one suffers from some skin diseases. When Mercury/or Jupiter is also involved, some chronic skin disease is caused. As skin diseases are caused by Toxic matter or impurities in blood, so watery signs Cancer, Scorpio and Pisces are also involved. Any affliction to Sun/or Mars or their weakness causes skin diseases.

Aphorisms **of** Leucoderma:

BPHS has the following specifying different types of kustha (Leprosy) including S weta Kustha or **Leucoderma**:

लग्नाधिपौ कुजबुधौ चन्द्रेण यदि संयुतौ।
राहुणा शनिना सार्द्ध कुष्ठं तत्र विनिर्दिशेत।।
लग्नाधिपं बिना लग्ने स्थितश्चेत्तमशा शशी।
श्वेतकुष्ठं तदा कृष्ण कुष्ठं च शनिना सह।।
कुजेन रक्तकुष्ठं स्यातद्देवं विचारयेत्।

Leprosy can manifest if Mars or Mercury being the Ascendant lord and Moon are afflicted by Rahu and Saturn. Moon in the Ascendant (other than Cancer) associated with Rahu can give risk to sweta-kustha or Leucoderma. Saturn in place of Rahu may cause Krishna Kustha while Mars under similar condition would bring in Rakta kustha. We find from here that Moon, Mercury and Rahu are perhaps the basic participants for materialization of Leucoderma. Rakta-kustha is certainly a leprosy whereas Krishna kustha can be either a dreaded from of leprosy or a chronic cause of violent eczema depending upon the degree of affliction.

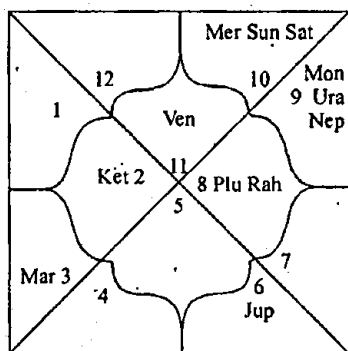
1. According to Jataka-Tatwa चन्द्राच्छौ सपापौ जलभगौ *fa$*\ । Moon and Venus in watery sign afflicted by malefics can cause Leucoderma.

2. If Moon be in the 4* house aspected by Ketu, Venus or Mars in karakamsa chart, Leucoderma occurs.

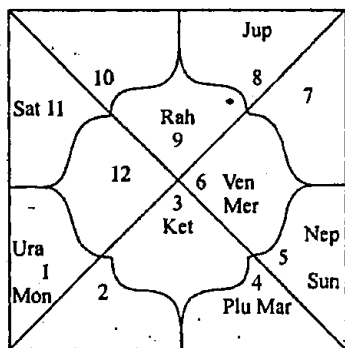
3. Cancer, Capricorn karakma Ascendant aspected by malefics do the same thing.
4. The ascendant lord conjunct Mercury along with Rahu or Ketu.
5. The Moon in Ascendant, Sun in 7^{th}, Saturn Mars in the 2nd or 12^{th} house.
6. The ascendant lord in the 8^{th} house, afflicted by malefics.
7. Moon Venus in the 8th house, afflicted by malefics.
8. Sun Saturn Mars combination anywhere in the birth chart.
9. Saturn Moon conjunct in the 6^{th} house
10. Saturn Mars Moon in Aries or Taurus can lead to Leucoderma.
11. The Sun is watery signs or with Venus usually leads to psoriasis and or white patches. Mars and Ketu or Rahu, afflicted Lagna or Venus in Scorpio and Pisces as also Cancer gives leucodermic patches

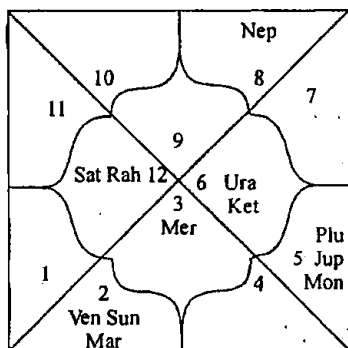
Example 58. Cure of Leucoderma : 21-1-93/9:01 AM/Noida. Aquarius Venus; Taurus. Ketu; Gemini Mars (R); Virgo' Jupiter; Scorpio Rahu; Sagittarius Moon; Capricorn Saturn, Sun, Mercury.

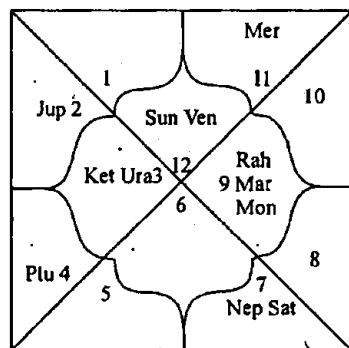
Mer Sun Sat
12
10
Mon
9 Ura
Nep
1
Ven
Ket 2
11
8 Plu Rah
5
Mar 3
4
7
6
Jup

I made a forecast that the boy would suffer from Leucoderma in 1993. He is the son of a prosperous IIT Engineer. Leucoderma appeared on his face in July 05 as per my forecast during Sun Rahu dasa. But by using Photoban 15, an allopathic drug he was cured completely in May 06. Here Sun is afflicted in both Rasi and Navamsa. Sun is the 7^{th} lord and hence a marakesh planet.. In almost 90% cases, the native suffers in Sun's mahadasa. Marriages should not be performed during Sun's Mahadasa. Jupiter provides recovery power. Fortunately this planet is exalted in his navamsa. Saturn is his Atmakaraka planet and

Leo is the Karakamsa **Lagna**. Rahu is placed in the 4* house, and afflicted Mercury in the 6^{th} house in Karakamsa. His Mercury is in the 12_{th} house, afflicted by Sun, Saturn and Mars, which produced white spots **on** his face.

Example 59. Leucoderma of an advocate : DOB 6-9-1936/ **13=40hrs/Rahu** Sagittarius Rahu, Lagna; Aquarius Saturn (R); Aries Moon; Gemini Ketu; Cancer Mars; Leo Sun; Virgo Venus, Mercury; Scorpio Jupiter.

He is a very prosperous man of the society, but very sad for his son. His **eldest** child, a daughter got married with an executive of **NTPC**. Son is also lawyer, but kicked his aged parents out of the house, constructed by the above native. Such is the destiny pattern. If the **lord** of 5^{th} house is located in $6^{th}/7^{th}/12^{th}$ house and is aspected by the lord of Lagna and also by Mars and Rahu, the son is opposed to the father. His 5_{th} lord is debilitated and in the 8^{th} house and is aspectd by Lagnesh Jupiter. So we are not surprised to observe his ordeals in **real** life. He was attacked with Leucoderma on lips in 1988 (Jupiter Sun dasa between 25-1-88 to 13-11-88). Sun and Jupiter is exact square positions brought the tragedy in life. Mutual square position of **planets** invariably bring set backs in life (Advanced Predictive Astrology, Vol 2 by Dr. S.S. Chatterjee). Mars is hemmed between malefics, produced excess bile. Ketu occupies the house of Mercury and Mercury is in conjunction with debilitated Venus, squared by Rahu Ketu axis. Mercury is posited in 8* lord Moon's star. Highly afflicted mercury produced severe type of Leucoderma. In **2004**, I found his 80% of body is covered by irregular white patches. His Jupiter is debilitated in Navamsa and hence Jupiter Sun dasa produced the Sweta-Kustha to him. Excess bile secretions accelerated the attack. Weak Venus snatched away the body lustre.

Example 60 Leucoderma started in **the** dasa **of 8th lord** : **DOB4-6-68/7=57 PM/Burdwan,** WB; Sagittarius Lagna; **Pisces** Saturn, Rahu; Taurus Sun, Venus, Mars; Gemini Mercury Leo Jupiter, Moon; Virgo Ketu.

Her 6th lord Venus is heavily afflicted by Sun, Mars, Ketu, Saturn. Afflicted Sun, Mars produced excess bile in the system. Venus is heavily afflicted and is a combust planet. Venus controls **body** luster. Afflicted Venus added fuel to the fire. Her Mercury though posited in his own house is squared by Ranu-Ketu axis. Ketu occupies the house of Mercury. **8th** lord Moon is aspected by Mars, which is placed in the 6th lord's star. As soon as the dasa of 8th lord started, Leucoderma attacked her legs through socks, because Pisces is heavily afflicted by Saturn and Rahu. Her disease is restricted in.the abdomen region through Homoeopathy Treatment. She got married on **17-6-1992** during Mars-Moon dasa. Saturn Rahu in the **8th house.of** Jupiter reduced her recover powery. Afflicted Mercury, Venus, Sun, Mars, Pisces sign brought the dangerous disease to her.

Example **61.** Leucoderma **of an IOCL Chief Engineer :** DOB 28-3-54., 6:04AM, Calcutta. Pisces Sun, Venus; Taurus Jupiter; Gemini Ketu; Libra Saturn; Sagittarius Moon, Mars, **Rahu;** Aquarius Mercury.

His **6th/8th** lords occupy his lagna, and they are squared by Rahu-Ketu axis. Ketu occupies the house of Mercury, Mercury is placed in the star of Rahu. Mercury is very much afraid of Rahu, on account of this reason Mercury Rahu or Rahu Mercury dasa brings disasters in life. His

tragedy in life started Sun-Jupiter dasa in the end of 1969, when he was just 16 yrs old. I have already mentioned Sun's dasa is bad for 90% persons on this earth. Sun is his 6th lord, the ruler of diseases. Jupiter is spoiled by the placement of Mars and Rahu in the 8th house of Jupiter. Weak Venus (body lustre), weak Mercury afflicted Mars (produced excess bile), weak Pisces sign, weak Jupiter brought Leucoderma on the face and fingers. Since Venus is exalted and vangottam, only 10% of his skin are affected by this dangerous disease. When the malefic planets occupy 1st, 6th, 8th or 12th house in the birth chart, they create a deficiency or excess causing various diseases. First house is occupied by 6th/8th lords afflicted by Mars and Squared by Rahu-Ketu axis, Saturn occupies the 8th house. His 6th/8th/12th lords are afflicted, which precipitated in the form of Leucoderma. It is a punishment, bestowed by God to a human being. Mars, Saturn and the Moon cause most of the diseases. Mars in Libra make a man too much virulent like a mad dog and gives serious and chronic ailments like mental retardation, paralysis, madness, etc. A very strong Mars makes a native very strong and the native rises very high in life.

VISION DEFECT

God has provided eyes just beneath the forehead, nose occupies the space between the eyes. For enjoying the beauty of nature, the sky, the sea, the mountains, thousands of varieties of animals, for guarding against enemies, we need eyes. The eyes provide power to educate himself about his surroundings and helps to gain tremendous knowledge by reading books. Good looking big eyes add beauty of the face. All the good looking attractive females have broad eyes. Without eyes the world becomes shrouded in darkness and life becomes a cupful of sorrows. Inside the eye is a lens, which focuses light on to particularly sensitive part of the retina. In a camera, the focusing is arrived by moving the lens forward or backwards. In the eye, this is made possible by a change in the shape of the lens, an operation known as accommodation. The upper and lower eyelids lubricate, warm and

cleanse the surface of the eye by sluicing it with lachrymal fluid during involuntary blinking. Tear fluid keeps the eye surface moist and clear of debris, and it is also antiseptic, thus inhibiting the action of bacteria. In very cold weather the tear fluid is produced copiously in order to insulate the eye. At the back of the eye is the light receptive area, the retina, which is made up of a number of layers of nervous fibres, tissue and two types of photoreceptors, rods and cones, so named because of their shapes. The cones are colour receptive and are thought to be mainly responsive to the primary light colours of red, green and blue. The rods are more sensitive to dim light and are arranged around the periphery of the retina. In all there are some 230 million rods and seven million cones, the latter being concentrated in a disc little more than 3/16th of an inch in diameter known as the forea, centralis. Due to the manner of development of the eye in the embroyo, the retina is inverted, with the rods and cones at the back of the retina behind six distinct layers of neurons approximately a millimeter in thickness. Light has to pass though these layers in order to reach the rods and cones. There are six types of eye defect a) Hypermetropia (Long Focal) or Farsightedness. It is a defect that causes the lens to focus at the point behind the retina instead of focusing on it. Persons who are far signted can see object at the distance but find it difficult to see nearby objects cleanly. Thus hypermetropia may also be referred to as "long focal" sight. The defect may be due to a number of causes, the eyeball may be too short, the lens too thin, or there may be the much tension on the suspensary ligaments. The defect is overcome by placing a convex lens in front of the eye. The additional lenses increases the magnification of the focusing system and reduces the focal length so that the image coincides with the retina. b) Myopia or near sightedness, is the result of light focused at a point in front of the retina this "shot focal" sight is usually due to an eyeball that is too long. It may also be caused by inability of the ciliary muscle to relax completely and thus maximum pull is exerted on the lens via the ligaments. Treatment consists of changing the eye lens system by placing a concave lens in

front of the eye. By this means the light rays converge on the retina. c) Astigmatism It has been estimated that 9 out of 10 people suffer from degree or other of astigmatism, a blurring of the image at certain points due to slight imperfections in the cornea, which distorts the light rays as they pass through it. Vision is sharpened by placing in front of the eye a lens specially shaped to compensate for the unequal curvature of the cornea. d) Glaucoma the leading cause of total blindness is due to severe Glaucoma. It begins as a gradual painless process whereby the humours within the eye are unable to drain through tiny canals in the choroid. As a result, pressure steadily builds up until eventually, the nerves in the retina are damaged. e) Cataract : in advancing age, the lens may become opaque or cloudy, preventing some of the light from reaching the retina. The treatment for cataract consists of removing the lens and replacing it with a powerful eye glass or contact lens. f) Presbyopia Another defect that comes with advancing age is presbyopia, a condition caused by a loss of elasticity of the lens and a consequent loss in the ability to accommodate. This defect can be overcome by wearing glasses.

Astrological background:

Taurus is the 2nd house of the zodiac and Pisces is the 12th house. Right eye is controlled by the 2nd house and Taurus, left eye is controlled by the 12th house and Pisces. In the case of ladies 2nd house is left eye and 12th house is the right eye. I have examined thousands of horoscopes and found truth in the prophecy of our sages. Sun and Moon are the giver of light in our eyes. Sun controls right eye and Moon controls left eye. The overall incharge of eyes is Venus. When the 2nd/12th house, their lords and the significators Sun, Moon and Venus are afflicted or badly placed, it causes eye trouble, loss of sight, ulcer in eyes etc. Rahu rules over cataract in the eyes. The malefic planets Mars, Saturn, Rahu and Ketu in the 2nd/12th cause eye trouble according to their inherent nature. Mars causes damages to eyes though injury, burns, inflammatory causes. Saturn a dark and restrictive planet cause weak

eyesight, myopic vision and long lasting eye trouble. In the case of Rahu there is degeneration of the eye and disease is difficult to diagnose. White pearl (the Gem for Moon) improves eyesight and Ruby (the Gem for Sun) strengthens the eyes. Sun in the $8^{th}/12^{th}$ house harms the right eye and Moon in the 12^{th} house harms the right eye. One has graceful eyes and possess good eyesight when 2^{nd}, 12^{th}, 6^{th} and the 8th houses are associated with benefics and their lords are bereft of malefic influences. Afflicted Sun in Lagna causes eye trouble. Afflicted Sun in Leo causes night blindness. Saturn and Mars jointly posited in the end or 12th house cause eye injury leading to blindness, provided Venus is afflicted and weak. I have seen many cases where the native has Saturn and Mars in the 12^{th} house, but has no problem in the eyes, because of strong Venus, or strong Moon, or Strong Sun. Malefics in the 2^{nd}, 6th, 8th and 12^{th} house from lagna, the Sun bring eye disease.

Aphorisms of eye disease :

1. The location of Sun and Moon in the 12^{th} or 2^{nd} house afflicted by malefics diminishes eyesight. The same is the result when *Sun and the Moon are weak and aspected by malefics.

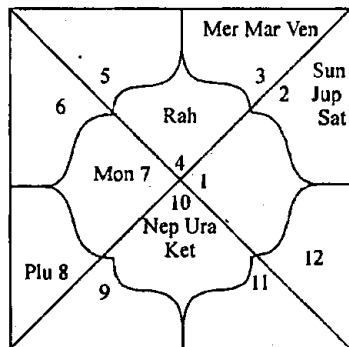
2. Affliction of Mercury in $2^{nd}/6^{th}/8^{th}/12^{th}$ causes eye trouble and sharp decline in eye sight.

3. Malefics in $2^{nd}/12^{th}$ aspected by Saturn weakens eye signt.

4. Weak Moon in 8^{th} house aspected by strong Saturn inflicts severe eye disease.

5. If many planets be in the 2nd house aspected by Saturn, they may cause defect in the eye sight. We shall study a few case histories.

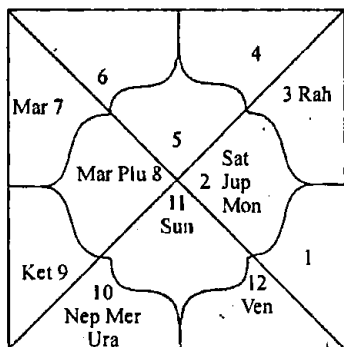
Example 62. Spectacles in childhood : DOB 14-6-2000/ 8=41AM/Delhi. Cancer Lagna, Rahu; Libra Moon, Capricorn

Mer Mar Ven
5
3
Sun
2
Jup
Sat
6
Rah
4
Mon 7
1
10
Nep Ura
Ket
12
Plu 8
9
11

Ketu; Taurus Sun, Jupiter, Saturn; Gemini Mercury, Venus, Mars.

He opened his life with Jupiter's dasa, which is debilitated in Navmsa and is conjoined with Saturn, Ketu. The dasa of such a planet cannot be good. Jupiter Moon dasa in 6/8 relationships, forced him to wear specks. Sun is afflicted by Saturn, Moon is squared by Rahu Ketu axis. Venus has conjoined Mars. Both $2^{nd}/12^{th}$ lords are afflicted. So all these unfortunate yogas forced him to use specks while he is minor kid. Lagna is devoid of any benefic influence.

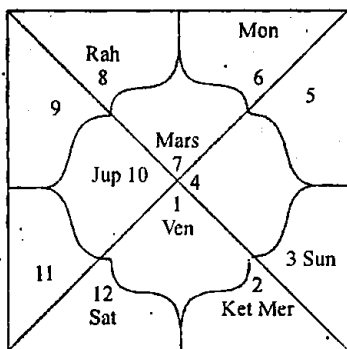
Example 63: Detached eye **retina :. Right eye blindness** : DOB 2-3-2001/6-45 **PM/Delhi** : . Leo Lagna; Scorpio Mars; Sagittarius Ketu; Capricorn, **Mercury; Aquarius** Sun; **Pisces, Venus;**

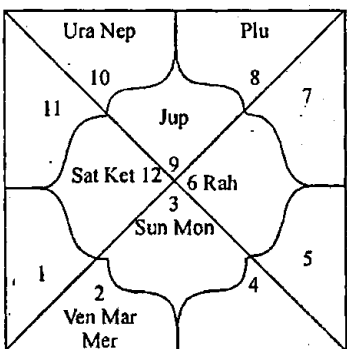
His Moon is Apasaya group A, 1_{st} quarter.

1^{st} cycle 47y-8m=26d. He opened his life with Taurus 12d-8m-26d. **In** Apasaya diagram dasa of a benefic planet will be poor. His Deha = Cancer, Jeeva - Sagittarius. Deha and Jeeva signs in 6/8 positions provides a chequered career and a stormy and abruptly ending of life. Deha and Jeeva lords should not be associated in any manner. If they are conjoined together or exchange aspects, a great calamity in life is sure to follow. Unfortunately Deha and Jeeva lords have conjoined together in Taurus. An unsuccessful operation took place in USA when he was 3 months old. Dasa lord of Taurus, Venus has moved to 11^{th} house from its natal position and is squared by Rahu-Ketu axis. Planets in the 11^{th} house or the dasa of 11^{th} lord produces severe diseases. Taurus is afflicted by $6^{th}/8^{th}/12^{th}$ lords. So we are not surprised that the dasa of malefic Taurus ruined his right eye while he was only 3 month old. Sun is afflicted by Mars, 2^{nd} lord Mercury is placed in the 6^{th} house hemmed between maleics 12^{th} lord is exalted and is in Gaja Keshri Yoga with Jupiter. God saved his left eye. His Venus though exalted is squared by Rahu Ketu

6
4
Mar 7
3 Rah
5
Mar Plu 8
2 Sat Jup Mon
11 Sun
Ket 9
1
10 Nep Mer Ura
12 Ven

axis and Venus is placed in the 8* house. As per Vimsotteri dasa Moon-Rahu dasa in 2/12 relationship snatched away vision from the right eye.

Example 64. Glaucoma disease : DOB 17-6-37, 15=20PM, Calcutta: died on Dec 30,2003. Libra Mars, Lagna; Scorpio Rahu; Capricorn Jupter; Pisces Saturn; Aries Venus; Taurus Ketu, Mercury; Gemini Sun; Virgo Moon.

He was the principal of a degree college in Bengal. He suffered from eye disease throughout his life and used to wear specks from his infant days. Many people in his family become totally blind. He was very much afraid of blindness from glaucoma and died in Dec,. 2003, during Mercury Venus dasa on account of sudden and unexpected heart failure. Mercury in 8^{th}, Venus in 7^{th} hemmed between malefics became his killer planets. His Venus is aspected by Mars, hemmed between malefics. Moon is aspected by Saturn. Sun is free from affliction. Which helped him to avoid total blindness. 2nd house has Rahu, 2nd lord is in Lagna, 12^{th} lord Mercury is heavily afflicted. So all these unfortunate yogasa precipitated in his eye disorders.

Example 65. Blind female girl': 17-6-1996, 19=08hrs, Delhi, Sagittarius Jupiter; Pisces Sat, Ketu; Taurus Venus, Mars,. Mercury; Gemini Sun, Moon; Virgo Rahu

She was born in Apasavya group B with 1^{st} cycle for 17 yrs. 1" dasa was of 12 yrs Taurus. Deha = Aries, Jeeva = Sagittarius, Taurus dasa brought disasters in life. When a native opens his/her life $6^{th}/8^{th}/12^{th}$ lord's dasa things are not much

encouraging. Her Taurus is heavily afflicted by Mars, Saturn, Rahu. In Apasarya diagram dasa of benefic planets produce worst results. Her Taurus dasa at birth made her totally blind very silently. She was bom as the eldest daughter of a medical doctor (M.S.) of Metro Hospital, Noida. In 2004, the entire family migrated to New Zealand. Twin female babies were born; but the other child died at the time of birth. After about 8 months, her parents realised that their baby is blind from birth. The right eye is judged from the 2nd house and Sun, while the left eye is judged from .12th house and Moon. Her Sun and Moon are squared by Rahu Ketu axis. Rahu in the 10th house and Ketu in the 4* house, sometimes brings too much miseries for the native. Slowly they begin to surrender themselves completely to the unknown universal sprit. God only writes sad episode about a person, when Jupiter is too much afflicted. Her lord Lagna/4th lord Jupiter is squared by Rahu-Ketua axis, Mars and Saturn are throwing deadly combined influence oh Jupiter. Aspect of 8th lord Moon on Lagna and its lord is reducing per personality. Satum in the 4th house causes spleen disorders and loss of eye sight (TOA, Sept 1993 P 6) 5/9th lords in 2/12 relationships speaks about her sufferings in life. Afflicted Sun,.Moon, Venus, 2nd house, 12th house made her blind since birth.

IMPOTENCY

Impotency is a curse in human life. The married life will be ruined if impotency catches the native at a young age. With advanced age, sex urge decreases. For creating a baby one has enter the penis into an opening in the female called vagina. Each Ascendant denotes different sex urges. Aries, Leo, Sagittarius are highly energetic and are oversexed. Taurus, Virgo, Capricom are sober in sex behaviour. Gemini, Libra (oversexed), Aquarius have secret liking for sex but hide . their feelings. Cancer, Scorpio, Pisces are not very sex oriented. The size of penis varies from 4"-10" inch. Vaginal canal also varies from 4"-10" inch. Elephant woman has the longest passage. 8th house indicates size of a male organ. If Sun is in the 8th he will be passionate

feelings about sex Moon interest in sex depends on mood, Mars Sex life become very important, Jupiter principled sex life. Mercury Interest in sex on arousal of emotions by others. Venus Oversexed, Saturn Sexual but inferiority complex and frigid out looks. Mars Venus combination in 2nd/4th/7th/8th/12th makes a lady oversexed. Venus in Aries/Scorpio makes the female native passionate in nature. If Rahu or Mars conjoins Venus in Mars signs the lady becomes nymphomaniac. She prefers hundreds of boy friends. The same thing appears in the house of Venus. When malefic occupy 3 quadrants, the native will be animal like in sex acts. The sex organ of the male are composed of the testes, for the formation of sperms (Seeds), the penis and the associated glands and ducts inside the body. The testes are paired and supported outside the body as testicles in scrotal sacs. In fish, frogs, reptiles, birds and most mammals, the testes remain within the body as do ovaries of rthe female. The reason for external testes in man and in some other animals is that their testes require a temperature slightly below that of the body for the formation of sperm. The mammalian penis is normally flaccid. Prior to copulation, the penis become erect or rigid, thus making it possible to complete the reproductive act. Erection is accomplished by means of spongy tissue that is well supplied with blood vessels when the blood enters the tissue, the penis becomes turgid and erection is maintained because the veins leading blood away from the engorged tissue contract and prevent the blood from leaving. During copulation, a series of spasmodic muscular contractions, combined with peristaltic movements within the scrotal sac and along the epididymis, force sperm and seminal fluid through the narrow urethral opening in the glans penis. Stimulation of the sensory cells in the sensitive glans penis produces the reflex actions that initiate forceful ejection of sperm into the reproductive canal of the female mammal.

Astrological background :

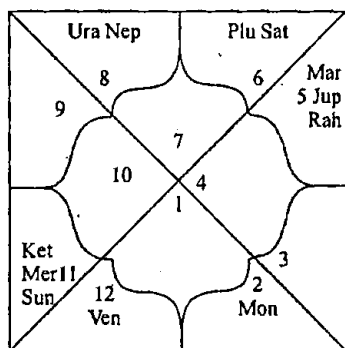
Venus rules the sex life of a male (Mars in the case of females) 7th house/Venus rules the semen. Libra is the seat of the same. All these

govern the sex life, semen and marital happiness. When Libra, 7^{th} house, lord 7* and Venus are weak afflicted and badly situated, impotency may be seen. Mercury and Saturn are two impotent planets. Any connection of these two impotent planets, when they are malefics, with the above houses and planets is not good. Afflicted Mars, means a bad **married** life in the case of females. (Venus for males)

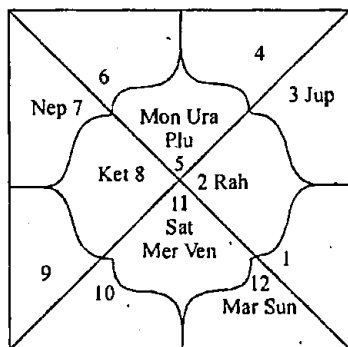
Aphorisms of impotency and sterility:

1. Moon and Venus afflicted by Saturn or nodes.
2. Mercury, Saturn in 8^{th}
3. Moon or Mercury in 8th and Moon under papakartari yoga.
4. Saturn in 6^{th} or 12^{th} in a watery sign, and devoid of benefic aspects, the native will be eunuch.
5. Weak and powerless Moon in 7^{th} house.
6. 7^{th} lord in 6^{th} with Venus.
7. Saturn in 6/8 house from Venus causes impotency.
8. Serious afflictions on the 9th house cause impotency. 7^{th} lord should also be afflicted.

Example 66. Case **of Impotency** : DOB 23.2.1980, 21=58 hrs, Delhi. Libra Lagna; Aquarius Ketu, Saturn, Sun; Pisces Venus; Taurus Moon; Leo Mars (R), Jupiter (R), Rahu; Virgo **Saturn** (R)

When there is either retrograde Saturn or retrograde Mars in the 12^{th} house, the native spins like a wheel. His 12^{th} lord Mercury and 5th lord Saturn have exchanged places. Libra is aspected by Ketu, 7^{th} house is aspected by Rahu, 7^{th} lord is afflicted by 6^{th} lord Jupiter (R) and Rahu, Venus is placed in 6^{th} in direct opposition to Venus. These inauspicious

planetary configuration generated impotency during Rahu Moon dasa in 2006. When 6* lord is retrograde and its angles are occupied by malefics such a native suffers from many litigations in **life.** Rahu and Mars are conjoined with **6th** lord Jupiter. Exchange of 5th lord with 12th lord has generated **Dainya yoga.** The people born in Dainya Yoga (See Astrology Nectar P 33 by Dr. S. S. Chatterjee) will be wicked and mean minded and will commit sinful acts. They will suffer at the hands of their enemies (or diseases) and speak harshly. They do not have balance of mind. There will be several impediments to all their undertakings. Prophecies of sages came true in his life. He is pulled down by the dreaded enemy impotency.

Example 67. No sex with wife : DOB 3-4-1966, 4=30 PM, Delhi. Leo Lagna, Moon, Pluto, Uranus; Scorpio Ketu; Aquarius Saturn, Venus, Mercury (R); Pisces Mars, **Sun;** Taurus Rahu; Gemini Jupiter.

This is the horoscope of an impotent man who got married in Feb 1994 (Mars Ketu dasa) as per the wishes of his parents. He never disclosed about his impotency to anybody before marriage. When yogakaraka of any Lagna is placed in 6th/8th/12th house, such a native entertains destructive thinking. **Sun,** Mars aspected by Ketu in 8th house produced only scandals and defarmation for him. 7th lord Saturn has conjoined with retrograde Mercury in 7th. 7th house and Venus are squared by Rahu Ketu axis. Libra is aspected by deadly 8th lord, weak **Venus,** and their contact with impotent planet, made the native impotent. We are astonished to observe the wisdom of our sages. The couple met me in 11-01-1997 for **solution.** He also suffers from frequent stomach unsets and pains in the stomach. Afflicted Mercury with 6th lord produced crams in stomach. Rahu-Ketu in the angle of 6th lord produced litigations in life. If there is any benefic planet in the 11th house, the native gets relief from litigations. Jupiter in 11th did not allow

his wife to abandon him. Ruby, Pearl and red coral suggested by me provided some relief to the couple. Mars and Moon are the significators of blood. When blood enters the spongy tissue on the penis, it become rigid and straight. So strong Mars and strong Moon with the help of Gems Therapy helped the couple immensely.

Pain management (Slipped disc and backache):

Buried in the skin, in muscle, and in the various tissue and organs of the human body, are sensory receptors of many kinds. These in the outer parts of the body are receiving information about the outside world are referred too an exteroceptors, those within the body and receiving information about the interior of body are interoceptors. All the various types of receptors are alive in that they translate stimulates of same kind into electro-chemical nerve impulses. The simplest type of receptor is the one for pain, since it consists merely of fine branches radiating from nerve endings. It is estimated that there are some three million pain receptors in the skin and a further million scattered elsewhere in the body. In a few areas of the body such as cheek and back of the neck, there are very few pain receptors. There are no pain receptors in the brain itself. Pains and aches do arise in muscles for a variety of reasons; they also may appear to arise in muscles, when in fact, they originate elsewhere. Pain in a joint in the spine, for instance, may be referred to muscles nearby or sometimes same distance away. Back pain and slipped disc are now becoming more or more common. It is a disease mainly in the spinal column. The backbone is a column of 25 bony units, the vertebrae balanced on top of each other. Jointed together by bony processes and ligaments and separated by shock absorbers, the "discs" is or in the plumber's language, the washers. Running through the center of backbone from the brain to the pelvis is the spinal cord, a length of sensitive nerves. The spinal cord runs like a thick snake of bones to different muscles, joints, many organs and other tissues, it has to serve. The ligaments and other structures running from bone to bone in the spinal column and well supplied with nerves are exceptionally sensitive to stretching pressure and tearing. The spinal cord is an

extension of central nervous system (CNS) which consists of brain and spinal coard. It begains at the bottom of the brain steam and ends in the lower back. A slipped disc is caused when the padding of thick fibre between the various vertebrae the separate bones of the spine gets out of place and the bones themselves rub against each other, this padding is popularly known as disc. When this happens, that is when the disc has slipped from its position and the bones rub against each other, the pain is excruciating. The common causes a) Stress b) Faulty posture c) Injuries or sprains d) Degenerative changes. A very high percentage of pain at the back of neck and shoulders and also low backaches are due to tension. Some people get a backache whenever they have to face a difficult problem. Faulty postures often lead to a backache and so do extra soft mattresses. Sitting in a car for hours or Over-comfortable, soft, padded executive chairs and sofas. When one lifts heavy objects such as gas cylinder slipped disc may be there. Never carry big suitcases after 40, hire a coolie for doing your job. The different terms used regarding lesions related to spine are: Spondylosis, Osteoarthrosis, Osteroarthritis, Osteoporosis etc.

How to avoid slipped disc and backache:

1. The best way to prevent a backache and a slipped disc is to do exercises which strengthen the back. Walking is a useful exercise to keep the back in trim as it exercises the back muscles. Another good exercise is to sit on one's heels with one's back as straight as possible and then to stand upright and come down again on one's heels. This exercise should be done about 15 times a day; it is excellent for strengthening to back.

2. a) Boil garlic with mustered oil till the garlic becomes brown. Rub this at the back to provide you a positive result b) Use a heating pad or hot water bottle to ease the pain. Your can also try a cold compress with on ice pack to get some relief c) Garlic is a great remedy for backache. Having two or three cloves of garlic every morning may give you the required result d) Drink tea

mixed with pepper, cloves and ginger twice a day e) Massaging eucalyptus oil or mustard oil is also very god for backache problem f) Make a concoction by boiling 20-30 Tulsi leave in one cup of water. Keep boiling till the water is reducing to half. Once this mixture is cooled add salt and consume it everyday. If suffering from severe backache, have it twice a day g) Mix half a gram of cinnamon powder to one teaspoon honey and eat this mixture at least twice a day for best results h) Another way to reduce acute lower back problem is to get a good number of laps in a warm pool of water i) Taking aspirin with cola can remove backache, headache etc. caffeine is the stimulant in coffee, tea chocolate and soft drinks (Pepsi, Coca cola etc). Anacin, Bayer select, 500 mg acetaminophen; Excredin, 500 mg are popular-painkillers. Chocolates are also excellent, it prevents heart attack also.

Astrological Background :

Rahu and Saturn are well known for lingering the disease and pains. These are initiator of diseases. Overall nervous system of the body is controlled by Saturn, peripheral nervous system is controlled by Mercury. Strong lord of Lagna, Jupiter, Sun and Moon will provide terrible resistance for fighting away disease. 8 .house is the house of immunity. The planetary positions that cause spinal arthritis are also responsive for these sciatica pains in the body. The term sciatica is loosely used for any aches or pains running one leg from the back to buttocks. This happens due to pressure on the nerves or irritation often by slipped disc. The sciatica nerve is the longest nerve in the body and its branches serve most part of legs. Damage to the lumbar disc and degenerative change in the lumber spine are the main causes. The spine is ruled by the sign Leo, the Sun and Neptune, and to an extent by Venus. Now we shall study a case history of sciatica pain. Taurus and 2^{nd} house rule the right leg, Pisces and 12^{th} house govern the left leg.

Example 68. Severe sciatica pain running down left leg from the

buttock : DOB 30/31-3-1949/5=26 AM/ Howrah. Pisces Lagna, Mars, Sun, Mercury, Venus; Aries Rahu, Moon; Gemini Uranus; Cancer Pluto; Leo Saturn (R), Libra Ketu; Capricorn Jupiter.

Mon Rah
11
1
Mer
Ven Sun Mar
12
10 Jup
2
Ura 3
9
6
Nep
8
Plu 4
5
Sat
7
Ket

Her Leo Aquarius ($6^{th}/12^{th}$) axis is heavily afflicted. Leo is afflicted by Saturn and Rahu; Aquarius is afflicted by Ketu and Saturn. The house of immunity 8^{th} is occupied by Ketu but joint aspects of Mars and Saturn running her 8^{th} house. For the affliction of Pisces and 12^{th} house severe pain started from buttock to lower left leg in Oct 2004 during Rahu- Saturn-Venus dasa. Look Rahu is her 2nd house, Saturn is in the 5* house of the Zodiac (Leo), Venus is her 8^{th} lord. She was bed ridden for the entire Rahu-Saturn dasa (dasa of two retrograde planets never bestow good results). Still in Dec. 2006, she has pain, though she has recovered magnificently through allopathic treatments. (Calcium injections) her husband is a GM of NTPC, Noida. Rahu Saturn or Saturn Rahu dasa is bad for 95% persons of the earth. According to . Vimalakanta Lahiri in his famous Vimsottori Dasa system book (P93 in Bengali), we find, if from a planet, its trinal houses are occupied by $6^{th}/8^{th}$ lord/Sun/Mars/or Saturn, during the dasa of the above planets and in the sub-period of the planet located in its trinal house, one suffers from disease, and gets fear at every steps of life. The native's father suffers mentally. This aphorism is stunningly true to the knowledge of the author. So her sufferings in life are agreement with astrological principles framed by our sages of yore. When 8* lord/8^{th} houses are afflicted, one suffers at the hands of destiny. Her 8^{th} lord is a combust planet and is afflicted in Lagna. 8^{th} house is severely afflicted. Her Neptune is hemmed between malefics, Venus is combust, Leo is occupied by Saturn, Saturn is afflicted by Rahu. Jupiter is the karaka of backache, which is debilitated and is squared by Rahu-Ketu axis. All the unfortunate combinations produced sciatica. She was born in Savya

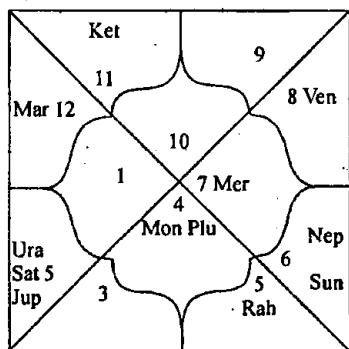
group A with balance 51yr 6m, Her 2nd cycle started with Aries dasa from Sept 2000. As soon as Rahu appeared in Aries she was pulled down by the above dangerous disease. When Deha and Jeeva signs containing malefics are transited by malefics one suffers immensely in life. Dangers and downfalls are as sure as sunrise when Deha and Jeeva signs are occupied by malefics is transited by another natural malefic. Aires is her Deha Rasi containing Moon and Rahu. In KCD Principles, the dasa lord should not suffer from placement related blemishes. Here we find Dasa lord of Aries Mars has landed in the 12th house from its natal position. So Aries dasa pulled her down completely as per KCD principles. Dasa of a sign occupied nodes produces grief in life. She opened her life with Cancer 4yr-6m-0d Leo, Virgo, Libra passed away peacefully. In March 1985, Rahu entered Aries, but did not pull her down, because the dasa lord of Scorpio, Mars is placed in the 5th house from its sign in Lagna. During dasa of a planet in KCD principle, a native suffers when its moves to 3rd/6th/8th/12th from its natal position. KCD principles are more accurate compared to Vimsottori in forecasting the dooms day of life.

APPENDICITIS

Where the small intestine enters the large intestine there is a blind sac, and off this is a little finger like projection called the appendix. Sometimes food becomes trapped in its cavity and an infection results called appendicitis. In appendix through an operation in the lower abdomen. If the vermiform appendix bursts, it may invite death. It has no function in man, but assists in digestion of cellulose in herbivorous animals. In rabbit, the appendix is well developed and serves a useful function in digestion. So appendicitis is the inflammation of the vermiform appendix, Venus is the significator for appendicitis. It affliction is a pre-requisite for this disease (through Rahu, Ketu, Mars, Sun and Saturn). Contact of Mars/Sun in Virgo, Gemini or Taurus keeps this disease in latent from. There is no role of Moon on this disease. Either 6* house/ or 6th lord should be afflicted. We shall

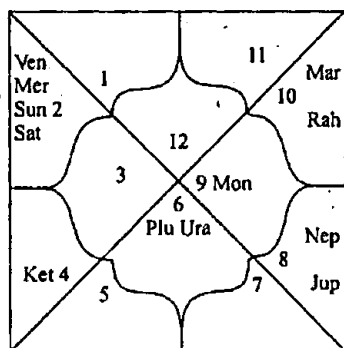
examine three practical cases for understanding this dangerous disease. Operation takes place surely when 6* house/or 6* lord is aspected Mars or Ketu and Mars is strong and afflicted in the birth chart. Virgo sign should also be influenced by Mars or Ketu. There should not be any malefic in the 6* house of Mars/Ketu for an operation free life.

Example 69. Appendicitis operation in the middle age : DOB 14-10-1941, 1=54PM 1ST, Calcutta. Capricorn Lagna, Aquarius Ketu; Pisces Mars (R); Taurus Saturn (R) Jupiter (R), Cancer Moon; Leo Rahu; Virgo Sun; Libra Mercury; Scorpio Venus.

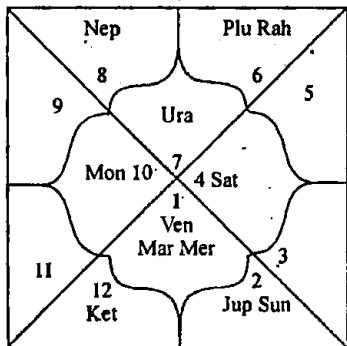
The significator of appendicitis Venus is squared by Rahu Ketu axis and is aspected by 12^{th} lord Jupiter and Saturn. 6th Lord Mercury in the house of Venus aspected by Mars and Ketu. Gemini is the 6* house, Virgo is afflicted by Sun and Mars. Taurus is afflicted by Saturn and 12^{th} lord Jupiter. When 6* house /6^{th} lord are afflicted by Mars or Ketu, one is destined to have operation in the body. He went to Baroda on official job in March 1993 and had to work very hard under Sun at 45° 48° C temperature. On 19^{th} March 1993 he had stomach pain and did not feel like eating anything. At 4 PM on the same day he visited one famous doctor near the railway station, who forced him to take admission in a big hospital for the appendicitis operation. He never suffered from any disease upto March 1993. On 20.03.1993, operation took place at about 11 AM. He regained consciousness after 12 hours about in 12 PM mid night. Fatal dose of anesthesia forced him to remain unconscious even 12 hrs after operation. Many doctors, office colleagues were watching him helplessly. It took him about 4 months to recover from the shock of the operation. Though, appendicitis operation is a minor surgery, for the complications of his diseases, it took many hours by famous surgeons to complete the operation. Since

he was. an executive engineer, big personalities of his company were present at the time of operation. At least 20 colleagues were waiting anxiously. As per Vimsotteri dasa the operation took place during **Saturn-Venus-Mercury** dasa. As per KCD the operation took place during **Cancer-Virgo** dasa. **Deha = Aquarius, Jeeva=** Virgo. **Deha** rasi is occupied by Ketu. Jeeva Rasi is occupied by 8* lord Sun. On March 6, 1993, Saturn arrived in Aquarius. An incident occurs, when a planet changes signs, retrogrades, or gets combusted. On 20* March at 5:30 AM, Moon was in **9ˢ29°43'**. So Moon was also at Aquarius at the time of operation. Dangers and downfalls are as sure as sunrise when Deha or Jeeva sign containing malefics, are trasitted by **other** malefics. Moon was his 7* lord, a Marakesh planet Saturn was his 2nd lord, also a killer planet. **Saturn-Venus** dasa is bad for 95% persons. We see the role of Mercury as a sub-sub lord during the operation, where Mercury is the 6th lord, ruler of **all** diseases. In KCD also Cancer Virgo dasa was in operation. As per Yogini, the operation took place at the end of Bhadrika (Mercury) dasa. On 23-3-1993, his Deha sign was squared by Ketu-Rahu axis. Ketu was transitting Taurus. So house of Venus **and** the planet Venus was under the influence of Ketu-Rahu axis. His 6* house and 6* lord are aspected by Mars and Ketu. So he was destined to have one operation.

Example 70. Young age operation of Appendicitis : DOB 11-6-1971, **1=17AM,** Kolkatta. Pisces Lagna; Taurus Venus, Sun, **Mercury,** Saturn; **Cancer** Ketu; Sagittarius Moon; Capricorn **Mars;** Rahu.

Ven Mer Sun 2 Sat	1	11	10 Mar Rah
3	12	9 Mon	
Ket 4	5 / 6 Plu Ura / 7	8	Nep Jup

Should a native start his life with dasa of 8* lord, things are not very much encouraging for him. He had to move to hostel at he age of 9, where he had to defend himself and was separated from his parents. Venus Ketu dasa proved very fatal for him. Venus

is his 8* lord, which is afflicted by Saturn, Sun. Antardasa lord Ketu is afflicted by Saturn, Mars. Gemini is hemmed between malefics and Virgo is aspected by Rahu. His appendicitis operation took place in May **1983** during the above dasa. He lost his mother on 20-10-1983 also at the same dasa. **6th** lord is afflicted by **8th/12th** lords, but 6* house is not spoiled by any malefic. Moon is not afflicted and it has generated **Amala** Yoga (unsullied benefic in **10th**) for him. Jupiter in 9* has been praised by our seers. Lord of Lagna in 9*, 5* lord Moon in **10th** (benefic influence on both **9th/1** 0* houses) made him a very intellectual genius. He is a famous CA of Calcutta. 10* lord in 9* has generated Khetra Simhasan Yoga. When 10* lord occupies tines/or quadrants, such a native becomes a famous man in **his** lifetime. As per KCD his sad incidents in life occurred during Cancer-Cancer dasa, because its lord has moved to the 6* place from its natal position. Any **KCD** dasa will bring some untoward incident in life when the sign lord moves to 3/6/8/12 from its natal position. This aphorism is stunningly true to the knowledge of the author. When the 6* house is aspected **by** a malefic, particularly by Mars or Ketu and Mars is strong and afflicted there would be an operation. In both the examples (69,70) 6* houses are aspected by Mars. Mars is strong in **both** the horoscopes.

Example 71. Appendicitis operation at the age of 12 : DOB : 6-6-77, **15=45hrs/TN, 11°12'N.** Libra Lagna; Capricorn Moon; Pisces Ketu; Aries Mars, Mercury, Venus; Taurus Sun, Jupiter; Cancer Saturn; Virgo Rahu.

Here 6* house is occupied by Ketu; Virgo is afflicted by Rahu, Saturn, Gemini is hemmed between malefics. Mars is its own house is severely afflicted by Saturn, 8* lord Venus, 12* lord Mercury. He had the appendicitis operation in Oct, 1997 while **he** was passing Rahu **Venus- Jupiter** dasa. As per KCD he has Pisces as Jeeva

sign, Cancer as Deha sign. Both the houses are occupied by malefics. He is bom in Apasavya group B, 1st Qtr. In Apasaya diagram, dasa of benefic planets are bad. 1 * cycle 44yrs 3m 15d. He opened his life with Tula dasa 9yr 3m 15 d. Then Kanya ruled him for 9 yrs. Dasa lord Mercury is a natural benefic planet and has moved to 8* place from its natal position. So Kanya dasa brought the tragedy through operation. If the Deha & Jeeva signs are occupied by Mars, Saturn, Rahu or Ketu and particularly 8* lord.(Read Twin 8* houses of zodiac by Dr. S.S. Chatterjee), the native will suffer misfortunes etc. When both Deha and Jeeva signs are occupied by malefics apprehension, calamity, anguish, fear, great risk etc are indicated.

Timing an operation :

There are two types of diseases. Some diseases are cured easily through fasting, medicines, yoga and pranayam. But there are many diseases which are not cured easily. On has to take the help of surgeons. Piles, fishtula, Cancer, Gull Stones, removal of defective kidney, appendicitis, hernia, cataract, brain tumour, stomach tumour, stomach ulcers, heart diseases etc. are to be cured through operation only. There is a close relationship between diabetes and terrorism. They can be controlled but cannot be eliminated. If somebody meets, serious accidents one has to seek medical help in hospitals. All diseases are caused for the wrong food habits, unhealthy living conditions, air pollutions, polluted water etc One should watch his health from the childhood. 500 mg of vitamin C per day keeps the body free from diseases. Eat two to three fresh fruits daily. Excess oil, butter, ghee, alcohol, tobacco, strong drugs like heroin, charas etc are to be avoided.

Yogas for operation:

6* house is the house of disease. Mars, Ketu, Virgo and 6th house of Janma Lagna are to be watched. When there are number of malefics in the 6* house, not aspected by benefics the native is destined to have an operation. Contact of Mars, Ketu on 6* house/6* lord is highly.

dangerous. If Mars/or Ketu aspects 6* house/6* **lord/** Virgo, one may have operation yoga. Mars-Saturn in mutual angles also create operation yoga. **When Mars** is strong and afflicted operation has to take place. Probably it cannot be suppressed through medicines.

Timing an operation :

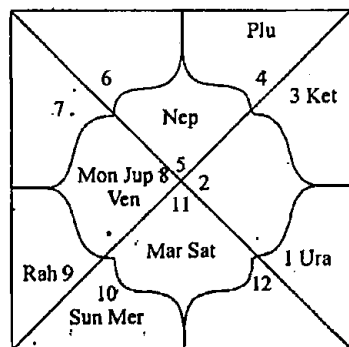
Life of the native is **under** great risk under knife of the surgeon. Many people are killed during the operation. My own friend Dr. Roy died in Apollo Hospital, in Delhi for the fault of the doctor (exp10). Doctors are also human beings. Mood and temperament, dedication of doctor decides the success of an operation. Certain adverse stars are also responsible for the causes of unsuccessful operation. In ancient India, Sushrata, a great sage and a surgeon used to determine the time of operation by observing the horoscope of the native. While the planetary positions give clue to the area of the body which is looking to be affected by ill health, the. onset of the problem can be known by the Dasa or Antardasa or the planet occupying the 6* house. Should such a period coincide strongly with the transits of Saturn in the 1st, 2nd, 12th (i.e. during sade sati) or the 8* house from Moon (Asthama Yoga of Saturn), the indications became stronger. The author had appendicitis operation during asthama yoga of Saturn, I request the modern surgeons of the globe to follow the instruction of sages of India before performing an operation a) when Moon travels a particular sign (Moon Crosses a sign only in 2½ days), operation of that limb, indicated by the sign should not be undertaken. Suppose Moon is passing Aries, avoid the operation of head. Suppose Moon is passing Taurus, avoid operation of eye, through Gemini avoid operation of throat. Suppose Moon is passing through Cancer or Leo, avoid the operation of heart, kidney, abdomen etc. When Moon passes through dual signs (Gemini, Virgo, Sagittarius, Pisces), operation should be avoided. When Moon passes through Ascendant, 6* house or in Scorpio an operation maybe **unsuccessful.** b) Operation should be avoided on Full moon and New moon days, if such operation takes place, the patient will lose terrible amount of blood

c) 5 days before Full moon and 5 days after New Moon day an operation should be performed. d) When Moon passes through Taurus, Leo, Aquarius and posited in a trinal house from Mars/Jupiter/or Venus the operation will be successful e) When Moon passes over natal Saturn or is passing through the opposite sign of Saturn the operation should be avoided, It has been observed that the patient dies for invisible germs from the knife, a scissor or any other instrument f) When Mars or Mercury is retrograde, the operation should be avoided. When Mars is retrograde, the patient will lose terrible amount of blood. When Mercury is. retrograde, the doctor makes silly mistakes during the operation. In many cases, the doctor. leaves behind his scissor or a piece of bandage or cotton inside the stomach during stitching. So the patient may die for the silly mistakes of the doctor. Mercury governs intelligence, so during retrogression days the doctor may be under stress and strain for the invisible celestial planetary forces. g) One should consider the strength of Lagna and Lagna lord at the time of operation. Mars should be strong, and should not pass through the 8th house of Janma Lagna. Lord of Ascendant and Lord of Lagna should not be placed in 6th/8th/12th houses on the day of operation. h) When Mars is afflicted in transit, the operation of brain and fractures will not be successful. When Mercury is afflicted, skin grafting operations should be avoided, when Jupiter is afflicted liver operation should be avoided, if Venus is afflicted, kidney operation; when Saturn is afflicted, slipped disc or spine related operation should be avoided. i) Moon-Mars combination, or when Moon is opposite to Mars in transit, the operations should be avoided. When Moon and Mars are posited in a watery sign huge blood loss occurs. My highly qualified friend and his engineer son are quack astrologers. They had little knowledge in astrology. Though I was available in Delhi they did not feel the necessity to consult me for fixing the operation day. Please see the horoscope No. 10. Transit on 5-11-2005. Taurus Lagna; Saturn Cancer; Virgo Ketu; Libra Sun 18 Jupiter 8; Scorpio Moon, Mercury; Sagittarius Venus; Pisces Rahu; Aries Mars(R)

On the fateful day of brain operation (5-11 -2005) Mars was retrograde in the 12* house, Moon was passing Scorpio, 8* lord was combust, lord of Lagna landed in 8th, there is an exchange between 6^{th},8^{th} lords. Saturn and Mars were exchanging aspects. Aries was heavily afflicted. Wise astrologers could have advised him to postpone the day of operation. Mars was retrograde upto 10-12-2005. If anybody knows astrology he will definitely not agree to the above day of operation. Retrograde Mars in Aries in highly afflicted condition; lagnesh was in 8*, Moon was in Scorpio, combust 8th lord, debilitated 5* lord, afflicted 9* lord all accelerated his moment of death. The native died on 7-11-2005 when Moon moved to Sagittarius, in his 8* house. At the time of death, 3rd lord, 8^{th} lord were squared by Rahu-Ketu axis, 3rd house was heavily afflicted, 8* lord was combust in aspect to $7^{th}/12^{th}$ lord Mars from the transit in Aries. The author strongly believes doctors killed him because they were in great hurry in collecting the money, and forced the native for the operation. A good astrologer could have saved his life for a few years. On the fateful day of operation Moon was not in the trinal house from Mars, Jupiter or Venus. We shall now study a few other case histories of operations.

Example 72. Multiple surgery cases : DOB 19-1-1936, 9=10PM, **Mumbai.** Leo Lagna, Neptune; **Scorpio Moon 7-17,** Venus, Jupiter; Sagittarius Rahu; Capricorn Mercury, Sun; Aquarius Saturn, Mars; Aries Uranus; Gemini Ketu, Cancer Pluto (source AM, Feb 2002 P 229)

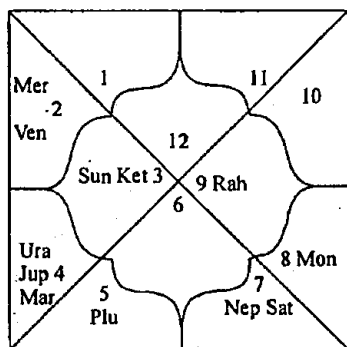
Plu
6
4
7
3 Ket
Nep
5
Mon Jup 8
2
Ven
11
Mar Sat
1 Ura
Rah 9
12
10
Sun Mer

When $5^{th}/11^{th}$ axis is vitiated one suffers from many dangerous diseases. 6th lord Saturn has conjoined with Mars, Lagna is not aspected by a single benefic and it is aspected by three dreaded malefics Rahu, Saturn, Mars. These dreaded yogas generated many disease in the body. Malefics in Kendra make the body

susceptible to attack from many diseases. His Virgo is afflicted by Mars. 6* house/ Virgo signs are influenced by Mars or Ketu, such a native has to undergo many operations in life. When 8* lord is afflicted, one suffers at the hands of destiny. His 8* lord is influenced by debilitated 12* lord Moon and by the violent 10* aspect of Saturn carrying the influence of Mars. 6* lord's aspect on Jupiter is a grisly combination and is to be feared. God writes only sad episodes about a person, whose Jupiter is weak in the horoscope. Indeed his Jupiter is weak planet. It is debilitated in Navamsa. He opened his life with Saturn dasa I3y-4m-I4d. According to Santhanam, dasa of 11th lord is highly malefic in nature. In Oct, 1952, at the age of 16 he was hit by an electric pole of the railway track, while he was trying to guess the railway station, leaning away from the door. Luckily, it was a minor accident (Mercury-Ketu dasa). Saturn was transiting Virgo, Jupiter was transiting Aries, Rahu was in Capricorn. Saturn was influencing his 8* lord Jupiter in Scorpio. Aspect of Jupiter in Lagna from transit saved him. Ketu while transiting his 12* house, put him to hospital. In Aug 1961 he suffered from TB (Mercury-Jupiter dasa). And in Aug 65 he underwent surgery for piles (Mercury-Saturn dasa). At that time Saturn was transiting Aquarius, Jupiter was in his Deha sign Gemini containing Ketu. Ketu was transiting through Scorpio. During 67-69, he suffered from acute pain between the calves going towards ankles. When Leo and Saturn are afflicted one suffers from acute pain for the spinal problem. Spine is controlled by Leo and the significator of central nervous system is Saturn. Saturn and Mars are spoiling Leo and Aquarius axis. Afflictions of 7th/8th lords, Libra and Scorpio (7* & 8* house of the zodiac) generated piles for him. He underwent surgery for appendicitis on 30.1.1997. Ketu and Saturn was in rapt conjunction in Pisces on the fateful day (his 8* house). He was passing Sun-Saturn dasa in Jan 1997. Afflicted Virgo by Mars, Ketu in Gemini generated appendicitis. From 9-1-1998 (Sun-Ketu dasa) he is suffered from cervical spondylysis, which continued intermittently. In Oct 1993, he had stone in kidney (Sun Moon dasa). He suffered mainly in Mercury,

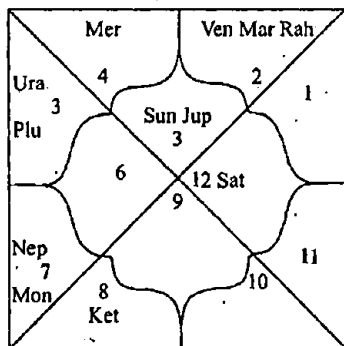
Ketu and Sun dasa. Ketu and Sun Dasa are bad for 80% persons. Mercury is his 2nd/1 1* lord. So he suffered immensely during Mercury dasa. During entire Venus dasa (June 1973 June 93) he remained free from diseases. Dasa of 10* lord always brings happiness in life. He is suffering at the fag end of life from acute backache for his afflictions of Leo and Saturn. Debilitated 12* lord, brought sufferings for him. Spondylysis is a disease of the spine which generates terrible backache. I have already written (Read Adhi Yoga in Astrology Nector by Dr. S.S. Chatterjee) unfortunate persons are born with Saturn Mars combination in the 7* house. They are pulled down by enemies. He was born with Apasaya group B, 2° quarter, Deha = Gemini, Jeeva = Taurus. He opened his life with Aries 8y 2m5d. Sagittarius, Capricorn, Aquarius, Pisces, Aries, Taurus, followed in the 1st cycle. 2nd cycle opened with Gemini on 24-3-1994. At present in 2007 he passing Taurus dasa. People born in Apasaya diagram suffer from many diseases and enemies. In his case several diseases in his body turned out to be his bitter enemies. I shall show another example where the native underwent many surgical operations for heart, kidney and lastly for cancer in abdomen. 6* house Mars in aspect to Rahu created hovoc in his life. He died on 6-12-2004 (DOB 23-12-1939, 10=00 AM, Maimansingh. Virgo Lagna; Libra Rahu; Scorpio Mercury; Sagittarius Sun' Capricorn Venus; Aquarius Mars; Pisces Jupiter; Aries Saturn, Moon, Ketu. He was the GM of PDIL, Noida).

Example 73. Six **places of stomach removed** :DOB 1-7-1955/11=59 PM/ Lucknow Pisces Lagna, Taurus Mercury, Venus; Gemini Sun, Ketu Cancer Mars, Jupiter, Libra Saturn, Scorpio Moon; Sagittarius Rahu..

Mer
2
Ven
1
11
10
12
Sun Ket 3
9 Rah
6
Ura
Jup 4
Mar
5
Plu
8 Mon
7
Nep Sat

He is a GM of a famous newspaper company of Delhi. The stomach has been assigned to the fifth house. Leo of Zodiac

represents heart and also stomach. Sun is the main significator of stomach, so also the heart. Here 6* lord is with Ketu and there is Saturn Mars combination in mutual angles. So he was destined to have an operation. His 5th house is heavily afflicted by debilitated Mars aspected by Saturn. 5* lord is debilitated and is hemmed between malefics. There is exchange of Moon and Mars (5/9 lords) which has generated a class I Raja Yoga for him. Moon Mercury-Venus in mutual angles have generated the famous Mudrika Yoga (Advanced Predictive Astrology Vol. 2 by Dr. S.S. Chatterjee). Afflicted 5* house/5* lord, Sun, and affliction of Leo by Rahu produced stomach tumours (Cancer) in May 2006 during Venus-Saturn-Moon dasa. The operation was carried out on 10-6-2006 during the same dasa and sixth places of stomach has been removed for making him disease free. He lost 18 kg in July 2006 for the impact of operation. Saturn in 6* generated longevity to him. Venus is his 8* lord. Dasa of 8* lord is always bad. Venus-Saturn dasa is peculiar to 95% persons. He suffered during the dasa of 8* lord, 12* lord and 5* lord (as pratyantar dasa lord). We should be grateful to our sages for developing so many golden rules for the benefit of mankind. Strong 4* lord did not generate heart diseases. For heart disease 4* /5* house and their lords, Leo and Aquarius should be afflicted.

Example 74. Removal of Large Intestine : DOB 28-6-1966/ 6=29AM/Bhatinda. Gemini Lagna, Sun, Jupiter; cancer-Mercury; Libra- Moon; Scorpio Ketu; Pisces Saturn; Taurus Venus, Mars, Rahu.

This is the horoscope of a rich businessman of Noida. He has Ketu in 6* house in opposition of Mars. 6* lord Mars is afflicted by Rahu and Saturn. He enjoyed Saturn Sun dasa during 19-11-1999 to 1-11-2000, during Saturn-Sun-Rahu dasa in Feb 2000, his large intestine

was removed for the stomach ulcer. Dasa of planets in square position is always bad (Advanced Predictive Astrology, Vol. 2 by Dr. S.S. Chatterjee) Rahu in 12th or 8* is a liability for any native. The stomach has been assigned to fifth house and Leo. Leo is aspected by Mars carrying the evil influencer of Rahu and Saturn. 5th lord Venus is heavily afflicted by Mars, Rahu and Saturn. Uranus and Pluto damaged his Leo sign. Sun is the star of Rahu which is a bitter enemy of Sun. so all these unfortunate planetary configurations was about to kill him during Saturn-Sun dasa. Sun has joined with two Kendra lord Jupiter. Here Jupiter is suffering from Kendra Adhipati Dosha. 7* lord Jupiter transferred Marakesh power to Sun. Strong Saturn saved his life. Longevity is controlled by Saturn, and 8* house of Saturn. Moon in the 8* house of Saturn, granted bonus point to Saturn. When Sun and Moon are aspected by Jupiter one does not die at a very young age. Strong Lagna, strong Sun, strong Moon, strong Lagnesh made him a very wealthy man of the society.

Summary of onset of serious illness **for** operation:

1. Period of lords of 6th, 8th, J 2*, 2nd, 11 *
2. Period of malefic plaents like Saturn or Mars, especially when they are connected with Lagna or Lagna lord.
3. Period of planets associated with Rahu.
4. Period of heavily afflicted planets in the chart.
5. Dasa of two retrograde planets bring serious diseases.(see exp. 10)
6. Examine KCD dasa system. Dasa of the sign lord which has travelled to 3/6/8/12 from its natal position, brings diseases. When Deha and Jeeva signs are occupied by malefics, transit of other malefics on them produces diseases. Sub-period of 6* lord is the ideal time for the identification of disease producing periods of life. The author suffered during Cancer-Virgo dasa, where Moon is posited in its own house (he has Capricorn Lagna). Moon is afflicted by the 3rd aspect of Saturn from Taurus.

An unaffiliated planet and strong in vargabala will never produce any disease.

7. **Kendras** should be occupied by malefics for producing multiple operations in the body or 6* house should be heavily afflicted by Mars or Ketu. Virgo should be aspected by Ketu or Mars.
8. Malefics in 6* house and strong but afflicted Mars will invite operations in the body.
9. **Can** one avoid an operation?

The uses of astrology are infinite but it lacks the glamour and sophistication that go with high tech medicines and surgery and therefore, is often not taken recourse to before making a major decision regarding health and surgery. But in those cases where astrological help has been **sought**; results have been gratifying not only helping the patient to avoid wrong surgery, unnecessary surgery but also in choosing the right time of treatment. While the planetary position give a clue to the area of the body which is likely to be affected by ill health, the onset of the problem can be known by the Dasa-Antardasa or the planet occupying, ruling or aspecting 6^{th} house, should such a period coincide strongly with the transits of Saturn in the 1", 2^{nd} or 12^{th} or 8th **house** from Moon, the indications becomes stronger. If the indication for a disease is not very strong, then as the antardasa finishes and as the, Moon frees it self from malefic transits the diseases will automatically reduce or get eliminated by itself. Recourse to surgery and other forms of drastic treatment becomes reductant. Moon in 6* house afflicted by another malefic will produce ulcer in the abdomen. **Such** people should avoid hot, oily, spicy food. By controlling clean food habits and a regular time maintained for eating can avoid many dangerous diseases.

EPILEPSY

More than 2 million North American have some form of epilepsy, recurrent seizure triggered by abnormal electrical impulses in the brain, during which the person fall down and is seized by convulsive movements. It is an affection of the nervous system characterized by

attacks of unconsciousness with or without convolutions. Very young children suffer from this mysterious disease and can faint without prior warning. Modern doctors are helpless in front of this mighty disease. **Our** Vedas and **shastras** have clarified one thing:

जन्मान्तर कृतपापं व्याधि रूपेण जायते।

तत् शांति औषधैर्दानैर्ज्जप होमार्चनादिभिः।।

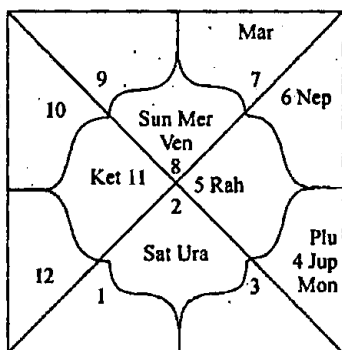
meaning that the main consideration in determining diseases their origin and remedy should be to keep in mind that accumulated sins in the previous births take the form of disease. The modern ideas tell the sole cause of diseases is unprincipled eating or bad habits. For example taking raw vegetables (Cabbage, Carrot, radish etc), some bacteria may travel to the brain and may cause **epilepsy.** So it is better not to give salad to small children. Foods and vegetables should be boiled, before given to the children for eating or drinking. Unprocessed pork and beef causes epilepsy. Ancient astrological works have divided all **the** diseases in the divisions" as arising from wrath (baddha) or tridosha (three humoral maladjustment) viz **vata,** pitta, kapha. An astrologer may be perhaps the most competent **person** who can **analyses** the 6* and the 8* houses primarily to find out the root **cause** of any disease. If the 6th house or its lord is seriously afflicted and if the lord of the 6* house or the malefic planet dispositing the lord of 6th **is** more powerful than the lord of 8* or the dispositor, the illness is due to wrath (baadha). Should **however,** the 8* house and its **lord'be afflicted** badly and its lord more powerful than the lord of 6* or the malefic dispositor of that house, the illness is due to tridosha. In respect of diseases arising out of wrath (baadha). **5th/9th** houses and their lords play a vital role. Wrath is again classified as deva baddha, sharpa baadha, shaapa baddha(curse), preta (ghost) baddha, Drishti (evil eye) baddha and Astaadasa (8) graha **(planetary)** baadhas. **Epillepy** is usually considered as one of the baadha rogas or diseases arising out of wraths, for the sins committed in the previous life. Even proper diet is unable to cure Epilepsy.

Aphorisms of Epilepsy:

1. Ascendant lord in $6^{th}/8^{th}/12^{th}$ in the company of **Rahu,** Saturn or Mars.
2. Saturn or Rahu or both are in the 8* and malefics (even functional) occupy the 5th or the 9th free **from beneficial** aspect. Moon is also afflicted.
3. The **sun** or Mars in 8^{th}. **in** the constellation of Venus or Saturn.
4. Moon, **Mars** and Saturn **in the** 8^{th} house:
5. Moon and Saturn in 8^{th} **aspected** by Mars.
6. **The Moon and Rahu in Lagna, with** malefics in Trines.
7. When Lagna, lord of Lagna, Mercury which is Trines. **Karaka** for nerves, the Moon karaka for mind all are afflicted this **disease** may occur.

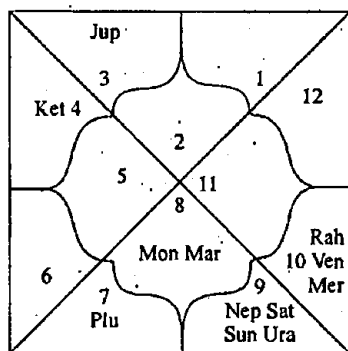
Example 75. Epilepsy in infant days: DOB 28-11-1942/ 7=02AM/Bankura(WB). Scorpio Sun, Mercury, Venus; Aquarius Ketu; Taurus Saturn (R), **Cancer-Jupiter** (R), Moon; Leo **Rahu**; Libra Mars.

Mar
9
7
10
Sun Mer
Ven
6 Nep
Ket 11
8
5 Rah
2
Sat Ura
Plu
4 Jup
Mon
12
1
3

He was born with retrograde Saturn's dasa **11y-1m-17d**. He suffered from epilepsy from the age 3 to 8 yrs. All the **kendrasa** are occupied by malefics generating Sarpa Yoga **a** yogafor ill health. Both $5^{th}/9^{th}$ lords are aspected by Saturn. He lost his father when he was **2½** yrs old. Deva kopa is the reason of his epilepsy. He did not have any good career for the conjunction of 8^{th} and 10th lords in direct aspect of Saturn. His Lagna, lord of Lagna, Mercury, Moon all are afflicted which contributed the growth of epilepsy. He lost his job in 1983 and **his** illustrious wife is maintaining the family. Strong Moon Jupiter

combination in the 9th helped him to recover from dangerous diseases.

Example 76. A case of epilepsy from childhood : DOB 26-12-89/ **3=45PM/Delhi.** Taurus Lagna, Gemini Jupiter, Cancer Ketu; Scorpio Moon, Mars; Sagittarius Saturn, Sun, Capricorn Mercury, Rahu, Venus.

Jup
3
1
12
Ket 4
2
5
11
8
Rah
Mon Mar
10 Ven
6
9
Mer
7
Plu
Nep Sat
Sun Ura

He is the son of an advocate of Delhi and is suffering **from** epilepsy from the age of 2, even in 2007 **Jan** his problems are not over. He is studying only in class IX in 2007. He was born with balance Mercury dasa 1 **1yr-0m-24d**. Since Mercury is an infant planet (less than 1°) and is afflicted by 6th lord Venus **and** Rahu. this dasa brought sufferings in the form of epilepsy. Ketu dasa also pulled him down because its dispositor is debilitated. **His** 4th lord Sun and 9th lord Saturn are hemmed between malefics. 9th house is afflicted by Rahu-Ketu axis. **So** for the Deva **kopa** he is suffering in this life. Mercury, Moon, Lagna, lord of Lagna **are** all afflicted, which added **fuel to** the fire.

SCHIZOPHRENIA

Several types of schizophrenia exist, but all fall **under** the broad **category** of 'psychotic disorder', meaning the patient is not in touch with reality in one or more ways. Patients are **seldom,** if even, cured of this severe mental illness, but a number of medications can improve symptoms. Recent research have revealed that anxiety disorders including depression were 25% more common in the obese people studied than in the **non-obese (TOI,** 6-7-2003 P 29). Smoking is a healthy game for schizophrenic persons, has beneficial **physiologic** effects and improves thinking ability, Bruce N. Roger said, modern medicine knows of no knowledge for the cause of schizophrenia and puts it down to a mix a heredity, behaviour and other factors. With the help of astrology it is very easy matter to diagnose **such** a disease before

any damage of one's own life or another's is caused. Actually Moon controls mind, its affliction with other malefics cause **schizophrenia.** 4th house also controls mind. Schizophrenia is a disease of mind and patients can make the life of others hell. Schizophrenia ladies are dangerous.They desert their husbands apparently for no reason. I shall discuss two such horoscopes (exp. **77, 78).** Approximately one-third of those suffering from schizophrenia exhibit paranoid systems. They suffer from over suspiciousness, delusions of persecution or false or irrational beliefs that they are being cheated, conspired against, harassed, victimized or poisoned. Their fears may focus on one or more family member or colleagues depending on the affliction on the chart. When their demands are not met, they shout at the person expressing his/her much anger on the matter. Out moral character is controlled by Jupiter, Venus, Sun and 4th **lord/4th** house. A man who has Jupiter powerful will be trustworthy. Strong Sun makes the native proud with a noble **mind**. He will always oppose to all under had action and **covert** deals. In Nadir (4* house) it causes the first part of life in troubles of various kinds arising out of the family or health. In zenith **(10th** house) it gives the greater sense of dignity and love of imposing power. The native develops **strong** common sense and practical character **with** executive ability Mars causes the fall and Venus recovers from falling. A person who has strong Venus is bluntly different from others. He embodies noble qualities. Lord of Ascendant in combination with benefics and beneficial aspects posited in **4th** shows a straight forward **nature.** Purity of heart is indicated by a benefic planet or by a planet in the exaltation or in **a** friendly sign **and.the** sign in the **4th** belongs to a benefic, the man has a mind without deceit or hypocrisy. A person may appear to be **good** and reliable externally but dishonest and crocked at heart if Rahu falls in the **4th** house, aspected by a another malefic. The same result is **indicated** by the presence of more than **one** malefic in the **4th**. Dishonesty and crocked nature are also evidenced by the lord of 10th aspected by another malefic falling in the 4th or by the lord of 8* in combination with a malefic and aspected by a malefic occupying the

4th. Schizophrenic persons are unfortunate persons, they must have weak Moon and weak Jupiter. Therefore, in all cases of schizophrenia, the most important affliction comes from Rahu or Ketu, the shadowy planets, that have a blurring effect on the planets involved and therefore on their significations. Deva Gan persons are the superior persons of the society. They always come up in life (constellation 1,5,7,8,13,15,17,22,27). They talk in a sweet manner. Manushya Gan (2,4,6,11,12,20,21,25,26) people are timid in nature, and they become the victim of schizophrenia. Rakshasa Gana nakshtra (3,9,10,14,16,18,19,23,24) produce mindset that are constantly stressed up making it hard for one to live with them. They can also produce compulsive obsessive disorder. They can be excessively demanding and dominating, this urge springing from a deep rooted inferiority complex that continually prompts them to say or do things that they are superior to others.

Aphorisms of schizophrenia :

a. The Moon is with Rahu or Ketu and the 4* house is with Rahu or Ketu and the 4th house from ascendant or the Moon sign also has Nodal affliction direct or indirect severe and chronic condition of schizophrenia, In the direct case Rahu-Ketu passes fourth house from Lagna or Moon. In the indirect case Ascendant lord, 4th lord from Ascendant or Moon are afflicted by Rahu or Ketu.

b. The Moon is in a nodal constellation with Rahu or Ketu and the fourth house from the ascendant or the Moon sign also has a nodal affliction direct or indirect severe and chronic condition.

c. The Moon is in a nodal constellation and 4th house from the Ascendant or the Moon sign also has nodal affliction direct or indirect less severe.

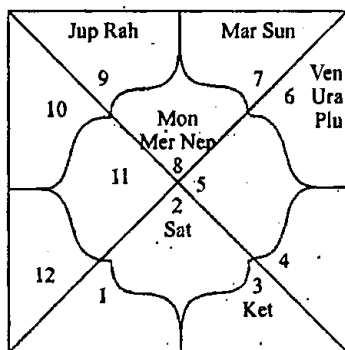
d. The Ascendant or its lord has nodal affliction; The 4* house from the Moon sign or from the ascendant has nodal affliction direct or indirect less severe but recurring. Our desires spring out from 5* house. If the schizophrenic chart with nodal affliction to the

Moon suffers from affliction to the 5* house from a planet other than Sun. 1. Jupiter Delusions of scholarship, fame, spirituality *mad* unhealthy hankering for money and importance overtake the mind 2. Saturn Malice and excessive levels of jealousy can erupt due to self pity springing from intolerance of another's looks, fame, learning, status, position, acquisitions or level of happiness. It can also spring from an extreme morbid pettiness that one may be suffering from has not happened to someone else and from constantly wishing that the same adversity befall the cither. 3. Mars Avarice, vindictiveness and unrealistic levels of greed and a mad urge to dominate and control lead to violent rage and anger. 4. Venus Sexual frustration due to disappointment, rejection or incapacity. 5. Mercury Fear, cowardice and spinelessness leading to anxiety, depression and other morbid states of mind. It also helps fantasizing. 6. Moon Lunacy, simple and plain. Such afflicted Moon or Mercury or both the Moon and Mercury in the 5th house one often found in the charts of those suffering from hallucinations or hearing voices or seeing ghosts. The afflictions to the planets, influencing the 5* by aspect or occupation can be due to 8th house lordship, retrogression, combustion or association of malefics or a papakartari yoga around the 5th house. When Mars afflicts the nodal axis, there can be a dangers of violent behaviour verbal or physical and it is most likely to directed to family members. Mars with Moon Rahu combine produce violent reactions physical and verbal. However, if Mars is in the 10th from such a Moon, it is a balancing constructive influence that works against making the condition chronic Venus with node afflicted Moon reduces the maleficence of the affliction. However, sexual delusions and fantasies could disturb the native. Moon Mars combination in 8th produces various types of diseases, repeated fevers, pleurisy, headache, migraine, thyroid trouble in declining years of life. Moon-Rahu in 8* produce homosexual or lesbian tendency. In

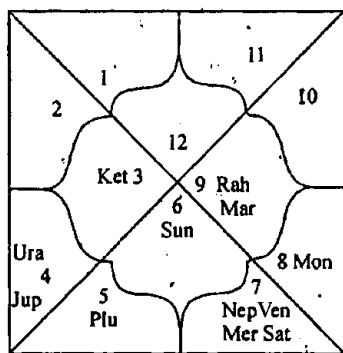
the positive side they become much rider **than** the financial status of the parents. When Moon-Ketu occupies 8^{th} house it produces repeated disorder of digestive system. In addition when Saturn occupies 2nd, 4^{th} or 12^{th} house with Moon-Ketu in 8^{th} there are chances of major surgery or amputation of a limb of the body. With Moon Rahu or Moon Saturn in 12^{th}, the individual likes to be separated from the wider family. If Moon is the 2^{nd} house. Mars and Ketu in 8^{th}, it can produce leukemia or allied skin ailment. If Ketu in 8^{th}, Moon in 12^{th}, it can give neurological trouble.

Example 77. House breaking lady Violent Schizophrenic : DOB **8-11-1972/7=30AM/Delhi.** Scorpio Mercury, Moon; Sagittarius Jupiter, Rahu; Taurus Saturn (R), Gemini Ketu; Virgo Venus; Libra Mars, Sun.

Jup Rah 9 | Mar Sun 7 | 6 Ven Ura Plu | 10 | Mon Mer Nep 8 | 11 | 5 | 2 Sat | 12 | 4 | 1 | 3 Ket

She was born with a paisacha yoga which is a yoga for mental sickness and distorted perception. Moon-Mercury in mutual **kendra,** when both of them are afflicted, the evil yoga is generated. Her Moon and Mercury are in rapt conjunction, hemmed between malefics and is direct aspect from Saturn (R) in Taurus. **Sun** and Mars in Libra in the 12^{th} house made her a mad dog. When $8^{th}/12^{th}$ houses are afflicted, scandals and defamation surface out. **She** was born as a daughter of Sales Tax commissioner and raised with luxury. She was educated from English medium schools of Delhi. Her abnormality in behaviour was noticed during Mercury Moon dasa in **1984.** She managed **a BA degree** and got married with a innocent CA of Delhi (the author knows her husband, when he was a kid, and warned him about his would be wife. DOB **9-6-1970, 5=27AM,** Delhi) on 9-2-1999 during Ketu Saturn dasa. Ketu is in the star of Jupiter and Ketu is aspected by divine 5^{th} lord

Jupiter. Marriage went on smoothly upto July 2000. As soon as Venus Venus dasa started, they became unhappy. The above woman deserted her husband and returned to her father's house. Her father immediately started a false allegations of torture, dowry, harassment etc. Afflicted 7^{th} house, 8^{th} house, 12^{th} house, debilitated 7^{th} lord did not allow her to live a descent life with husband. Guru Chandal yoga, Mars Saturn, Saturn Jupiter in 6/8 relationships, denied her real happiness of life. Her husband left for Dubai in Dec. 2000 with a lucrative job. Still in Dec. 2006, the matter is in the court.

Example 78. Schizophrenic man : DOB **2-10-1954, 5=30PM/Delhi**: Pisces Lagna; Gemini Ketu; Cancer, Jupiter Virgo Sun; Libra Venus, Saturn, Mercury; Scorpio Moon; Sagittarius Rahu, Mars.

He is an **M.Sc.** (Physics) and started his life as a bank **employee.** He got married in 1982, but the wife left soon after pregnancy because he doubted about her character. That lady delivered a son and never returned to his house. They are fighting **a divorce** case since 1983. In 2006, the matter is in the court. He married secretly in **1990** during Venus-Rahu dasa and got **a** daughter in 1992. He was suspended on **22-6-06**, for insulting his auditors. But surprisingly, the suspension letter narrates that he took excess loan from the bank, which he should not have taken for the purchase of a flat. Ketu-Rahu axis is passing though $4^{th}/10^{th}$ axis,. 4^{th} lord is in the 8^{th} with 8th lord Venus, 12th lord Saturn. Moon is debilitated and is hemmed between j malefics. 10^{th} house Rahu-Mars is aspected by Saturn. Three malefics in 10^{th} brought a black spot in his career during **Sun-Venus** dasa. 8^{th} lord in 8^{th} grants poor career (read Twin 8th house of the Zodiac by Dr. S.S. Chatterjee). 7^{th} lord in 8th afflicted with Saturn and Ketu ruined his marital happiness. Sun in 7* added fuel to the fire. Sun in 7^{th} always

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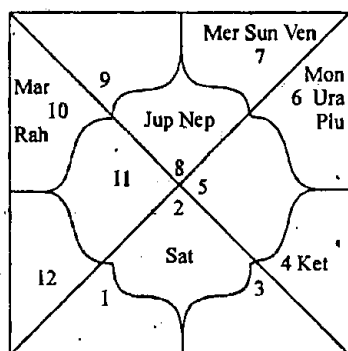
7 NepVen Mer Sat

brings a rift in the married life. When there are number of malefics in 10th such a native engages himself in wrong things of life. They are destined to do some bad work. His 2nd wife does not talk to him for schizophrenic tendencies. 6th lord Sun's dasa brought disgrace in his career. Sun's dasa is bad for 95% persons of the society. His Jupiter is powerfully spoiled by **the** 10th aspect of **Saturn and** 8th aspect of Mars. God only writes sad episode about a person whose Jupiter is found weak in the horoscope. So weak Jupiter produced so many ups and downs in life. He is a very unhappy soul for the bad planetary configurations.

Example 79. Schizophrenia : DOB 18-10-1971 : 10=40 AM, Sitapur, UP. Scorpio Lagna, Jupiter; Capricorn Mars, Rahu; Taurus Saturn (R), Cancer Ketu; Virgo Moon; Libra Sun, Mercury, **Venus.**

Whenever 8th lord joins Sun, such native's are deserted by their father. This aphorism is stunningly true to the knowledge of the author. When he was 1 yr old, his mother separated from his father and raised him alone in life. On **18-11-05** he met me for knowing his future, he was employed with a famous TV channel. He is married, having no kids. His 8th house is hemmed **between** malefics and enjoyed Jupiter Mercury dasa between 18-1-05 to 24-4-07. I told him that he was passing through a **bad** phase of life, should be careful about his job. But on 6-5-06, he resigned after a minor quarrels with his senior. 10th lord **Sun** has **conjoined** with 8th lord Mercury and 12th lord Venus. 8th house is hummed between malefics. Mars Rahu in 3rd made him a dare-devil man. 9th house is occupied **by Ketu** aspected by Saturn. When 9th house is weak and afflicted one loses foresight: Saturn or Mars in 7th house crops up many enemies in life. Such a native's life becomes a cupful of sorrows (Astrology Nectar by Dr.S.S. Chatterjee; Read Adhi Yoga). 8th

house hemmed malefics brings scandals and infamy in life. Saturn and Sun are both debilitated in the navamsa. Two to three debilitated planets in the navamsa robs the merit of the horoscope.

MENTAL ILLNESS (LUNACY)

Insanity is a mental disease. Some are born as in sane persons, others become lunatic under stress/strain of life. Lunatic persons are most hapless persons and lose the power of generating money. They also lack the power to defend themselves. The present level of astrological knowledge may not enable us to pinpoint whether one's insanity is due to the mental or brain disorder, though the cause can be guessed approximately. Mercury in the 5* afflicted by conjunction with Saturn is indicative of some form of insanity appearing especially in Saturn's main period and Mercury's sub-period or vice versa. Insanity makes the mind restless and vacant, the vision becomes stable and actions become purposeless and incoherent. Vata, pitta, kapha are the main causes of diseases. During the dasa of a planet, if it is conjunction with a malefic, extremely weak or in an evil house, it will produce disease. If the dasa is of a benefic planet, the planet is well placed in various Vargas, the sub-period of an evil planet will not be able to produce disease seriously in that dasa. If it happens, it can be cured. House 6;8,12 and the planets associated with these house and their lords are productive of adverse results, they are particularly adverse in relation to health. 6th lord is the strongest disease producing planet. Insanity may be of ten different types; Melancholia, Mania, Hysteria, Epilepsy, Schizophrenia, Amnesia, Idiocy, Perversion, Obsession and Lunacy. The whole gamut of mental affliction can be classified as : a) Major mental afflictions can by lack of awareness of the condition on the part of the individual. The individual loses touch with reality and is not aware of his own disease. They fail to earn money for idiocy. Some are born as deaf, dumb and lunatic for their sins of past lives. Some people also can become lunatic in advanced ages for stress and strain of life. Upto 1960, the treatment for lunacy there was either confinement in security cells worse than those provided for dangerous criminals or exorcist, which

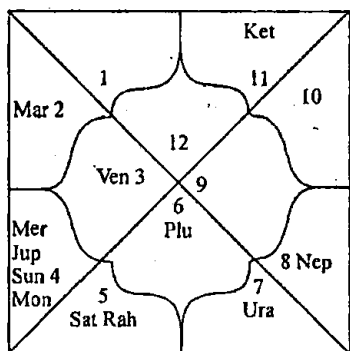
was worse. Ranchi mental asylum was very famous prison for all lunatic persons. But in 2006 AD, doctors are trying hard to cure their patients. b) Temporary mental afflictions due depression "and conditions like guilt, despair, despondency, melancholy, prolonged bereavement, lassitude and loss of interest.

Astrological factors:

We are grateful to, our ancient sages for developing so many astrological aphorisms for the benefit of mankind. This science Was developed at least 10,000 yrs ago (8000 BC), but rules are stunningly true even in 2007. From astrological standpoint these diseases are to be viewed primarily from the affliction of Lagna, 4th house (feelings and emotions), 5th house (intelligence faculty, thinking power), Moon (governor of mind and emotion), Mercury (lord of intelligence, logical tibinking). The separative and disruptive planets are Mars, Saturn and nodes. If the powerful affliction of Mercury or Lagna or the Moon has the contact of Rahu, one can be certain that no medical treatment would be of any avail. When both Moon and Mercury are afflicted the disease should be of serious nature. The Lagna and its lord should be involved in the affliction. Affliction to the Moon and Mercury, if strong, result in severe psychological complexes that could affect normal life. Heavily affliction to the Moon have two fold significance. Depending on the rest of the chart, the afflictions to the Moon can reduce longevity. If this does not happen, then the native become a case for a psychologist. Such natives may display normal social behaviour, but deep underneath they are comedowns of serious emotional disturbance and psychological complexes. Such natives can make life miserable for those they marry. Depending upon the intensity or nature of affliction, they can either be schizophrenic, paranoid neurotic or even homicidal. If the affliction of Mars is from Saturn, such natives suffer from excessive melancholy or depression and living with them can impair severely the peace of the family. They suffer from a persecution complex and believe they are martyrs in life and that everyone should be beholden to them otherwise they go haywire. Afflictions centering on the Moon from Mars make

for violent moods, behaviour and action. They are very very harsh in speech and can lash with their tongues with such ferocity, their victims may soon end up as mental wrecks. If Moon is afflicted by Rahu, then one suffers from dangerous levels of suspicion and homicidal tendencies. If the Moon is with Ketu, the native suffers from an intense inferiority complex, clams up and withdraws into a shell. The escape route that appeals to such natives is self destruction or suicide otherwise, there may be a great longing for spiritual life. If the Moon is afflicted by two or more of these malefic- Saturn, Mars, afflicted Mercury, Rahu, Sun or Ketu, then whatever may the other merits of the chart, one is safe by staying away from such individual. In all these cases of affliction of the Moon, the aspect of ,association of Jupiter or Venus tends to tone down to affliction. If the dispositor of the afflicted Moon is well placed in the Rasi chart preferably in a friend's house, it also tone down maleficence of the Moon. When a Moon-Mercury combination occurs, involving the watery signs, especially Pisces and Scorpio where Mercury and the Moon are respectively in debility, we have demonic natures cloaked in an apparently attractive exterior. Such natives can harbour horrendous levels of avarice, hate, jealousy and other morbid emotions that can lead a ruin death and depravity. One of the best things to have is a chart for marital alliance is a Moon, free of associations. The Moon with Venus gives a friendly nature, whatever the sign occupied by Moon. The natives are amicable, fond of beauty or aesthetics and have the ability to share happiness. They are optimistic. Jupiter with Moon is always welcome and given a great magnanimity of mind and heart that can easily forgive. Now I shall show a case where the young girl having Moon-Mercury combination in cancer, wrecked the family peace of two families.

Example 80. House breaking lady : DOB 24-7-1979, 10=00PM, Kolkata. Pisces Lagna; Taurus Mars, Gemini Venus; Cancer Mercury (R), Sun, Jupiter, Moon; Leo Saturn-Rahu. 6th house is the house of senses and it is also the house of disease. Her 6th house is vitiated with worst malefic combination Mars-Sturn-Rahu. Venus is in the star of

Rahu. Her 3rd house is aspected by Saturn on Mars making **her** a dare devil. Moon-**Mercury** combination in the house of intelligence afflicted by 6^{th} lord Sun generated "Paischa **yoga**" in a watery sign. When 6^{th} house is afflicted, 5^{th} (intelligence) 7* (house of marriage) 12^{th} house (house of bed pleasure) suffers (see Fortune and Finance by Dr. S.S. Chatterjee P 89). **Ketu** in 12^{th} ruined her family. She got married with a **CA** on 22-4-2003 during Ketu-Rahu dasa, fulfilling the wishes of a CAfather. On **5-**5 -04 she deserted the house of her husband with false allegation **that** her husband **maintains extra-marital** relationships. Her father unnecessarily quarreled with **her** husband. Her husband **engaged** a detective agency who unearthed the whole secret. All the e-mails sent to her lover (she had **sex-relationships** with this guy before marriage) were recovered. All printed copies were handed over to her father. Her father could not tolerate the situation and he died in a massive heart attack during Ketu-Mercury (R) dasa. The dasa of two retrograde planets are always bad. Paisacha Yoga generated unhappiness in minds of several persons, whoever came in **contact with her.** The dasa of 8^{th} lord Venus buried her alive beneath the soil ruining all future prospects. The Moon in the *6th* or with 6th lord in 8* (house of sins) or 12^{th} (house of loss) **can create mind set that is not healthy in attitude.**

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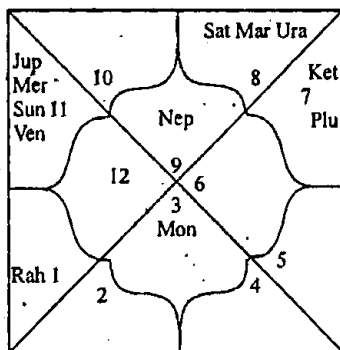
Aphorisms of Lulancy:

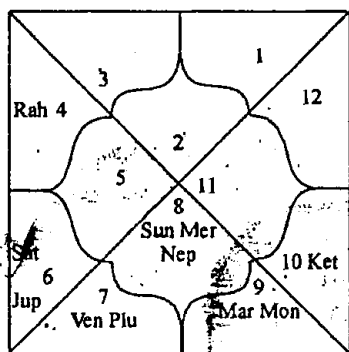
1. 3^{rd} lord eclipsed in conjunction with Rahu in Pisces or in Virgo and is at the same time aspected by Saturn, it causes a predisposition of mental and psychological abnormalities.
2. Waning Moon and Saturn in 12^{th}
3. Saturn in the Ascendant while Mars **in** the $6^{th}/8^{th}/12$* from Saturn.
4. Atmakaraka j oins Mercury under malefic aspect.
5. **Jupiter in the ascendant and Saturn in 7^{th}.**

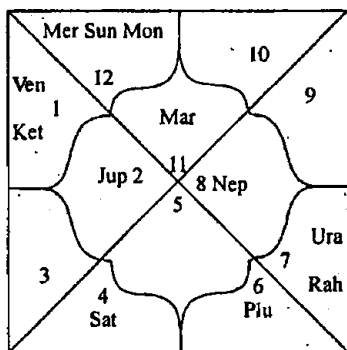
6. Lord of Lagna, **Saturn and 6^{th} lord are in one** sign

7. Morons are born with Moon, node, and Saturn conjunction.

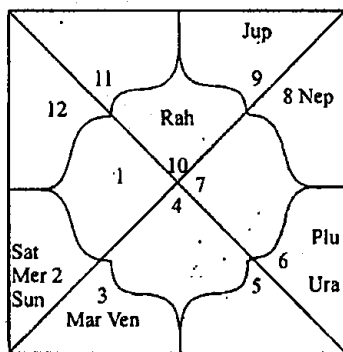
Example 81. Birth of a moron, Deaf and Dumb from the childhood : DOB **21-2-1986, 4=02AM,** Delhi; Sagittarius Lagna; Aquarius Jupiter, Sun, Venus, Mercury; Aries Rahu; Gemini Moon 23 - 43; Libra Ketu; Scorpio Saturn, **Mars.**

When the lord of Lagna is in the enemy camp and is aspected by another malefic the life of the native is ruined completely. His lord of Lagna is placed in the house of his bitter enemy, is a combust planet and is afflicted by Mars, Ketu, 6^{th} lord. Aspect of 8* lord in lagna reduced the size of his personality. His $6^{th}/8^{th}/12^{th}$ lords are afflicted, which increase sufferings in life. **All the** kendras of Moon are vacant, which denied him any **career.** His 5^{th} house is occupied by Rahu and the 8th house from 5^{th} house is occupied by Saturn and Mars. 9^{th} lord has moved **180°** away from its natal position. Hence weak 9th, 5^{th} and 1^{st} lords made him a moron. 4^{th} lord is a combust planet. 4th lord and 6th lords have conjoined. God writes only sad episodes about a person whose Jupiter is weak in the **horoscope.** All these combinations made him a moron. His Deha Rasi is Capricorn and Jeeva sign is Gemini. 8* lord Moon occupied his Jeeva sign, on account of this reason Goddess **Laxmi** deserted him. He opened his life with Pisces dasa 5y-2m-22d. Any dasa in KCD, when its **lord** has moved to **3/6/8/12** from its natal position will produce malefic results. His lord of Pisces Jupiter has moved to its 12^{th} place form its natal position and is a combust planet. Dasa of such a planet can only bestow sufferings in life.

Example 82. Case of idiocy : DOB **10-12-1980/5=04PM/Kolkata.** Taurus Lagna; Cancer Rahu; Virgo Jupiter, Saturn; Libra Venus; Scorpio Sun, Mercury; Sagittarius Moon, Mars; Capricorn Ketu.

He apparently looks normal with no physical deformations but his behaviour resembles with that of a boy of six yr only. His IQ level is very low and is an example of a moron. He has studied upto IV standard and he has taste for music. He has no power to earn money. $4^{th}/5^{th}$ lords are powerfully aspected by Saturn and Rahu. Both Sun and Moon are not aspected by divine Jupiter. The significator of mind Moon is placed in the 8_{th} house with Mars and is hemmed between malefics. All these evil astrological yogas made him a moron. His Aries is Deha; Scorpio = Jeeva. He opened his life with cancer dasa for 4yrs. Since its lord Moon has moved to 6* house from its natal position and is hemmed between malefics the dasa produced worst results for him. Afflicted Moon in 8^{th}, hemmed between malefics ruined his mental faculty, made him a moron of the society.

Example 83. Turned lunatic for depression : DOB 21-3-1977/ **4=55AM/Dhanbad.** Aquarius Lagna, Mars; Pisces Moon, **Sun,** Mercury; Aries Ketu, **Venus (R), Taurus** Jupiter; Cancer **Saturn** (R); Libra Rahu, balance Merc **12y** 2m **18d**

When 9^{th} **house/**9^{th} lord are weak, everything evaporates in air. He passed X in **1993,** became a Gem Technician in a Gems Institute Noida in **1996.** After two yrs at the end of **1998;** he was caught by the security guard for stealing a small piece of diamond (about 30 cent). Infant and retrograde planet Venus in the 3_{rd} house with Ketu proved very inauspicious for him (Venus-Venus dasa). Dasa of retrograde planets are never good. He resigned his job and started

reading XII, then B.Com from IGNU. He almost completed his B.Com but could not pass one paper in the last semester. He lost all interest in life and did not like to pursue further studies. He locked himself in a single room of the father and lives only by drinking milk. He refuses food. He does not listen to anybody. Moon-Mercury combination in a watery sign hemmed between malefic provided him a demonic nature. Dasa of retrograde 9^{th} lord afflicted by Ketu and Saturn ruined his life. He became lunatic during Venus-Sun dasa. Antardasa of Sun is highly malefic for 90% persons on this earth. His Sun, Moon, Mercury are all hemmed between **malefics** and not aspected by any benefic planet. Their dispositor Jupiter is placed in the enemy camp and is aspected by Mars. 6/8 relation of Saturn and Mars, 2/12 relationship of 5/9 lords added fuel to the fire. Union of accepts of Saturn + Mars in 8_{th} surfaced scandals in life

Example : 84 A case **of Lunacy of a brilliant boy** : DOB 5-06-72 /10:30 PM /Agra. Capricorn Lagna, Rahu; Pisces Moon, 2-9; Taurus Saturn, Mercury, Sun; Gemini Mars, Venus ®, cancer Ketu; Virgo Uranus, Pluto; Sagittarius Jupiter (R)

He is the son of Major General and was born in Savya group A 4* Qtr with balance 30y 6m 13 d. He opened his life with Vrishchika 2y-6m-13d. Sagittarius, Capricorn, Aquarius passed away peacefully. As soon as Pisces dasa started he grew lunatic in 1992. In 1991 he was admitted in DCE, Delhi. He passed the 1^{st} yr. From 2_{nd} year his behaviour became abnormal. With naughty boys • he was found in the cremation grounds trying to do Sadhana on corpses. Some how he continued his college, finished final yr also, but he could not clear 10 papers from 2_{nd} yr to 4^{th} yr, He is sitting idle at home, writing the results of imaginary sensational discoveries, and sending e-mails to

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hundred of places with his half baked theories which nobody likes to buy from him. Why he grew lunatic? His Deha = Cancer, occupied by Ketu, Pisces is Jeeva, where we find his Deha lord Moon. Placement of Deha lord in Jeeva sign curtails longevity and it is accepted with fear. If Deha and Jeeva sign lords make any relationship a great calamity in life is sure to follow. Deha and Jeeva lords are placed in mutual quadrants, which also became evil for him. Meen dasa ruined him completely, because the dasa lord is retrograde, is placed in the star of Ketu and is hemmed between Rahu and Neptune. He tried to commit suicide on 6-5-2006, by touching 22,000 Volt live wires (Mercury-Jupiter(R)- Venus (R) dasa), but he was thrown away and was saved by a Railway person. In Vimsotori system he was born with 12th lord Jupiter's dasa with the balance 1 yr-4m-29d. When anybody starts his life with 8th/6th/12th lord's dasa, he faces extreme hostility on the road to success. As soon as Mercury dasa (combust) started, he lost his mental balance. His 10th and 11th lords are conjoined together and hemmed between malefics. Both 4th and 5* lord are placed in the 6th hemmed between malefics. All these unfortunate yogas ruined his life cordately. God did not allow him to earn any money. When 9* house/9th lord are weak, everything evaporates in air. His 9th lord is a combust planet and is afflicted by Saturn and Rahu. 9th house is occupied by Uranus and Pluto aspected by Mars and Rahu. I strongly believe Saturn-Mars combination in the 12th house of his father (14-10-1947, 3-00PM-Balia) ruined his prospect in life. 12th is actually 8th from 5th. There is a Karmic connection between son and father. Even well qualified Doctors of the 21st century throughout the globe are helpless in front of such dangerous diseases. Can anybody cure him?

AIDS AND OTHER SEX DISEASES

There is still no cure for AIDS (acquired immune deficiency syndrome), nor there is a special diet for people infected with HIV (Human Immunodeficiency Virus) that causes the disease. Mushroom can fight against AIDS successfully. One should avoid alcohol. Well

cooked meat, poultry, eggs, milk, nuts and other high calories protein foods canprevent weight and muscle loss.

In 1981, a mysterious disease that came to be known as AIDS, cut a deadly swathe through San Francesco, USA. People showing AIDS, symptoms were kicked off commercial aero planes and some funeral homes wouldn't handle the bodies of those killed by this highly infectious diseases. At least 100 million people perished between 1981-2006, throughout the globe. In 2006, 1800 HIV related death are found daily in San Francisco, This disease is most prevalent in South Africa and India also. AIDS might spell a loss of over 20 million in the next 20 yrs in India alone. According to Times of India dated 23-11-2006, about 40 million persons are suffering from AIDS globally. There are 11,000 infections world wide every day. The number of reported HIV/AIDS cases in China has grown by nearly 30% in 2006. the virus seemed to be spreading form high risk groups of the general public. People selling blood illegally or receiving infected blood accounted for 5.1% it added. AIDS is such a sex disease nobody like him, including doctors, nurses, graveyard person. He is deserted by all and once HIV test becomes positive, the native is sure to die within 2-3 yrs., there is almost no medicine for recovery. Certain foreign substances, virus or bacteria known as antigens when find way two our system they pose health problems. As soon as some virus enters our body, the blood produces anti-germ (antibody). The principal antibodies are immunoglobulins. This protective mechanism by virtue of which a body resists the invasion of foreign micro-organism is known as immunity or defence mechanism is normally known as immunity which means relative resistance to an infection. This immune system is of two types,' cellular immunity produced by the B-lmphocytes or humeral immunity from antibodies produced by T-lymphocytes. In other types of viral infection such as hydrophobia, pox, polio virus, the defence mechanism of T-lymphocytes grabs the infection and destroys it. Side by side, antibodies are produced in the form of B-lymphocytes so that particular disease due to the relative virus does not strike the

system again. In the development of methods of immunization against poliomyelitis, Jonas Salk and his colleagues discovered (1892) that they could take active polio viruses, kill them with formaldehyde (HCHO) and use the killed virus as antigens. Passive immunization depends on the use of antibodies made to another animal. Thus if antigens are injected into a horse, the horse will produce the specific antibodies. The blood serum of the animal, now containing the antibodies, is known as anti serum. Horse serum collected from animals immunized with tetanus toxic may be used to give protection against a potential case of tetanus. The protection is immediate, but is only temporary inasmuch as antibody production by the patient is not involved. The AIDS virus penetrates within T-lymphocytes itself and takes shelter therein and begins to multiply. As a result the defence mechanism of T-lymphocytes completely breaks down and thereby, even a simple disease may take a serious turn. Because of its power of rapid multiplication, the AIDS virus ultimately may in capacitate the defence mechanism. However, it has recently been discovered that when the HIV adheres to the body of T-lymphocytes, a special type of protein, namely, CD+4 can be injected which may arrest the onset of the actual disease. Virulence depends on twp major factors: the ability of the pathogen to invade, spread and multiply in the host, and the toxins (poison) or other ill effects it produces. To be virulent, an organism must be able to invade the tissue and once there, produce toxins, or some other way harm the host. AIDS is such a dangerous disease, even scientists are afraid to carry on researches on them.

Astrological background :

AIDS is the outcome of free sexual habits. Venus and Pluto are the sex Gods. Disease in sex organs are to judged from the Libra sign, Scorpio, 7^{th} house and 8* house. When Libra, Scorpio, Venus and Mars are afflicted by Rahu, Saturn, Ketu or $6^{th}/8^{th}/12^{th}$ lords, along with afflicted 7^{th}/or8* house diseases of the sex organs are to be anticipated. Internal structure of the private parts of the body (genitals), anus, liver, kidneys,

urethra, fallopian tubes, ovaries, vaginal passage up to uterus, spleen are governed by the 8th house. When Mercury is **also** afflicted, it produces deep ulcers. Venus on its own doesn't give any ailment or disease relating to private parts or any other complaints of health related to sex life. But these days we hear a lot about venereal diseases and fatal sex related diseases like HIV and AIDS in case the individual has conjunction of Mars or Saturn with Venus in the **8th** house. However if it is Rahu with Venus in the **8th**, the ailment would not stay for long and be cured continuity in treatment and preventive care. The illness gets diagnosed at an early stage and chances of cure of the complaint are quite good, quick and easy. In case of illness, ailment or disease or injury or wound created by Saturn and Venus in 8* house, recovery would take longer and would cost substantially. Ketu in **8th** house provides indication toward unnatural physical contact with either sex. Study of the horoscopes of gays or lesbians would indicate that at least **50%** of them would **have Ketu** in **8th** house (or Rahu). It has been noticed that some people develop this interest at an advanced age, say beyond 45 or so. If Mars, Saturn or Venus be in conjunction with Ketu in 8th, the illness or sex disease caused would take longer to cure and might have a scope of recurrence. Pluto, Ketu, Venus or Mars in 8th house is highly dangerous for **AIDS.** If Mercury joins deep ulcers would be produced and patient will die soon after infections. 8* house is the house of immunity (Cosmic Influences on & I.Q. by Dr. S.S. Chatterj.ee **P1**15). Controversial group of planets Rahu-Mars, Sun-Saturn, **Mars-Venus,** Saturn-Mars, **Ketu-Venus,** Ketu-Mars in 8* destroys the immunity system of the body. The Ascendant should not be under papakartari yoga and it should be aspected by benefics. Strong Lord of Lagna, strong Jupiter, Sun and Moon will provide terrible resistances for fighting any disease. When Sun, Moon and the ascendant lord makes relationship with 6/8/12 lords, one may have a dangerous disease. **6th** lord is the worst malefic for the initiation of any disease. In almost all the cases its presence is a must for the initiation of

any disease. If there is any benefic in 11 * (natural benefic), the **native** will receive heaven's help for the recovery from any disease. When 1 * house makes any relationship with 6th house /to 6* lord, one may get serious illness. If Mars is debilitated and Venus is also afflicted, the girl may even elope with any person, have sexual relationships with many persons, Mars in Taurus or Libra is also bad and it is difficult to maintain character above suspicion. When the Moon is placed in the 10* house, the lady makes love with many persons. Excess passion arrives for the influence of Mars on Venus. Rahu and Satum in the **8th** house might lead an individual to connection with a male or female prostitute. These two dangerous planets encourage the individual towards unconventional sex activity. Rahu in 8th house delays speedy recovery from any injury, wound, illness, diseases and tries to leave an impact on the mind of the individual. Ketu, Saturn in **8th** leads a sexual wound, septic or formation of gangrene and in comparison to **Rahu,** makes recovery very much delayed and expenditure oriented.

Aphorisms **of disease in sex** organs:

a) If Rahu or Ketu is in conjunction with lord of Ascendant, Moon and Mercury in one house, the native will suffer from venereal disease.

b) If Moon is in conjunction with a malefic, when his Navamsa falls in Cancer or Scorpio, the native will get a disease of genitals.

c) If Satum is in conjunction with Sun in a **Kendra** of Mars, aspected by the **Moon** and Venus, the native will get disease on genitals.

d) . **If** a very weak Jupiter in conjunction with a malefic **in 12th** house, the native will get disease on the genitals.

e) If the Venus in conjunction with malefics and if **Rahu** or Ketu occupies the 8* house, the native will get **venereal** disease.

Example 85. Uterus removal :. DOB 30-6-1958, **7=00AM** Delhi. Cancer Lagna; **Virgo** Jupiter; Libra Rahu; Scorpio **Saturn (R)** Moon;

Pisces Mars; Aries Ketu; Taurus Venus; Gemini Sun, Mercury, Balance Mercury 1yr-0m-19d.

Plu
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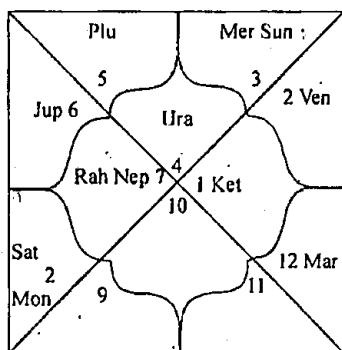
3
2 Ven
Jup 6
Ura
4
Rah Nep 7
1 Ket
10
Sat
2
12 Mar
11
Mon
9

Libra, Scorpio are afflicted. 7th house is squared by Rahu-Ketu axis. Ketu aspects 6th house, Mars aspects Virgo. Which indicate clearly about an operation. She got married in Venus Rahu dasa in 1976, produced two sons, but she had to remove uterus in 1997, during Moon-Saturn dasa.

ROLE OF VENUS IN DEFORMITIES AND LOCOMOTIONS

It is a very unfortunate incident to lose an organ during life time. Of course some people are born blind, deaf, dumb with crippled legs and other hundreds of bodily defects. Map of heavens erected at the time of birth, do speak about the future incidents of life. The author is astonished to observe the accuracy of golden subtle rules (without providing any rationale) framed by sages of yore even in 2007 AD. Many big people in history have suffered from bodily defects. Raja Yogas lift a man to a dizzy heights, whereas Duryogas force the native to suffer at the hands of destiny. During world war II Roosevelt was the president of whole earth. There is nobody who can challenge him. Every nation head has to bow his head in front of him. Such a mighty man suffered at the hand's of destiny. Is it not surprising? (See example 88). Our body lustre is governed by Venus. Nehru, Dr. Rajendra Prasad, First President of India, Mahatama Gandhi had Venus in Libra. When Venus is posited in the star of 1,3,8,15 and 27 Nakshatra Raja Yoga is formed. Such persons are lucky (by Sukrachaya in his Bengali Book, Horoscope Analysis P 106). They hardly receive any mutilations of the body. Rajeev Gandhi had Venus in Leo Lagna in the star of Sun, hemmed between malefics, conjoined with Jupiter, Moon, Sun and Mercury. On 21-5-1991, his body was blown to pieces. The significator

of loss of limbs Saturn was aspecting Venus from Gemini. Mahatma Gandhi was assassinated because his Venus was in direct aspect of 6th lord Jupiter (enemy), in conjunction with Mars and 12th lord Mercury hemmed between malefics. So it is understood, Venus-should never be placed under papakartari yoga for haying a charismatic outlook throughout life. Rajiv Gandhi is the only VIP in the memory of history who lost all the limbs. Aspect of Saturn on Venus hemmed between malefics proved too costly for him. Kal Sarpa Yoga is a Duryoga. When most of the planets are hemmed between malefics, Duryoga is to be anticipated. According Uttar Kalamitra (chapter V, sloka 18), among - other important significations like marriage, power, beauty, music, good looking eyes, pleasant movement or walking and well proportioned limbs are attributed to the Venus. Venus should be strong with no malefic influence, if One is to be blessed with either of these lost two significations. Remember how elegantly Nehru, Rajender Prasad, John Kennedy roamed on this earth for their strong Venus. Gandhiji used to walk very fast for his strong Venus. Venus is the 2nd/7th lord of the zodiac and hence has the highest killer instincts. Venus will always try to harm the native when he gets any opportunity. On account of this reason Venus Saturn or Saturn Venus dasa is peculiar to about 95% persons on this earth. Venus makes a person suffer with worst malefic effects if connected with 6,8,12* or Badhaka lords. Rajiv Gandhi's 6th/8th/12th lords were in conjunction with 3rd/10th lord Venus is Leo Lagna. The loss of limbs may occur during Saturn-Venus or Venus Saturn dasa when they are placed in 1-3, 6-8, or 2-12 positions. Sagittarius is the seat of limbs in natural zodiac and 9th house also rules the same. When Sagittarius, 9th house and its lord are afflicted, they also cause loss of limbs. In almost 99.9% cases, I have found that in the case of loss of limbs, Sagittarius (lord is Jupiter, is the ruler of happiness) is invariably found to be afflicted. So affliction of Sagittarius is a must for the loss of limbs. Venus-Jupiter conjunction, Gaja Keshasri yoga, Jupiter aspected by a natural benefic will not allow deformation. Jupiter is the lord of happiness, when he is strong, there is least possibilities of

mutilation of the body. In case of Rajeev Gandhi, who lost all the limbs, his Sagittarius was in opposition to Saturn from Gemini. Saturn and Ketu are two major planets of afflictions of which are mainly responsible for deformities. 2nd/6th/10th houses and ; Taurus/Virgo/Capricorn rule flesh and bone. Affliction of these houses and lords of 2nd/6th/10th houses also produce deformities. 2nd house Taurus rule the right leg, Pisces and 12* house rule the left leg; Gemini/3rd house rule the right hand, Aquarius/11th house rule the left hand. Any relation of them with combination of defonr 'ties may produce the sad moments of life. When Moon-Ketu occupies the 8* house in addition when Saturn occupies 2nd, 4* or 12* house, there are chances of major surgery or amputation of a limb of the body.

Aphorisms of deformities :

1. According to Jataka Parij ata if in a horoscope, the Moon is in 10th, Mars in the 7th, the Sun in 2nd the native will be defective in some limb.
2. . According to Jataka Tattwa, if Mars is in the Ascendant and is aspected by Saturn and Sun, the native will be defective in some . limb.
3. According to Jatakalankara, if malefics occupy the kendras, the native will have some defective limb:
4. According to Jataka Parijata, if he Ascendant falls in the last navamsa of Capricorn and Lagna is aspected by Sun, Moon and Saturn the native will be dwarf.
5. According to Jataka Parijata, if malefics occupy the 9*. 11th 3rd and 5* houses are not aspected by benefics the native will be deaf. In this yoga 3rd and 11* rule ears and the power of hearing. The significators of deafness are Mars and Jupiter. Affliction to them causes deafness.
6. If malefic planets Sun, Moon and Saturn occupy. the 9* and 11th and are not aspected by benefics, the native will be deaf. .

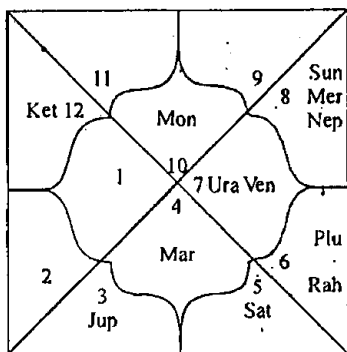
7. According to **Jatakalankara** a) If both Sun and Moon be in a Kendras, then the defect may be in the limbs near the loins or the buttocks b) If Saturn should aspect Venus in the Ascendant, then also the same thing occurs.
8. According to Dr. B.V. Raman, if the 2nd lord accompanied by Jupiter is in the 8th from Lagna, the native become dumb. If any one of these planets occupy his exaltation or own house, the yoga is nullified.
9. According to Sarvartha Chintamani if the 2nd lord conjoined with Mercury and Rahu is in the 6* from the Ascendant or 2nd lord has conjoined with dispositor of Mercury and Rahu, the native is attacked with a disease of palate and ultimately becomes dumb;
10. According to Jataka Parijata if the malefic plaents Saturn, Mars and the Sun occupy the last portion of Cancer, Scorpio or Pisces, one will be dumb. If only two malefics occupy the above houses, there will be very little speech; if only one malefic occupies such a portion of the chart, there will be slow or stammering speech. In this rule, the Moon must have a malefic aspect, but if the Moon has a benefic aspect, the child will begin to speak later than usual. In this Yoga, dumbness means losing power of speech. Speech is denoted by the 2nd, 5* houses and the significator is Mercury,
11. According to Jataka Parijata, if the ascendant be Leo and the Sun and the Moon occupying it, are aspected by Saturn or Mars, the native will have no sight in the eyes. If Lagna receives benefic aspect, the native's eyes, will be bulbous without any light. If Moon occupies the 12th house, he will have the left eye hurt and if the Sun occupies the 12*, the right eye will be hurt. If benefics aspect the Sun and the Moon in the yoga, the evil effects will not happen.
12. If one of the 12th and 6* houses be occupied by the Sun and other by the Moon, both the native and his wife will have one eye.
13. According to Dr. B.V. Raman if Mercury and the Moon should in

the 2nd or the lords of Lagna and the 2nd should join the 2nd with Sun, the native will have defective eye sight or he will be born blind. If the lords of 10th and 6* occupy Lagna with the 2nd lord or if they are in Neechamsa, the above yoga is caused. The native loses his eyesight. This combination makes one blind sometime in life,

14. According to Jataka Parijata : If Saturn and Mars are in house owned by Mercury or Mercury Navamsa, the child born will have teeth by birth. If Moon in the dark half occupies 7th Mars in Lagna or in the Navamsa of the sign in the Lagna and the Moon of the dark half is with the Sun, the native loses both arms and feet.
15. According to Dr. B.V. Raman, the native's hands will be cut off if: a) Saturn and Jupiter should be in 9* and the 3rd house b) by the disposition of Saturn and Jupiter in the 8* arid 12th house c) by the presences of Moon in the 7th or 8* in association with Mars. d) by the conjunction of Rahu, Saturn and Mercury in the 10th. In the yogas, it looks for more reasonable to assume that the result ascribed to yoga can happen only when involved planets are highly afflicted and occupy cruel shastiamsas (1/60 divisions).
16. According to Sarvartha Chintamani if the lord of the 12th house is weak, situated in a malefic Navamsa or in the Navamsa sign of its debilitation or in its sign of debilitation, the native loses one of his limbs.
17. If there are many malefics in the 12th house, and the lord of 12th . house is with Saturn, Gulika and Rahu the native gets one of his limbs impaired.

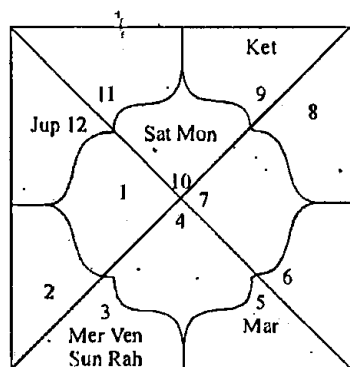
Example 86. Loss vision of the right eye : DOB 16-11-1977/11-30AM/Haridwar. Capricorn Lagna, Moon; Leo Saturn, Virgo Rahu; Libra Venus; Scorpio-Sun, Mercury, Gemini Jupiter(R), Cancer - Mars

Moon and Sun are the giver of lights in he eyes. Venus is the overall in charge of eyes. Venus is heavily afflicted by Saturn and Mars. None of

the luminaries are aspected by Jupiter. Right eye is controlled from the 2nd house, which is spoiled by the joined aspect of Saturn and Mars. Wherever the forces of Saturn and Mars concentrate on a house, the house suffers annihilation. His Venus is hemmed between malefics. Sagittarius is squared by Rahu-Ketu axis. While he was passing Moon-Venus dasa, somebody threw a stone on his right eye. He lost vision of this eye completely. Afflicted sub lord Venus in the star of Rahu, did not spare him. Venus is the Yogakaraka for his lagna. Afflicted Venus produced the permanent sad memory in his life. All the loss of limbs yogas arc visible in his horoscope. One should be very careful during the dasa, antardasa of malefic Venus, afflicted by Mars, Saturn, Rahu, Ketu, 6th/8th/12th lords. Venus hemmed between malefics is the worst, in causing damage to limbs. He is an MC A now and is employed in Banglore (2006).

11 Ket 12 Mon 9 8 Sun Mer Nep 1 10 7 Ura Ven 4 Mar Plu 2 6 Rah 3 Jup 5 Sat

Example 87. **Loss of both legs:** DOB 9-7-1963 at 19h 20m Colombo. Capricorn Lagna, Saturn (R), Moon; Pisces Jupiter; Gemini Mercury, Venus, Sun, Rahu; Leo Mars; Sagittarius Ketu.

Too many malefics in 8* makes anybody accident prone. His Mars in the 8* house is aspected by Ketu. Venus is afflicted by 6* lord Mercury and Rahu. Sagittarius is occupied by Ketu. 9* house is squared by Rahu-Ketu axis. 9th lord is afflicted, karaka of. amputation Saturn aspects Jupiter. During the dasa of Jupiter-Sun in Aug 1998, in a tragic car accident he lost both the legs. Leg is controlled by the Taurus and 2nd house. The lord of Taurus Venus is afflicted. 2nd house is aspected by Mars and Rahu. Pisces/12* house controls the left leg. Pisces is

Ket 11 9 8 Jup 12 Sat Mon 1 10 7 4 2 6 3 5 Mer Ven Sun Rah Mar

squared by Rahu-Ketu axis, Mars and Saturn aspect Pisces. 12^{th} house is occupied by Ketu. All these unfortunate combinations forced him to lose both legs in a tragic accident. When Kendras of 6* lord are occupied by **Rahu,** Ketu, Saturn the native suffers from many litigations in life. God writes a sad episode about a person whose Jupiter is found weak in the birth chart. His Jupiter is very weak because it squared by Rahu-Ketu axis aspected by Mars and Saturn. Joint aspects of Mars and Saturn can annihilate any planet or house where they concentrate. Afflicted 3rd house robbed **him** communication skill through locomotion.

Example 88. Wheel chaired President Roosevelt of USA : DOB **30-1-1882/20hrs,** New York. Leo Lagna; Scorpio Rahu, Capricorn Sun, Venus, Aquarius - Mercury, Aries Jupiter, Saturn, Taurus Ketu, Gemini - Mars (R) Moon.

He had Leo Lagna. Yogakaraka Mars is posited in the house of Mercury in its own star in the angle of Moon. His Lagna **and** Mercury are squared by Rahu-Ketu **axis**. Mercury rules the youth. Saturn rules one's old age. When these two planets are not conjunct and are separated by about 90 degrees then the young age paralysis is distinct possibility. His Saturn and Mercury are about **70** degree apart. Hence he was caught by young age paralysis. Saturn Rahu dasa between **14-3-1920** to **20-1-1923** proved fatal for him. He had to spend the remaining years of his life confined to the wheel chair. Saturn Rahu dasa or Rahu Saturn dasa is bad for 95% persons of this earth. The dispositor of Moon, Mercury in the star of yogakaraka Mars proved very very auspicious for him. He enjoyed Mercury Mahadasa between **2-8-1925** to 2-8-1942. He was the President of **USA** for three consecutive terms during this period of his life. In his chart Ketu, Rahu and Saturn have generated **Neechvanga** Raja Yogas. Venus is in the star of Moon, where

Mar Sat
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Jup
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Plu
Ura 8
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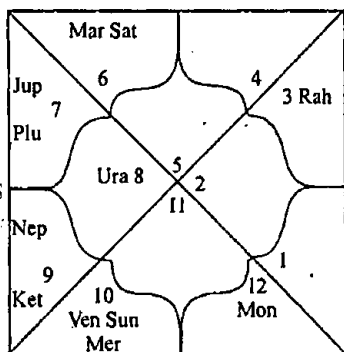
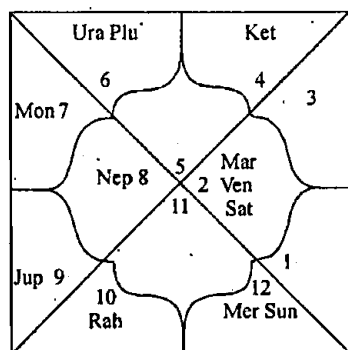
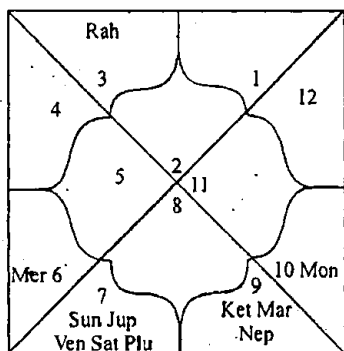
2
11
Nep
9
Ket
10
Ven Sun
Mer
1
12
Mon

Moon-Mars combination is found in Gemini. Thus Venus was energized by the yogakaraka Mars. Venus is his 10* lord, which elevated him to the rank of President of USA for 12 yrs. His 10* lord Venus is a combust planet and is placed in the 6* and is afflicted by Saturn, Sun, Mars and Ketu. The same Venus in 6* house forced him to stay in wheelchair for the most part of his life because it is aspected by Saturn, Mars and Ketu ruining Venus. All the 9 planets are energized by the yogakaraka Mars. So the planets behaved very very well him. $2^{nd}/11^{th}$ lord in a Kendra provides guarantee of financial solvency throughout life. Sasi-Mangal yoga in the 11* is an excellent Dhana Yoga. Jupiter Saturn conjunction in 5* or 9* house produce top class intellectuals. 9^{th} lord Mars and 10^{th} lord Venus are inter connected through Yogakaraka Mars.

Example 89. Crushed left leg : DOB 31-3-1972 **4=45PM,** Muzaffarnagar UP. Leo Lagna; Libra Moon, Sagittarius Jupiter; Capricorn Rahu; Pisces Mercury (R), Sun; Taurus Venus, Saturn, Mars; Cancer Ketu.

This is the horoscope of a property dealer of Noida. He was born with Rahu Mahadasa. Dasa of 8^{th} lord Jupiter (afflicted by Mars, carrying the deadly influence of lord of injury 6* lord Saturn) and antardasa of Rahu (2/12 relationships) proved costly for him. He was on the way to school on the fateful day in March 1977, when a truck crushed life left feet. Somehow he survived. He can run motorcycle, and can walk without sticks. His whole left foot was removed as an impact of the unfortunate accident. Venus is heavily afflicted by Saturn, Mars and Rahu. So his body lustre is bound to suffer. 9* house is under papakartari yoga, 9* lord has joined 6* lord Saturn and is further afflicted by Rahu from Capricorn. Sagittarius is

Ura Plu 6
Ket 4
3
Mon 7
Nep 8
5
Mar 2 Ven Sat
11
Jup 9
1
10 Rah
12 Mer Sun

powerfully aspected by Mars. When the 12* house and its lord, and Pisces are afflicted one's left leg is damaged. 12th lord Moon is squared by Rahu-Ketu axis. Ketu occupies 12* house, Pisces is occupied by retrograde Mercury and Sun aspected by Ketu. A retrograde planet always causes some deficiency of the house wherever it is located its lord Jupiter is afflicted. Pisces is in opposition to Uranus and Pluto. Jupiter in its own house in Sagittarius saved the amputation of the complete left leg. 9* lord and 10th lord have formed a formidable Raja Yoga in Taurus. He has clearly Adhi Yoga. Right leg is controlled by Taurus and 2nd house. 2nd lord is aspecting its own house. Jupiter in 5* (4th from 2nd house) saved his right leg. There is an exchange of Jupiter and Sun in Navamsa. Jupiter is placed in the 10th house in Navamsa. Strong Jupiter saved his left leg and allowed him to recover quickly. 6/8 relationships of karmic control planets did not allow him to grow well in the society. Somehow he is managing his both ends meet. Afflicted Venus forced him to pay heavy price.

Example 90. Multiple facture in right leg : DOB 26.10.82,19=45, Trivendrunm. Taurus Lagna; Gemini Rahu; Virgo Mercury; Libra Saturn, Jupiter, Sun, Venus; Sagittarius. Mars, Ketu; Capricorn Moon 26-41.

His 8* house is heavily afflicted by Mars, Ketu and further afflicted by deadly Saturn. on 31.3.2003, a school friend took him from home in a scooter to Atta Market in Noida for fun. On the way they met a violent accident with a three-wheeler at 7:30 PM. His right leg bones were crushed to pieces. Accident occurred during Rahu-Sun-Mercury dasa. Right leg is controlled by the Taurus and 2nd house is occupied by Rahu but in direct aspect of Mars from the 8* house. 2nd/6th/10th house are also afflicted, which added fuel to the fire. He had to stay idle for 12

Rah
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Mer 6
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Ket Mar
Nep

months for the complete recovery and parents had to cough off 2.5 lakhs in Kailash Hospital. As per KCD, ha has Taurus = Deha and Gemini = Jeeva. He was born in 2nd quarter of apasaya B group. Saturn and Rahu were transiting his Deha sign. When more than malefic transits either, Deha and Jeeva sign, an accident occurs provided dasa is also bad. He was passing the fag end of Taurus dasa. Venus is the lord of locomotion. So it brought disasters in life. Apasaya group B persons suffers more at he hands of destiny, because benefic dasa lords generate inauspicious results.

FRACTURE OF BONES AND BONE DISEASES

The 206 bones that make up the human skeleton vary greatly in length, structure and hardness. The smaller bones such as those in the fingers, are more or less solid and consist of impact bone. The larger bones of the legs and arms are hollow and contain bone marrow. The spongy bone around the marrow is called cancelous bone to distinguish it from the outer compact bone. Bones contain a surprisingly large amount of water, amounting to 25% of their total weight. apart form this, bone is solid material consisting of inorganic compounds such as calcium phosphate and calcium carbonate, buried in which are living bone cells, Parathyroid glands secrete parathormone hormone. Its function is control the calcium and phosphorus concentration in the body. Too little of the hormone reduces the calcium level and increases the concentration of phosphorous and it is this causes bone to become brittle. In cases where the glands have degenerated as the result of infection, injections of calcium or parathormone (or both) are given. Taurus, Virgo and Capricorn rule of bone. 2nd/6th/10th houses from Moon and Ascendant are judged for the strength and weakness of the bones. When the above signs and above houses and their lords are afflicted one suffers from fracture and diseases of bones. Saturn is the significator of all bones. Mars and Sun work for all difficult fractures. Mercury is responsible for the fracture of small bones. Mars refers to the neck, Saturn to limbs, Rahu to feet, Mercuryto the back (all peripheral nerves

are controlled by Mercury). Taurus and 2nd house control right leg, Pisces and 12* house control left leg, Gemini and 3rd house control the right hand, Aquarius and 11th house control the left hand. When 2nd/6th/10th houses from Moon, Aries, Lagna are afflicted along with afflicted Saturn, Sun, Mars and Mercury one may have multiple fracture of bone. 4* house rules the ribs. Ribs are curbed bones reaching from spine to the upper part of the body. 4* house/ cancer control the right part of the body. 10th house/Capricorn control the left part of the body. When the 4* house is hemmed between malefics along with afflicted Capricorn one will have fracture on the left side of the body. When there is a malefic planet in the 6* house and Mars is strong an operation surely takes place .in the lifetime of the native. Ketu's influence on the 6* house/ Virgo gives multiple operations.

Yogas for fractures :

a) Moon in Saturn house hemmed between malefics.

b) Sun and Mars in 3rd aspected by Saturn.

c) Sun, Moon, Saturn, Mars in the 5th/8th/9th

d) Saturn in 2nd, Moon in 4th and Mars in the 10*.

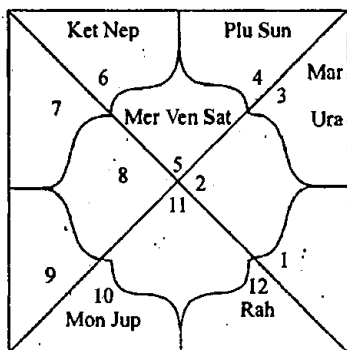
e) Rahu, Saturn, Mercury in the 10th house.

Fracture of bones occur due to an accident. One may fall down form the tree/roof top, and though speeding vehicles. Somebody may even fall down in the bathroom and can have serious bone injury. When the Lagna, 4* and 5* houses or their lords are centers of stronger malefic influences than the 3rd/9th houses, the native is vulnerable to injuries by speeding vehicles. The 4* house rules vehicles, and 8* house longevity. If these two houses are related then accidents happen while undertaking a journey during the period related to these house. If any, fiery, watery and earthy signs are involved, the accident may be due to air crash, fire or on the ground respectively. Accidents occur generally during the major or sub-periods of planets related to 6th/8th/12th houses in a

horoscope in which 8* house (house of accident) plays a dominant **role.** The dasa-Bhukti lords are invariably afflicted by transit which is an in failing index to timing of the mishap. In transit when Saturn and Mars together or in different signs when concentrating their force on the $1^{st}/3^{rd}/8^{th}$ houses or their lords, can **strike** on unforgettable cruel blow. Accidents **occur when' Sun** and the Moon are together or in mutual square position or 2/12 or 6/8 position and aspected by a retrograde Jupiter, Mars, Saturn or a node. When in transit Jupiter is strong, unafflicted, direct in motion and casts his trinal aspect on the affliction, no human loss of life is to be feared. The **8^{th}** lord with no connection with 3rd house and its lords in the birth chart keeps the life intact inspite of serious **injuries** in the disaster (for details read "Advanced Predictive **Astrology-Vol 11 P 183** by Dr. S.S. Chatterjee). We shall now study **a few** case histories. All the horoscopes are from the research diary of **the author.** It must be mentioned here when Sun is the Ascendant lord, which is debilitated or afflicted, then bone will be controlled by Sun (Fortune and Finance by Dr. S. S. Chatterjee P 371). It is well known that Sun in 4*, Mars in 5*, Saturn in 9* **lose** half strength.

Example 91. Severe pain of bones of a billionaire business man of Delhi : DOB **8-8-1949, 8-37 hrs,** Delhi. **Leo** Lagna, Mercury, Venus, Sat; Capricorn **Jupiter ®, Moon;** Pisces Rahu; Gemini Mars, Cancer **Sun.**

Ket Nep | Plu Sun | Mar Ura | Mer Ven Sat | Mon Jup | Rah
6 | 4 | 3 | 7 | 5 | 8 | 2 | 11 | 9 | 1 | 10 | 12

Here Sun is placed in the 4* house of the zodiac losing half strength, further it is hemmed between benefics. Because he has a Leo Lagna, his bones are controlled mainly by the **planet Sun.** This Sun is in direct aspect of 6* lord (ruler of diseases) and 8* lord Jupiter. He suffered from slipped disc while he is quite young at the age of 20 during Rahu-Saturn dasa. Rahu in 8* , 6* lord Saturn in Lagna in 6/8

relationships produced pain in the whole body. This is just the beginning of his sufferings at the hands of destiny. 2nd, 6* 10* house from Lagna, Taurus, Virgo, Capricorn and the main significator Saturn governs bones (malignant growth, pain, deformities, enlargement, brittleness, dislocation etc). His 2nd house is occupied by Ketu aspected by Mars. 6* house is occupied by 12th lord Moon and retrograde and debilitated 8* lord. Retrograde and debilitated planets cause some deficiency of the houses, wherever they are located. Retrograde 8* lord in 6* produced chronic illness for him. Weak Jupiter did not provide him recovery power. But this Jupiter forming Gajakeshri yoga, showered money on him in billions betweenT 981 to 1997. He became rich like Lord Kuvera. His two brilliant sons added glory in his personal life. The youngest son received his engineering degree from Perdue University, USA. The eldest son has opened business in Sector-2, Noida in 2005 (construction company). His 10th house is aspected by Ketu and 8* lord Jupiter. 2nd/10th lords are conjoined with deadly 6th/7th lord Saturn. So all these astrological factors brought serious bone disorders for him. Parijata yoga (Lord of Lagna is in 12*, whose dispositor Moon is in 6*, whose dispositor Saturn is in Lagna. So Saturn, Moon and Sun are the Prijata Yoga forming planets. When 10* lord is in trine/angles or in the 2nd house is aspected by benefics a king is born. His 10th lord Venus occupies Lagna and is in own Navamsa. 2nd house is aspected by Jupiter. So we are not surprised to see him as.a very very prosperous man in the materialistic society. Venus in Libra Navamsa brings forth some giants of glory, Lokamanya Tilak, Nobel Laureate, Rabindranath Tagore and Sir M. Vishweshsarya are some such examples where humanitarian principles, social service, "peace-making" nature and balanced views comes to the foremost.

Example 92. Fell down form roof fracture of backbones and left ankle : DOB 22-9-67/2=45AM/Delhi. Cancer Lagna; Leo Jupiter, Venus; Virgo Mercury, Sun; Libra Ketu; Scorpio Mars; Pisces Saturn; Aires Moon, Rahu.

On 4-6-2004 at 6=30AM he went to roof to check his repairing job and by chance he fell down on the ground from a height of about 20 feet. He was passing Moon-Venus dasa. Upto 3-6-2004 he enjoyed Moon Venus Rahu dasa. So the accident took place during the pratanyardasa Jupiter his 6* lord. Venus is a badhada lord for Cancer Langna people. It is very easy to identify the bad period of life through the eyes of KCD. He was born in Savya group A, 3rd Quarter Deha – Taurus, Jeeva = Gemini. He was bom with Taurus 3yr-5m-14d dasa Gemini and Taurus passed away peacefully. He was passing Aries dasa from 6-3-1996. Saturn and Mars were transiting Jeeva sign oh the fateful day. Moon was in Sagittarius 1°30' on 46-2004 at 5:30 AM. Whenever more than one malefic transits though Deha or Jeeva sign an untoward incident occurs in life. This as sure as the sunrise in the east. Since the Dasa lord has moved to 8* place from its natal position, the accident occurred. Any planet which moves to 3/6/8/12 from its natal position will invariably bring some untoward incidents in life. An incident occurs when a planet changes sign, gets retrograde motion or gets combusted, or eclipsed in transit. His Taurus is afflicted by the joint aspects of Saturn and Mars. Virgo is afflicted by Saturn and Capricorn in squared by Rahu-Ketu axis, his 10th house is occupied by Rahu. Since Capricorn is squared by Rahu-Ketu axis and 10th house is occupied by Rahu, damage took place in left side. We should be grateful to our sages for the development so many golden rules for the benefit of mankind.

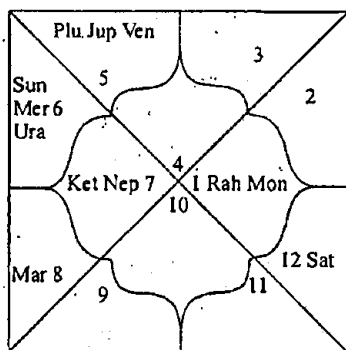



Chart	
House 5	Plu Jup Ven
House 3	
House 2	
House 6	Sun Mer Ura
House 4	
House 7	Ket Nep
House 1	Rah Mon
House 10	
House 8	Mar
House 9	
House 11	
House 12	Sat

Example 93. Left Leg fracture from a motorcycle accident : DOB 16-8-1974, 8=10AM, Kolkata, Virgo Lagna; Scorpio Rahu; Aquarius Jupiter ®; Taurus Ketu; Gemini Saturn; Cancer Moon, Sun, Mercury, Venus; Leo Mars.

I know him form his childhood. He had multiple operations. He

suffered from Jaundice in 89 July for 3 weeks. Jupiter isretrograde in the 6* house squared by Rahu-Ketu axis and aspected by Mars. Weak Jupiter always produces diseases of liver. In Sep 89, his appendicitis operation took place. His Virgo is aspected by Ketu, Gemini is hemmed between malefics. Significator of appendicitis Venus is also hemmed between malefics. He suffered during Saturn-Jupiter dasa in 1989. in July 1994 he met a motorcycle accident during Mercury-Venus dasa, Both these planets are placed in the 11* house, hemmed between malefics. 11th lord and planets in the 11th house produces many diseases, and this is as per views of great astrologer R. Santhanam. Venus is the lord of locomotion, Saturn is the significator of limbs. Saturn in the 10th house aspected by divine Jupiter protected his legs. Pisces and the 12th control the left leg. Pisces is aspected by Saturn and Mars. Its lord Jupiter is placed in the 6* in direct aspect of Mars. 2nd/6th/10th houses of the zodiac are afflicted by Ketu. So fracture yogas were latent in the horoscope. He was born in Apasaya group B 1" quarter. Deha = Scorpio and Jeeve = Pisces. It is always better that the lords of Deha and Jeeva signs are not associated in any manner when one of them is a dire malefic like Mars or Saturn. If these are conjoined together or exchange aspects, a great calamity is sure to follow. He opened his life with balance 6yrs of Gemini dasa. Taurus ruled him between Aug 1980 Aug 1996. Taurus is occupied by Ketu. Dasa of any sign occupied by a node produces grief in life. Its lord has moved to 3rd place from its natal position and henceproved very inauspicious for him. Any planet which moves to 3/6/8/12 from its natal position will produce inauspicious incidents. He suffered on physical grounds and failed to continue his engineering studies in Maharastra. He dropped out of the college in the Pyear.

Example 94. Serious Motorcycle accident multiple fracture on both the **legs** : DOB **2-12-43/00=10AM** IST/Kolkata. Leo **Lagna,** Jupiter; Virgo Venus; Scorpio **Mercury,** Sun; **Capricorn** Moon, Ketu, Taurus **Mars (R),** Gemini Saturn; Cancer **Rahu.**

He was a diploma in Civil Engineering and served **PDIL** Noida for about 36 yrs. His lord of Lagna Sun is placed in the 4^{th} house, so he had brittle bones. Affliction of Taurus, Virgo, Capricorn multiplied his sufferings for bone problems. Ketu in the 6* house, and its aspect on Virgo also indicate multiple: operation yogas. Significator of eyes Moon and Sun are heavily afflicted. Debilitated Venus **added** fuel to the **fire** $2^{nd}/12^{th}$ houses are afflicted. **He** met aserious motor cycle accident on 13-3-71 during Rahu-Ketu **dasa. Rahu-Ketu** dasa started from 13-3-71. **As per KCD** he **was born** inApasavyagroupA 1"quarter. Sagittarius = **Jeeva** and **Cancer = Deha.** On the fateful day he was at the fag end of Aries Dasa. Since its lord is retrograde it proved costly for **him:** He **was bed** ridden for 7 months. Taurus dasa governed **him** between **13-8-1971** to **13-8-1987. 1974** he had operation for **Glucoma** on the left eye and again in **1974,** he had same operation on the right eye. Rahu Venus **dasa** produced operations **in** the eyes. Rahu is **in** the 12^{th}, Venus is in his 2_{nd} **house,** both these houses indicate eyes. **During** Jupiter-Saturn he came to Noida and acquired much property in Delhi (Vasundhara **Enclave,.** border town of Noida) and also in Kolkata. Strong 8* lord helped **him** to prosper high in life. His **Jupiter** is the 5^{th} /8* lord. It **is** severely afflicted by **Saturn** and **Mars.** Jupiter provides recovery **power.** In **2007,** "he looks like a 80 **yrs old** man, who can hardly **manage his** business **activities.** In 2000 AD he **lost** his wife. 7* lord is hemmed between malefics, 7* lord in **11th** is **a divorce** yoga. **Significator** of wife Venus is **debilitated.** The house of Venus is afflicted by Saturn. Horoscope of Chart 93 is his only son. Jupiter's dasa granted

Ven Nep
Plu Rah
6
4
7
3 Sat
Jup
5
Sun Mer 8
2 UraMar
11
9
1
10
12
Mon Ket

huge prosperity because it is in the angle of 9* lord Mars. Any planet in the angle of 9* lord produces excellent results.

SPEECH AND HEARING DEFECTS

To enjoy one's life one should have perfect ears/eyes and perfect education. If one is born deaf, he is bound to be dumb or mute. It is a curse in life to be bom as blind, deaf and dumb. Build in skin, in muscle, and in the various tissues arid organs of the body, our sensory receptors of many kinds (heat,cold, taste, pain, smell, vision, and pressure, touch). Those in the outer parts of the body and receiving information about the outside world are referred to as exteroceptors; those within the body and receiving information about the interior of the body are interoceptors. All the various types of receptors are alike in that they translates stimulous of some kind in to electro chemical nerve pulses. The nervous system is working at a rate equal to that of a large computer operating at maximum capacity. It would be no exaggeration to say that millions of sensory are transmitting billions of sensations per second. The eyes alone are receiving stimuli in 75 to 100 million photoreceptor cells, and further stimuli are being received by ears, nose, mouth and other body parts. Without this flood of information to the brain and nervous system a man would be totally unaware of his environment, would be unable to speak, hear, see, taste, smell or feel anything and he would also be unaware of the position of his limbs in space. Speech and tastes are controlled by tongue. We have read about an accident in a Paris tunnel, where princess Diana died, some unknown person cut off the tongues of the alive parsons spotted after the accident, so that they cannot tell anything about the accident (tongue is controlled from the 2nd house and Mercury). So anything defect found in defecting speech, is the work of the defective tongue. Hearing is an interpretation by the brain of the impulses arriving from nerves supplying the ear, an organ designed to respond to vibrations transitted chiefly through the air. If we do not hear, we cannot speak. So hearing and speaking channels are interlinked with each other. The human ear occupies three cavities in the skull known as the outer.

middle and inner ear chambers. Sound waves entering the outer canal cause the tympanum and bony ossicles to vibrate. These vibrations in turn produce pressure waves in liquids containing in a spirally coiled tube of two and a half turns known as the cochlea. Nerves from the cochlea carry impulses to the brain, which then interprets them as sounds. Human body mechanisms are too much complicated in nature. The children who are born deaf will have problems of expression. They cannot speak unless special attention is paid to this aspect. Hearing loss retards the process of learning. They feel isolated and may develop psychological complexes.

Astrology of deafness:

3rd house is the house of communications. 3rd house of the zodiac is Mercury. It governs one's intelligence faculty. So benefic aspect on 3rd house/3rd lord, Mercury indicates a strong and healthy hearing mechanism. A strong Mercury under benefic influences indicate a strong and healthy hearing mechanism. Affliction indicate the reverse. The 3rd house arid 3rd lord indicate the right ear, the 11th house and 11* lord indicate the left ear. Benefic influence on 3rd house/3rd lord, 11th house/11th lord indicate the sound health of the ears. To be fortunate enough in life one should have a benefic in the 11th house. Benefics in 11th and benefics in trines/quadrant saves a man from many litigations in life. Strong lagna and its lord offer strict resistances in the initiation of diseases. Ascendant is deemed strong when it is aspected by its own lord, Venus, Jupiter, or Mercury. These planets in the Ascendant also provide good health. The benefics and strong planets in the quadrants and trines from the ascendant increase the strength of the; ascendant. Strong malefics in trines/especially in quadrants cause the ascendant to decay or suffer loss of strength and therefore loss of health. The presence of Gajakeshani yoga, Parijata Yoga, Pancha Mahapursh Yogas, Adhi Yoga, Vasumati Yoga, Mudrika yoga add to. the general strength of the horoscope and therefore promote good health. Yogas for disease of ear : a) If 2nd or 5th or 9* or 11 * houses are occupied by malefic

planets, without being aspected by benefic planets, the native will have deafness. Malefics in 3/9 axis would afflict the right ear and 5/11 axis would damage the left ear. b) If 2nd and 6* lord be in conjunction, Mars and Gulika occupy the ascendant, the 6* 8* or 12th houses, the native's ears will be operated. c) Mars or Rahu with malefic in 3rd house. d) For Aries Lagna if Mercury is combust e) Mercury in the 4* house from Saturn and 6* lord in 6th/8th/12* house. f) 6* lord and Mercury in the 6* house under the aspect of Saturn. g) If the 6* lord and Mercury in 4* house and Saturn in the Ascendant.

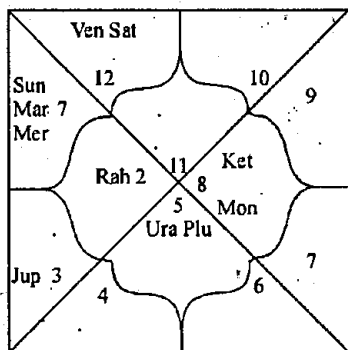
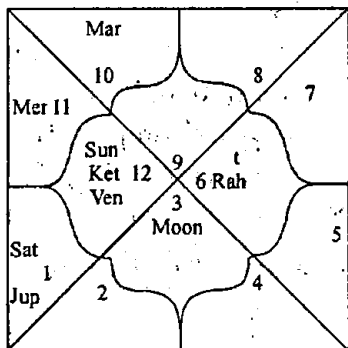
Yogas for defective speech :

a) 2nd lord and Mercury control our speech. If the 2nd lord is located with a benefic planet and situated in quadrant or trine or is in the sign of exaltation, is well aspected and in the company of a male planet, the native is a great speaker with logical speaking power. If the 2nd lord and Jupiter are placed in the 8*, the native will be dumb b) 2nd lord in any dusthana with 4* lord c) 6* lord in the Ascendant under the influence of, malefics d) Sun, Moon, Saturn in 3rd/5th/7th/or 9* without benefic aspect.

Children born deaf and dumb:

The 8* house represent incurable or chronic or lingering illness. Deaf and dumb persons are unfortunate performs devoid of mentionable good yogas in their horoscopes. When 9* house and its lord are weak and afflicted, everything evaporates in air. When trines/quadrantsare not influenced by benefic planets and 8* house/8th lord are afflicted, one suffers from chronic disease. Our immunity system is controlled by the 8* house. For a child be born deaf (and eventually becoming dumb). 3rd house/3rd lord must show affliction. 8* lord may have association with the 3rd house/3rd lord. It has been found that Rahu-Ketu axis involves the 3rd house/3rd lord or lies in the 2nd/12th from them (AM, April 1994 P 349). We shall now study a few case histories.

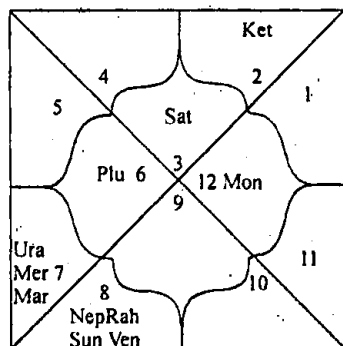
Example 95. Born deaf and dumb : DOB 6-5-1966, 1=33 AM, Kolkata. Aquarius Lagna; Pisces Venus, Saturn; Aries Mercury $0^\circ 14'$, Mars, Sun; Taurus Rahu; Gemini Jupiter, Scorpio Moon 3-56, Ketu.

This is the horoscope of an unfortunate woman. Both Sun and Moon are afflicted. When Saturn, Mars, Rahu, Keru are in the angle of 6* lord, such a native suffers from severe litigations in life. Her 6* lord is placed in 10* house with Ketu. 9* lord Venus is an exalted planet but is afflicted with Saturn and Ketu. When 9* house/9* lord are weak everything evaporates in air. There is no mentionable Raja Yoga in the horoscope. Mercury is an infant planet (<1 °) and is heavily afflicted by Mars and Sun. Mars is the bitter enemy of Mercury. For increasing the woes, the 3rd house is hemmed between malefics. There is a contact of 8* lord in the 3rd house and the Rahu-Ketu axis is placed the 2nd house of 3rd lord Mars. So all the deaf and dumb yogas are visible in her horoscope. She is not a moron for the contact of Jupiter in the 5* house. She can smile, can cook and do household duties. Her mother speaks to her with fingers. Aspect of Jupiter in Lagna has provided her an idol like figure with no voice. We should be grateful tour sages for the development of so many golden rules for the benefit of mankind. In 2007, such babies can be saved easily. Hearing aids are available. Treatment should be given at an early age. The astrologers can help to identify the diseases.

Example 96. Case of **stammering :** DOB **4-4-1941, 11 =43 PM,** Kolkata. Sagittarius Lagna; Capricorn Mars; **Aquarius** Mercury; Pisces Ketu, **Sun,** Venus; Aries

Saturn, Jupiter; Gemini Moon 18-17; Virgo Rahu.

This is the horoscope of Dr. M.L. Kundu, doctorate in physics who worked as a colleague of the author in **PDIL**, Sindri. Aspect of 8* lord in Lagna reduced his size of personality. 2nd/5th lords have exchanged places. This parivartan has generated a Maha Yoga for him. However the affliction of the 2nd house (with Rahu, Mars and Saturn) and 2nd lord (debilitated) with Mars, produced stammering. Significator of tongue Mercury is hemmed between malefics. This added fuel to the fire. Maha Yoga helped him to settle in life in a very nice manner.

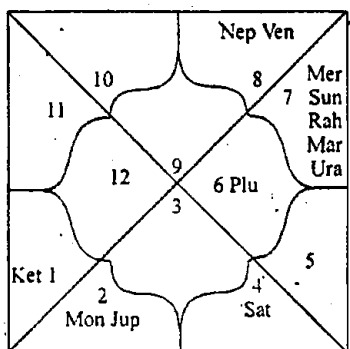
Example 97. Defective right ear : DOB 25-11-1974, 8=30PM, Delhi. Gemini Lagna, Saturn (R); Libra Mars, Mercury; Scorpio Sun, Venus, Rahu; Aquarius Jupiter; Pisces Moon; Taurus Ketu.

His 6th lord Mars and 5* lord Venus have exchanged places forming evil Dainya Yoga. They will not complete any task they undertake. There will' be several impediments to all their undertakings. They are all true in his real life. Mars Mercury conjunction alone can produce ear defects. 3rd **houe/3rd lord produces** defect in the right ear. Significator of ears is Mercury. His 3rd house is aspected **by**

Ket
4 2 1
5 Sat
Plu 6 3 12 Mon
9
Ura
Mer 7
Mar 8 10 11
NepRah
Sun Ven

Saturn and is squared by Rahu-Ketu axis. 3rd lord is placed in the 6* (house of disease) with Rahu. Ketu Saturn (R) dasa produced problems in the right ear. Dasa of two retrograde planets in 2/12 relationships only produced physical sufferings for him. On account of this reason he dropped out of the school while he was a class XI student. With the hearing aid he is running the business of his illustrious father Sri A.L.Jain, owner of Alpha Publication, New Delhi.

Example 98. Deafness of both the ears from Aug 1996 : DOB 8-11-1976/10=26AM/Delhi. Sagittarius Lagna; Aries Ketu;

Taurus Moon, Jupiter (R), Cancer Saturn; Libra Mars. Mercury, Sun, Rahu; **Scorpio** Venus.

She is the daughter of a NTPC General **Manager**. Her 11* house is heavily afflicted by combust Mars, combust Mercury, Sun and Rahu. 3rd lord Saturn is in the star of Mercury, is squared by **Rahu** Ketu axis. Mercury Mars conjunction afflicted by other malefics is very dangerous for ears. She had problems in both the ears from Aug 1996 (Rahu - Rahu- Saturn). The dasa of three **malefic** planets brought the tragedy in life. She uses hearing aids and has passed BA. 3rd house is the remote control of marriage. Afflicted 3rd lord in 8* did not arrange marriage upto Jan 2007. Her 6* house is occupied by **Jupiter** (R), Moon and aspected by Venus from 12*. Aspect and occupation of three benefics will act as a upachaya house and should not ruin her life. Her **5th/11th** axis is heavily afflicted. I have always observed that whenever 5*/11* axis is heavily afflicted, everlasting dangerous diseases crop **up** in the body. Her 11th/12th lords have exchanged places forming Dainya yoga. It is an **evil yoga** and there will be several impediments to their all their undertakings.

House	Planets
9	
10	
8	Nep Ven
7	Mer Sun Rah Mar Ura
11	
12	
6	Plu
3	
5	
1	Ket
2	Mon Jup
4	Sat

THALASSAEMIA A MAJOR DISEASE OF BLOOD

Now in India thousands of children are bom with this dangerous disease. All the children remain normal up to 6/7 months, the disorder **starts** manifesting itself in the form of sluggishness, coupled with paling of complexion and an irritable condition. The infant's body fails to make enough hemoglobin, due to **which**. regular blood transfusions are required to keep them alive. But each transfusion leaves a substantial residue of iron in the child's body, which can damage the liver, the heart and the other organs. A regular does of DESFERAL, an imported **medicine.administered** in the body through an expensive

electronic pump, hence required to be given to remove the excess iron from the body, after the Child turns three. The frequency of Desferal administration and blood transfusion increases as the child grows older. Thalassaemia is a hereditary, dreadful, blood-borne genetic disorder passed down from the parents to child through genes. So match blood groups before horoscope matching for marriage. About 500 millions are affected by this dangerous disease in the beginning of 21st century. It occurs mainly in the Mediterranean countries/In Delhi about 500 children are born each year with this highly dangerous disease. The treatment is very costly. It costs about Rs.20,000/month. Blood the circulatory fluid within the blood vessels is a complex substance. It consists of a fluid portion, the plasma (55%) and various cells and cell products (RBC, WBC and platelets 45% total). Red blood cells contain large amount of hemoglobin, a portion of great importance for carrying oxygen and to lesser extent for carrying carbon dioxide (co_2). The chief function of white blood cells is to protect the body against bacteria. The pus that forms in an infected wound in largely white blood cells that have died fighting bacteria. The platelets are much smaller than either RBC or WBC. They contain a substance that play a key role in the clotting of blood. There are 2,50,000 of them in each CC of blood. During the first eight weeks of a pregnancy, RBC are born in the embryo /foetus in the yolk sac within mother's womb. For the next five months, spleen and thymus gland of the embryo take central of the blood forming process. After the birth of a child RBC is formed in red bone marrow and continues up to nearly 20 years, after which RBC is formed only in the hollow spaces of upper end of the largest bones of humans are femur filled with bone marrow. For a normal healthy person, the average life of RBC is 20 days. After that these are destroyed and the iron from RBC gets deposited in kidney, spleen, liver and bone marrow and recycled into fresh hemoglobin in the body. Hemoglobin is made up of two components 1) 'Haem' of iron in the ferrous state (Fe^{++}) and 2) 'globin' protein which helps the iron to remain in the ferrous state Globin like any other proteins in the living

cell is a very complex substance made up of certain number of builder blocks called arhinoacids arranged in a certain sequence. Any change of one or two atoms in the protein molecules produce entirely different substance. The globin protein being the most important component of red blood cells (RBC) consists of two pairs each of alpha (with 141 amino acids) and beta (with 146 amino acids) polycentric chains, the synthesis of which is under the sole control of gene. The cause of thalassaemia is therefore attributed to the abnormal structural in alpha and beta gene. The union of male semen and female ovum give birth to a child. The male carries one x and one y sex chromosomes and the female carries a pair of x sex chromosomes. The affected child inherits one out of a pair of abnormal chromosomes from its father and the other from its mother. Thalassaemia is thus a hereditary, autosomal genetic disorder with 25% recurrence risk in each pregnancy. The symptoms of thalassaemia diseases are 1) Anaemia hemoglobin content less than 10 gm / deciliter; 2) enlargement of spleen, liver and heart by the deposition of excess iron 3) skeletal deformities and decay of teeth due to deficiency of calcium level 4) glandular (endocrine glands) problem causing retarded growth, disturbed pubertal development, diabetes 5) liver related problems such as jaundice, cerosis of liver 6) blackening of skin due to absorption of iron, vitamin C deficiency due to excess iron. Blood plasma is very slightly alkaline and its chemical balance is extremely delicate, if the blood becomes slightly acid, as it does in the event of diabetes, coma and eventual death may result. If the alkalinity increases, as it can with too much deep breathing, a person may lose consciousness. Malfunctioning of kidney bring about a change in the viscosity of blood and consequent increase or decrease of blood pressure. The globulins function as antibodies to deal with foreign and toxic molecules.

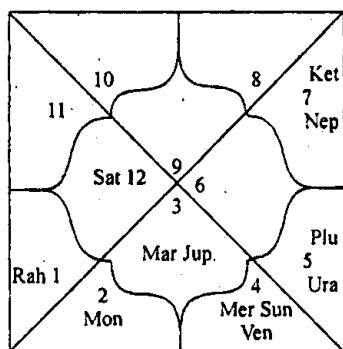
Astro Diagnosis of Thalassaemia :

Moon and Mars are the significators of blood. Blood is ruled by the signs Cancer, Scorpio, Pisces, 4* / 8* / 12th houses from Lagna, Sun & Moon. Blood in the heart is governed by the sign Leo. Sun gives

oxygen, Mars gives colour and hemoglobin. Colouring agents are ruled by the sign Scorpio and the planet Mars and Pluto. **Composition** of the blood is ruled .**by** the sign Aquarius and its lord Saturn. Heart and enrichment of minerals is maintained by Sim, Mars and Jupiter. **Blood cerum** is ruled by the sign Cancer. Hemoglobin is ruled by the sign Scorpio and Pluto. WBC or leukocytes are called as defender of the body shows endurance **capacity** and are maintained in spleen, principally it is work of Saturn. Saturn afflicted in Virgo produces spleen disorders. When the three hylegs Lagna, Sun and Moon are not afflicted, one does not suffer from any disease.. Our body luster is controlled by Venus. The afflictions of **Sun.** Moon, Lagna, Lagnalord, Cancer, **Scorpio,** Pisces, **and** 4^{th} / 8^{th} / 12^{th} houses from Moon, Lagna and Sun causes this disease. Mars, Venus. Moon, Sun, Jupiter also should be afflicted. At least two places from Lagna. Moon, **Sun** and natural Zodiac (4* / 8* / 12* houses) should be afflicted for any dangerous disease of blood since this disease is inherited from parents, therefore 4*, 9* and 10^{th} houses should be afflicted.

Example **99 :** DOB **10.08.1966 / 16:55** Hrs./ Delhi Sagittarius Lagna; Pisces Saturn (R), Taurus Moon 4-53 Gemini Mars, Jupiter, Cancer Sun, Mercury. Venus; Leo Pluto, Uranus; Libra Neptune, Ketu.

This is the horoscope of a female who was pulled down by her destiny pattern as soon as **Rahu-Saturn** dasa dominated her between 03.01.1991 to 09.09.1993. She was in coma in July 1993. **Rahu-Saturn** dasa in 2/12 relationships soaked her in the ocean of sufferings. Dasa **of.** two retrograde planets are never good. Rahu Saturn or Saturn Rahu dasa is bad for 99% person of this cosmos. Her 4* / 8* / 12* houses of Lagna are afflicted. 4* / 8* / 12^{th} houses of Moon, 4* / 8^{th} / 12^{th} house of Sun and Cancer, Scorpio, Pisces are afflicted. Her 4* house, 9*

10
8
Ket 7 Nep
11
Sat 12
9
6
3
Mar Jup.
Plu 5 Ura
Rah 1
2 Mon
4 Mer Sun Ven

house and 10* house of the natural Zodiac are afflicted confirming hereditary disease and also confirms her past sins. When 5* / 11^{th} axis is afflicted one catches dangerous disease. Her **Rahu** Ketu axis passes through 5^{th} / 11 * houses. Her Jupiter, Mars, Venus, **Sun** and Moon are all afflicted Sun and Moon are hemmed between malefics. Since all the hylegs of life are afflicted she died in **1995** during Rahu-Mercury dasa. Rahu-Mercury dasa is bad for 99% persons of this earth. Square position of two planets yielded worst results for her. Exchange of 6*/8* lords added fuel to the fire. In fact 6* /8* **lords** should be weak in the horoscope. Strong 6* lord increases litigations in life. Since 8* lord is hemmed between malefics, she died at a young age.

Example 100 : 20.09.2001 / 21:00 Hrs. / Delhi Aires Lagna; Taurus Saturn; Gemini Jupiter, Rahu; Leo Venus; Virgo Sun; Libra Mercury, Moon; **Scorpio** Pluto; Sagittarius Mars, Ketu; Capricorn Uranium, Neptune. Here the baby boy was born with Rahu **Sun** dasa and suffered from the dangerous disease as soon as **Rahu-Moon** dasa opened at age of 2. Cancer is afflicted by Saturn, Scorpio is afflicted by Pluto and Saturn, Pisces is afflicted by Sun and Mars. 4^{th} / 8^{th} / 12^{th} houses of Moon and Sun are also afflicted. Moon is afflicted by 6* lord Mercury, Sun is squared by Rahu Ketu axis' Jupiter is afflicted by Rahu and Mars, Lagna is receiving the malefic aspect of 6* lord, lord of lagna is afflicted by Ketu. **His** 4*, 5*, 9* and 10* houses of **Janma** Lagna are afflicted confirming his hereditary disease. He is alive in 2007.

Sat
2
12
11
Jup
3
Rah
4
1
10 Nep
Ura
7
Mon Mer
Ket
9
Mar
Ven 5
6
Sun
8
Plu